



# THE PORTUGAL News

Portugal's **National** Newspaper in English



22 Aug 2009 • Edition N° 1024 • €1.50 inc. IVA • Publisher: Paul Allen-Luckman • Editor: Brendan de Beer • www.the-news.net

## Cigarette 'Black Market' thriving

Over the past six months Portugal has suffered an invasion of €5 million in counterfeit cigarettes that have literally flooded the 'Black Market' coming in from countries including China. (See Page 2)

## PM checks up on schools

This week Prime Minister José Sócrates visited four of the first schools to be modernized in what is one of the Government's most ambitious educational projects ever. (See Page 3)

## Portugal's police 'getting old'

A report carried out every year by the PSP's Human Resources Department has identified that Portugal's main police force is ageing as well as suffering a shortage of top officers. (See Page 7)

## DECO accuses easyJet of violating law

Low-cost airline easyJet is violating Consumers Rights laws by refusing to accept complaints made in the Portuguese language, national consumers rights watchdog DECO said. (See Page 9)

## Snowboarding pros test Amadora Theme Park

The artificial slopes of Amadora's brand new skiing and snowboarding Theme Park were tested by national snowboard champions, weeks before its official inauguration. (See Page 16)

## Weekend weather

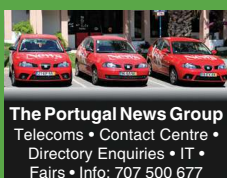
**Lisbon:** High temperatures are forecast for this weekend, peaking on Saturday with a maximum high of 36° before starting to cool slightly. **Faro:** Temperatures in the Algarve are expected to be warm, at just under the 30° mark. **Oporto:** This weekend the region will experience cooler temperatures, at around the mid-20°s mark. Light drizzle will arrive on Monday.



## Home Insurance

underwritten by Lloyds of London see p.10

up to 40% off



directory enquiries in English

160 50 60 70



**'Lisbongate': As whispers of political espionage grow louder, tension between the national Presidency and the Portuguese Government mounts**

# PRESIDENT'S MEN BUGGED?

Full story, see p. 20



Tension between the Government and the President's Office was at an all time high this week following allegations of political espionage, suspicions that reportedly date back to 2007. Pictured here, one of few occasions when Prime Minister José Sócrates (left) and President of the Republic Cavaco Silva have been photographed together, during the 16th Iberian-American Summit, in Montevideo, Uruguay. (EFE/LUSA).



THE PORTUGAL  
NewsANGLOPRESS  
Edições e  
Publicidade, Lda

Copyright ©2005 Anglo Press Lda and The News Group of Newspapers Inc. • The Portugal News is owned and published by: The News Group of Newspapers Inc. • Depósito Legal Nº 80258/94

## Content

## News

National 1-7 & 11-13 • Regional 14-16 • World View 10 •  
Business 8-9 • Trading Places 17 • Sport 55 & 56

## Readers' input

Letters 20 • Club News 18

## Property

Property of the Week 21 • Prestige Properties 22-24  
Property Directory 25-26 • Gardening 27

## Feature pages

Eating Out 19 • More for Women 28-29 • Health 30-31  
Paws & Claws 34 • Travel 35

## Entertainment

Cinema 36-37 • Events 38 • TV Guide 39-45 • Mind &amp; Soul 50

## Advertising

Advertisers' Hotline 32-33 • Company Finder 46-49  
151-54 Classified

## Contacts

Postal Address: Apt 13 • 8401-901 • Lagoa

Courier: Rua Município de S. Domingos • Urb.  
Lagoa Sol • Lote 3 r/c • 8400-415 Lagoa

Tel: 707 500 655

Newsdesk: 707 500 655

Sales: 707 500 677

Classified: 707 500 646

Fax: Gen 707 941 201 • Sales: 707 942 053

Email: info@the-news.net • sales@the-news.net

Web: www.the-news.net

## Print &amp; Distribution

Printers: MIRANDELA Gráfica, Lisbon

Tiragem: 20,660 copies this week

Distributors: VASP

Member of apct  audited circulation

## Production Team

Publisher: Paul Luckman • publisher@the-news.net

Editor: Brendan de Beer • newsdesk@the-news.net

Production: Madeline Luckman • copy@the-news.net

Journalists: Carrie-Marie Bratley • Tommy Broad

Classifieds: Rebecca Andrade

Paws &amp; Claws: Raquel Salbany

Preview: Raquel Salbany

Travel: Sherry Hughes

Photos: LUSA • Press Association • Portugal News

## Sales Team

Sales Manager: Bella Talhadas • 914 393 736

Area Managers:

Lisbon, Estoril, Cascais, Sintra • Bella Talhadas

Alvor, Lagos, P. da Luz, Aljezur • Marilyn Holmes • 914 863 604

Guia, Almarcil, Faro • 707 500 677

Loulé, Quinta do Lago, Vale do Lobo, Ayamonte

Tom Chapman • 912 583 188

## Support

Accounts: Gaby Rodrigues

Subscriptions: Samantha Hoather

## Subscriptions

52 editions of The Portugal News, cost €67.50 (Portugal), €135 (Europe) or €210 (World Airmail). Send your name and address plus cheque or credit card details to Apt 13, 8401-901 Lagoa or email sam@the-news.net. Queries, please call 707 500 655.

## Newsletters

To subscribe to our free weekly newsletters, sent by email every Friday please email Becky@the-news.net

## Disclaimer

Although we do everything possible to ensure the integrity and suitability of advertisements in The Portugal News, ANGLOPRESS Edições e Publicidade Lda, The Portugal News, its employees or representatives cannot accept any responsibility for claims made by advertisers in their publicity, and cannot become involved in any disputes or litigation, howsoever arising.

## Heatwave subsides as good weather continues

Various parts of Portugal, mainly the central interior, have been suffering a heatwave, which technically occurs when above-average temperatures are experienced for a minimum duration of six consecutive days.

This week the regions of Alvega, Nelas and Sagres were affected by a heatwave, the first two regions suffering constant temperatures of over 35 degrees Celsius. Sagres registered a maximum temperature of 30.8 degrees Celsius on August 14<sup>th</sup>, slightly lower than its scorching counterparts, but still unusually hot for this time of year.

For this reason many hospitals and health centres, mainly within central Portugal, are preparing for the consequences of a heatwave.

In the Alentejo, the Portalegre hospital has said it is prepared for

a rise in the demand for emergency medical care, explaining it is likely this will happen as the high temperatures take their toll.

"The effects of heat normally appear towards the end of heatwaves or after they subside", said Jorge Marques, a nurse at the Northern Alentejo Local Health Centre, who also explained the majority of heat-related cases seeking emergency medical care are not caused by direct exposure to the sun, but by the worsening of underlying chronic diseases, such as respiratory or cardiovascular complications.

Children, the elderly and the seriously ill have been identified as the groups who are most at risk from heatwaves.

On August 12<sup>th</sup> and 14<sup>th</sup> Alvega peaked at maximum temperature of 40.3 degrees Celsius.Bragança and Monção have been on heatwave alert since August 11<sup>th</sup>, and the regions of Benavila, Miranda do Douro and Portalegre since August 12<sup>th</sup>.

Despite heatwaves being official in many parts of Portugal, none of the temperatures documented have surpassed previously established record maximums.

The Institute for Meteorology (IM) forecast maximum temperatures would drop slightly this week, but will nevertheless remain within the normal parameters for August.

On Wednesday the whole of Portugal, with the exception of Angra do Heroísmo, in the Azores, showed very high levels of Ultraviolet rays. The classification of UV exposure is evaluated on five levels, from 'low' to 'extreme', passing through 'moderate', 'high' and 'very high'.

On the same day that various districts of the northern interior and central Portugal, as well as the Western Algarve, were placed on high alert, the risk of forest fires was also raised to 'maximum'.

The same applied to the regions of Bragança, Viseu, Guarda, Coimbra, Castelo Branco, Santarém, Portalegre and Faro.

Braga, Vila Real, Porto, Leiria, Setúbal and Beja were experiencing 'very high' risk warnings.

As with UV ratings, the risk of forest fires are also assessed over five levels, ranging from 'reduced' to 'maximum'.

Twenty-four hours prior to this reading, on Tuesday, the National Authority for Civil Protection registered 176 fires that were being tackled by 2,499 firefighters and 630 vehicles. All were successfully extinguished.



People flocked to the waterslide park in Santarém on 14th August to keep cool during the red alert issued by the health authorities. (Photo: Lusa / Mário Caldeira)

## Portuguese 'Street View' launched on Google

This week Internet search engine Google launched 'Street View Portugal', a service that is part of the popular 'Google Maps' and allows the user to view streets throughout this country in great detail, with Lisbon and Oporto being the first cities to be covered.

While Lisbon and Oporto are, currently, the only Portuguese cities available for viewing, many more are said to be in the process of being covered.

Users of Street View can pay a virtual visit to thousands of international streets, viewing them with photographic precision.

Images of streets within and around Lisbon and Oporto are now available, which will be joined by images of Braga by the end of the year.

Plans to integrate the cities of Barreiro, Amadora, Águeda and Portalegre are also in the pipeline, and what are believed to be Google 'mapping' vehicles have been spotted in the Algarve, in the city of Portimão.

However the great detail that is afforded via Google's Street View has already raised con-

cerns of privacy. At present, the faces of people captured in the images as well as vehicle license plates are blurred out to protect privacy, despite this having been a major oversight when the service was globally launched in the USA.

The 'blurring' technique was adhered to following numerous complaints after its launch.

In Portugal the company has worked with the National Committee for Data Protection to ensure the legality of the service with a direct line of contact being in the making so public complaints can be rapidly dealt with, generally by removing and replacing offending images.

Google Street View is made up of a sequence of still shots that cover entire streets, taken by identified moving vehicles with state-of-the-art cameras fixed on the roof.

## Cigarette 'Black Market' thriving in Portugal

Over the past six months Portugal has suffered an invasion of counterfeit cigarettes that have literally flooded the 'Black Market' coming in from countries including China, which is said to be the main supplier.

Seizures made by GNR officers and Customs Officials were reportedly of quantities unseen for many years and confirmed suspicions that Portugal was becoming a serious destination for illegal tobacco. It also proves that international contraband networks are very much active in this country.

Over six months authorities confiscated an estimated €5 million in counterfeit cigarettes.

A significant part of the fake fags are bound for the rest of Europe, though large quantities are believed to be kept in Portugal.

Calculations made by the GNR's Fiscal Action Unit (UAF) and the Customs Authority's Special Consumption Tax Bureau (DGAIEC), have proved that the quantity of fake cigarettes arriving in Portugal is soaring.

During the first six months of this year more than 12 million cigarettes were seized by the UAF, significantly more than the 302,000 seized during the same period of 2008.

More remarkably the

DGAIEC confiscated over 17 million cigarettes, a massive 2,500 times more than the 7,000 seized by that authority last year.

Effectively, the amount of money undeclared on tobacco taxes and IVA soared to over €4 million.

A Police source said in comments to Portuguese newspaper *Jornal de Notícias* that the remarkable rise in confiscated counterfeit cigarettes was largely due to two mega-operations carried out by each authority, in April and May, in Sines and Greater Lisbon.

In total more than 18 million illegal cigarettes were confiscated.

In April eight businessmen believed to be part of an international organization were detained in connection with 'Operation Trace', which involved searches carried out by the GNR in Lisbon, Oporto, Guarda, Castelo Branco and Leiria, and also resulted in the confiscation of 9.5 million illegal cigarettes from Asia, namely China.

DGAIEC officials seized nearly ten million forged 'Marlboro' cigarettes in May, worth €1.6 million from a container in Sines' port that was supposedly transporting furniture from China.



# Prime Minister checks up on major school upgrades



This week Prime Minister José Sócrates visited four of the first schools to be modernised in what is one of the Government's most ambitious educational projects ever, entailing an investment of nearly €5 billion and the aim of upgrading every single secondary school in the country.

By 2015 the Government plans to have modernised 332 secondary schools at a total cost of €4.84 billion, a massive overhaul project named the Modernisation of the Secondary Schools Programme.

PM Sócrates described the Programme as "an investment that looks to build the schools of the future, schools of excellence, and also provide employment for lots of people as well as creating business opportunities for many small and middle size companies that are associated with all schools".

He also confirmed it was "the biggest investment ever" to be injected in remodelling national secondary schools, as a way of preparing for the country's future as well as combating the economic crisis.

Accompanied by Minister for Education Maria de Lurdes Rodrigues, the PM visited four secondary schools in the Alentejo. His tour started at the D. Manuel I and Diogo de Gouveia schools in Beja, where he inspected ongoing renovation work, followed by visits to the Severim de Faria and Gabriel Gouveia schools in Évora.

Speaking to journalists who accompanied his visit, the Prime Minister said "This investment is absolutely essential for Portugal to recover in terms of qualifications and education, but also to respond to the crisis".

He described it as "a great operation" which aims to "upgrade all secondary schools in the country" with the "vision of transforming public Portuguese schools into schools of excel-

lence". It was admitted that the start of the upcoming school year in some establishments could be affected by ongoing works.

Divided into three phases, the first phase of the programme will modernize 205 secondary schools at an estimated cost of €2.45 billion.

Phase two foresees further improvements at a cost of €1.19 billion. The programme will be completed with phase three, which includes work at 100 establishments at a cost of €1.2 billion.

The first pilot phase, which this week the PM personally checked up on, covered of improvements to four schools at a cost of €61 million.

At present 26 schools in phase one and 75 schools included in phase two are being modernised.



Prime Minister José Sócrates talks to technicians in Évora on 18th August about the schools modernisation programme. (Photo: Lusa / Nuno Veiga)

## Controversial 'teacher evaluation' to continue

Portugal's President Cavaco Silva has this week confirmed that the controversial teacher-evaluation system that last year caused national uproar amongst teachers' unions will remain implemented for the upcoming school year.

The system, which assesses teachers' efforts based on four key points – punctuality, ongoing training, fulfilling assigned tasks and participating in activities and projects – caused teachers from across Portugal to stage mass protests last year.

Those showing higher marks in the afore-mentioned areas are

afforded the opportunity for faster career progression.

Student's school results are not taken into account.

The original 'teacher-effort' evaluation model was never adopted and the introduction of any changes to the current system will be postponed until the next round of legislations.

Lucinda Manuela, head of the National Federation for Education Unions (FNE) told news agency Lusa "the President would not have any other choice but to promulgate the system, which has no underlying legal issues", she stated, adding "This model [for evaluation] must be changed in its entirety; it has been simplified twice and is, in essence, just amendments on top of

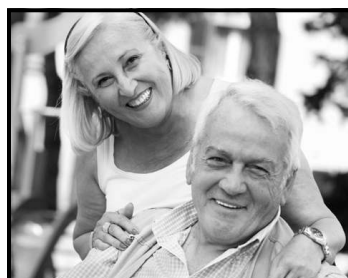
amendments".

Lucinda Manuela stressed "it must be substituted with a model that can be executed and is fair, which distinguishes between those who do less and those who do more".

Throughout November and December last year hundreds of thousands of teachers participated in protests against the model of evaluation.

At the time the General Secretary of Teachers' Union FENPROF, Mário Nogueira, said that the "en-masse presence of teachers" was a demonstration of how "unfair, incoherent and impractical this model of evaluation is".

FENPROF have said they will continue their fight, with further action being organised for September.



## What if?

Make sure your loved ones don't have to cope alone

The Portuguese way of funerals can often lead to misunderstanding and leave people confused at a time of distress, particularly when your family and friends are a long way from home. Will they know what to do, who to call? Planning ahead and making provisions with Golden Leaves will save this trauma of knowing who they can turn to and by planning ahead you can organise arrangements according to your wishes.

Our secure, dignified and personal service will give you peace of mind in the knowledge that your funds are backed by our guarantee of trust.

For a free no obligation brochure contact our local agent: **Lloyd & Whyte International**

Tavira - tel. **281 325 842**

Boliqueime - tel. **289 360 578**

Email: [portugal@lloydwhyteintl.com](mailto:portugal@lloydwhyteintl.com)

[www.goldenleaves.co.uk](http://www.goldenleaves.co.uk)

- Complies with FSA regulations
- Dignified, professional care for expatriates
- Bi-lingual local knowledge and support
- Independent Trust Fund Guarantee
- All inclusive prices - no hidden costs - inflation proof
- No age or health restrictions

**Pre-Pay at Today's Prices & Save Money**



**Golden Leaves**  
Funeral Plans

Golden Leaves Funeral Plans are NOT an insurance policy



**VIPCHAUFFEURS**  
ALGARVE

## AIRPORT TRANSFERS

Making YOU the VIP for LESS than the cost of a taxi.

ALL PRICES FOR DEDICATED VEHICLE

**Example Prices From Faro Airport To**

Quinta do Lago	€25
Albufeira	€35
Portimão	€50
Lagos	€65
Salema	€75
Sagres	€90

Bringing 25 years experience in the ground transportation business to the Algarve. Now offering a dedicated chauffeur service that delivers **reliability, courtesy** and **style** at an extremely competitive price

- Mercedes Viano up to 6 passengers full executive pack including DVD player
- Mercedes Sprinter for up to 8 passengers Long Wheel Base and DVD Player
- Mercedes "S" Class 350 Limousine with DVD player

Domínio Da Elegância LDA  
Alvara N.º 1587/2009  
Urb. Marina Sol, Lt. 12 Loja B  
8600-722 LAGOS

**TEL: 282 695 074**

[bookings@vipchauffeurs-algarve.com](mailto:bookings@vipchauffeurs-algarve.com)





Health Minister Ana Jorge opening the new A & E department based at the Amadora Hospital in Sintra on Tuesday. (Photo: Lusa / André Kusters)

## Retirement homes urged to adopt Swine Flu contingency plans

Portugal's General Health Board, the DGS, has recommended that retirement homes and other institutions that accommodate the elderly should devise contingency plans to protect against the full effects of the Swine Flu pandemic, to guarantee the full functioning of the establishments should the virus strike.

It has been suggested extra staff be put on standby should re-placements be needed.

Homes for the elderly are preparing their plans in conjunction with the Ministries of Health, and Work and Support while receiving tips from the DGS on what type of procedures should be adopted.

According to the DGS, the success of any form of action depends on the collaboration amongst people within the institutions and has recommended these institutions weigh up the

possible consequences a pandemic could have on employees, suppliers and residents. They have also been urged to formulate plans to guarantee the distribution of preventative resources as well as ensuring communication, information and coordination with external organizations.

It has also been recommended that employees are trained in other areas besides their own to be able to carry out other roles and essential tasks or priorities, if necessary.

The DGS has advised contin-

gency plans should predict the absence of employees and suppliers as well as drawing up measures to reduce contamination and infection as well as limiting close contact between those infected and employees, suppliers and residents.

Amongst other suggestions it was recommended the cleaning of such establishments is carried out more frequently and employees should wear surgical masks.

Separating healthy residents from those showing flu symptoms is another proposal as well

as adapting ventilation systems to a more adequate setting to keep rooms well-aired, maintaining a one-metre distance between all beds and chairs, and avoiding unnecessary visitors to those who are suffering from the illness.

It has been estimated that, at present, in Portugal there are around 51,017 elderly people residing in institutions (of a total 1,702,120 over-65s), the majority of whom are women (69 percent) and 85 percent of all retirement home residents are over 75.

## Health Security Committee agrees on school closures

The European Union Health Security Committee and the Early Warning and Response authorities (HSC/EWRS) have unanimously adopted for the first time two policy statements proposed by the European Commission on public health measures for pandemic influenza A (H1N1) 2009.

The statements set out a coordinated European approach on what kind of school closures may be most appropriate to protect public health, and how to balance freedom of movement and public health protection for travellers with flu symptoms.

The Commission proposed the statements for adoption by the HSC/EWRS as part of the broader strategic planning and preparedness for coordinated efforts in Europe regarding pandemic influenza A (H1N1) 2009.

The two statements are aimed to provide a basis for implementing shared public health measures among Member States and the European Commission to ensure an efficient coordinated response at EU level in the current pandemic situation.

The statements may be revised taking into account future developments.

European Commissioner for Health Androulla Vassiliou said: "It is important that Member States and the Commission continue to coordinate their approaches and share information on how to address the public health challenges posed by the pandemic. The two public health statements adopted today provide good examples of how Europe needs to balance public health protection and other key public interests during the current pandemic."

The EU Health Security Committee states that Member States do not presently see the need to enact pre-emptive mass school closures.

However, the Member States recommend at present the approach to close schools locally upon infection being found among students as beneficial to impede the transmission of the virus. The benefit of such an approach clearly depends on timely action.

Furthermore, to ensure that school closures are efficient, they should be accompanied by other measures, in particular to ensure that alternative gatherings of children do not occur.

The European Centre for Disease Prevention and Control (ECDC) has produced scientific advice on school closures which can be found at:

[http://www.ecdc.europa.eu/en/health\\_content/phdev/090720\\_ph.aspx](http://www.ecdc.europa.eu/en/health_content/phdev/090720_ph.aspx)

The statement by the EU Health Security Committee provides a set of options on what to do in a situation where a traveller falls ill before or during travel.

As an increasing number of individuals may develop symptoms just before planned travel or while travelling, the EU Member States may have to face the need to handle and manage cases among travellers.

In this context, the overriding public health recommendation to symptomatic individuals remains to delay travel and stay at home.

However, this public health recommendation in a pandemic situation should not lead to restriction of movement at EU borders and travel restrictions between EU Member States.

## Cuban doctors arrive in Portugal

Last week, forty Cuban doctors who were hired by the Portuguese Government to reinforce medical man-power in this country. Arriving from Latin America, at the end of this month, they will be distributed amongst health centres in the Alentejo, Ribatejo and the Algarve.

However, despite being acquired by the Ministry for Health, the Portuguese doctors' union has warned the Government that the foreign medics may lack requisite qualifications to practice in this country.

At present the bureaucratic conversion of qualifications is taking place so the foreign professionals can enroll in Portugal's 'Ordem dos Médicos' (Doctor's Register). The Cubans are legalizing their status so a degree can be obtained from a Portuguese University.

It is thought the Cuban doctors will have contracts that are renewable on a yearly basis.

A source from the Ministry for Health confirmed negotiations

were ongoing to recruit doctors from various Latin American countries, but no protocol has been established as yet.

However, the Doctor's Register has said it does not believe this is the most appropriate solution.

Others have claimed the doctors' arrival could not have come at a better time given the amount of strain the A/H1N1 flu will have on national health services.

The first group of doctors is believed to be destined for the Alentejo's coastal region and Beja, where medical back-up is most needed.

One of the most serious scenarios is that of Odemira, where the situation worsens with the arrival of summer and the local populations in Vila Nova de Milfontes, Zambujeira and Almogrove multiply five-fold.

Over recent years Cuba has become one of the world's largest 'exporters' of doctors. In July the Angolan government recruited 239 doctors from that country.

## SOLAR GRID CONNECTION

Feed-in tariff 0,615 €/kWh

### Quotes, Registration, Installation, Maintenance

Fixed roof installation (25° inclination)

	kWh/year*	€/year	Tretum [y]
Sagres	6.048	3.931,20 €	6,1
Beja	5.537	3.599,05 €	6,7
Lisboa	5.126	3.331,90 €	7,3
Santarém	5.245	3.409,25 €	7,1
Coimbra	4.828	3.138,20 €	7,7
Braga	4.907	3.189,55 €	7,6
Bragança	5.031	3.270,15 €	7,4

\* Valores estimados by PV Syst



Évora - 3,68 kW - instalado em Julho 2008

FFsolar Lda.  
P. I. da Feiteirinha, Lt. 1  
8670-440 Aljezur  
Tel/Fax: +351 282 998 745/6  
mail@ffsolar.com  
www.ffi solar.com



Our experience is your security\*

**SOLAR**  
SISTEMAS DE ENERGIAS ALTERNATIVAS PORTUGAL, LDA.

\*since 1989 in Portugal



# Portuguese archeologists unearth General Wellington's command post



Portuguese archeologists on a dig inside the Alqueidão Forte (Sobral de Monte Agraço, north of Lisbon) made an important discovery this week when they unearthed what is believed to have been the headquarters of Luso-British troop commander General Wellington.

Located between Mafra and Torres Vedras, the fort is thought to have sheltered General Wellington's troops serving the Torres Vedras line during the French invasions, between 1807 and 1814.

The General's private quarters, a store room, a warehouse and a weapons locker were defined during the excavation. The division had been previously outlined in maps but this is the first time excavations were attempted to unearth them.

Of the weaponry storeroom, Archeologist Artur Rocha explained to news agency Lusa "strategically it is one of the most important points within the fort as it offered privileged views in comparison to other war weaponry storerooms and the cannons' positioned on the Torres Vedras line. That is why we believe the room was General Wellington's command post".

The 'Torres Vedras Line' was made up of 152 forts built between Torres Vedras and Vila Franca de Xira, between 1809 and 1812, with the intention of defending Lisbon from invading troops.

The weaponry storeroom that was recently uncovered is said to be one of the largest identified to date.

The good state of conservation that the storeroom was found in has allowed the archeologists to study construction techniques and materials that were used for construction at that time.

Alqueidão Forte is to be com-

pletely restored to accommodate visitors and integrate Torres Vedras' 'Historical Route', a project involving the municipalities of Arruda dos Vinhos, Loures, Mafra, Sobral de Monte Agraço, Torres Vedras and Vila Franca de Xira.

Meanwhile, in related news, another archeological team has confirmed that remnants of artifacts unearthed in the furnaces of Morraçal da Ajuda, Peniche, are in fact the first examples of Lusitanian pottery and are believed to have been used for storing fish and fish derivatives that were consumed during the time of the Roman Empire.

Fragments of amphoras were first discovered in 1998 but only now have experts been able to confirm their actual use.



The archeological dig in Sobral de Monte Agraço on 17th August. (Photo: Lusa / Artur Rocha)

## 'Arctic Sea' mystery exposed as foiled piracy plot



The Russian Defence Ministry has revealed that eight Eastern Europeans were detained in connection with the 'disappearance' of the Arctic Sea cargo vessel, which was located this week 300 miles south of the Cape Verde archipelago after, more than two weeks after 'vanishing' on July 31<sup>st</sup>.

The vessel set sail from Finland on July 23<sup>rd</sup>, en-route to Algeria, but ceased making contact with authorities on July 31<sup>st</sup>. On board it was transporting a cargo of timber thought to be worth an estimated €1.3 million.

Initial reports said the ship was last spotted in Portuguese waters, which were quickly denied by national maritime officials. More recent reports suggested the vessel may have been attacked twice by pirates, once off the coast of Sweden and a second time off the Portuguese coast.

However, it was this week

confirmed by the Russian Ministry of Defence that the ship, which had a crew of 15 Russians, had in fact been taken over by a group of eight 'pirates'; four Estonian nationals, two Latvians and two Russians, while still in Swedish waters.

According to reports in the Russian media, from comments by Russian President Dmitri Medvedev and Defence Minister Anatoli Serdioukov, the vessel and its crew were released from the "non-traditional" pirate takeover unharmed. The hijackers were detained and are being held on a Russian warship that was

sent to Cape Verde. Russian officials said the incident occurred with "not one shot being fired". A Russian airplane has allegedly been stationed on the Cape Verdean island of Sal to fly the 15 crew back to Moscow.

Russian authorities claimed they detected the vessel days before its discovery was confirmed, but did not release this information to the media to avoid

jeopardizing the rescue mission.

It is believed the hijackers switched off the ship's navigational devices and at gunpoint forced the crew to follow a route they stipulated.

Russian officials believe the pirates steered the ship towards Cape Verde as its coastal make-up is virtually inaccessible to the submarines deployed in the mission.



Reach the right readers  
for the right price  
Tel 707 500 677

WE COME TO YOU - AT YOUR HOME OR WORK PLACE

**FRESH AIR**  
MOBILE VEHICLE AIR CONDITIONING

Use your A/C for 10 mins once a week, even in winter  
Get your A/C serviced every 12 months  
Does the air from the A/C smell bad, musky or of vinegar?  
(caused by refrigerant gas leaks & unhealthy bacteria build up)

- \* Service or repair
- \* State-of-the-art A/C service equipment
- \* First class and reliable service all year round
- \* Recharge/Re-gas to cars and vans
- \* Parts replacement
- \* Leak testing and fault diagnosis
- \* Odour, bad smell removal

**ACT NOW!**  
Preventative  
maintenance will  
save on expensive  
bills later on.

Call Nick or Tracey  
**915 974 283**  
Silves area, Algarve  
[www.freshair-services.com](http://www.freshair-services.com)

## STARTING A NEW BUSINESS?

### Talk to us first

The Portugal News was established in 1977 and over the years we have built up affiliated companies and a network of trustworthy technical partners, including lawyers and accountants. We know the right people, the best way to set up a successful business and can help foresee possible pitfalls.

Starting a new business in a new country can present many new and unexpected challenges, but we are here to help.

An initial consultation is free and without obligation. Our experience could make all the difference to your new business.



For more information please call  
our Technical Company Advisor  
on 707 500 028



The Portugal News - reaching 50,000 readers every week.

**Affiliates:**

- **Algráfica** - Design Studio
- **World Telecom** - Phone & ADSL Suppliers
- **BlueChipIT** - Corporate IT Support
- **PC Surgery** - Private IT Support
- **Lingua Franca** - Your virtual office on the go
- **DQ** - Directory Enquiries in English
- **International Algarve Fair** - 2 day business fair



# Clinton says Cape Verde example to Africa



US Secretary of State Hillary Clinton has held talks with Cape Verdean leaders on Sal Island during the last stop of her 11-day, seven-nation African tour that has centred on calls for good governance.



A Liberian women's group wait on a roadside to welcome US Secretary of State Hillary Clinton as she arrives to hold talks with Liberian President Ellen Johnson-Sirleaf in Monrovia on 13 August 2009. The historic visit forms part of Clinton's seven-nation African tour. Liberia was founded by free slaves from America more than 150 years ago. The next day Hillary Clinton visited Cape Verde for one day before going on to China. (Photo: EPA/Ahmed Jallanzo)

A former Portuguese colony, the Atlantic archipelago has a population of less than 500,000 and is widely viewed as an African "success story" in terms of democratic, social and economic development.

Clinton, who arrived from Liberia last Thursday night, met separately with Prime Minister José Maria Neves and Foreign Minister José Brito before departing for Washington.

The brief visit to the Atlantic archipelago was to underline "the good relations between the two countries" and "all the successes of Cape Verde, including the good governance for which [it] is known", US Ambassador Marianne Myles told Lusa in Cidade da Praia last Thursday.

Myles said Clinton's talks with island leaders focussed on beefing up bilateral cooperation in mar-

time security and education.

The "global effort" against the trafficking of drugs and people, illegal migration and fishing, and money laundering would be discussed, she said, along with the role of the large Cape Verdean community resident in the United States.

Clinton began her first African tour as secretary of state on August 5 in Kenya.

She also visited South Africa, Angola, Democratic Republic of Congo, Nigeria and Liberia, calling at every stop for good governance as the basis for bolstered US aid and investment.

Her tour came on the heels of President Barack Obama's first visit to Africa last month, where he underlined in Ghana the same theme as his administration's priority for relations with the continent. *TPN/Lusa*

## Portuguese firm invests €10m in São Tomé tourism venture

Portugal-based Leart Takala Investimentos will build a high-end resort on STP's outer island, Príncipe, in a project valued at €10 million, company sources were reported as saying this week.

Leart Takala CEO Nuno Santos told the Lusa News Agency work on the Praia Boi Resort, situated 12km from the

town of Santo Antonio on Príncipe, is scheduled to commence next year. The 10-hectare complex will accommodate around 120 visitors and create 100 local jobs in an initial phase.

Finnish-owned Leart Takala also plans to make its future in São Tomé a centre for research into giant turtles, the company said.

## South African President calls for help in reducing crime

South Africa's President Jacob Zuma has, in a recent meeting with representatives of the Greek, Italian and Portuguese communities, appealed for their help in reducing crime and has stressed the need for "zero tolerance to combat criminality".

President Zuma held the meeting to answer hundreds of questions he was faced from the three communities during a previous meeting in September 2008 in Johannesburg, when he was then head of the ANC party and a presidential candidate.

Last Thursday, as President of his country, he guaranteed the communities that his mandate was based on cooperation and dialogue with all sectors of South Africa's society and aimed to resolve key national problems.

He was enthusiastically received by around 600 members of the HIP (Hellenic, Italian and Portuguese) alliance who responded positively to his elaborated speech, during which President Zuma addressed the topics that are most relevant to those particular communities, namely crime, the business climate, state corruption, education and health.

The Head of State was accompanied by 13 of his Governmental Ministers and two Vice-Ministers, as well as having invited the Portuguese Ambassador João Ramos Pinto, and the Italian and Greek Ambassadors. He said everyone must cooperate to help South Africa through a difficult time that has been worsened by the current global economic situation.

"We are ready to form a part-

nership with you as this country belongs to each and every one of us", President Zuma told the Italian, Greek and Portuguese community representatives.

President Zuma further reassured those present that the combat of crime, particularly organized crime that largely victimizes women and children is being taken "very seriously", highlighting the fact that a new national commissioner has been nominated to oversee the country's police services tackling such issues.

"Those who know him (new commissioner Beki Cele) know that he does not laugh at criminals", was how President Zuma described his new police chief, who has been depicted by South Africa's media as a "cowboy who encourages the police to shoot to kill".

"We must act with earnest, in particular collaborating with all populations and communities, to stop this wave of crime. We know we are united with our people in the mission of ensuring zero tolerance for criminality and using all possible means".

Rounding off the meeting President Zuma urged representatives of the foreign communities to identify which key areas they would like to see tackled within their areas, and proposed more meetings between the four are held regularly.

"I challenge the HIP Alliance and their communities to identify the areas in which we can work together to resolve some of the problems identified and work towards a common vision of a better South Africa", he concluded.

## EU allocates €9 million for Zimbabwe food

The European Commission has allocated €9 million to safeguard access to food for vulnerable people affected by the breakdown of essential services in Zimbabwe.

The funds will be channelled through the Commission's Humanitarian Aid department under the direct responsibility of Commissioner Karel De Gucht.

Karel De Gucht, Commissioner for Development and Humanitarian Aid, said: "Though the food security situation has started to improve slightly, Zimbabwe continues to face a protracted emergency. Urban

populations are particularly vulnerable due to lack of access to land. It is therefore crucial in this period that ongoing food security interventions are reinforced and consolidated in order to reach the populations in need."

The funds will be used to provide short-term food security and livelihood support. They are part of the Short Term support Strategy for an amount of €120 million to be implemented by the European Commission following the visit of Prime Minister Tsvangirai and his governmental delegation to Brussels on 18 June 2009.

# CalamITY?

PART OF  
the  
News  
GROUP  
Established 1977

## PC SURGERY

A name you can trust!

Free consultation and  
advice over the phone  
No fix, no fee policy  
Collection and delivery  
service in the Algarve  
We beat any  
competitive quote in  
the Algarve

- Your one-stop surgery for PC's Macs and laptops
- Quality hardware and software supplied
- Repairs without loss of data
- Software and Hard-ware issues resolved
- Upgrades and Technical jargon made simple
- PCs and Macs tailored to your specification
- Fully qualified English/Portuguese Technicians

**We repair & maintain ANYthing to do with a computer or network.**

**Call our Hotline: 707 940 332**



# England football fan to serve time in Portugal



A 51-year-old football fan who was convicted of partaking in a riot during the Euro 2004 tournament, which was held in Portugal, has been ordered by a UK court to serve his two-year jail sentence in this country.

Garry Mann, a former firefighter from Faversham, Kent, was served the extradition sentence last month for his alleged participation in a riot which occurred in Albufeira during the European football tournament.

Mr Mann has maintained his innocence throughout the ordeal, claiming he was drinking in a

nearby bar at the time of the incident, shortly after which he was arrested, tried and convicted, within 24 hours. He was found guilty and accepted voluntary deportation from Portugal, which he is said to have understood to be in place of serving his sentence in Britain.

It has been argued that Gerry

Mann was given an unfair trial following his arrest in Portugal.

In comments to the UK's media, Jago Russell of Fair Trials International said "With only 24 hours between his arrest and conviction and no access to his own lawyer or translator, Garry Mann had no chance of a fair trial".

More than four years later, following an extradition hearing earlier this year, Senior District Judge Timothy Workman at City

of Westminster Magistrate's Court in London ordered Mann to be extradited to Portugal to serve his jail term.

He now plans to appeal the decision in the High Court, claiming much of his defence case was "ignored".

Gerry Mann was unexpectedly arrested under a European arrest warrant in March this year. Portuguese authorities have reportedly said the delay in calling for his extradition was because they were unaware that under the Council of Europe's convention on the transfer of prisoners Mann could not be jailed in the UK unless he had begun his sentence in Portugal.



Garry Mann

## McCanns drop legal action against Portuguese newspaper

Missing Madeleine McCann's parents have this week revealed they are to drop action instigated against two journalists of Portuguese newspaper *Tal & Qual*, after it published an article in 2007 claiming Portuguese police believed Kate and Gerry McCann had 'killed their daughter'.

According to a Lagos Public Prosecutor, the McCanns have said they have "no interest in the prosecution" of the case, which involved journalists Emílio Fernando, also former director of the now extinct *Tal & Qual*, and colleague Ana Catarina Guerreiro.

In 2007, during the height of Madeleine's disappearance, the *Tal & Qual* journalists published a piece in which it was indicated Kate and Gerry had accidentally killed their daughter.

In comments to news agency Lusa, Emílio Fernando said he

was "satisfied" the case has now been shelved, and added he did not feel relieved as he was never worried.

"I have always been calm as I never accused anyone of anything. The headline stated the PJ police did not believe in the McCann's innocence. What we wrote in the article was that they were going to be heard by police and could be made official suspects", he explained.

"Today I would not change even a comma. My only flaw was that I wrote the couple was going to be heard the following week and they were heard 15 days later", he added.

The former newspaper director admitted he did not know why the McCanns had dropped the action but did say he understood at the time that the couple wanted to sue, but found it odd they decided to do it a week after the headline had been published.

## Portugal's police force 'getting old'

A report carried out every year by the PSP's Human Resources Department has identified that Portugal's main police force is aging as well as suffering a shortage of top officers, noted by the many empty high-ranking positions.

In the report it was highlighted that the current average age for an active police officer is 39 and that many managerial roles are unoccupied. There are, according to the report which is based on data from 2008, no superintendents presently active in Portugal.

It is thought this scenario is being caused by delayed retirements as well as in promotions. There are also fewer police officers in general and an increasing number of those are taking time off through illness.

These findings justify warnings from police unions that the national police force is in need of new recruits.

According to statistics published in national newspaper *Diário de Notícias*, active police officers in Portugal are predominantly male and have an average

age of 39.3, slightly younger than in 2007, but not a change of relevance.

In response to the report, Paulo Rodrigues, President of the ASPP police union, said "We are going back to the 90s when the police were seen as old and worn out by their profession."

"The force must show it is able, within the population's reach, and transmit trust in the fight against crime", he said.

According to the report last year 330 officers left the PSP force, 84 percent of which were due to retirement or entering pre-retirement service.

The number of officers taking time off due to illnesses has soared by 10.8 percent in comparison to last year, the majority of whom are aged over 50.

Portugal's last remaining superintendent in 2008 retired earlier this year, and while there are six sub-superintendents (a position directly beneath that of superintendent) their average age is of 57.5, therefore close to retirement, and have no replacements.



## Navigating your wealth through uncharted waters

Successful navigation at sea depends upon plotting your course with clear understanding of your destination and the hazards such as tides, currents, hidden rock formations and sandbanks that you will face. The financial crisis has proved when it comes to your wealth, the hazards have moved or changed. To find out where the future financial hazards are, and how you can plot a way round them to protect your wealth, [register for our seminar now](#).

seminars

### PORTIMÃO Wed 9th Sep

Le Meridien Penina, Alvor • 4 for 4.30pm until 6pm

### ALMANCIL Thur 10th Sep

Dona Filipa & San Lorenzo Golf Resort, Vale do Lobo • 10 for 10.30am until 12 noon

Gavin Scott SENIOR PARTNER [gavin.scott@blevinsfranks.com](mailto:gavin.scott@blevinsfranks.com)

Adrian Hook PARTNER [adrian.hook@blevinsfranks.com](mailto:adrian.hook@blevinsfranks.com)

289 350 150

*Avoid disappointment and reserve your place now, online booking is available on our website.*

Wealth Management  
Tax Mitigation  
Estate Planning  
Trustee Services  
Retirement Benefit Solutions

*unique solutions for tax and private wealth*



**BLEVINSFRANKS**  
[www.blevinsfranks.com](http://www.blevinsfranks.com)

Blevins Franks Financial Management Limited is authorised and regulated by the UK Financial Services Authority only for the conduct of investment and pension business. Blevins Franks Trustees Limited is authorised and regulated by the Malta Financial Services Authority for the administration of trusts and companies. Blevins Franks Tax Advisory Service only gives taxation advice; all of the advisers are fully qualified tax advisers.



# Algarve unemployment soars



Unemployment in the Algarve in the month of July has soared by 104.2 percent in comparison to the same month of 2008 despite having dropped by 2.6 percent in comparison to the previous month, June 2009.



Unemployment in the Algarve has obliged the locals to pick strawberries, work which was previously given to Morroccans. (Photo: Lusa / Luis Forra)

Despite being the country's main tourist destination where employment is traditionally seasonal, unemployment in that region has more than doubled over the past 12 months.

On a national scale, the number of Portuguese enrolling in job centres across Portugal also rose by 1.4 percent in July this year, in comparison to the previous month of June, the majority of whom were men. This is a 30.1 percent rise in comparison to the same month of 2008.

Recent unemployment figures have escalated and at present a total of 496,683 Portuguese are registered at job centres, according to statistics from the IEFPP Employment and Professional Training Centre.

The annual rise in unemployment is, according to national statistics, affecting both men and women despite male unemployment having risen by 48.1 percent over the past 12 months.

Regarding professions and work, manual workers like civil constructors were the worst affected, with unemployment within that industry rising by 93.9

percent, with 63.3 percent of metal workers also being affected.

The number of individuals registered at job centres for less than 12 months has also increased by 46.2 percent.

Young men and women aged under-25 putting their names down at job centres also increased by 32 percent in 12 months, while the over-25s make up 87 percent of all unemployed and also rose by 28.8 percent in comparison to last year.

Meanwhile, despite the climb in unemployment in the South of the country, it is the northern region where there is the highest number of unemployed in Portugal.

In July this year there were 222,000 people in Northern Portugal enrolled in job centres, a 28.6 increase in comparison to July 2008, and 2.5 percent more than in June this year.

On the island of Madeira in the month of July this year there were 50.3 percent more unemployed people than in the same month of 2009. That figure was, however, 0.8 percent lower than in the month of June this year.

## Business between CPLP members still feeble, says Brazil

Trade between the eight members of the Community of Portuguese Language Countries (CPLP) remains at low levels, says the head of the Council of Portuguese Chambers of Commerce in Brazil, Romulo Alexandre Soares.

Mr Soares told the Lusa News Agency that "Today these states enjoy trade with the rest of the world valued at around US\$ 550 billion, but between them the level is only around US\$ 13 billion or just 2.3% of their total multilateral exchanges."

The Brazilian official was citing figures from the United Nations Conference on Trade and Development (UNCTAD).

These figures do not make sense given that the countries involved share the same language and have ample cooperation opportunities, argued Soares, noting insufficient sea-freight routes between CPLP states remains "a big problem."

The trade official was presenting the agenda for the 5th Lusophone Business Meeting taking place September 28-29 in the city of Fortaleza in Brazil's Ceara State.

The event will gather around 1,000 participants, 300 from overseas, including company executives, political leaders and representatives from financial and cultural organizations in the Portuguese world. Officials from Angola, Brazil, Cape Verde, Guinea-Bissau, Mozambique, Portugal, São Tomé, East Timor and Macao have already confirmed their attendance.

The Fortaleza meeting is being jointly staged by the Council of Portuguese Chambers of Commerce in Brazil, the Brazil-Chamber of Commerce in Ceara and under the coordination of the CPLP Business Council and the National Confederation of Industry (CNI).

TPN/Lusa

## Portugal, inflation below EU average

Over the 12 months preceding July this year Portugal and Ireland registered the lowest inflation rates in Europe, both showing figures of 0.5 percent, two percentage points below the European average of 0.7, Eurostat confirmed last week.

"The lowest averages over 12 months leading up to July 2009 were registered in Ireland and Portugal (both at 0.5 percent) and in Germany, France and Luxembourg (all at 1.1 percent), while the highest inflation rates were found in Latvia (8.8 percent), Lithuania (7.8 percent) and Romania (6.6 percent)", last week's report from the EU's statistics department read.

According to Eurostat, of the 16 Euro-zone countries, annual inflation in July 2009 was 0.7 percent down, in comparison to 0.1 percent down

inflation documented in June, the first annual fall in prices since the Euro-zone was created in 1999.

Regarding the 27 EU countries, average annual inflation stood at 0.2 percent in July this year, with prices falling significantly to the 0.6 percent inflation registered in the previous month of June.

Despite this rise within the EU, the 0.2 percent represents a new minimum.

In July 2008 average inflation within the European community was 4.4 percent.

## Unemployment climbs to 9.1 percent

Portugal's jobless rate rose to 9.1 percent during the second quarter, topping government projections, the National Institute of Statistics (INE) said.

The increase in unemployment represented a rise of 0.2 percent over Q1 and 1.8 percent more than the 7.3 percent rate registered in the same period a year earlier, INE reported.

The Government had estimated yearly unemployment of 8.8 percent and analysts con-

tacted by Lusa predicted a figure of nine percent.

The jobless figures were released one day after INE said preliminary estimates showed the economy had grown by 0.3 percent in Q2, the first expansion in four consecutive quarters.

TPN/Lusa

What would happen if your system or server crashed and you lost all your data? Your business would come crashing down bringing trading to a halt. BlueChip IT is a new dedicated service from World Telecom giving small to medium size companies 'blue chip' support to ensure your data and systems are as safe as possible. We offer:

- 24/7 support by Microsoft Certified engineers
- Daily or weekly secure 'off site' back-ups
- Regular maintenance of servers and computers
- Fast response and standby systems
- Alternative Internet & email connections if your service goes down

The good news is that our services can be tailored to meet your needs and budget, whatever the size of your company. We will be happy to give you a free on-site assessment of your system and discuss how to make sure you stay operational whatever happens.



**BlueChip IT**  
Ensuring your business IT works for YOU

Call 707 500 600..... Kurt Pardon..... IT Director..... Blue Chip IT



# DECO accuses easyJet of violating law

Low-cost airline easyJet is violating Consumers Rights laws by refusing to accept complaints made in the Portuguese language, national consumers rights watchdog DECO said.

Magistrate Carolina Gouveia explained to news agency Lusa that DECO has received various complaints against the airline, which operates flights from Lisbon, Oporto, Faro and Funchal (Madeira), generally relating to lost baggage and delayed flights.

"What we have been feeling from consumers' complaints that they cannot get answers to their grievances in Portuguese and they are asked to translate their complaints from Portuguese to English, Spanish, German, French or Italian", she explained.

easyJet is also unable to answer phone-calls that are made in Portuguese to its headquarters in Luton, UK.

Besides the fact not all Portuguese consumers have the possibility to translate their com-

plaints into English, DECO also believes easyJet is breaking Consumers' Rights laws by not being more accommodating.

Regarding national consumers, Carolina Gouveia said "The law states all information must be in Portuguese. Companies have a duty to provide all information in Portuguese".

When DECO approached the airline to obtain a response regarding the situation, it too was asked to submit its enquiry in another language.

"It does not make sense as the company is functioning in Portugal it has a website in Portuguese and, of course, it must offer information in Portuguese".

DECO has also assured its readers it will be reporting the situation to the National Institute for



An easyJet aeroplane at Faro Airport. (Photo: The Portugal News)

Civil Aviation, health and safety watchdog ASAE, and to the State Secretary for Commerce.

According to Carolina Gouveia, it is ultimately ASAE's decision whether or not easyJet is breaking any laws and if legal action can be taken.

## Renegotiating credit easier from October

From October those who are looking to renegotiate or transfer their home loan will no longer face high reimbursements fees often applied by banks and which are generally applied to 'parallel credit', loans simultaneously requested for personal use, such as buying a car or having work done on properties.

As of October multi-option loans are to be subjected to the same percentage of commission as home loans.

"The current economic climate justifies making credit that is related to a home loan more flexible so families can find the best possible option for fulfilling their commitments that their permanent habitation entails", the Government stated in a law-change published this week.

Furthermore, whenever banks propose the subscription to new products, such as

credit cards, insurance or financial applications to reduce a client's spread, the State has made it compulsory that the annual effective tax review (TAER) is disclosed, a new tax that calculates costs entailed with loans and other products acquired.

João Fernandes, economist for consumer rights watchdog DECO, explained "It is the clearest indicator for the analysis of credit costs", stressing that many times the bank "shows one side of the balance, but not the other".

Regarding clauses that could make spreads more costly; the

new rules have defined a one-year period for clients to unsubscribe to products included in negotiations.

In other words, if a client fails to comply with the terms and conditions, and/or chooses to opt out of the negotiated agreement, and if the bank does not take action within that one-year period, then the clause is dropped and the spread that was initially negotiated is maintained.

"It is possible that banks will now be more thorough in this matter", said João Fernandes.

## TAP contingency plan slashes flights

Reducing the number of flights by around 10 percent is one of the measures included in a contingency plan drawn up by national airline TAP to soften the blow of the current economic crisis, to be applied as of September.

In comments to Portuguese news agency Lusa, a TAP spokesperson explained that the measures would be applied between September 10<sup>th</sup> this year and June 10<sup>th</sup> 2010 and will be lifted over Christmas, New Year, Carnival and Easter, peak periods when there is traditionally more demand for air travel.

Besides reducing the number of flights, which aims to balance out "the predicted reduction in demand", the cost-cutting plan also aims to, whenever possible, on long-haul flights, to cut down on the number of 'stop-overs'. These costly 'night-stops' entail paying for both aircraft and crew to spend a minimum of one night out of Portugal.

The same spokesperson guaranteed that, despite reducing the frequency of flights the number of destinations that the airline

flies to would remain unaffected.

The economic crisis, which has caused significant losses in passenger figures to many airlines and the bankruptcy of others, together with the effects of the A H1N1 'Swine Flu', are still having punishing effects on commercial aviation.

Over the first six months this year TAP has suffered a crippling loss of €72.4 million and a decrease of 6.2 percent in passenger figures and therefore considers this contingency plan as "fundamental to allowing the recovery of the airline by the end of the year".

## If we can't insure you, no one can! Jim Player Lda.

### ALL TYPES OF INSURANCE:

Car (UK & Portuguese)	Life / Pension
Motorbike (Portuguese)	Workers
Building & Contents	Golf
Travel (Single and Annual)	Boats / Jet Ski
Health	Pets
Business	

We offer you our 28 years experience in the insurance business to provide you with the best service.  
JUST GIVE US A CALL

James B. Player Seguros Lda  
Apartado 3017 • 8135-901 Almacil  
Tel: 289 395 662 • Fax: 289 395 429  
Email: insure-player@mail.telepac.pt

## Tax Returns... IMI Bills ... Missed the Deadlines?

We will provide the settlement service and charge  
**NO OVERDUE TAX FEES\***

### Compare our fees:

Fiscal Representation (per couple):	150,00 €
Tax Returns:	
Rental Income (per property):	100,00 €
Capital Gains (per property):	250,00 €
IMI Bills Settlement (for Clients):	FREE

\* Terms and Conditions Apply

(+ IVA / VAT)

**taxangels**  
FINANCE & TAX EXPERTS  
Vilamoura - Portugal

Tel: (+351) 289 380048  
UK: 020 7193 0650  
Rep. of Ireland: 01 443 4998  
info@portugal-tax.com

[www.portugal-tax.com](http://www.portugal-tax.com)

## O'NEILLS Mortgages

[www.oneillsmortgages.com](http://www.oneillsmortgages.com)

### PORTUGAL'S PREMIER INDEPENDENT MORTGAGE BROKERS

\* FREE Mortgage transfers.

\* Interest only, Equity release, construction, offshore mortgages.

\* Base rate + 0.75% spread  
Mortgages eg: €200,000 = €330 per month (interest only)

\* We have special conditions with all the banks, so give us a call and beat the credit crunch blues.

Edif. Vilamarinha, Loja 49, Vilamoura, 8126-914  
Tel: (+351) 289 301 866  
Email: office@oneillsmortgages.com

Base  
rate  
1.23% for  
July

Insurance  
Mortgages  
Investments

Simple solutions

[www.pic-europe.com](http://www.pic-europe.com)

[www.insurance4portugal.com](http://www.insurance4portugal.com) • [www.mortgages4portugal.com](http://www.mortgages4portugal.com)

PROFESSIONAL  
INVESTMENT  
CONSULTANTS

Independent Brokers

Tel. +351 282 969 288

Bloco Maravista  
Rua do Paraíso, 44-46  
8400-518 - Lagoa  
Carvoeiro



# Basque Terrorism: As good as it gets



Hundreds of Basque nationalist demonstrators show images of ETA prisoners and banners asking for their regrouping in Basque prisons during a demonstration called by the Pro Amnesty Movement to support ETA prisoner rights on 15 August in San Sebastian, northern Spain. The Ertzaina, Basque regional police, broke up the demonstration just minutes after the start. (Photo: LUSA/EPA/Javier Etxezarreta)

It's still a nest of terrorists around here, but nobody worries about it much.

These days, when you hear a helicopter at night it's only the medevac chopper bringing some urgent case down to the main hospital at Bayonne on the coast.

In the bad old days, the helicopter you heard would have been using infrared detectors to spot Basque terrorists heading across the mountains at night into Spain. This south-western corner of France is just as Basque as the much larger Spanish-speaking provinces of Spain, but ETA (Euskadi ta Askatasuna – Basque Land and Liberty) always used France as a safe rear area and did its actual killing across the frontier.

The terrorists are still around, and they enjoy a certain amount of local support. Last Saturday was the summer festival in our local town, Saint-Jean-Pied-de-Port (or Donibane Garazi, in Basque), and everybody for miles around was drinking and dancing in the square below the citadel, waiting for it to get dark enough for the fireworks to begin. Suddenly banners were unfurled on the city walls: "Kidnapped? Tortured? Murdered? Where is Jon?"

So you ask, and it turns out that everybody knows who Jon is. He's a local man, universally believed to be an ETA member, who got on a train to Toulouse but never arrived. Everybody also believes that he was carrying a large sum of money for ETA, which leads nasty cynics like myself to contemplate several alternative possible reasons for his disappearance, but local opinion is convinced that it was the state that got him.

Yet local opinion is not really very upset about it. Most people don't care much whether the French police seized or killed Jon, or if somebody else robbed and killed him, or even if he just decided to disappear and live on the proceeds. It's all part of the game that some play on the fringes of society, and they're welcome to play it as long as they don't frighten the horses.

Across the border in Spain, where the killing happens, people take ETA much more seriously, and there is less sympathy for the killers among Spanish Basques than among French Basques. But there is also an irreducible hard core of support for the extreme nationalist option. Spain does not let political parties that openly support terrorism run in national elections, but when a radical Basque party was allowed to run in the June elections for the European parliament it got 140,000 votes.

That's only five percent of the population in those provinces. The terrorist struggle for Basque independence has so few supporters because the Basque provinces of Spain already have almost complete control over their own affairs. But that tiny minority of hard-liners is enough to sustain the armed struggle forever.

The "struggle" has killed 825 people over the past forty years, including three police killed by ETA bombs and sixty people injured by a truck bomb in Burgos this summer. There have been

three cease-fires over the years, the last in 2006, but they never lead to a final deal because there is a small but steady supply of young people who cannot resist the lure of extremism. It gives meaning to their little lives.

But even on the Spanish side of the frontier, where there are deaths from terrorism every year, few people see it as a dominant factor in their lives. It's just background noise, like the daily toll from traffic accidents.

The French police now cooperate closely with their Spanish counterparts in trying to catch the ETA militants who shelter in the French Basque provinces, but even when they didn't, nobody in Spain suggested invading France to stamp out the terrorist sanctuaries. That would be grotesquely disproportionate, like invading Afghanistan to protect Americans from Arab terrorists.

The ETA story, like that of the IRA in Northern Ireland, teaches us three things. The first is that you don't need a territorial "base" to carry out terrorist attacks; an isolated farmhouse or an anonymous city apartment will do. The second is that you should treat terrorism like any other crime: use the police to track the perpetrators down, and don't inflate the whole problem enormously by getting the army involved.

The third is that you must not expect a decisive victory. When we talk about a "war on crime", we do not expect all the criminals to come out one day with their hands up, after which there will be no more crime. Success is defined in terms of keeping the crime RATE down. Success in anti-terrorist operations has to be seen in similar terms, and anybody who promises you more is lying.

Eight years of the "war on terror" have created a huge military, corporate and bureaucratic lobby in the United States whose livelihood depends on a highly militarised approach to terrorism, so it will be a long time before a saner strategy prevails in Washington. Britain's learning curve in Northern Ireland was thirty years long, and Russia has learned nothing yet in Chechnya. But people generally do the right thing in the end – after they have exhausted all the alternatives.



Gwynne Dyer is a London based independent journalist whose articles are published in 45 countries.

Insure your property in Portugal through The Portugal News

## PROPERTY INSURANCE

UP TO  
40%

RISK RELATED DISCOUNT  
ON PROPERTY INSURANCE

This exclusive Intasure policy, underwritten by **LLOYDS OF LONDON**, has been specially designed to meet the needs of property owners in Portugal. It is available exclusively through **The Portugal News** in Portugal.

For more information, call 707 500 025.

You will receive friendly advice and a quick quote with absolutely no obligation.

- ✓ Buy on the phone
- ✓ Instant cover
- ✓ Underwritten by LLOYDS OF LONDON
- ✓ Fully comprehensive cover
- ✓ Policy documents in English
- ✓ High level of public liability

As an owner of a property in Portugal make sure you get the right insurance cover, designed specifically for you.

- Your cover is underwritten by one of the world's leading insurers - **Lloyds of London**
- Up to 40% risk-related discount available, depending on security, claims experience, excess level and your age
- Your property is covered whether occupied or unoccupied
- Your property is covered if let short term or long term
- Excellent discounts for choosing higher excess
- All policy documents are in English
- Policy covers your swimming pool as well as buildings
- Policy covers public liability of £5m or €7.5m in regard to buildings and contents (traditionally, Portuguese policies provide minimal public liability cover)
- Loss of rent included following a claim
- Covers the purchase of your home during the period between exchange of contracts and completion
- Covers temporary accommodation following a claim
- Wider cover than a standard Portuguese buildings and contents policy
- Wider cover than a 'community' policy
- All claims are reported to and resolved by a UK based English speaking team
- Optional Accidental Damage cover
- Off-Property Cover available
- Policy available in either GBP or Euros - Claims paid in either

THE PORTUGAL  
News



intasure  
Insurance that speaks your language

Call 707 500 025 for more information and a quick quote

Authorised and regulated by the Financial Services Authority



# 'Pavement Picasso' decorates downtown Oporto



Famous British chalk-artist Julian Beever, who is internationally known as the 'Pavement Picasso', has recently completed a project in downtown Oporto when he created one of his famous three-dimensional pictures outside the city's Gran Plaza shopping centre.

During the week that it took Julian to complete his masterpiece, one of many he has done around the world, according to his promoters "thousands" of curious passers-by stopped to watch the artist at work.

Over several days a large crab began to take shape using a tech-

nique named 'anamorphosis', an optical illusion that causes Beever's images to gain a lifelike three-dimensional quality when seen from certain angles.

Located on Rua Fernandes Tomás, the image is there for all to see and can be used as a background for fun photos as it allows

for humans to become part of the concrete canvas.

Until September 5<sup>th</sup> Oporto's Gran Plaza will be exhibiting portraits of 20 of Julian Beever's most prominent works of art, which were drawn on walkways in countries throughout Europe and America.

## Registered athletes double, female athletes soar



The number of federated athletes in Portugal has doubled between 1996 and 2008, during which time the number of female athletes also escalated, now representing 23 percent of all national sportspersons.

Data revealed last week by the Portuguese Institute for Sport (IDP) indicated that the total number of federated athletes is now around 492,000. In 1996 there were 226,000 athletes.

Regarding age groups, there has been a fall in the number of junior athletes and a rise in individuals in the veteran category.

Geographically, Lisbon and Oporto have the highest number

of federated athletes, while at the opposite end of the scale Bragança and Portalegre have the fewest.

Football has the greatest number of sportspersons, though Luís Sardinha, President of the IDP, stressed other collective sports such as volleyball, handball and basketball also make significant contributions to the total number of federated athletes.

"This is largely due to the importance such sports are having within schools and how they have been widely adopted. They have formed partnerships with schools' sports programmes and that is a strategy that increases accessibility and attracts young people to sport", he explained.

State Secretary for Youth and Sports, Laurentino Dias, has shown his "satisfaction" at the figures, saying they "represent positive progress of the sports phenomenon in terms of quantity, quality and good results".

"We are on a good path", Laurentino Dias affirmed.

He also encouraged the federations to look for more private sponsors. "We would like more private entities to propose terms to federations independent of state support".



English artist, Julian Beever, known as the Pavement Picasso, was in Oporto showing off his three dimensional art created entirely in chalk. (Photo: Lusa / Estela Silva)

**CASH & CARRY OPEN TO THE PUBLIC**

**THE BIGGEST Meat Wholesaler in the Algarve**

**Trained in South Africa and England**

Boerewors • Chilli Bites  
Biltong • Beef Olives  
Lamb Shanks  
Gamon Steaks  
Matured Beef • Ox-tail  
Pork Loin with Crackling  
English Sausages

**Open Monday - Friday**  
8am - 1.30pm & 2.30pm - 7pm  
**Closed Saturdays, Sundays & Public Holidays**

Largo Gil Eanes - Bloco A - r/c - Portimão  
(Near Portimão railway station)  
Tel: 282 410 590 H/O N.º: 289 583 070

**ENTREPOSTO**  
  
**ANDIFER**

**2 PROMOTIONAL SPECIALS EVERY WEEK**


**NOW ALSO IN LISBON**

**Boatshedalgarve.com**

INTERNATIONAL YACHT BROKERS

**Looking for a lifestyle change?**

Contact us about becoming an agent...



**Boatshed.com**

T: +351 289 502 419  
M: +351 914 738 251  
boats@boatshedalgarve.com  
**www.boatshedalgarve.com**

**M & J's Food Store**

Visit us in Old Town, Albufeira or order now online

Right next to the bus station  
**Telephone: 289592318 or 936563472**  
Open from Monday to Saturday from 10:00am 'til late  
Sunday from 11:30am 'til 5:00pm  
Or shop online at [www.mjfoodstore.com](http://www.mjfoodstore.com)

**The greatest range of U.K. products in the area**

**With over 150 different lines of frozen products and 1,400 non-frozen**

*And don't forget... We deliver throughout the Algarve*

**A DIFFERENT SPECIAL DEAL EVERY DAY**

Tune in to Kiss FM on 95.8 & 101.2 for "Kiss Klassix Lunchtime" with **Marc Damon** ~ Weekdays Noon - 3:00 and Solid Gold on Sundays ~ 1:00 - 3:00



 **MONTE'S**  
Family Dining - Coffee Lounge.  
Separate children's menu

**Located at Boavista Golf Resort, Lagos**

**Lunchtime Special 2 Courses €7.50**



AVAILABLE FOR WEDDINGS AND PARTIES WITH NO VENUE COST.

Open Tuesday - Saturday for lunch and dinner.  
Closed all day Monday

Every Sunday 12.00 noon - 5.00 p.m. Traditional Sunday Roast €10.50 and children €5.50 with free glass of rosé wine on arrival

Every Friday eat as much as you can buffet for €10.00 and children €5.00 from 7.00 p.m. - 10.00 p.m.

Every Wednesday eat as much as you can BBQ for €10.00 and children €5.00 from 12.00 - 3.00 p.m.

**Book Now to Avoid Disappointment.**

Telephone: 282 764 382 Website: [www.montesrestaurantlagos.com](http://www.montesrestaurantlagos.com)





Join the thousands  
who've slashed  
their  
phone bills  
only €24.99 a month\*

Mobile phone

Desktop phone

# UNLIMITED FREE national & international CALLS

PART OF  
THE PORTUGAL  
**News  
GROUP**  
Established 1977

Terms &  
Conditions  
apply

Tel: 707 500 600 today  
[www.worldtelecom.pt](http://www.worldtelecom.pt)

ONE  
fone  
HOME



\*Free calls are to fixed lines in: Portugal, UK, Germany, Holland, Ireland, Austria, Spain, Belgium, France, USA (incl. USA mobiles) and Canada. Prices do not include IVA. The Home Plan offer is for domestic use only and subject to a "fair usage" policy. The Business Plan includes 500 free minutes. You can keep your home phone number and then cancel your PT line rental (there is a small one-time charge to transfer your number). The desktop phone costs €60 + IVA to purchase, and the mobile costs €85 plus IVA. We also offer fully mobile internet. Terms and conditions apply.



# Portugal third most 'pleasurable' country in the world



As the result of a study by ice-cream manufacturers Magnum that was carried out in 19 different countries Portugal has ranked third concerning the levels of pleasure its citizens enjoy, based on ten different categories, boasting an overall 'Pleasure Quotient' average of 129 points, preceded only by Colombia (136) and Mexico (135).

The findings of this survey dismiss theories that there may be a direct relation between a country's level of richness and the pleasure it affords, as well as proving the age-old adage that money does not bring happiness.

More than 111,000 people from the 19 countries completed Magnum's survey, around 67,000 of who were women and 44,000 men.

Magnum's test was developed by psychology Professor Alex Linley of Leicester University and is similar to an IQ test, designed to measure the frequency and intensity that the ten categories (taste, relaxation, self-accomplishment, adrenalin, group activities, sounds, smells, solo activities, vision and touch) offered citizens. It is based on ten cross-questions focusing on the frequency and intensity of enjoyment of the afore-mentioned categories.

Amongst other conclusions drawn by the study is the fact that men get more enjoyment out of life, and taste and relaxation are the highest preferred forms of pleasure.

Colombia, Mexico, Portugal and Turkey are the top four countries where most pleasurable categories are experienced and with the highest levels of intensity, with New Zealand and France coming in at the bottom of the list.

The first five questions showed three images of which the respondent was asked to choose the image that to them was the most appealing. Other questions involved rating an image on a scale of one to ten in terms of enjoyment.

To learn more about yourself, about what makes you tick and how you can improve your general enjoyment in life, the Magnum Pleasure test can be found at: [www.mymagnum.co.uk](http://www.mymagnum.co.uk).

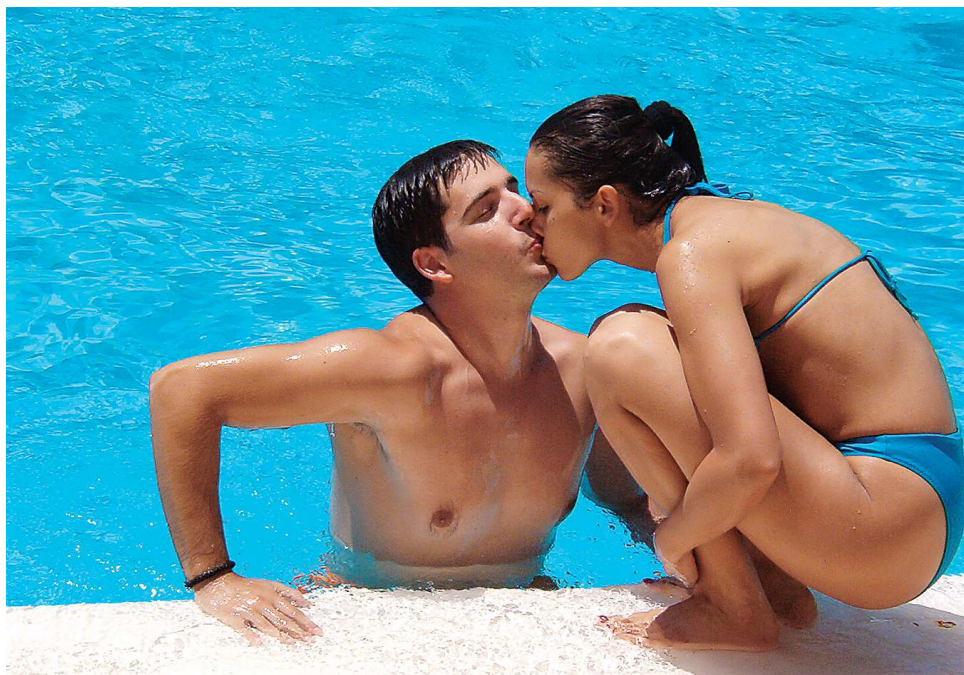
## Car drivers' licences can now be used for motorbikes

Individuals who have a drivers' licence (passenger vehicles) can now use the same document to drive motorbikes of up to 125cm<sup>3</sup> cylinders and 11kw (15 horsepower), as of August 14<sup>th</sup>.

Information from the Portuguese Automobile Association (ACAP) says this new law transposes the existing directive and is applicable to all who hold a 'B' licence (drivers' licence), are aged over 25, or have a valid licence to drive bikes of less potent engines.

ACAP's motorbike extension has campaigned for many years for this new law to be introduced, which has already been implemented in several other countries.

In the Association's opinion, "this amendment will have a strong impact on improving citizens' mobility, particularly in urban areas, where amongst other advantages it will cut down on gas emissions, a consequence of a reduction in fuel consumption and better traffic fluidity".



A Portuguese couple enjoying some of the many pleasures which contribute to Portugal being the third most 'pleasurable' country in the world

## Need a motoring solution?

Avoid a fine with your non Portuguese registered vehicle?  
Stuck with a UK car in Portugal?  
Sell your British plated car

Derby Trade Cars.

- Buy your car in Portugal for export back to the UK. (Cars up to 4 years old only)
- Suppliers of new or nearly new vehicles for import into Portugal.
- Left hand or right hand drive vehicles available
- Specialists in vehicle sourcing: any make, model, colour from our massive fleet network

- Vehicle Leasing, contract hire available.
- Direct purchase
- 6 month buy back policy avoid the fine



Derby Trade Cars  
[www.derbytradecars.co.uk](http://www.derbytradecars.co.uk)

International Vehicle Solution Specialists  
(Vehicle Import and Export)

FOR MORE INFORMATION CONTACT CLIVE OR SIMON  
[info@derbytradecars.co.uk](mailto:info@derbytradecars.co.uk) Portugal - 00351 916 676 768  
UK - 0044 1332 344 192, Mobiles - 0044 779 103 7961, 0044 779 104 7880

Derby Sports & Prestige  
[www.derbysportsprestige.co.uk](http://www.derbysportsprestige.co.uk)

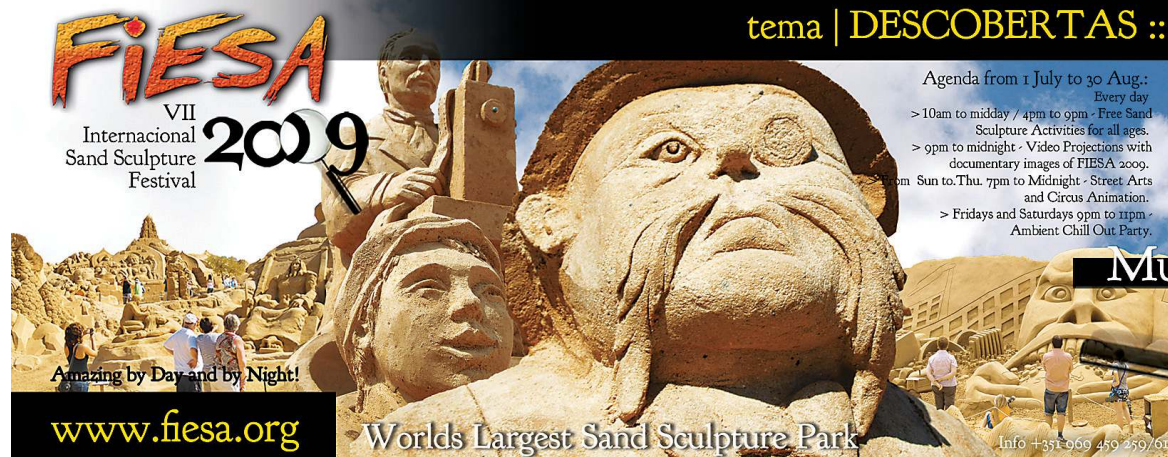
Derby Vehicle Leasing  
[www.derbyvehicleleasing.co.uk](http://www.derbyvehicleleasing.co.uk)

Derby Motor Homes  
[www.derbymotorhomes.co.uk](http://www.derbymotorhomes.co.uk)

# FIESA

VII  
Internacional  
Sand Sculpture  
Festival

# 2009



Amazing by Day and by Night!

[www.fiesa.org](http://www.fiesa.org)

Worlds Largest Sand Sculpture Park

tema | DESCOBERTAS :: DISCOVERIES

Agenda from 1 July to 30 Aug:  
Every day  
> 10am to midday / 4pm to 9pm - Free Sand Sculpture Activities for all ages.  
> 9pm to midnight - Video Projections with documentary images of FIESA 2009.  
Sun to Thu. 7pm to Midnight - Street Arts and Circus Animation.  
> Fridays and Saturdays 9pm to 11pm - Ambient Chill Out Party.

22 May - 22 Oct  
10h - 24h  
PÉRA - ALGARVE  
22 Set. a 22 Out. das 10h às 21h

Mundo de Areia  
Sand World

10%  
DISCOUNT

at the entrance up to 8 people  
Valid until 22 Sep

Info +351 960 450 259/61





## Thousands flock to festivals and FATACIL

So far this year hundreds of thousands of people have visited the Algarve's renowned annual festivals, including Portimão's Sardine Festival and Olhão's Seafood Festival, but, the biggest and most highly anticipated regional event, FATACIL, in Lagoa, is to kick off this week and is expected to attract many thousands more.

Held from August 10<sup>th</sup> – 15<sup>th</sup>, local authorities considered Loulé's 24<sup>th</sup> annual Seafood Festival a "success", with "more than 60,000 visitors" making their way to the city to tuck in to delicacies from the sea.

However Portimão's 15<sup>th</sup> annual Sardine Festival this year attracted significantly less people to the venue, tallying up 66,225 visitors, in comparison to 2008's record-breaking event which attracted more than 80,000 visitors.

Together, the Sardine and the Seafood festivals attracted a joint total of 126,000 visitors.

Nevertheless, the Algarve's most famous and sought-after event, the huge arts, crafts, agri-

cultural, commercial and industrial fair FATACIL is yet to come, starting this week.

From August 21<sup>st</sup> to 30<sup>th</sup> FATACIL will once again take over Lagoa's massive exhibition grounds to be packed with hundreds of stalls boasting arts, crafts, and other regional products from all over Portugal. Last year more than 800 various stall holders packed the 60,000 square metre exhibition grounds and were visited by an estimated 200,000 people over the 10 days it was held.

This year will be the 30<sup>th</sup> consecutive year that the massive trade fair is organised, boasting samples of traditional handicrafts, agriculture, com-

merce, industry and tourism from Northern to Southern Portugal. Wines, clothes, decorative and useful objects, furniture, gastronomy, livestock exhibitions, equestrian shows, children's entertainment and daily live performances by famous national and international bands are all on the widely varied FATACIL menu.

Included in the entertainment line-up this year is popular Portuguese singer João Pedro País (Saturday, August 22<sup>nd</sup>), an ABBA tribute band (Monday 24<sup>th</sup>), Portuguese band Xutos & Pontapés (Saturday 29<sup>th</sup>), and closing the event are The Stranglers, on Sunday August 30<sup>th</sup>.

All main acts start every night at approximately 22h30.

Entrance tickets cost €5 per adult, or €15 for a family ticket (four adults). Children up to 12 years of age are free. FATACIL is open everyday from 16h00 to 01h00.

## Iberian Lynx coming to Carvoeiro

Between August 11<sup>th</sup> and 31<sup>st</sup>, Monte Santo in Carvoeiro will welcome an exhibition dedicated to the Iberian Lynx named 'Lynx; the struggle to exist - a story of survival or extinction' created by the SOS Lynx Association.

According to the non-profit-making Association, which was founded in 2000 and is dedicated to the conservation of the elusive feline, the Iberian Lynx is the most endangered feline species in the world. It is calculated that only 200 specimens currently live within their natural habitat.

This species, which once inhabited the entire Iberian Peninsula, has started to disappear over the past decades, largely due to the loss of its natural habitat, the decrease in prey, and a high mortality rate attributed to car accidents and hunting.

"We intend to take advantage of August - our busiest month of the year - to appeal to our visitors' ecological conscience" stated Marc Sontag, IMOCOM Hotels and Resorts' Director of Residential Tourism, where the exhibition will be staged.

"Receiving this exhibit within

## GNR cracks down on crime

Last week Faro's GNR announced the arrest of two men, one in Lagoa and another in Faro, on charges of theft and plantation of cannabis, respectively.

The arrest in Lagoa was made after an intruder alarm was set off in a local shop, and on arrival at the scene, GNR officers found an individual who was suspected of robbing several establishments in Portimão and Parchal. The Faro GNR spokesperson said that "in his possession were ten individual doses of cocaine and 15 of heroin, several door locks and tools, and the man's vehicle was also seized." It was also disclosed that the GNR recovered several stolen items, originating from the Portimão and Parchal thefts, after searching the man's residence, of which safes, money, mobile phones, personal documents, LCD televisions,

printers, fax machines, GPS and clothing were found, as well as illegal weapons (a club and air rifles) and electronic precision scales, used for weighing drugs.

In Faro, a 52 year old man was arrested in the Farol area after officers found a total of 38 cannabis plants, weighing a total of 43.3 kilograms, 1,543.2 grams of dry and ready to distribute cannabis, 20 individual doses of hashish and several items in connection with drug dealing, at the man's home. The operation was the culmination of weeks of investigation and strengthens the GNR's stance on combating drugs in the region.

## Man arrested at Aqualand

Undercover GNR officers arrested a man in Armação de Pêra last week after catching him red handed stealing the contents inside cars that were parked at the Aqualand waterpark car park.

Driving a Spanish vehicle, the man used scissors and knives to break into the vehicles. The undercover GNR officers spotted the individual whilst driving past the Aqualand waterpark, in Alcantarilha, and arrested him on the spot. The GNR's spokesperson said: "The use of undercover officers is fundamental in these situations, as it allows us to observe the criminal's modus operandi, which in turn gives us permission to arrest him on the spot."

The thief's true identity was unknown at the time of arrest as he carried false documentation, but he was tried at Silves Courts a few days later.

Lisbon's Judiciary Police also announced the arrest of a man who carried out an armed robbery in the Algarve last week, having escaped with a total of €70,000. The 37 year old criminal was about to transfer €20,000 of the stolen cash in Lisbon when he was arrested.

## Quake rattles eastern Algarve

An earthquake measuring 4.2 on the Richter scale was registered on Tuesday morning this week and was felt in Faro, Loulé and Tavira.

According to the Institute of Meteorology (IM), its epicentre was pinpointed at 110 kilometres south of Faro and occurred at 07h55.

No personal or material damage was reported to emergency services in the hours following the incident.

It was felt with a Level 2 intensity on the Mercalli scale in Faro, Loulé and Tavira.

While the Richter scale measures the magnitude of earthquakes, the Mercalli scale classifies the intensity based on personal and structural damage.

PART OF  
THE PORTUGAL  
News  
GROUP  
Established 1977

## Lost in a foreign land?

If you can't make contact because you don't know the number, DQ can help



we can find your number in one minute

Mon- Fri 09:30 - 18:00

Calls cost 60c

from: fixed phones • call boxes  
mobiles and mobiles on roaming

National & International  
Business & Private

directory enquiries

760 50 60 70

**Come Fly With me**  
AeroAlgarve providing scenic flights for 29 years

- Banner Towing
- Weddings
- Birthdays
- Aircraft Rentals

Based at Alvor Aerodrome • Open 7 days 10am til late  
Civil Aviation licensed and fully insured • For more info call  
Ken 964954279 • [www.aeroalgarve.com](http://www.aeroalgarve.com)

Don't miss a visit to the  
**FARO JEWISH  
HERITAGE CENTRE**  
Synagogue Museum

The only remaining vestige of the  
1st post inquisition Jewish Presence in Portugal  
Open Weekdays 9h30 – 12h30 & 14h00 – 17h00

Tel: FJHC: 289 829 525 • Sr. António (Guide): 925 071 509  
Ralf: 968 440 414 • email: [Ralf.Pinto@sapo.pt](mailto:Ralf.Pinto@sapo.pt)  
[www.farojewishheritagecentre.org/](http://www.farojewishheritagecentre.org/)



# Silves turns a new page



The Polis renovations at Silves, which took around seven years to complete, were officially inaugurated on Tuesday 18<sup>th</sup> August, with the plaque being unveiled by the Minister for the Environment, Francisco Nunes Correia and the Mayor of Silves, Isabel Soares.

The Polis programme began in Silves in 2002 and consisted of giving the picturesque town a complete overhaul by creating the Rio Arade Leisure Park, the riverside walkway, refurbishments on the riverside, new accesses, urban renovations of the historic centre and landscaping of the surrounding area of the castle.

The Polis programme was initially planned to be concluded by December 2005 but, due to archaeological findings, the deadline was extended to late 2007. Nevertheless, the digital clock at the entrance of Silves ended its countdown and the Polis project was far from over.

Intended to add value and attract tourists to the inland city, the Polis programme has been able to connect a formerly unused area, near the Municipal swimming pools, to the centre with beautiful gardens and walkways along the Arade riverside. The relocation of the taxi rank and the bus stops has also improved the connection between the city centre and the riverside area.

With a good reputation already established, these renovations will surely make Silves an even more attractive city to visit, as it offers an alternative to the traditional beach tourism with a true cultural heritage and wonderful

atmosphere.

The archaeological findings will now be another addition to the several medieval nucleuses in the city centre, as well as the castle's towers.

After a tour of the whole Polis project around Silves, the Minister for the Environment made his way to the Ria Formosa, where another Polis project has been ongoing, costing a total of €87 million and encompassing the councils of Faro, Olhão, Tavira and Loulé. The re-naturalization of several islands is planned, implicating the demolition of around 1,300 houses on 83 hectares of land.



Silves Mayor Isabel Soares (centre) with Environmental Minister Francisco Nunes Correia at the official inauguration of the Polis project, which was finally completed this week after several years of ongoing work.

## Fishing boat blessing in Ferragudo

On Saturday August 15<sup>th</sup> Ferragudo held its annual festivities to celebrate the town's patron saint, Our Lady of Conception, which included an open-air popular festival with dancing, drinks, food and fireworks, as well as the blessing of fishermen's boats and a procession through the village's cobble-stone streets.

The celebrations are staged

every year and reflect the culture and vivacity of Ferragudo's inhabitants, largely the fishermen. This year, not only because of the current economic climate but because tradition isn't what it used to be, extra efforts were made to ensure the celebrations went ahead.

These celebrations have been held for centuries, despite, in recent times, having lost some of

their prominence.

Luís Alberto, president of Ferragudo Parish, explained, "over the next few years we hope to reinstate some of the older traditions that in recent years have been forgotten. Next year we want to reintroduce the tradition of carrying a statue of Our Lady by boat, on the sea, to Ferragudo castle".

This year the celebrations were particularly poignant as, as well as blessing the fishing boats, a local lifeboat was blessed, the first in Portugal to have received such an honour.

Our Lady of Conception is of great importance to Ferragudo and its fishermen, being the Patron Saint of the town which was, according to Luís Alberto, "built on the fishing industry".

Visitors to Ferragudo's church will also see murals depicting miracles allegedly performed by Our Lady of Conception that are believed to date back to the 1850's.

Ferragudo's Celebration's Committee was lent the full support of Lagoa Town Hall, the Faro Civil Governor's office, the ERTA Regional Tourism Bureau, Lagoa's GNR police, the local Voluntary Fire Brigade, and local commerce and businesses.



Ferragudo's newest acquisition, a sophisticated lifeboat serving the ISN Institute for Sea Rescues, which has been operational in Ferragudo since 1892. This lifeboat was blessed during the celebrations of Ferragudo's patron saint, Our Lady of Conception, on Saturday. (Photo supplied.)

## Suspected drug dealers arrested in Zambujeira do Mar

**GNR arrested four people suspected of dealing drugs at Zambujeira do Mar last Thursday, after finding a total of 540 individual doses of hashish and another 70 of cannabis, ready for distribution, in their possession.**

The four men, aged between 20 and 36, from Setúbal and Lisbon, were caught during a police operation, which involved ten officers and a sniffer dog from the São Teotónio station, in Odemira.

The suspected dealers were arrested, questioned and then released, with pending charges, by officers, only after leaving their names and addresses on record. During the operation, GNR officers charged a further 24 people for drug related offences.

## New 'Norwegian' routes bring Algarve closer to Scandinavia

On Saturday August 15<sup>th</sup> Faro Airport and Scandinavian airline Norwegian celebrated the launch of a new direct route from Faro to Copenhagen (Denmark), which has introduced yet another new flight to Faro's ever-growing repertoire.

Also, at the beginning of summer this year, Norwegian introduced a route from Faro to Stockholm, as well as operating a third route from Faro to Oslo.

Algarve tourism chiefs have long hailed Scandinavia as a budding potential market and during the first six months of this year Norwegian Airlines have registered a 60 percent growth in their passenger figures in comparison to the same period of 2008, having carried a total

23,178 people from January to July 2009.

Norwegian's flights boast, on average, being 82 percent full and currently ranks as Faro's 16<sup>th</sup> busiest airline.

Its new flight to Copenhagen operates every Saturday, leaving Faro at 08h10 and returning from Denmark the same day at 12h30, landing at Faro at 17h40.

The airline also operates return flights to and from Oslo on Saturdays and Thursdays, and to and from Stockholm on Saturdays and Tuesdays.

**Quality clothes for men and women**

**SUMMER SALE now on upto 70% off**

Rua Direita, Praia da Luz.  
(parking available behind the Store on Rua do Ramalhete)  
Call 282 788 630 or [www.gardeurdirect.com](http://www.gardeurdirect.com)

**gardeur** direct

Mon - Fri: 10am-6pm  
Sat: 10am-2pm

**ALGOZ**  
British Grocery • Supermarket  
**PAY LESS FOR MORE**

**LET THE MAGIC IN DIANA IS BACK!**

We believe we have the largest range of British products with the lowest prices.

**Over 12,000 products in stock**  
**All imported from the UK**

**OPEN 7 DAYS**

Mon - Fri 10am-7pm • Sat 10am-5pm • Suns & hols 10am-2pm  
Tel 282 575 061 Fax 282 574 416  
Email: [weborder@letthemagicin.com](mailto:weborder@letthemagicin.com)  
Main street, near the Post Office with own car park

BRITISH FOOD AT LOW PRICES

**UK FOOD SUPPLIES**

**This Weeks Specials**

20	Back Bacon x 400g	€42.50-IVA
4	Back Bacon x 2.27kg	€42.50-IVA
18	Gammon Steak 2 x 227g	€52.50-IVA

Over 80 Herbs and Spices in Store

Call us on 910 256 569 or 282 098 497

Map showing location in Lagos, near BPN and Av. do Cabo Bojador.

**www.UkFoodSupplies.com**

**UK Imported products – now in centre of Santa Barbara de Nexe**

Est. 1950  
**Supermarket Rossio**

Founded in 1950, our third generation, family business, continues to thrive in Santa Barbara. Due to popular demand, we are now importing direct from UK. Our aim is to continually expand our product base – not our prices – according to our Clients' needs.

**So come and visit us!**

Also a range of European Products in stock

**Open 7 days a week**  
Mon-Fri 8am-9pm Sat 8am-6pm Sun 9am-12 midday





Lisbon's new artificial ski slope in Amadora is tested by a professional snowboarder. The Amadora Theme Park will open to the public in September. Photo: Miguel A. Lopes/LUSA

## Amadora Theme Park tested



The brand new Amadora Theme Park skiing and snowboarding slopes were tested by João Allen, national snowboard champion, and Diogo Cabeleira, last year's champion, on Wednesday, weeks before the official inauguration of the theme park.

Amadora will soon become a hotspot for radical sport enthusiasts with the opening of the new Amadora Theme Park, a project developed by Radical Skate Clube, in partnership with Spotx, which is budgeted at just over €1 million.

The theme park will have two ski slopes (main slope and learner slope), an ice skating rink, a skate park and another park to be used exclusively by skateboarders (where the national championship final will be held).

Together with the professional snowboarders at the testing of the brand new ski slopes were skiers and monitors from SurfIn, a winter sports learning school, who were all very happy with the great conditions the slopes provide.

The ski slope is not made of artificial snow but a white 'carpet' with water flowing through it to simulate the skiing experience. It is 150 metres long and will be able to take up to 150 people

an hour on it.

Although there is currently an artificial ski slope in Manteigas, a source has guaranteed that the Amadora Theme Park ski slope is much better equipped and more modern. Artificial ski slopes have become a growing industry in many places throughout Europe in recent years, with England boasting over 80 at the moment.

The opening will take place in the first fortnight of September, during the 'Festas da Cidade' (City Parties) celebrations. The date was set to coincide with the Council's celebrations as the project has been highly praised by Amadora.

It is estimated that the 20,000 square metre theme park will attract over 150,000 people in its first year, an average of 2,600 people per day, and also count on the presence of 7,000 students from local schools utilizing the several different sports available at the park.

## Padre Cruz neighbourhood to undergo serious renovations



António Costa, Lisbon Mayor, announced to Padre Cruz neighbourhood residents that a total of 31 homes will be undergoing renovations in the near future, as an initial stage of a renovation project for the neighbourhood, costing around €10 million.

It is one of the biggest neighbourhoods in the Iberian Peninsula, but the conditions of the buildings and surroundings of the Padre Cruz neighbourhood are far from appealing: narrow streets covered with animal faeces, damaged and derelict houses, fridges, pillows and loose cobble stones in the middle of the streets, blocked drains and pavements with no cobble stones are the no so welcoming sights for visitors and residents.

António Costa, Lisbon Mayor, guaranteed that in the initial phase of renovations the homes of the elderly will be given priority as they struggle to access their current residences: "We want to create spaces inside the neighbourhood and reallocate people there" said the Mayor.

The construction of an elderly care home for sixty people was also announced, as well as a kindergarten. The initial investment

will be €10 million, of which €3.5 million will be paid by the QREN (National Strategy Reference Register).

Elisete Andrade, a local resident, said "I want to believe in the project. It is what has been getting us moving. But there are still people who don't want to leave their homes."

The renovations are set to begin in September and are estimated to last between three and four years.

## Lisbon carries record passengers

Lisbon's airport beat its record of daily passengers on August 2<sup>nd</sup> with a total of 55,282 passengers passing through the airport, surpassing the previous record set on August 4<sup>th</sup> 2008 of 54,696 passengers.

This new record demonstrates an increase in air traffic at the Portela Airport, after a 4.3% drop in the first seven months of this year.

According to ANA, this figure puts Portela among the top European airports when it comes to performance.

There are currently 32 regular air traffic companies that fly directly from Lisbon to 95 destinations across the world, three more than in 2008.

## Teen tragedy in Sintra stone quarry



Members of Portugal's Civil Protection authority recovered the body of a 17-year-old boy from a lake in an inactive stone quarry in Sintra on Tuesday this week after he was reported missing on Friday, August 14<sup>th</sup>.

According to a Civil Protection source the alarm was first raised on Friday at around 16h00. The youth had been amongst friends at the old Siop stone quarry in Pedra Furada, near Negrais. Search and rescue authorities scoured the lake, which in places is more than ten metres deep, in an attempt to locate the boy, who couldn't swim. Initially unsuccessful,

operations were called off last Friday at 21h00 and began again on Tuesday this week, at 08h30.

The body was detected at around 10h00 and pulled from the lake 20 minutes later. Authorities confirmed that the teenager had drowned.

The rescue involved the efforts of 16 members of the Montelavar fire brigade.

## Park of Nations marina re-opens



After eight years of abandonment and several court cases, a €14 million investment has brought the Lisbon's Park of Nations marina back to its former glory.

Having reopened last Saturday it is once again host to nautical activity and celebrated its re-launch with a sailboat race.

Since it was inaugurated during Expo'98 the marina has shown several signs of damage, mainly due to wave force and drainage problems, but matters worsened when the company

supposedly responsible for its management failed to meet their obligations.

It was in 2003, following years of struggle between the Nautical Association for the Park of Nations' Marina (ANMPN) and its supposed managers, that it was resolved the infrastructure would be re-opened to promote the

Tagus Estuary.

New investors were found to clear its €22 million debt and make the necessary improvements.

According to Paulo Andrade, director of ANMPN, "the Park of Nations has 22 million visitors every year" and nautical activity in that area is "in great demand".

Sports fishing, boat rentals, sailing schools, rowing, jet-skiing, travel agencies, rent-a-car and cruise charters are just a few of the activities and services that will be available at the marina. "Spectacular afternoons; those are what we want to regain and that is what motivated our fight throughout all these years", said Paulo Andrade.

An events dock, a 5,000 square metre shopping centre and a nautical club are planned to be created in 2010.

ENGLISH DENTAL SURGEON

**Dr. Francis Haley**

B.D.S.

(Guy's Hospital, University of London)

Av. 25 Abril, 184 - 1<sup>o</sup>C 2750 - 511 Cascais

Tel: 21 486 3012

<http://clinic.cdhalley.pt>

[www.the-news.net](http://www.the-news.net)

## Earthquake Lisbon's biggest risk

A study is currently being carried out in Lisbon's Metropolitan Area, which is investigating the possible dangers that might affect different areas of the region. In a preliminary document recently released, it has shown that three quarters of the area is at high risk in the event of seismic activity.

The Regional Territory Ordaining Plan of Lisbon's Metropolitan Area (AML) has been under scrutiny this year as the current study is assessing the possible risks for certain areas of the region. So far, the assessed risks by the AML have been earthquakes, tsunamis, landslides, coastal erosion, flooding and torrential rain, as well as industrial accidents, forest fires or water contamination

incidents.

The risk posed by a potential earthquake is high or very high in 74% of the AML region (Alcochete, Vila Franca de Xira and Montijo are the highest risk areas) and the technicians evaluating the data say that tsunamis should not be disregarded either, as 6.6% of the AML territory is susceptible to flooding if this phenomenon occurred. The critical areas in the event of a tsunami are the areas

close to the Tagus and Sado rivers, especially the riverside areas of Alcochete, Moita, Barreiro, Almada and Seixal.

The preliminary report also shows that landslides are a potential danger in 9% of the Lisbon Metropolitan Area. Floods pose a threat to 12% of the region, as was shown last spring with heavy downpours flooded several parts of the Capital.



## Da Terra organic farmshop, fresh fruit and veg



Da Terra is a little jewel of a business tucked away down a country lane in Lagoa. It is an organic farmshop set in peaceful surroundings which provides its shoppers with a unique experience; a feast for the senses, selling fabulous tasting and beautiful looking home-grown, fresh-picked seasonal fruit and vegetables.

Da Terra was established five years ago by James and Suzannah, with the express desire to provide customers with fresh and healthy pesticide-free food that you can actually taste.

James' expertise as a grower (he has 30 years in the business) has

paid off and the quality of the sweetcorn, raspberries, cherry tomatoes, and little gem lettuce, to name but a few at this time of year, is second to none.

The shop also sells a range of other organic products including organic beauty products and homemade cakes and jams.

It also has a flower service, [www.suzannahflowers.com](http://www.suzannahflowers.com), selling stunning off-the-shelf hand-tied bouquets as well as a full floral service.

Da Terra's regular customers, who have been coming for a number of years, love the community feel of the place, a chance to meet friends chat and shop.

## Andifer – a cut above the rest

Having been in business in Portugal for 18 years, Andifer has demonstrated a consistent growth over time, expanding from a local butchers to finally reaching their current status as a national meat wholesaler. Now, Andifer has re-taken possession of their butchers in Portimão, offering some rare succulent delicacies at amazing prices.

António Dias Ferreira started his career in 1977, opening a small butchers in Johannesburg. After gaining a vast knowledge of the South-African meat business, he returned to his roots in 1991 and brought all of his gained experience to Portimão.

The surge in demand for quality meat rose throughout the years and António felt an obligation to keep his customers happy, so he opened a warehouse in Albufeira nine years later.

It was then that Andifer progressed into new services, becoming a meat wholesaler in the Algarve. Their massive warehouse recently doubled in size as demand does not seem to diminish, and Andifer is now the biggest meat wholesaler in the Algarve, providing mainly hotels and butchers with top quality, fresh meat on a daily basis. Another recent development is their warehouse in Lisbon, which also distributes meat throughout the whole City.

Their services at the warehouse include mincing and de-boning meat and preparing pre-packed meat and fresh sausages.

In order to keep a close contact with his individual customers, António decided to run the butchers in Portimão again, after renting it out to a third party for some time.

Always striving for perfection, Andifer in Portimão is excellent in



*Ivo and Dinis are very experienced butchers and provide a friendly service with great quality meat.*

every aspect. Their prices are the best around, as all the meat comes from their warehouse, and their experienced and friendly butchers provide a service which is second to none. Dinis, head butcher and manager, has several cooking courses and is always at hand to give clients meal suggestions that will complement the meat best. Ivo, who went to England many times to learn about different types of cuts, is an encyclopaedia of meat, and also prepares traditional South-African delicacies such as biltong, boerewors or chilli bites. If you have never heard of these sorts of meat, make your way over as they are to die for and hard to find anywhere else.

All things considered, Andifer is a class above the rest. Located in Portimão, near the train station, Andifer is open from Monday to Friday, from 08h00 to 13h30 and 14h30 to 19h30.

### THIS WEEK'S PROFILES



## Da Terra

The organic farm shop is open on Wednesdays, Fridays and Saturdays from 09h00 to 13h00. For more information call 282 341 388.



## O'Neill's Mortgages

For more information on mortgages, please call 289301866, email: [office@oneillsmortgages.com](mailto:office@oneillsmortgages.com), check out their website [www.oneillsmortgages.com](http://www.oneillsmortgages.com) or visit their offices in Vilamoura marina, Vilamoura building, shop 49.



## J&K Home Selling

For more information on J&K please call Joanna or Kim on 964 015 395 or 913 528 871, email: [info@jandkstylists.com](mailto:info@jandkstylists.com) or check out their website [www.jandkstylists.com](http://www.jandkstylists.com).



## Andifer

For more information on Andifer, please call 282 410 590, or visit their website [www.andifer.com](http://www.andifer.com). Albufeira Warehouse: 289 583 070, fax: 289 541386. Lisbon warehouse: 211 550 712.

If you would like us to profile YOUR business, call our Sales Manager on 707 500 677

## O'Neill's Mortgages



O'Neill's Mortgages are the Portugal's Premier Independent Mortgage Brokers, and would like to tell everybody about their 5<sup>th</sup> Birthday.

Yes, they have been helping residents and non residents for 5 years now, to find the best mortgages in Portugal.

They have been established in Vilamoura Marina since 2004 and have since had great success, mainly due to a great team and by offering the best service.

The experienced consultants enjoy helping their clients to reduce their mortgage repayments, and finding them the best mortgage on the market.

O'Neill's Mortgages have special conditions with all the Portuguese banks and can offer the most competitive rates:

- Mortgage approval in 4-5 days.

- Free Mortgage transfers.

- Interest Only mortgages.

- Mortgage up to 80% of the valuation.

- Their friendly English speaking consultants will make the process quick and straight forward.

- They have a number of English speaking solicitors who can offer the most competitive rate for clients.

O'Neill's can also offer loans for property purchases, re-mortgages/equity release, land/construction loans and personal loans.

For Example, if you have a mortgage for €200,000 your (interest only) repayments should be around €366 per month.

If you have any questions, O'Neill's mortgage consultants Gregg, Sam and Garry will be very happy to talk to you, or you can Visit our office on Vilamoura Marina .

## J&K Home Selling

From this...



To this!



J&K Home Selling stylists are a new concept to Portugal, preparing and presenting property to sell or rent. Joanne has an extensive background in real estate and Kim is a qualified interior designer, they believe that you never get a second chance to create a first impression.

They pride themselves on treating each client's needs individually, offering unique solutions to appeal to the widest range of buyers. Providing flexibility for all circumstances, and recommending the changes

likely to make the most impact and achieve the best selling or rental price.

For as little as €100.00 (refundable if their services are utilised) they survey the property fully and supply a thorough written report enabling the client to decide whether to complete the tasks themselves or arrange for J & K to project manage either part or all of the work. Call J & K now if you are interested, because you never get a second chance to make a first impression!



## Toffs Golf Society at Quinta do Peru



A dozen Toffs and a guest played their fourth event of the year at Quinta do Peru Golf Club on Monday 10th August.

A cool early morning quickly gave way to a blistering summer day, but with no wind and the course in great shape, conditions were ideal for a good day's golf. On the day 1st place went to Richard Evans with 34 Stableford points, followed by Auke Bos (31 points) and Carl Eggers (27 points). Bill Buxton awarded his Captain's prize to Auke Bos for the best combined score on the 8th and 16th, the two rather daunting lake holes, both requiring accurate and well hit tee shots, over the ducks. Lunch and the prizegiving followed in the new Clubhouse.

## Saturday Bike Rides

Saturday, 22nd August bike ride starts at Porches Pottery, On the EN125 just west of Porches

**Starting Point** : Porches pottery is on the EN125 between Lagoa and Porches. This can be reached, by the EN125 in either direction, or by the A22 motorway exiting at Junction 7 signposted "Alcantarilha" and then heading west (direction Lagoa) along the EN125 past Aqualand. Meet here at 10.00 am for a 10.15 am start. Please call if you need clarification of the directions.

Paul will be at bikeland from 9-9.15 am and can take some people and/or bikes from there if required. If you need bike hire or transport, then please contact in advance so that this can be arranged.

**Ride details:** This weeks ride is around 45km and is mainly on dirt track roads with some quiet tarmac roads also. The route is mostly flat, but there are a few

moderate hills, but nothing too challenging.

We pass through some beautiful countryside and several interesting towns, such as Silves and also some beautiful quiet countryside. There is a great little dirt track along the river leaving Silves that is great fun to ride along! An interesting and varied ride and one definitely not to be missed. I am sure that you will enjoy this ride. There will be at least one cafe stop somewhere along the way, but bring plenty of water and also sun protection.

Paul looks forward to seeing you on Saturday

The cost is €5 per person (no joining fee). For more information, contact Paul Beesley on: 289 360 001 or 913 226 954, e-mail: paul.beesley@sapo.pt, www.activityalgarve.com.

### East Algarve Walks

Every Tuesday & Friday mornings.

For more information: 913 595 868.  
brian@moonlightservices.eu  
www.moonlightservices.eu

## Legs, Bums & Tums!

Commencing on Monday 24th August, at the Hair lounge, Boliqueime

The new Legs, Bums & Tums classes with Alexandra Cleaton are specifically designed for women; to target the zones that most of us are the least happy with! And you will soon see the results, with your bum firming up and your tummy starting to look more toned and flat.

Running as 50 minute sessions in our Treatment Room throughout Mondays and Wednesdays, a course of five costs just €10 per session with two per class or €20 per session for personal one to one training.

You can choose to do one or more classes per week at a time to suit you. Please call or e-mail to book your preferred time on 289 360 965, 919 197 860, jayne@hotmail.co.uk  
www.pulsebeauty.co.uk/portugal



• ginasio body combat • body pump • rpm • localizada • staff simpático e dedicado  
• acompanhamento constante • banho turco • zona de lounge  
www.betofitnessclubs.com 282 419 950

## PICNIC IN THE PARK 2009

September 6th at 6pm

Poço Barreto

Bring along all you need for a picnic

Grand Raffle  
Great Prizes  
Live music  
BBQ's available

TICKETS: €5  
Children under 12 FREE

All proceeds from the event  
and raffle will be donated  
to Castelo de Sonhos

For more information and directions  
Contact: 282 332 665 - 282 445 902

FREE PICKUPS from Carvoeiro & Ferragudo  
call 282 358 502 to book

## Vale de Milho Golf

*Ideal for short game practise!  
Ideal for family golf!  
Ideal for beginners!*



Vale de Milho - A 9 hole, par 3 golf course, was designed by the Ryder Cup player Dave Thomas, to provide a real challenge throughout it's 926 meters for all standards of players. Facilities include a lounge bar, restaurant, a well stocked shop, snooker room and golf school.

"Best designed (Algarve par 3) layout" - Greg Turner.  
"Top Holiday Golf Course" - Top 10 Algarve, Dorling Kindersley.

TWILIGHT PROMOTION	SPECIAL PROMOTION (JUNE-OCTOBER)	BREAKFAST OR LUNCH
€25 - With Clubs - €40 June to August after 3:30pm September to October after 2:30pm	9 Holes - €20 18 Holes - €30 With Clubs - 9 Holes - €32.50 18 Holes - €47.50	9 Holes - €26.50 18 Holes - €38 With Clubs - 9 Holes - €40.50 18 Holes - €57.50

\*\*\* Subject to availability. No service at weekends.

### GREEN FEES

9 Holes Green Fee €24.00  
9 Holes Green Fee Junior €16.50  
18 Holes Green Fee €37.00  
18 Holes Green Fee Junior €25.50

### SEASON TICKETS

7 Rounds - 30% Discount  
6 Rounds - 20% Discount

TO FIND US FOLLOW THE SIGNS  
FROM LAGOA OR CARVOEIRO  
GPS Location: N37.09663° W8.44837°  
Tel. 282 358 502 - Fax 282 358 497  
Telm. 919 816 560  
E-mails: valedemilhogolf@mail.telepac.pt  
Web site: valedemilhogolf.com

15%  
DISCOUNT ON  
GREENFEES  
WITH THIS  
VOUCHER



KISS FM presents in association with PDM travel

A fantastic opportunity to visit Morocco.  
Amazing value for money. Non profit making trip - a donation to Project Madrugada with every seat sold.

Thursday 1st to Sunday 4th October

### Itinerary

1st day - Algarve to Algeiras

Stop for lunch in Cadiz on the way. Overnight in Hotel Algeiras B&B

2nd day - Ferry to Ceuta.

A local guide will accompany group the entire trip. Tour of Ceuta with time for shopping. On to Tetouan and typical lunch and guided tour.

On to Tangiers for dinner and Hotel Intercontinental 4\*

3rd day - After breakfast guided tour of Tangiers.

Typical lunch. Afternoon free or an additional tour of Arzila and Chefchaouen if preferred  
Dinner & Overnight in Hotel Intercontinental 4\*

4th day - After breakfast, take the 10:00hr ferry to Algeiras and onto Gibraltar for lunch and a couple of hours shopping before journey back to Algarve

Costs €295 per person

Single supplement €40 per person  
Please register your interest tel: 282 78 20 78 asap  
In association with KISS FM and PDM Travel

Pestana  
GOLF & RESORTS  
ALGARVE



www.pestanagolf.com

Summer Special  
2 Players + Buggy

95€  
June, July & August

Twilight Green  
Fee

Gramacho: 26€  
Vale da Pinta: 31€  
Alto Golf: 28€

Contacts: Tel. 282 340 900 - info@pestanagolf.com  
www.pestanagolf.com



### Still-freezing method

If you're haven't got an ice cream maker, here's how to make ice cream at home...

1) Place the mix into a sealed container and put it into the coldest part of the freezer.

2) After 1 to 1 1/2 hours, remove the container from the freezer and beat the mix with either a fork or an electric whisk in order to make a uniform slush. Return the mixture to the freezer and repeat this process twice at intervals of 1 to 1 1/2 hours.

3) After it has been beaten three times, return it to the freezer for a further hour or so and it should then be ready to serve.

## Restaurant Briefs

**The Fat Frog**, situated in Vale Formoso in Alancil. Serving traditional French food for lunch or dinner. The bar is open from noon until late. Enjoy sitting on their outdoor terrace or inside watching Sky sports on their 50" plasma screen. Closed on Sunday.

**The Best Place**. Traditional fish and chip shop with a difference. All-year daily specials. Situated in Old Town Albufeira next to MJ food stores. Closed on Sunday.

**Mr Grillo** is located in the centre of Porches in a colourful square allowing plenty of parking. Typically Portuguese - cosy and rustic with a wooden ceiling and subdued lighting inside, but if you prefer to eat your meal al fresco there is also a terrace. Your hosts Edwardo and

Billington offer international cuisine (flambé is their speciality) all at good value. They also have a bar stocking a fine selection of Portuguese wines, a choice of vegetarian dishes, and a children's menu as well. Their cheerful, attentive staff speak several languages and look forward to taking your reservation.

**The Battering Plaice** in Alancil (just next door to the Post Office) is the place to go for English Fish & Chips as we know and love them! As well as offering traditional cod and chips they also have Haddock, Scampi, Doner Kebabs, Pies, Sausages and much more. You can eat in the restaurant or order a takeaway, and there is a delivery service to Alancil, Quinta do Lago and Vale do Lobo areas as well.

# It's ice-cream with a twist

## Plum and earl grey tea ice cream (Serves 4)

6-7 plums or greengages (approx 600g)  
100g caster sugar  
1 vanilla pod  
1 Earl Grey tea bag  
75ml whipping cream  
75g Greek yoghurt

Wash the plums, cut in half and put them, skin-side up, in a wide, shallow pan along with 150ml of water, sugar and vanilla pod. Heat to just below boiling point, then reduce the heat, add the Earl Grey tea bag and poach the plums, turning them once, for 15-20 minutes or until they are soft. Remove and discard the tea bag. Allow to cool.

Remove the stones from the plums and discard the vanilla pod

(or reserve for some other use). Put the plums and their syrup into a blender and puree, then add the cream and the yoghurt. Strain, then churn in an ice-cream machine till firm or use the still-freezing method.

Put the ice cream in a sealed container and cover the top with waxed or greaseproof paper. Transfer to the freezer until needed.



## Pea and wasabi sherbet (Serves 45 canapes)

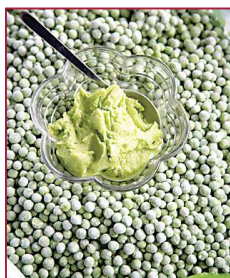
4tsp wasabi powder  
200ml whole milk  
1tbsp glucose syrup  
500g frozen peas  
200ml stock syrup  
2tsp fresh lemon juice  
Make a paste of the wasabi powder, using a little hot water. Set aside. Heat the milk with the glucose syrup (if using) in a pan to just below boil-

ing point. Add the wasabi paste and stir until thoroughly dissolved. Add the frozen peas, bring back to just below boiling point, then reduce the heat and simmer for 2-3 minutes, stirring occasionally. Allow to cool.

Put the mix in a blender and puree. Strain twice. Add the stock syrup and lemon juice. If you have time, put the mix in a

covered container in the fridge for a couple of hours for the flavours to develop.

Churn in an ice cream machine until firm or follow the still-freezing method. Transfer to a sealed container and cover the top of the sherbet with waxed or greaseproof paper. Transfer to the freezer until needed.



## Roast red pepper and goats' cheese ice cream (Serves 40 canapes)

250g red peppers (about 4 peppers, after skinning and seeding)  
375ml whole milk  
115g caster sugar or 100g caster sugar and 1tbsp glucose syrup  
100g goats' cheese  
100g low-fat cream cheese  
1tsp fresh lemon juice

Pre-heat the oven to 180C. Wash the red peppers, put them in an ovenproof dish and roast them in the oven until they collapse (about an hour). Allow to cool. Once the peppers are cool enough to handle, remove and discard the skins and the seeds, as well as any juice. Roughly chop or tear.

Heat the milk, sugar and glucose syrup, if using, in a pan to just below boiling point. Cool. Put the milk mix in a blender with the two cheeses and blend. Add the peppers and the lemon juice and blend these too. Strain. Place the mix in a covered container in the fridge for a couple of hours to allow the flavours to develop.



Churn in an ice-cream machine until firm or follow the still-freezing method. Put in a sealed container and cover the top of the ice cream with waxed or greaseproof paper. Transfer to the freezer until needed.



## THE BATTERING PLAICE

Traditional British Fish and Chips Restaurant-Takeaway-Delivery service  
Next to the Post Office, Alancil

### EXCELLENT VALUE FOR MONEY

Using only the finest quality cod, haddock, wholetail scampi, English sausages, homemade 6oz pure beef burgers, chicken burgers, pies and much more. Handcut chips, freshly prepared beer batter & homemade mushy peas.

OPEN: MONDAY - SATURDAY

6.00pm - 11.00pm

SUNDAY

6.00PM - 10.00PM

Last orders for restaurant and delivery  
30 minutes prior to above closing times

Telephone - 963 731 736



## TRADITIONAL FRENCH FOOD

Large Beer  
€2

2 course lunch - €10  
2 course dinner - €20

House Wine  
€2

Bar open from noon until late  
Outdoor terrace  
Closed Sunday

50" Plasma Screen in Bar with Sky Sports

Tel: 289 393 301

Vale Formoso Nº 24, 8135-035 Alancil

**House Speciality FLAMBÉ!**

**Restaurant Mister GRILLO**

Closed on Sundays  
**Reservations**  
**Mob. 962391984**  
**Tel. 282381176**  
Rua António Joaquim  
Cabrita, Nº 7  
Porches

Freshly picked Organic  
**Strawberries**  
**Raspberries**  
seriously sweet **Sweetcorn**  
Available June-October

**TERRA**  
The Organic Farm Shop  
Lagoa

Open: Wednesday, Friday & Saturday, 9.00-13.00hrs Tel: 282 341 388

Plus **Hand tied bouquets.**  
full range of delicious veg  
sweet cherry toms, little gem  
lettuce etc.  
Organic Beauty products  
Weleda Lavera

**"The Best Plaice"**  
Old Town, Albufeira  
(Next to M & J's Foodstore)  
**Traditional Fish & Chip Shop**

**Our All-Year Daily Special:**  
Fish; Chips; Mushy Peas  
FREE Tea or Coffee  
**Only - €4.95**

**Not just "Run Of The Mill"**  
We also serve: Skate; Plaice  
and even Savaloys!

**Opening Times: Monday - Saturday**  
**5:00pm 'til late; Sundays - Closed**  
Telephone: 936563472



The opinions expressed here are those of our readers and not necessarily of The Portugal News. The editor reserves the right to edit letters or refuse publication. Send your letters, which must include your name and full postal address (even if you wish to remain anonymous on the page), and be no more than 300 words, to The Portugal News, Apartado 13, 8401-901 Lagoa. E-mail address: letters@the-news.net

### Re. Iberian Federation

SIR, Although José Saramago has exiled himself on Spanish territory, for political reasons, and married a Spaniard, unless his affiliation has changed, he declared himself a Portuguese "patriot" in 1990, in his book 'Journey to Portugal'.

Regarding the 'border' near Olivença (which is marked on Spanish maps but missing on Portuguese ones) he writes, "There isn't a frontier there at all for 30 or 40 kilometres" and, "I

am a patriot. I have forever heard tell that Olivença was ignominiously snatched from us. I am now convinced. At forthcoming joint meetings on frontier questions I will pull out a map ..... and say, Let's mark it out as Olivença on our side". Does anyone know if this happened? (I am neither Portuguese nor Spanish.)

NAMESUPPLIED, Bye-mail

### Locked-in Syndrome

SIR, Michelle Wheatley, a young mother in the UK, could

easily be your daughter, sister, niece or friend.

She had a severe stroke at the age of 25 and is now totally paralysed and has been in hospital for the past year.

Michelle, who is my cousin, and her partner Rick have two small children, Ryan, three and Holly, 18 months.

Some of you are in the know and some of you may have contacts who would be able to assist in areas other than monetary.

A house needs to be adapted so that Michelle can feel some semblance of living a normal life with Rick and the children.

Please see the website <http://www.michellewheatley.co.uk/index.php>.

Even if you are unable to donate, please leave a message of support, as these are read to Michelle daily. Thank you.

ANN WHEATLEY, Carvoeiro

### Swine flu

SIR, Almost from the first reports I have been convinced that fear of Swine 'flu has been deliberately fomented by governments and the pharmaceutical giants. It quickly became clear that although very contagious, it is a mild strain and most of the few hundreds who have died so far had other major health problems from which they would have succumbed eventually anyway. Why is this small number of deaths worldwide not put into perspective by mentioning, for instance, that in the UK alone last year 12,000 people died of seasonal flu?

The following little snippet of news has only confirmed my belief. Scientist Professor Sir Roy Anderson, who was the first 'expert' to call the outbreak a pandemic, is a member of the Scientific Advisory Group for Emergencies (Sage), a 20-strong quango charged with advising the government on ways to fight

the new virus. Actually, Sir Roy describing the outbreak as a pandemic is not surprising when you realise that he is also a £116,000 a year director on the board of GlaxoSmithKline, the pharmaceutical giant selling swine flu vaccines and antivirals to the NHS. Sales of GSK's Relenza inhaler, an alternative to Tamiflu, are expected to top £600million. This figure could be boosted by up to £2billion once deliveries of the firm's swine-flu vaccine begin in September. Needless to say, neither GSK nor the Dept. of Health see Anderson's dual role as any kind of conflict of interest and calls for his resignation will go unheeded. Nothing new there then and the mushroom system of information beloved of governments everywhere will continue i.e. - keep us in continual darkness and every now and then dump a bucket of bovine excreta on our heads.

RON LAVERY, Bye-mail

### Sad truth about 'shaggy dogs'

SIR, In 15th August edition, Fred Steel put a light-hearted slant on a tragic reality: the large number of dogs existing (just about) on our streets, neglected or completely abandoned by their human 'protectors'.

The previous week, Samantha Diamond's letter appealed for financial help, to prevent the closure of Quintinha dos Animais Animal Home at Goldra, where running costs now far exceed the money that comes in. Fred Steel's amusing letter ended with a heart felt cry of, "where's the RSPCA or whatever?"

The RSPCA is a fine national organisation in the UK. Founded more than 100 years ago, it is now sufficiently well funded to support a nationwide network of Animal Rescue Centres and it employs uniformed Inspectors with fully equipped vans to col-

lect abandoned animals and investigate animal abuse. Portugal can only look at that with envy and aspire to build such a structure - in time. Success will depend entirely on the efforts of the people of this country - Portuguese and foreigners.

Goldra is not the RSPCA, it is the "whatever". It is one of the building blocks in the foundation of that animal welfare structure that Portugal must build. Either we help Goldra or Goldra closes, and we go backwards.

So, Fred, put your money

where your mouth is: Help save goldra - and ask your friends to do the same. Bank details: Millennium Bank, Rua Vasco de Gama, Quarteira. Account: Quintinha dos Animais. IBAN: PT50 0033 000000 26603452905

If you don't, I won't be too upset if I hear that you arrive home one day with a wet trouser leg!

Everybody: don't let Goldra close. The animals need it.

MRS F. JANANTO, Albufeira

## President's men bugged?

A comment that was published in last week's press has generated tension between the Portuguese Presidency and its Government, as Presidential advisors voiced suspicions that they are being monitored by members of the Government, claims that the Prime Minister has brushed off as "summer nonsense" while the Presidential office has maintained a staunch silence.

Since his swearing in as President of the Republic, Social Democrat Cavaco Silva's term has been marked by a mutual understanding with the Government, led by Socialist José Sócrates, which he referred to as "strategic co-operation". Despite the role of President requiring that Cavaco Silva remains independent of his political affiliations and party, he has avidly encouraged the suppression of partisan differences between the political parties in parliament, as a means of working towards the greater national good. This, however, has led to several controversies and stories of a 'cold war' between the Presidency and the Government.

But recent claims that the President's advisers are helping head PSD party member Manuela Ferreira Leite in her electoral campaign have triggered accusations from the opposition that the President's men are in fact aiding the 'enemy'. And how these allegations came to be public knowledge has drawn accusations from the President's office of espionage.

On Wednesday, José Pedro Aguiar, vice-president of the PSD party, "categorically denied" that any Presidential advisors had participated in their electoral campaign following criticism from the PS socialist party's chief members.

In turn, advisors of the President voiced doubts as to whether they are in fact being spied on by the PS-based Government, which gave way to the headline on the Portuguese newspaper *O Público*'s front page on Tuesday this week: "Presidency suspects it is being watched by the Government".

These suspicions are believed to date back over a year and a half and have more recently resulted in comparisons with the 'Watergate' political scandal that rocked the

USA in the 1970's.

This latest round of accusations was sparked following an article published in the newspaper *Semanário* on the 7<sup>th</sup> of this month, in which an anonymous source claimed Manuela Ferreira Leite, head of the PSD party, "is putting together the PSD's [electoral] programme with help from ex-finance Minister Eduardo Catroga and Belém [where the Presidential office is based] advisors".

The comment subsequently resulted in suggestions that nervousness and a lack of trust has since been installed between the Government and the Presidency. José Junqueiro, head of the PS party, of which he is also deputy, said "if this is confirmed, and if Cavaco Silva has authorised [such help], then there is clear interference in the electoral campaign".

He went on to deny he had other reasons to suspect this was in fact true, except for *Semanário*'s report, and criticised the use of an anonymous source to implicate the Presidency.

In response, in comments to *Público*, a non-identified Belém advisor rhetorically questioned "how can PS chiefs know what the President's advisors do or don't do? Are we being bugged or is someone within the President's office leaking information?"

Since the news broke the Belém office has maintained a silence regarding the matter, while in comments during his tour of upgraded schools earlier this week, Prime Minister José Sócrates dismissed the suggestions as "summer nonsense".

Prime Minister Sócrates said "I am not going to comment. I will not talk about that because I cannot waste time commenting on summer nonsense, which is typical for this time of year".

## Dorothy's sponsored swim

To celebrate her 75th birthday, Dorothy Howlett embarked on a 5,000 metre swim which took two hours and ten minutes. She swam 100 laps in a 50 metre pool in Loulé, but on lap 72 cramp kicked in on both her calf's, so for the remaining 28 lengths she turned her feet and toes this way and that to

counteract the pain which sadly slowed her down.

However, Dorothy said nothing would have stopped her completing the sponsored swim, for which she received £1,700 in aid of the Suffering Church, the money going to 'Open Doors', a world wide Christian organisation.



## Portuguese for Beginners

⇒ In today's lesson, let's come to terms with the various translations and usage of verb "estar" in Portuguese. First, make sure you have learnt this verb in "Presente Simples do Indicativo". So far, "estar" has been used to refer to:

- one's mood: Ela está triste.

- the place where one/ something is at a certain moment: Eles estão na escola. O carro está na garagem.

- one's health/ temporary condition or state: Ela está doente. Ela está grávida. Ele está ferido. O carro está avariado.

⇒ Complete the sentences which follow with verb "estar":

1. Hoje, os alunos \_\_\_\_\_ muito felizes porque, finalmente, as férias começaram.



## LESSON 14

Verb "ESTAR" in the Present Simple.

2. Ela \_\_\_\_\_ aborrecida e muito preocupada porque não sabe onde \_\_\_\_\_ a sua carteira.
3. Os copos \_\_\_\_\_ sujos mas os pratos \_\_\_\_\_ lavados.
4. Os pássaros \_\_\_\_\_ na gaiola, os peixes \_\_\_\_\_ no aquário, o cão \_\_\_\_\_ na casota e o gato \_\_\_\_\_ na alfofa.
5. O aspirador \_\_\_\_\_ na despensa e os detergentes \_\_\_\_\_ dentro do armário.
6. Os pais \_\_\_\_\_ na sala de jantar e nós, os filhos e os sobrinhos, \_\_\_\_\_ no jardim.
7. A máquina de lavar roupa \_\_\_\_\_ avariada.
8. O balde \_\_\_\_\_ cheio de terra húmida.
9. As lâmpadas da cozinha \_\_\_\_\_ fundidas.
10. Ele \_\_\_\_\_ engripado ou constipado?
11. As bicicletas \_\_\_\_\_ na rua.
12. O relógio \_\_\_\_\_ adiantado.
13. As garrafas \_\_\_\_\_ vazias.
14. Ela \_\_\_\_\_ muito cansada.
15. O avião \_\_\_\_\_ atrasado.
16. Vocês \_\_\_\_\_ zangados?
17. O vaso \_\_\_\_\_ partido.



Please send your completed exercises with a STAMPED, SELF-ADDRESSED ENVELOPE, to me:

Emília Rosendo at The Portugal News and I will return them corrected.

The Portugal News • Apartado 13 • 8401-901 Lagoa



# PROPERTY

A weekly guide to the latest and the best properties on the market in Portugal • The Portugal News • 22 Aug 2009

## PROPERTY OF THE WEEK

### A spacious villa in São Brás de Alportel



This week's 'Property of the Week' features a spacious, single-storey villa located within walking distance to the centre of the charming village of São Brás, Eastern Algarve. Just a few minutes' walk to the shops, it is also close to restaurants, supermarkets, and other everyday amenities.

The historical town of São Brás de Alportel and its wonderful cluster of whitewashed houses is less than twenty minutes' drive from Faro airport and the coastline. It is a tranquil town where life is carried out at an unhurried pace.

This week's property is located in a quiet area of São Brás, close to the town centre.

It is a lovely three-bedroom,

two bathroom villa set on a plot of 2,000 square metres with a huge variety of fruit trees, other flora, and its own pool.

The property also benefits from two annexes / workshops, one of which has a toilet right beside the pool, that can be used as extra accommodation for guests or as an artist's studios.

The double garage is connected to water and electricity mains and

also offers the versatility to be converted into yet more guest accommodation.

It comprises a sizeable living/dining room with a door onto the front terrace, a large, fully-equipped kitchen, and a second, cosy lounge/dining area complete with a wood-burning stove.

There is a laundry room with direct access onto a covered terrace (perfect for hanging out washing in rainy weather) and a central hallway.

Two bedrooms share a family bathroom, while bedroom number three, the main bedroom, has its own en-suite bathroom plus a dressing area complete with a linen cupboard. All bedrooms have fitted wardrobes and wooden floors.

Air conditioning can be found in all rooms (with the exception of one), as can double glazing and shutters on all windows.

Covered parking is provided in a double garage that has a remote-



control operated door, reached through electric main gates and up the typical cobblestone driveway.

Furthermore, in the fully-irrigated, enclosed garden, which comprises orange, lemon, pear, cherry, olive, fig and almond trees, amongst other mature flora, there is a borehole for garden water.

Furniture is not included in the sale of this property but is negotiable. It is currently priced at €425,000.

For more information or to book a viewing, call Elly Van Hulst Real Estate Lda on: (+351) 289 842

992, fax: 289 842 986, or email: [ellyvanhulst@mail.telepac.pt](mailto:ellyvanhulst@mail.telepac.pt).

Alternatively, see website: [www.property-runner.com](http://www.property-runner.com).



**DANECASA**  
Constructive solutions for modern living

Today's Solution For Tomorrow's Living



We have the experience • We have the choice • We have the complete solution

Come and see for yourself at our showhouse alongside the eastern entrance to Algarve Shopping on the EN125 at Guia.  
Or call: 289 571 270 | [www.danecasa.com](http://www.danecasa.com) | [info@danecasa.com](mailto:info@danecasa.com) | FREE Brochure



**DANECASA**  
Constructive solutions for modern living

**A STEEL FRAME HOME**  
from DaneCasa is your Complete Solution!

Using the latest technology in STEEL, DaneCasa create homes that offer major advantages over traditional brick and concrete construction - Less time to build, lower cost, superior thermal and damp insulation qualities plus many other benefits, which provides comfortable living conditions all year round and also energy saving benefits





**LAND & HOUSES ALGARVE**  
YELLOW HOMES

Sociedade de Mediação Imobiliária Lda.  
AMI 6232 - Val. 18.11.2010

For detailed information,  
please visit our website:

www.landandhousesalgarve.com  
www.algarve-property-search.com

**Tavira: 281 320 281**  
**Vilamoura: 289 301 294**



**Near Fuzeta**

Renovated 3 bedroom / 2 bathroom villa (124 m2) in excellent decorative order. Easy maintainable plot of 520 m2 with large parking area in cobble stone. Roof terrace enjoying sea views. Fully fenced, double glazing with PVC, solar system.  
Ref: LHV-1001 - Price: € 245.000



**Altura**

Brand new 4 bedroom / 3 bathroom villa of 147 m2 with garage of 19 m2. Light living room, spacious kitchen. 860 m2 of South-West facing plot. Quiet country side location. Landscaping of plot to be finished. Offers invited.  
Ref: LHV-1060 - Price: € 325.000



**Tavira**

Well-maintained 3 bedroom / 2 bathroom countryside villa (144 m2) with 8 x 4 heated swimming pool enjoying beautiful country views. Located 5 km from Tavira centre on a 1100 m2 plot with an abundance of fruit trees. Easy access.  
Ref: LHV-1055 - Price: € 360.000



**Sto. Estevão / Estiramantens**

Tastefully renovated country side villa (126 m2) w/ large covered terrace of 44 m2 & annex of 37m2. Spacious living room, large rustic style kitchen, 3 bedrooms, 1 bathroom. 1597 m2 of land on an ideal location near Stº Estevão.  
Ref: LHV1048 - Price: € 380.000 (reduced from € 420.000)



**Moncarapacho**

Remarkable, South-facing quinta with 265 m2 covered area and large 12 x 5 swimming pool situated on a secluded plot 2 km from Moncarapacho centre. Sea views from 1st floor. Extensively landscaped gardens. Double garage.  
Ref: LHV-1059 - Price: € 495.000

**VILAGENTE**

**VENDAVILLA** **VILLAGEN**

SOCIEDADE DE MEDIAÇÃO IMOBILIÁRIA, LDA.  
AMI 489

Edifício do Cinema, Loja 3,  
Vilamoura,  
8125-432 Quarteira  
Algarve - Portugal  
Tel: 289 314 486  
Fax: 289 315 578  
vilagente@mail.telepac.pt  
www.vendavilla.com



**São Brás de Alportel**

Old cottage composed of 2 bedrooms, 1 bathroom, lounge and roof terrace. Annexe with kitchen, lounge and storage. Plot area - 900 square metres. Good access.  
Ref: C22343 Price: € 195.000



**Vilamoura**

Attractive villa composed of 3 bedrooms, 2 bathrooms, lounge with dining area, equipped kitchen, storage & carport. Swimming pool and garden. Roof terrace. Furnished. Plot area - 423 sq.m. Construction area - 140 sq.m.  
Ref: V12566 Price: € 380.000



**Vilamoura**

Excellent 2 bedroom apartment composed of 2 bathrooms, lounge w/ dining area, equipped kitchen, pantry and spacious terrace. 2 parking spaces in the basement, communal swimming pool and garden. Construction area - 115 sq.m.  
Ref: A1331 Price: € 385.000



**Loulé**

Country villa w/ beautiful sea view composed of 4 bedrooms, 4 bathrooms, 2 lounges (1 w/ fireplace), dining room, office, equip. kitchen, storage & spacious terraces. 1 bedroom apart. in annexe. Heated sw. pool, garden. Plot area: 3.600 sq.m, constr. area: 250 sq.m.  
Ref: V12630 Price: € 695.000

**AlgarveProperty.com**

Professional Estate Agents

Mobile +351 918 540 620  
Carlos@AlgarveProperty.com

www.AlgarveProperty.com



**Carlos Rodrigues**

your professional real estate consultant

Gov. Lic. AMI 2196



**ESTÓI**  
Ref. V82185 - Price Reduced  
Spacious 5 en suite bedroom detached villa on very quiet & residential area nearby Bordeira & picturesque Estói village. 6.300sqm plot w/430sqm constr. area. 2 bedroom apartment annex to main villa. Recently refurbished to very high standard. Fitted kitchen. Alarm, A/C, surround sound sys. Large landscape garden w/sw. pool & BBQ area. South facing w/fabulous panoramic country & sea views.  
Price: € 1.400.000,00



**ALMANCIL**  
Ref. V82043 - Price Reduced  
Located in very quiet area near Vale do Lobo 'Golden Triangle', 627sqm plot, 365sqm constr. area. Granite floors. 4 rooms (3 en suite). Fully fitted kitchen & laundry. A/C, central vacuum cleaning & surround sound. Garages w/electric gates. Ground floor w/ games & cinema room. Place for 5/6 cars. Private garden w/salt water pool, double BBQ, summer kitchen. Hot water garden shower. South facing with partial sea view and 5 min from beach. Alarm/CCTV.  
Price: € 895.000,00



**VILA SOL**  
Ref. A82200 - Price Reduced  
Beautiful development within Vila Sol Golf & Spa Resort, adjacent to golf course & club house, 2/3 mins to Vilamoura & marina, beach & many amenities. Palmira is a luxury, gated condominium complex, finished to highest quality. 24/h security CCTV, landscaped gardens & heated sw. pools, access to gym. Owners have discounts on many Vila Sol's amenities. Fully furnished & equipped. Private secured parking. Under floor heating in baths, A/C.  
Price: € 395.000,00



**VILAMOURA**  
Ref. A82289 - Price Reduced  
Luxury 2 bedroom apartment in enclosed condominium w/ communal garden, swimming pool, jacuzzi & security cameras. Located near several golf courses, in outskirts of prestigious Victoria Golf Course, 130 sq.m constr. area. Fitted kitchen (Siemens), A/C. Surround sound sys. Finished to high standard. 2-car priv. parking space, storage in basement. South facing, sea view.  
Price: € 225.000,00

**ESTE ALGARVE** AMI 504

ESTE ALGARVE - SOCIEDADE DE MEDIAÇÃO IMOBILIÁRIA, LDA.

E.N. 125, Cevadeiras,  
Vila Nova de Cacela,  
8900 V. Real de Stº António  
Tel: 281 951 165  
Fax: 281 951 438

Centro Comer., Av. 28 de Maio (Marginal) - 8800 Cabanas de Tavira  
Tel: 281 370 277  
Fax: 281 370 761  
belosantospedras@hotmail.com  
www.estealgarve.com



**House Tavira**

Exceptional 4 bedroom, 3 bathroom house modernized and enlarged in 2004 to a high and tasteful standard, with spacious terrace, 90 m2 of pretty garden, above-ground swimming pool situated in the centre of Tavira.  
EA 076 HTAV - € 395.000



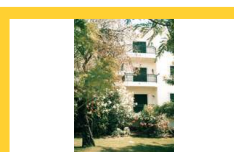
**Neighb. Vila Nova Cacela**

2 bedroom house w/ large south facing terrace & garage on lower floor presently converted into bedroom, shower room & store-room surrounded by 1.243m2 land w/ lovely views. 3kms from Monte Rei golf course, 7kms from V. N. Cacela & 9kms from beautiful beach of Manta Rota.  
EA 043 HVNC - € 255.000



**2 ruins w/ land - Stª Catarina**

2 Ruins w/ 530m2 land, approx. 3kms from Stª Catarina & 15 mins to Tavira in a hamlet w/ pretty views of hills & countryside. Sold w/ approved project for 2 pretty 2 bedroom algarvean style houses, 1 w/ 2 bathrooms & the other w/ 1 bathroom. Mains water, electricity.  
RSAN 016 - € 156.000



**Apartment Conceição**

Very attractive & comfortable 2 bedroom, 2 bathroom apartment, situated on the 2nd = top floor within spacious urbanization opposite Benamor golf-course, 5 mins from Cabanas & beach, w/ central heating, prepared for A/C, mains gas, lovely view to gardens. To be sold furnished & equipped.  
EA 070 ACON - € 125.000



**Villa Cabanas**

Charming 3 bedroom, 3 bathroom detached bugalow style villa, renovated in 2006/07 to high standards w/ A/C, solar panels, lovely sheltered sw. pool, attractive garden of 366.73m2, spacious roof terrace, within a quiet urb., 10 walking mins to Cabanas centre, lagoon & beach, 3kms to Tavira.  
EA 071 VCAB - € 299.000

**Elly van Hulst**

The fastest real estate agent in the Algarve

(former World Record Holder 3.000mts running '89-'01)

www.property-runner.com

Tel. +351 289 842 992

between Loulé and S. Brás

AMI 6392



**Olhão / Fuzeta**

- Large traditional cottage
- Separate guest apartment
- Total 5 beds, 2 baths
- Sea view from terrace
- Approx. 5 km from beach
- Bldgs 400m² plot 2.200m²

Ref. C480  
Price: € 250.000



**Santa Catarina**

- Cottage style villa 2001
- Lovely views to coast
- 3 bedrooms 2 bathrooms
- Roof terrace
- Garden & terraces
- Villa 190m² plot 5.643m²

Ref. C1235  
Price: € 350.000



**Santa Bárbara de Nexe**

- Luxury spacious villa
- Magnificent coast views
- 4 bedrooms 4 bathrooms
- Pool, terrace & barbecue
- Beautiful gardens
- Villa 297m² plot 3.100m²

Ref. V959 - Executors Sale  
Price Reduced: € 525.000



**Bordeira**

- Beautiful villa in the hills
- Spectacular ocean views
- 4 bedrooms 3 bathrooms
- Studio apartment
- Large pool & tennis court
- Villa 249m² plot 1.882m²

Ref. V1134  
Price Reduced: € 399.000



**Santa Bárbara de Nexe**

- Beautiful hillside villa
- Completely renovated
- Panoramic coastal views
- 5 bedrooms 5 bathrooms
- Pool 9,5m x 4,5m terrace
- Villa 232m² plot 4.210m²

Ref. V1158  
Price: € 895.000



## Outstanding opportunity to buy a dream rural property...



Professionally renovated to a high standard the detached villa sits on plot of 310m<sup>2</sup> and has 3 double bedrooms with fitted wardrobes. Two fully equipped bathrooms and excellently finished modern kitchen. Under floor heating throughout and log burner in main sitting room. The villa will have a pool with terraces and bbq area & pergola & store  
Price – €195,000.

### - Bonus

1 minute drive away is a dream 1 hectare plot with outline planning for tourist business. The land can accommodate several wooden country cottages, plus caravans & tents. A large fishing lake on the plot offers revenue for fishing enthusiasts. Also bird wildlife is well established in this area and many companies' offers routes to monitor the wildlife. Water and electric are provided and the land is arable to create a self sufficient life style. This plot is offered at – €65,000.



Contact: 919 383 852 or 917 227 087 should interest be sought on both properties a negotiation is available.

AMI licence 7673

**algarve**  
**manta**  
properties

### E-mail:

sarah@algarvemanta.pt

### Mobile:

00351 911 041 862

### Office phone/fax:

00351 281 952 820

### Sales:

www.algarvemantaproperties.com

### Rentals:

www.algarvemanta.pt



### Ref: 899 - € 55.000

1 bedroom used furnished apartment w/ shared pool near Tavira. Has lounge w/ kitchenette, veranda, bedroom & bathroom, good investment worth viewing. Cost of use of pool per year only 170 euros.



### Ref: 160 - € 95.000

1 bedroom brand new apartment w/ shared pool complex (pool finished end 2010) near Tavira. Fully equipped modern kitchen, 1 bedroom, 1 bathroom, private roof terrace, garage space in basement.



### Ref: 901 - € 115.000

2 bedroom used apartment in town of Cacela, sold fully furnished, has large wraparound veranda, on top floor w/ ocean view. Lounge w/ kitchenette, 2 bedrooms, 1 bathroom, w/ closed private garage.



### Ref: 902 - € 685.000

Very attractive, nearly new modern 4 bedroom villa w/ solar heated pool in beautiful position on hills above Cacela approx. 15 mins drive from town & all facilities. Very private, in the middle of 18,647m<sup>2</sup> plot of land. All rooms facing countryside & ocean beyond spectacular views. 2 living rooms, dining room, large kitchen/breakfast room fully equipped. Downstairs bedroom w/ en suite, large utility room, workshop & garage. On 1st floor 3 double en suite bedrooms, prepared for all seasons w/ underfloor heating.



## Make the airport your shop window



1,000's of copies of The Portugal News are distributed at Faro airport every week to arriving and departing passengers. An estate agent's window can't beat that for property exposure!

To advertise on these pages, please phone Bella Talhadas on 707 500 677 or 914 393 736

**A bode**  
furniture



5ft Kingsize solid pine bed frame

5ft kingsize Bonell sprung orthopedic mattress



two bed side tables

= **€499**

including IVA\*

**PLANET SOFA**  
& BEDS

LIMITED OFFER WHILST STOCKS LAST

\* Terms and conditions apply, IVA included, Full warranty included, Some assembly required, collection only, Delivery is available at an extra charge on this combo deal.

**www.furnishyourabode.com**

UK: 0870 8032 970 PT: 282 762 070

PT showroom in Lagos, near Praia Dona Ana



# ABSOLUTE

The ONLY Complete HOME Furnishing Company  
From START to FINISH

Located in Ayamonte Spain just 30 mins from Faro we are the leading Complete Furnishing Company in this area. We carry out all installations of curtain poles bathroom accessories and lights. We also supply and fit Air Conditioning. Why not call us for some friendly help and advice with regard making your new house a home.

**NEW SHOW PROPERTY  
NOW OPEN  
IN CABANAS**

We now have show properties open for viewing in CABANAS. If you would like to discuss your furniture requirements or property management then please contact us

**WE ALSO DO PROPERTY MANAGEMENT**

Shop: (0034) 959 322292 Mobile (351) 926 768861  
www.absolutefurniturepacks.com  
Cristobal Colon -18 Ayamonte 21400 Huelva



To advertise on these pages call  
our Sales Manager on 707 500 677  
or email bella@the-news.net

**HAVE IT ALL NIGHT LONG!**

**S.O.S.**  
**SKY DIGITAL TELEVISION**

All Your Channels  
All Night Long Guaranteed  
The Best Reputation on the Algarve

Chris Whitman  
916 378 722  
sosskydigital@msn.com

AMI 5453

**RE/MAX Diamond**

Rua Francisco Xavier Ataíde de Oliveira (next to BPN bank)

For the best advice in the LAGOS area

Call (+351) 917 771 849 or joão.s.nunes@gmail.com



João Nunes - Office Manager



## LAGOS • Meia Praia

Charming 2 bedroom apartment, located a few minutes walk from the beach.

Fitted kitchen, air conditioning, private parking and storage room. Swimming pool.

Ref<sup>a</sup> A-106 • Price €170,000.



## SAGRES • Western Algarve (surfer's paradise)

Very well appointed 1 bedroom apartment, in a closed condominium, with delightful gardens, tennis courts and swimming pool. Sea view.

Ref<sup>a</sup> A-128 • Price €110,000.

# ALGARVE REMOVALS



Weekly removals service to and from the UK, Algarve & Ireland with full packing service & storage facility in the UK & Algarve, from 1 box to part or full load shipments.

- Transportation of cars, boats & motorbikes
- Local removals and deliveries within Algarve
- We guarantee your peace of mind & safety of goods

The General, Main Road, Boreham, Chelmsford, Essex CM3 3HJ

UK- Tel: 0044 (0)1245 468888

Mob: 0044 (0)7711 179842

Algarve- Tel: 00351 289 513851

Mob: 00351 969134801

Email: sales@algarveremovals.com

Web: www.algarveremovals.com



# renovate!



We'll get your villa ready for re-sale and add to the asking price

We are the renovation specialists in the Algarve. From the smallest job to a complete makeover, we'll deliver on time and within budget.

For an A-Z of the services we offer and to find out all about us go to [www.opra-pt.com](http://www.opra-pt.com)

**O.P.R.A.**

Online Property Renovations Algarve  
Tel 966 521 828 • 938 665 717

**frontera.**  
furniture • muebles

**DON'T BUY FURNITURE  
UNTIL YOU HAVE  
SPOKEN TO US!**



We have huge stock & great prices

Visit us in Portugal or Spain

Complete furniture packages  
from €4,599

FRONTERA  
Muelle de Portugal, 55.  
Ayamonte, Spain  
Tel: 0034 959 470 971

FRONTERA / INTERIORISSIMO  
Centro O Tradicional  
Rua do Comércio - Almacil  
Tel 289 392 461, 289 399 184  
or 911 911 909

Monday - Friday: 10am - 6pm  
Saturdays: 10am - 2pm



info@furniturefrontera.com • [www.furniturefrontera.co.uk](http://www.furniturefrontera.co.uk)



## CONSTRUCTION



**Creative interior and exterior make-overs**  
All types of construction & renovations

(including swimming pools & tennis courts)

## General Home

- Faux ceilings
- Wall & room dividers
- Lighting & ambience
- All types of flooring
- Painting techniques
- Kitchens & bathrooms
- Equipment installation



**General Home Construções Lda**  
Portimão • E-mail: ghome@bk.ru  
(Portuguese) 968 398 286 (English) 968 506 093

In partnership with

Real Estate Agents



www.lecicasa.com  
info@gupo-lecicasa.com  
914 856 159 • 282 429 035

## GAMES

### GAMES ROOM EQUIPMENT

**FREE** Air Hockey,  
Ping Pong or  
Football Table for  
**NO Extra Charge**  
With Every  
New Pool Table  
Purchase

REFURBISHED POOL TABLES - €850  
ENGLISH SNOOKER TABLES - from €2850  
PING PONG TABLES - €345, €445 & €545  
AIR HOCKEY TABLES - €675  
FOOSBALL TABLES - €425  
FAMILY TRAMPOLINES - from €525  
All including IVA, Free delivery,  
Free assembly & Free accessory pack



Call : 912 284 905  
: 917 846 242  
Web : www.fjnorth.net

ALSO: COIN-OPERATED POOL TABLES &  
ARCADE MACHINES SITED IN BARS  
AT NO COST WITH ALL MONIES SPLIT

POOL, SNOOKER, PING PONG, FOOSBALL, BAR BILLIARDS,  
AIR HOCKEY AND PINBALL TABLES, ARCADE MACHINES,  
COCKTAIL CABINETS, DART BOARDS, CABINETS AND  
COCHES, PLUS ALL ACCESSORIES, REPAIRS AND SERVICING.



To advertise,  
call our  
Sales Manager  
on 707 500 677

## HOME IMPROVEMENTS

Are you an ex Speed Frame client?



No need to worry about maintenance and service

We are experienced ex Speed Frame technicians with a wide knowledge of this product.

• Your frames need a brief and inexpensive maintenance every six months to keep them working smoothly

• As Speed Frame is no longer in business in Portugal, service is not available from them, but we can perform most repair and maintenance tasks, and we can obtain many original parts, if needed

• If you need to replace a window or door, we can obtain units of a matching design to keep all your doors and windows in the same style

For maintenance, repairs or new units, call us for quick and efficient service at reasonable prices

**PVC Directo**

We double the glazing - Not the price  
Tel: 916 184 148 / 969 410 952  
pvcdirecto@gmail.com

## INTERIORS

### Algarve CURTAINS

**QUALITY WORK AT SENSIBLE PRICES**  
Curtains, cushions, bed covers  
made to measure  
Tracks and poles supplied and fitted  
Foam cut to size

Tel: 282 493 238 Tm: 964 677 699

Rua Infante D'Henriques No. 42, Ferragudo, Lagoa



THE HIGHEST OF QUALITY  
**DESIGNER TEXTILES**

Quality fabric for less suppliers of

Curtains and poles Soft furnishings  
Blinds Upholstery  
Bed covers Furniture



Tel/Fax: 282 799 610  
Designertextiles@sapo.pt  
Open Mon - Fri: 10am - 6pm  
Loja 11, Parque Comercial do Infante, Torre, Odiaxere, Lagos

## MÓVEIS MALHEIRO

### Household & Garden Furniture



Mon - Fri: 9am - 7pm  
Closed: 1pm - 3pm  
Sat: 9.30am - 1pm  
Urb. do Malheiro  
R. das Acácias, Lote 4  
8500-331 Portimão



Tel: 282 491 583 Fax: 282 492 249  
moveis.malheiro@mail.telepac.pt  
www.moveismalheiro.com



www.idealivingportugal.com



**COMPLETE FURNITURE PACKAGES**  
FROM €4,995 - NO HIDDEN EXTRAS!

VISIT OUR SHOW APARTMENTS IN;

Vista das Ondas  
Olhos D'Água

Vila Ancora  
Porto de Mos  
Lagos

Quinta das  
Palmeiras  
Lagos

Tel: (+351) 289 398 573 Tm: 910 410 410  
Email: news@idealivingportugal.co.uk

**IDEAL LIVING**

PORTUGAL LTD



**Bedspreads**  
Factory Outlet

THE PORTUGUESE LINEN SHOP

Established 20 years buying from the BEST manufacturers in Portugal

**Stock clearance**  
on poly / cotton sheets  
All sizes available

**NOW IN TWO SHOPS**

**ALVOR:** near old municipal market - 13b Rua do Castelo, Alvor  
(see online for map)  
Open Mon - Fri: 10.30am - 4pm Tel: 282 457 510

**LAGOA:** Located next to Total Petrol station - Beco Marquês  
Pombal, Loja B, on the EN125  
Open Mon - Fri: 10am - 5pm Sat: 10am - 1pm Tel: 282 353 244

Mob: 968 237 310

www.bedspreadsportugal.com - information@bedspreadsportugal.com

## David Wilson, Lda

Construction and Renovation  
Specialists

Call 289 489 579 or 91 722 7087

Alvara License No 55928

## B & R Build & Renovate

- Extensions
- Renovations
- New buildings

Working within the English Community more than 10 years

Av. José Costa Mealha N°131-A, R/C Dto. 8100- 500 Loulé  
Tel. 289 417 867 Mob. 966 570 158 Fax. 289 417 869  
build.renovate@gmail.com

The 6th largest weekly  
newspaper in Portugal,  
in ANY language!

www.the-news.net





## INTERIORS

**Yorkshire linen Factory Outlet**  
**Bedrooms Extra**  
*The biggest 'British Bed' retailer in the Algarve*

All in stock next day delivery

3ft mattress from €89

**Relym**

The Best Beds in the World

All mattresses British made to British standard

Large selection of dining sets

Dura Beds with their great range

Over 100 bedrooms on display All Different

Fabric 3 piece suites - British Standard / Fire reg. NOW IN STOCK

Tel: 282 762 383 | E-mail: sales@bedrooms-extra.com

Website: www.bedrooms-extra.com

Torre, Odiáxere 8600 - Lagos

*If you have seen the rest, please come and see the best.*

## PROPERTY AGENTS

**kasas**  
**Algarve Property .com**

Tel 00351 289 310 310 - info@algarveproperty.com

www.algarveproperty.com

How can we help you today?

Professional Estate Agents

Geo Lic. AMI 2196



Capella Coffee table, from Littlewoods.com

## PROPERTY SERVICES

**First House raffle in the Algarve, Portugal**  
 Win your dream house with a ticket for only €99.  
 www.dietraumvillaverlosung.at

**Poolsafe.eu**  
 Is Your pool childsafe for 2009?  
 Roller covers: Fences - aluminium, steel or frameless glass Gates, Nets. NOW is the time to secure your pool areas. Please call us for a free onsite analysis of your safety requirements. Villas, condos, hotels and developments. We can also fit approved childproof latches to existing gates.

Office: Galé Beach Albufeira, Tel 289 591 662, e-m info@poolsafe.eu

**CONSTRUCTION**  
 Interior & Exterior Renovation • Architecture and Engineering Projects • Insulation & Painting • All Manner of Repair & Maintenance Work

**VILLA MANAGEMENT**  
 Cleaning Service

**Palmeiras do Sul**  
 Construções, Lda.

Head Office: Rua das Amendoeiras lote 54  
 Aldeia do Carrasco, 8500-436 Portimão  
 Store: E.N. 125, N° 119  
 Bairro da Boavista, 8500 Portimão  
 Tel/Fax: 282 082 817 / Tlm: 939 459 791  
 palsul@netvisao.pt / geral@palsul.com  
 www.palmeirasdosul.pt / www.palsul.com

**DOORS AND WINDOWS**  
 SALE & INSTALLATION (Showroom)  
 PVC and Aluminium Doors and Windows  
 Fly Screens • Blinds • Curtains etc.

Opening new store Sep/Oct with showroom  
 Bairro da Boavista near new shopping centre, Portimão

# Make a hutch a home



If you're starting to feel that a pet rabbit has more room in a hutch than you do in your 'des res', then you're probably right.

It's not that your home is shrinking but that - if you're living in a new home - it was probably pretty small to start with.

Find out whether you're showing the symptoms of living in a 'hutch' not a home, and check out our room-by-room remedies as Gabrielle Fagan talks to Simon Glanville, managing director of Store, a company specialising in storage solutions.

## Six space stretchers

• Light spaces always feel larger than dark ones, and white or neutral shades for walls will give an airy, open feel. Avoid greys or chalky tones which can absorb light.

• Co-ordinate living room furniture and wall colours, which ensures large, solid furniture blends into a room.

• Use the same flooring in the kitchen as in other rooms to help spaces flow into one another.

• Glass bricks in kitchens and bathrooms can let in light and create an eye-catching feature, and tiles laid diagonally on a splash back will make the area seem taller.

• In a tiny bathroom, use a clear, frameless glass shower enclosure rather than an opaque one, which will close in the room.

• Rooms look larger if well lit. Add lamps, install wall lights or recessed lighting, and instead of curtains hang blinds which take up less space.

## Kitchen

**Simon Glanville says:** "We have more queries about this area than any other. The kitchen is the trickiest room in the house because there's so much to accommodate, and just to add to the pressure these days it's often the heart of the home where the family wants to gather."

"Galley kitchens may be an efficient use of space, but with limited floor space can rarely accommodate tables."

**What can I do?** Fit a folding wall table in an unused corner, and opt for bench seating with concealed storage.

Built in microwaves, or under cabinet microwaves free up precious counter space, and a built-in rubbish bin can save floor space.

**Simon says:** "Look for ways to maximise drawer space or cupboards with extra insert folding

shelves, stacking shelves within shelves, or hooks.

"Wall mounted or magnetic racks work well for spices, and you could consider a rack suspended from the ceiling for pans."

## Living room

**Simon says:** "We all get accustomed to items of furniture we might have had for years which may, in reality, be impractical for the space we're currently living in."

"If they're blocking the view into a room or obscuring a window the room will feel cramped."

**What can I do?** If you can't substitute a large, dominating sofa for a smaller one, Simon advises, ensure furniture isn't pushed up against walls.

This makes it easier to move around it and instantly gives an illusion of more space.

Coffee tables rarely work in small rooms, he points out, and if you can see the floor, a room will look larger. He suggests fold up tables, a 'nest' of tables, or storage boxes which double as side tables.

## Bedroom

**Simon says:** "Storage possibilities in the bedroom are most commonly under-exploited. For instance, a bed - the functional heart of a bedroom - harbours the most overlooked source of hidden storage - the space underneath it."

"Also, it's common for this room to be unnecessarily overloaded with clothes when many, such as winter outfits could be stored elsewhere until they're needed."

**What can I do?** Simon suggests: "Boost storage in wardrobes with specialised organisers so every inch is used. Hanging fabric shelves for jumpers, shirts and bags could make a bulky chest or cupboard redundant," he says.

## Children's rooms

**Simon says:** "Kids rooms need adequate storage that's easy to use, which will encourage them to be tidy. Make it fun, colourful, and simple from boxes on wheels to under-bed drawers."

**What can I do?** Look for beds and storage systems which adapt to a child's growing needs. For instance, cots that turn into first beds, nursery cabinets that convert into 'mini' wardrobes.

**THE PORTUGAL News**  
 Established 1977

See page 2 for our exact print run this week.

**NEW PRODUCT - Complete 2 bedroom packages €12,500 inc. iva. - CALL FOR DETAILS.**

**LUZDECOR**  
 Mobiliários, Cortinados e Decorações Interiores

Come and look, be inspired - add style to your home

We can transform your property completely or one room at a time

In house design service at NO extra cost

Turnkey packages available tailor made to suit your property and your budget

We look forward to seeing you at  
 Showroom: Lote 38, Vila das Acacias,  
 Praia da Luz 8600 - 124 Lagos  
 Tel. 282 789 849 Mob: 917 771 831  
 luzdecor@world.net.pt • Visit: www.luzdecorhome.com



We are here to help with all your advertising needs, just call our Sales Manager on 707 500 677



**Portugal Auctions**  
 Pro-Active Property Marketing

**Buying or Selling Property?**

Pro-active Property Marketing through Auctions, Exhibitions & i-spy360 Virtual Tours

Welcome to our Website  
 www.portugalauctions.com

Your Property Partner - Turning Dreams into Reality!





## Preserve the fruits of your labour



It's a gardeners' dilemma at harvest time: pick your veg when it's tender and your fruit when it's just ripe, eat as much as you can, give some away - and then what do you do with the rest?



Peas, redcurrants, raspberries and French beans.

How do you store them all? Most families cannot manage all the runner beans and courgettes they have grown this season, let alone the summer fruit, so end up with harvests lurking at the bottom of the freezer months later.

But there are particular crops harvested throughout the summer which you will enjoy eating in the winter months and which

keep better than others, provided you store them properly.

You can freeze raspberries in a single layer on metal trays. Once frozen, the fruits should be transferred to polythene bags or plastic boxes, which makes them easier to separate when required.

Redcurrants also make useful fruits in the winter, pepping up puddings and pies, and should be

frozen in the same way as raspberries.

If you pick blackcurrants when they have ripened fully, they also freeze well and you can save time by freezing whole bunches.

Anyone who has ever tried to freeze strawberries will know that they usually end up a soggy mess during the defrosting process. So if you want the taste of summer strawberries, puree them before freezing and they can be added to ice cream in winter or used as a coulis around a delicious chocolate dessert.

There are many vegetables that will freeze well, including dwarf French beans, garden peas, broad beans and mangetout. They should be frozen in small quantities, so each time you take out a bag it will do for the family meal.

Cauliflower and calabrese can also be frozen, and the best way is to remove the largest stalks and separate into florets, freezing on metal trays before transferring to a bag.

If you want to store vegetables for longer than a month, you should blanch them first, putting them into a colander and plunging them in boiling water for up to three minutes (sweetcorn requires up to six minutes) before cooling them quickly in a bowl of iced water.

To freeze spinach, it's best to cook it first, removing the stalks and then simmering until soft. It

can then be squeezed to eliminate the excess water, rolled into balls and frozen.

If you have a glut of ripe herbs you should also take action now, because they are wonderful later on in the year.

Freeze coriander, basil, mint, parsley and thyme in ice-cube trays. Blanch sprigs of herbs by dipping them in boiling water for a few seconds until the colour intensifies, then chop roughly and transfer into individual compartments of the ice-cube tray. They should then be covered with water and frozen before being transferred to bags.

Alternatively, pack the herbs into butter and freeze that in cubes, or add them to flavour olive oil or wine vinegar.

Tomatoes don't freeze well as a fruit, but the answer again is to skin them. Pour boiling water over the fruit, leave for a few minutes and then the skin should come off easily.

After that, puree and freeze them, ready to add to bolognese and other tomato-based pasta sauces or casseroles.

You can keep other surpluses of vegetables by liquidising them, freezing them in bags or food boxes and using them as a base for soup. And if you run out of space in your freezer, remember that potatoes, carrots, parsnips, leeks and sprouts can be left in the ground or on the plant until required in the winter.

Hannah Stephenson

## Best of the bunch

### Sunflower (Helianthus)

They are the most majestic of plants and yet the easiest to grow, and ideal for kids to sow as the seeds are big enough for little fingers to handle.

Sunflowers reach their peak between July and September, and the giant varieties reach 38cm across because they only produce a single stem with one massive head at the top. You can also buy branching varieties to use as cut flowers and dwarf versions to enjoy as patio plants.

When flowering has finished, leave the seedheads standing as the birds will enjoy a feeding frenzy on the seeds in the middle of the flowers.

For maximum size, feed the plants weekly with liquid fertiliser and stake tall varieties. Good annual varieties include 'Hannus' 'Autumn Beauty', which comes in mixed shades from lemon to dark red, but there are also perennial types which aren't as tall and whose flowers measure 5-7.5cm across. These are better suited to the back of a border, with strong stems bearing yellow or golden blooms in late summer and early autumn.

As their name suggests all sunflowers need a sunny position in any reasonable garden soil.



## Gardening online



Did you know a social networking website specifically for gardeners has been set up by two green fingered entrepreneurs, [www.growsonyou.com](http://www.growsonyou.com)? It is free to join and makes it easy for people to share their gardening experiences with each other - whether they are beginners, experts or somewhere in between. Members receive their own plot where they can write about their garden and display photographs. The user-friendly site is also a useful information resource, with members posting their gardening questions, which in turn are answered by other members.

See what you're missing at:  
[www.the-news.net](http://www.the-news.net)

**prime**  
Empresa Certificada  
**eic**  
ISO 9001

**GARDEN CENTRE**  
Tel: 282 768 776  
Tel: 282 768 777  
Mob: 918 798 515  
Fax: 282 768 778  
[gardencenter@ecosistemasol.com](mailto:gardencenter@ecosistemasol.com) | [www.ecosistemasol.com](http://www.ecosistemasol.com)

**Office**  
Tel: 282 799 537  
Mob: 919 845 659  
Mob: 961 345 276  
Fax: 282 799 030  
[gardencenter@ecosistemasol.com](mailto:gardencenter@ecosistemasol.com)

**Garden Centre, Nursery & Pool Shop**  
All aspects of landscaping service FREE quotation & design

**Providing honest & reliable service for over 20 years.**

**Professionalism and craftsmanship guaranteed.**

## Landscape

**Construction • Design • Maintenance**

- Irrigation Systems
- Water Features & Ponds
- Personalized Grounds Maintenance Programmes

**Call Joe for your free estimate**  
**913 407 507 or 289 328 255**  
**Bilingual Contractor (English/Portuguese)**  
**E-mail: [geraldespaisagismo@hotmail.com](mailto:geraldespaisagismo@hotmail.com)**

**Plant rental**  
**Landscaping**  
**Garden maintenance**  
**Irrigation systems**

[www.qgardenpt.com](http://www.qgardenpt.com)

**E.N. 125 Odiáxere - 8600 • Lagos • Tel 282 799 633**

**PRUNING**  
**DISMANTLING**  
**FELLING**  
**STUMP GRINDING**  
**BRUSHWOOD CHIPPER SERVICE**

**917 479 921**  
[www.algarvetreeservices.com](http://www.algarvetreeservices.com)

**QUALITY TREE CARE ACROSS THE ALGARVE**

## Three ways to ...

### delay vegetables bolting

1. Dry soil can encourage bolting, particularly with cauliflower, rocket and spinach, so keep moisture levels constant.
2. Delay sowing cold-sensitive plants such as turnips, endive and Swiss chard until temperatures are more stable. Raise early crops of onions, beetroot and kohlrabi in modules in a greenhouse and plant out when the weather is warmer.
3. Choose bolt-resistant cultivars such as 'Boltardy' beetroot.

**Canteiros do Sol, Lda.**  
*Landscaping & Garden Maintenance*

*Imagine your garden...  
...We will make it real*

*Contact us for a free quote*

*Visit us at*  
[www.canteirosdosol.com](http://www.canteirosdosol.com)

*Contacts:*  
[canteirosdosol@sapo.pt](mailto:canteirosdosol@sapo.pt)  
**Tel. & Fax: 289316904**  
**Mobile: 962482722**  
**966178318**



## News for parents



**Lisa Salmon looks at the weird, wonderful and sometimes weary world of parenting.**

**Childminders and nurseries should take soft toys away from children to stop the spread of swine flu, according to official guidance**

Sharing pencils, crayons and musical instruments should also be discouraged, and school assemblies avoided in the case of a pandemic, it says.

The guidance is in documents published by the Department for Children, Schools and Families on planning for a human flu pandemic.

One, for childminders, says: "Try to avoid children sharing soft toys, as these are hard to clean adequately - you may find it easier to avoid using soft toys altogether."

A second guide for schools and nurseries says: "Discourage the sharing of pencils, crayons and pens during a pandemic."

A DCSF spokesman said: "We are not suggesting taking all toys out of play settings, just to take care with the use of shared toys, which can be a way of spreading infection."

**Children who eat a lot of dairy food are less likely to die from strokes in adulthood than those who consume little, researchers have said.**

Diets rich in calcium, including dairy products, can cut the chance of dying from stroke by as much as 60%, they said.

Experts from the Queensland Institute of Medical Research in Australia and the University of Bristol examined results from a 1930s study into the diets of mainly working-class families in Britain.

The children in the study were

aged eight on average when it began, and 4,374 of them were successfully traced and followed up 65 years later.

The researchers analysed the calcium content of their diets in the original study and found that those with the highest calcium intakes had the lowest risk of dying from stroke.

Yet another reason why milk is good for you.



## Ask the Expert

**Q:** "Looking after the kids all the time during the school summer holidays is already stressing me out. Have you got any tips to ease the pressure a little?"

**A:** Jeremy Todd, chief executive of the parenting helpline Parentline Plus, says: "The long summer holidays are an exciting prospect for children, but it can be pretty daunting if you're a parent and you need to think about ways to entertain the kids during all that time."

"We want parents to know that they're not alone, and that often just talking to someone about your worries can help, whether that be with a partner, relative, friend or support organisation like Parentline Plus."

"Don't try to fill every minute of every day, it will only exhaust you and the kids don't need that much stimulation. If you work or have other commitments, remember quality is more important than quantity."

"Just relax and try to enjoy it yourself, it's your holiday too. Don't feel guilty if you pack the kids off for the day, or get a sitter in for a night out. Other adults can bring in fresh entertainment for the kids too, and it gives everyone a break."

"Give your kids a chance to get bored - it's okay. Give their imaginations a chance to come up with ideas to fill those long hours."

"Late nights and long lazy days are what holidays are all about, but try to ease them back into routine as the holiday comes to an end."

"That way, bedtimes won't be such a struggle when they do go back to school."

• Portugal Parentline: 0808 8002222

## Website of the week:

**www.channel4.com/headspace**

Channel 4 and ChildLine have teamed up to launch Headspace, a six-part online magazine show to help teenagers deal with difficult life issues. It features Joe Thomas from Inbetweeners, Emma Rigby from Hollyoaks and singer MPHO. The themes - World, Do Right, My Life, Future, Belong and Label Lies - were all conceived by and for teenagers after a competition, and are presented as five to six-minute mini 'webisodes' online.

**Parents and grandparents are among those who will be surveyed by safety chiefs looking at how many toddlers are killed or injured by vehicles on driveways.**



The UK Royal Society for the Prevention of Accidents (RoSPA) is investigating the driveway dangers to children aged up to seven.

The society believes that as many youngsters are victims of driveway incidents as are killed in collisions when they are passengers in cars.

The RoSPA began looking into the safety of children in and around cars after it was approached by the family of 17-month-old Iain Goodwill, who was killed when he was struck by a car on the driveway of his home near Inverness in Scotland.

## Readers Tip

Reapply sun block on children every few hours, especially when they're in the water or sweating a lot, as even waterproof sun block needs reapplying frequently.

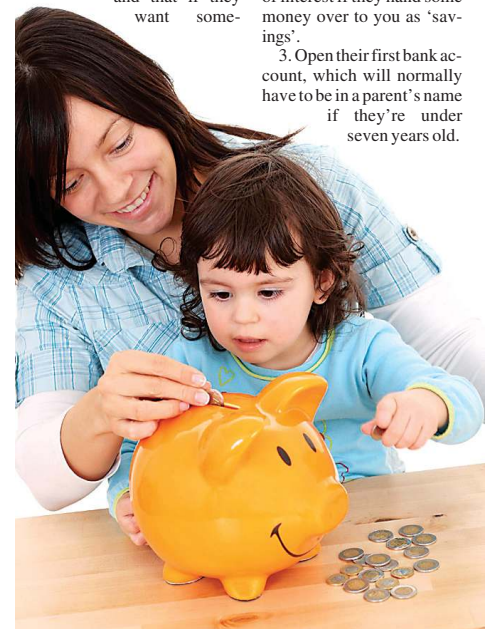
## Three ways to... teach kids about money.

1. Give them more pocket money on the understanding that you will not buy them any treats, and that if they want some-

thing they have to save for it themselves.

2. Pay them a fixed amount of interest if they hand some money over to you as 'savings'.

3. Open their first bank account, which will normally have to be in a parent's name if they're under seven years old.



# Centro Comercial Portimão

## CONTINENTE

**60 Lojas Stores** **6 Cinemas** **12 Restaurantes**



# Look east for beauty inspiration

Lisa Haynes show how to make the best of your birthday suit body with tips from the Look Good Naked experts.

If Italians make the best lovers and French women don't get fat, then the Japanese should adopt a national boast that they just don't seem to age.

It might be the copious amounts of fresh sushi, or the fact they use umbrellas to bat off the sun's rays, but it's more likely down to their pursuit of flawless skin with kooky beauty secrets.

Bird droppings on your face, silkworm cocoons on your hands, or bull semen in your hair, anyone?

From wacky all-natural ingredients through to downing daily skin supplements, it's all on the beauty menu in Japan where tanned faces and bleached hair are big no-nos and pale faces and glossy locks are the Geisha-inspired goal.

"As a nation we are always looking for something new, extreme and strange," explains Mikiko Ashikari, a researcher of modern Japanese cosmetic and beauty practises.

"The respect for natural therapies and the more bizarre ancient beauty traditions like facials using nightingale droppings is a way of preserving their unique Japanese identity."

With Kate Moss said to be a fan of the brightening effects of SK-II masks and Thandi Newton describing her Suquq skin care soap as "a revelation", it seems the West is catching on to Japan's weird and wonderful youth-boosters.

No need to splash out on an airfare to Tokyo. You can tap into the beauty aesthetic of the Far East from home with our guide to going Japanese.

## The weird...

There's nothing strange about the Japanese beauty brands that have become familiar favourites over here such as Shiseido, SK-II, Issey Miyake, Suquq, and RMK. But look beyond the luxury counters and some of the more 'natural' Japanese skin tonics may not prove quite so appealing to the unadventurous Western customer.

Skin lightening is big business in Japan and a product called 'Uguisu No Fun' is regularly used for brightening the face.

The main ingredient? Hold your nose... uguisu is the name of the Japanese nightingale and its natural droppings are widely used as a traditional application for silky white skin.

Other inquisitive finds you can pick up on the beauty shelves include silkworm cocoons, used as a natural moisturising ingredient, and shark liver oil, to treat dry skin.

Expect far out treatments on the spa menus in the Far East, too. Facial Shaving is a common practice in Japanese beauty parlours, especially before getting married.

The Japanese might fix a bad hair day with the Bull Semen Hair Treatment - packed with protein to deeply condition and repair tresses. Or how about checking your feet in for the Goldfish Pedicure? The treatment involves miniature fish nibbling at your tootsies to alleviate dry skin.

## The wonderful...

It's not all bird poop and bull sperm on the Japanese beauty agenda. These daily must-haves might just help you on your quest for Geisha girl youth:

Aburatoriigami - No Japanese woman would step out without these oil-blotting



Gwen Stefani Harajuku Lovers fragrances (www.theperfumeshop.com)

paper miracles in their handbag, which remove excess oil and keep skin fresh. Try Paul & Joe Blotting Paper (www.asos.com).

Sun chlorella - A daily superfood supplement Japanese women have been taking for decades that contains dried chlorella - an algae stuffed full of vitamins, minerals and protein that encourages cell renewal for youthful skin and stronger hair and nails. Try Sun Chlorella A tablets (www.sunchlorella.co.uk).

Collagen drinks - Forget botox, Japanese women sip on small bottles of liquid collagen to give their skin an instant lift. Try Pro-Active Liquid Collagen (www.bodyedge.co.uk).

Nakabukuro - The Japanese pooh-pooh pricey exfoliators and opt for a rice bran bag. The rice extract filters through a cotton bag for a gentle massaging effect to improve the skin's texture. Try Space NK Life Japanese Wash Cloth (www.spacenk.com).

## The inspired...

Far East-inspired style wasn't only big on the fashion catwalks at Basso & Brooke this season, it's making a mark on our beauty style too. Time to bow to oriental influence on our bathroom shelves.

Chanel's Tokyo Happening collection was created to mark the brand's first beauty store in the Japanese capital in April. The



limited edition make-up range was introduced in London this summer with sell-out success.

Inspired by the electric street scene of the Harajuku shopping district in Tokyo, singer Gwen Stefani launched her Harajuku Lovers fragrances in cutesy Japanese doll bottles (www.theperfumeshop.com).

Japanese brand Shu Uemura have packaged their cleansing oil in limited edition bottles adorned with eye-catching artwork by Moyoco Anno, a Japanese manga cartoon artist (020 7235 2375).

Steamcream moisturiser have launched a special edition Kyoto

Girl tin (www.steamcream.co.uk).

Think of your Feng Shui and keep your Far East beauty bits

and bobs tucked away. Try Totally Funky's Kimono Cutie cosmetic bags (www.totallyfunky.com).



Sun Chlorella A tablets (www.sunchlorella.co.uk)

**New playgroup due to open Sept 2009**

**Fully qualified supervision** (English and Portuguese spoken)

★ Learning, arts and crafts and access to play equipment

Ages from 1yr to 6yrs old.

★ Hours to suit

★ Spaces are limited

for enquiries please ring ASAP

Tel: 289 393 545 • Tlm: 910 882 982

**UNIVERSIDADE DA CRIANÇA**  
NEW DIRECTIONS IN EDUCATION

Children learn by building up ideas, developing orientation skills and, in particular, by making mistakes and starting all over again.

**CRÈCHE AND PRE-SCHOOL**

**- ENROL NOW -**

UNIVERSIDADE DA CRIANÇA  
Rua Sidónio Pais, Lote 4 - 8500-735 Portimão  
Tel. 282 423 974 - Fax 282 401 581  
reitoria-uc@ideias4tomorrow.com

**Collections**  
LADIES' FASHIONS FROM ALL OVER EUROPE

**Summer Sale**

**25% off all clothes**

**Bargain Rails!**

Shop at Quinta da Praia,  
**ALVOR - 282 476 574**

Mon - Fri: 10am-1pm & 3pm-6pm • Sat: 10am - 1pm



# Stay sun-safe at home



There is absolutely nothing attractive about being burnt.

Planning a holiday here in Portugal or on a distant shore? Whether you're a sun goddess or like to cover up we take a look at why it's so important to protect your skin from that big yellow fireball.

There are very few people in the world who look good bright pink, and Simon Cowell is no exception. The X Factor presenter's recent lobster look - a shiny neck and face that he apparently acquired in St Tropez - prove that he needs to add a higher SPF sun cream to his holiday checklist.

Let's face it, we've all been there. It's easy to burn when you fall asleep on the beach or simply misjudge the strength of the sun while on holiday.

So, are we taking sufficient care of our largest organ - our skin?

Clinical dermatologist Dr John Ashworth, who specialises in skin cancer prevention and detection, worries that there is a laissez-faire attitude to the sun that will only serve to hurt us in the long-term.

"We've known about the dangers of skin cancer and its relation to the sun for the past 20 or 30 years - but the public seem to not actually care when it comes to their own skin," he says.

"People simply fail to appreciate the strength of the sun, and are putting themselves at greater risks of sun damage and skin cancer."

Malignant melanoma, the most serious form of skin cancer, is on the rise and is now the second most common form of cancer amongst 15-34 year olds, says a recent study on the subject. The Health Protection Agency also warns that skin cancer could increase by 20% by 2012 if things continue the way they are.

It seems our ever-increasing desperation for that healthy



Comparing tans.

tanned look is leading to a skin cancer time-bomb.

## What kind of sun-seeker are you?

Just how we judge the risk posed by the sun depends on our personality, concludes the report, which identifies four sun-seeker character types.

The Well-Intentioned Binger is the most common personality type (44%). This person is usually careful but will lose out to a burning desire for a quick tan.

The Protector (37%) is care-

ful to use an appropriate sun-screen at all times, though they may slip up occasionally. The Denier (11%) thinks "it won't happen to me" and uses a low SPF or tanning oil if anything at all.

And finally the Worrier (8%) avoids the sun and stays in the shade as much as possible.

Personality psychologist Dr Glenn Wilson says that our 'sun personality' is determined by both our desire to take risks and be attractive.

"People think they're more

**NURSING**  
FOR ALL OF YOUR NURSING & CARING NEEDS  
24 HOURS A DAY, 7 DAYS A WEEK

**ALGARVE ANGELS**

Call 282 688 365 or 937 021 451

Place your  
classified  
advert online  
and save  
**10%!**  
At [www.the-news.net/ads/](http://www.the-news.net/ads/)  
you can choose  
from simple  
lineage ads,  
boxed ads,  
photo ads, and  
preview your  
classified before  
placing it.

**Cris Pierssens Clinic**  
DENTAL CLINIC  
IMPLANTOLOGY CENTRE

Latest technology - Over 20 years' experience  
**THE CENTRE OF EXCELLENCE FOR DENTAL IMPLANTS**  
We also offer crowns and bridges PLUS  
the whole range of treatments  
for all the family in our Albufeira clinic.

English • Portuguese  
German • French  
Dutch spoken

**SAME-DAY EMERGENCY SERVICE AVAILABLE**  
on 966 017 783  
Tel: 289 589 080 • [www.crispiessensclinic.com](http://www.crispiessensclinic.com)  
[crispiessensclinic@gmail.com](mailto:crispiessensclinic@gmail.com)

**The Bowen Technique**  
Europe's fastest growing  
Complimentary Therapy

"You really do  
not have to  
be in pain.  
Bowen will  
help with  
everything  
from migraines  
to bunions  
and everything  
in between!!"

with  
**Gareth Bullock**  
Tm. 912 540 071

Tavira Olhão São Bras Almancil Vilamoura

Home Visits Available  
**2 HOUR DENTURE REPAIRS**  
**FLEXITE PLUS**  
super flexible  
unbreakable dentures  
no more metal clasps!

Alan I Gale Denture Studio  
Tel: 282 442 302 • Mob: 916 717 113  
[alan.ivor.gale@gmail.com](mailto:alan.ivor.gale@gmail.com)  
Medical Devices Agency registered

## Monte da Palhagueira Retirement Village

\* 55 Years old or over?  
\* Thinking of security for the future?  
\* Want to live in a safe, pleasant  
and healthy environment?

## Consider Monte da Palhagueira Village

32 houses and apartments set in 22 acres of landscaped grounds, offering independence, peace of mind and security for retirement. Amenities include 2 swimming pools, putting green, croquet lawn, boule pitch, village hall, restaurant, hairdresser, physiotherapist, church and British trained medical staff on duty at all times.

Contact Clive Roberts • Monte da Palhagueira Village  
Gorjões, 8005-488 • Santa Barbara de Nexe • Faro  
Tel: 289 990900 • Email: [montedapalhagueira@gmail.com](mailto:montedapalhagueira@gmail.com)

## RIVERSIDE INTERNATIONAL MEDICAL CENTRE

CENTRO MÉDICO INTERNACIONAL

Dr. med. Univ. Zürich  
**ANDREAS J. MESZTICZKI**

Specialist in Internal and General Family Medicine  
Accident & Emergency Medicine  
Aviation Medicine - Flight Surgeon  
Authorised Medical Examiner /AME by INAC  
Vaccination Centre - Chiropraxy

### SERVICES

24h Emergency Service • All laboratory testings  
Ultrasound • ECG • Stress ECG • Home visits  
Check-up / Cancer screening • Physiotherapy  
Ear / eye / lung tests • INR Testing • Minor surgery  
Fitness for air travel certificates  
Medical Evacuation Flights  
Pilot & Driving License Medicals  
Wheelchair friendly accessibility

Tel. 289 99 77 42 • [ajm@oninet.pt](mailto:ajm@oninet.pt)  
24 Hr Service - Tel. 919 657 860  
Opening Hours: Mon - Fri 9-12 & 16-18 hrs

Rua de Faro 34,  
8005-531 Santa Barbara de Nexe/Faro  
(opposite the Pharmacy)  
GPS coordinates: N 37° 06.118' W 7° 57.822'



sexually attractive when tanned and see it as an indicator of good health," he explains.

It's not the sun we need to blame, it's ourselves, says Dr Ashworth.

"We need the sun for life on Earth, so the simple message is that it's not sunlight exposure that's bad for you, it's the way you expose yourself to the sun," he explains.

"Just as there's a safe way of skiing or of riding a motorbike, so too is there a safe way of being in the sun."

Dr Ashworth, who would like sun protection to be a subject taught in schools much like sex protection is today, says that the best way to be safe is by wearing sunscreen and limiting your time spent basking in the sun.

The more hours per year and per decade that you are tanned, coupled with the longer you live and remain tanned, the higher

your chances of getting skin cancer.

"The cardinal rule is to never go red in the sun - once you've gone red you've created a lot of damage to the skin," says Dr Ashworth.

Avoid the lobster look and instead give yourself limited and repeated exposure over time to help the skin build up its colour slowly.

Be sure to use an SPF of at least 15, but don't be worried over the different prices of different brands for the same SPF.

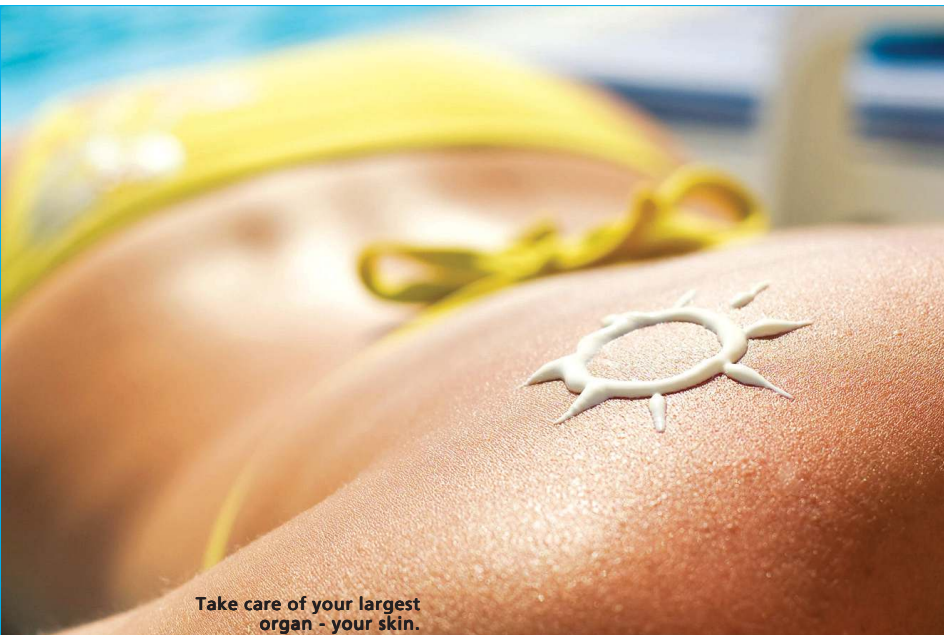
"There's no medical benefit in going for the expensive cream over the cheaper one," Dr. Ashworth says. "The chemicals are the same - what's different is how greasy or absorbent they are."

If going in the sun seems like too much for you, you can always get your tan out of a bottle, such as Boots' No7 Naturally Sunkissed Gradual Body Tan, ([www.boots.com](http://www.boots.com)) which will give



*Do you want to have peace of mind?  
Cognitive Behaviour Therapy and Mindfulness  
Training will be able to help!*

For more information contact:  
**Lynne van Bilsen on +351910630920 or +447786118147** or  
 via e-mail at [lynne@cbt-partnership.org](mailto:lynne@cbt-partnership.org) Alternatively visit one  
 of the websites of our UK based clinics:  
[www.cbt-partnership.org](http://www.cbt-partnership.org) and [www.socksanddoom.co.uk](http://www.socksanddoom.co.uk)



**Take care of your largest organ - your skin.**

∴ Wear at least SPF 30 on your 'high exposure' areas like your face, neck, ears and shoulders, and at least SPF 15 on the rest of your body.

∴ Don't forget about your scalp and lips, which can also burn. Ladies, watch out for the

back of your legs, as that is the area most affected by malignant melanoma, says Dr Ashworth - so cover up or cream up.

Reapply your sunscreen when needed, especially after sweating or swimming.

**:: Be aware of your moles and bumps. Take pictures if necessary to measure any possible change in size or colour.**

∴ Don't stay in the sun for too long. Research found that 63% of Brits only get out of the sun when their skin feels hot to the touch - an advanced symptom of sunburn.

∴ If you do get sunburnt, try a cool bath or shower to ease your symptoms. Drink lots of water to replace lost fluids and, if severe, seek medical advice.

*Kate Hodal*

General Family Medicine, Medical Specialties  
Non-medical health support techniques  
On-site complementary diagnostic tests  
Emergencies and Appointments at the Clinic  
Domiciles by Doctors and Nurses  
Occupational Health

**Luzdoc**

Serviço Médico Internacional  
International Medical Service

**Main clinic:** Rua 25 de Abril, 12, Luz 8600-174 Luz – Lagos

**We are here for you**

**24 Hours a day**  
Emergency Cover: 917811988

**Phone: 282 780 700**  
**Fax: 282 780 709**  
**E-mail: info@luzdoc.com**  
**www.luzdoc.com**



**Centro Activo**

# Healthcare Centre and Mobility Rehabilitation



**Consultations:**

- Physical,*
- Orthopaedic,*
- General Clinic (GP),*
- Psychology Clinic,*
- Educational Psychology,*
- Neurology,*
- Nutrition*



**Therapies:**

- Physiotherapy,*
- Speech Therapy,*
- Anti/ Post Natal Therapy,*
- Acupuncture,*
- Osteopathy,*
- SPA,*
- Medical Pedicure,*
- Plates, RPG, Yoga*

**Ed. Europa, R. Joaquim Agostinho Fernandes, Lt. 1, Cv.2,  
Alto do Quântão, Pontal, 8500-833 Portimão  
(behind Rádio Alvor and Bit Shop)  
Telephone / Fax: (+351) 282422104  
centroactivoportimao@gmail.com**

[illegible]

**Implantology** Tel.: +351 213 853 867  
E-mail: clinicajr@sapo.pt

(Post-graduate training in Sweden)

**Not included:**  
Bone or soft tissue graft

Cost of anterior implants supplied at consultation

**crown**  
(screw-retained)  
**650€**

Healing period of 8 weeks

**implant**  
**650€**

**lisbon**

Monday to Friday  
8AM - 1PM

**Services available:**  
 ▶ Full mouth rehabilitation  
 ▶ Overdenture  
 ▶ Immediate Implants  
 ▶ Crown and Bridges  
 ▶ Oral Surgery



**Antiques**

**FRED PEETERS**  
Dutch Antique Dealer  
Messines  
Tel: 282 338 602

**Bureaucracy**

**JST**  
Beauracratie help  
Vila Nova de Cacela, Tavira  
Tel: 281 951 108  
Mob: 962 831 105  
jst.doc@sapo.pt

**SOVEREIGN**  
For your fiscal representation  
Tel: 282 340 480  
port@SovereignGroup.com  
SovereignGroup.com/Portugal

**Chauffeurs**

**VIP CHAUFFEURS**  
**ALGARVE**  
Airport transfers  
Making you the VIP for less than  
the cost of a taxi  
Tel: 282 695 074

**Computers &  
Office supplies**

**AA PC SURGERY** ■15  
Personally Tailored Laptops and  
PC's created for your needs -  
Everything in English  
Tel: 707 940 332  
sales@worldtelecom.pt

**ALGARVE COMPUTER SOLUTIONS**  
English desktops & laptops.  
Repairs & upgrades.  
Free international calls  
Tel: 282 471 148  
Mob: 962 598 966  
nick@algarvecomputersolutions.com  
www.algarvecomputersolutions.com

**ALGARVE LAPTOPS**  
English laptops / PCs & support  
Repairs, upgrades & support.  
Tel: 282 312 044  
www.algarvelaptops.com

**Education**

**CENTRO DE LÍNGUAS DE LAGOS**  
Language School  
Rua Dr. Joaquim Tello - Lagos  
Tel: 282 761 070  
info@centrodelinguas.com  
www.centrodelinguas.com

**CLCC - CENTRE**  
Language School  
Portimão - Jardim Gil Eanes  
Tel: 282 430 250  
geral@clcc.pt  
www.clcc.pt

**UNIVERSIDADE DA CRIANÇA**  
Crèche & pre-school  
Portimão  
Tel: 282 423 974  
reitoria-uc@ideas4  
tomorrow.com

**Entertainment**

**CINEMWORLD SOLUTIONS**  
Movie magic for your own home  
Vale de Lousas, Alcantarilha  
Tel: 282 312 876  
info@cineworld solutions.com

**FARO JEWISH HERITAGE CENTRE**  
Synagogue Museum  
Tel (Centre): 289 829 525  
(Guide) 925 071 509  
Ralf.Pinto@sapo.pt  
www.farojewishheritage.org/

**STANDING OVATION**  
Wedding blessings, Events &  
Party organiser  
Tel: 914 599 933  
www.standingovationalgarve.com

View for FREE at  
[www.the-news.net](http://www.the-news.net)

**Health & Beauty**

**ALGARVE ANGELS**  
For all your nursing & caring  
needs throughout the whole  
Algarve  
Tel: 22 021 451  
Mob: 937 021 451

**ALAN GALE DENTURE STUDIO**  
Silves  
Tel: 282 442 302  
Mob: 916 717 113

**ANDREAS J. MESZTICZKI MD**  
Riverside International Medical  
Centre  
Santa Barbara de Nexe / Faro  
Moncarapacho - Tavira -  
V.R. Stº António  
Tel: 289 997 742  
24hrs service: 919 657 860

**BOWEN TECHNIQUE**  
Central and East Algarve  
Gareth Bullock  
Mobile: 912 540 071

**CENTRO ACTIVO**  
Physical rehabilitation &  
maintenance physiotherapy  
Portimão  
Tel: 282 422 104  
centroactivoportimao@gmail.pt

**CRIS PIESSENS CLINIC**  
Albufeira  
Tel: 289 589 080  
Fax: 289 589 716  
crispiessensclinic@gmail.com  
www.crispiessensclinic.com

**CLÍNICA DENTÁRIA**  
Dra. Cristina Fernandes  
(Dental Clinic)  
Rua João Menezes, Nº 8 r/c,  
8400. Lagoa  
Tel: 282 342 920

**DINFISFIO**  
Physiotherapy  
Tavagreira, Albufeira  
Mob: 969 950 031  
dinfisio@gmail.com

**DR. FRANCIS HALEY**  
Dental Surgeon  
Av. 25 Abril, 184-1°C,  
Cascais  
Tel: 214 863 012

**LISBON IMPLANT CENTER LDA**  
Lisbon  
Tel: 213 853 867  
email: infoaesthetic@sapo.pt

**LUZDOC INTERNATIONAL**  
Medical service  
24hr emergency Nº  
917 811 988.

**MINDFUL**  
Peace of mind?  
Cognitive behaviour therapy &  
mindfulness training.  
Tel: 910 630 920  
Tel: +44 7786 118 147  
lynne@cbt-partnership.org

**MONTE DA PALHAQUEIRA**  
Retirement Village  
Gorjões, 8005-488,  
Santa Barbara de Nexe, Faro  
Tel: 289 900 900  
montedapalhaqueira@gmail.com

**PERFECT SMILE**  
Dental clinic  
Cruz da Bota, lote 6  
Estrada se Alvor.  
Tel: 282 457 018  
www.perfect-smile.pt

**SENSES... SKIN CARE CENTRE** ■15  
Beauty (and skin care )  
Rua 1 de Maio, N36, Lagos  
Tel: 282 762 261  
Mob: 913 275 869  
info@senses-skincare.com  
www.senses-skincare.com

**Heating & Cooling**

**BARLAVENTO REFRIGERATION**  
Air conditioning, pool heating,  
underfloor heating  
Tel: 917 230 727  
paulkent-aircon@hotmail.com

**DOMUS HEATING** ■15  
Underfloor heating,  
EN125, Sitio Benfarras  
Boliquireme  
Tel: 289 322 852  
Fax: 289 322 894  
domusheating@mac.com  
www.domus-heating.com

**FIRES OF PORTUGAL**  
Wood burning & Gas Fires  
Tel: 289 489 958  
Mob: 967 721 209.  
carolinsalir@mail.telepac.pt

**MISTER COOL** ■10  
Heating & Cooling  
Lagoa  
Tel/Fax 282 381 364  
Mob: 917 175 818

**SACL**  
Heating & Cooling  
Vale de Lousas  
EN125 - Alcantarilha  
Tel: 282 314 190  
Tel: 282 322 175  
Fax: 282 314 191  
rscil@mail.telepac.pt

**Holidays,  
Travel & Tours**

**ALGARVE TOUR**  
Travel  
Albufeira & Faro  
Tel: 289 890 226

**ANA - Aeroportos Algarve**  
Fly direct to major European  
Cities  
Tel: 289 800 617  
faroairport@ana.pt  
www.faroairport.com.pt

**AIRPASS**  
Online ticket reservations  
Tel: 282 480 580 (Algarve)  
Mob: 932 070 707  
Tel: 218 439 510 (Lisbon)  
Mob: 932 090 909  
info@airpass.pt

**LONDON MARRIOTT**  
Hotel  
West India Quay  
(Canary Wharf)  
London  
Tel: +44 207 093 1000

**VILLA SOL**  
Hotel  
Morgadinhos  
Tel: 289 320 320  
Fax: 289 320 431

**Interiors**

**ABODE FURNISHER**  
The Algarve leading furniture  
package specialist  
Tel: 282 762 070  
info@abode-group.com

**ABSOLUTE ESSENTIALS**  
Furniture and accessories  
Tel: 959 322 292  
absolute@furniture@btinternet.com

**ALGARVE CURTAINS**  
Curtains, cushions, bedcovers  
Ferragudo  
Tel: 282 493 238  
Mob: 964 677 699

**BEDROOMS EXTRA**  
Bedrooms, sofas & dining  
Parque Industrial O Infante  
9-10 Torre. Odixare  
Tel: 282 762 383.  
sales@bedroomsextra.com

**BEDSPREADS FACTORY**  
**OUTLET** ■10  
Soft furnishings  
Lagoa & Alvor  
Tel: 282 353 244  
Tel: 282 457 510  
info@bedspreadsportugal.com

**CASA DOS COLCHOES**  
Mattresses/beds  
Almancil  
Tel: 919 244 499  
jcsadascolchoes@sapo.pt

**DESIGNER TEXTILES**  
Inhouse designs service,  
curtains, sofas etc.  
Tel: 282 799 610  
designertextiles@sapo.pt

**DTC - INTERIOR DESIGN SHOP**  
Design with a difference  
Rua José Ventura Neto Cabrita,  
Lagos.  
Tel: 282 782 311  
dtcinteriors@mail.telepac.pt

**FURNITURE WORLD**  
Solid wood furniture at realistic  
prices  
Chinicato, Lagos  
Tel: 282 798 263  
www.furnitureworld.pt

FOR FULL DETAILS,  
PLEASE SEE OUR  
MAIN ADVERT

**FRONTERA**  
Complete High Quality Home  
Furnishings  
Tel: +34 959 470 971  
sales@furniturefrontera.com  
www.furniturefrontera.com

**IDEAL LIVING**  
Loulé  
Tel: 289 398 573  
Mob: 910 410 510

**KA INTERNATIONAL**  
Leaders in decoration in Lagos  
Rua José Ventura Neto Cabrita,  
Lagos  
Tel: 282 782 311  
www.ka-international.com

**LUZ DECOR**  
Interior Decor  
Praia da Luz, Lagos  
Tel: 282 789 849  
Mob: 917 771 831  
patsy@oninet.pt  
www.luzdecorhome.com

**MÓVEIS MALHEIRO**  
Furnishings - Fires & Ribeiro,  
Lda. Urb. do Malheiro, Rua das  
Acácias, Lote 4 Portimão  
Tel: 282 491 583  
Fax: 282 492 249  
moveis.malheiro@mail.telepac.pt

**STYLE FURNISHINGS**  
English beds in the Algarve  
Vale de Lousas  
Alcantarilha  
info@stylefurnishings.com  
Tel: 282 322 291

**Kitchens &  
Bathrooms**

**ELITE KITCHENS**  
Kitchens.  
Tel: 282 353 664  
iberelite@sapo.pt

**Landscaping  
Gardens & Ponds**

**ALGARVE TREE SERVICE**  
Tree Surgery  
Vale Grito, Aladena, Lagos  
Tel: 917 479 921  
www.algarvetreeservice.com

**CANTEIROS DO SOL**  
Landscape gardens  
Estoi  
Mob: 962 482 722

**ECOSSISTEMAS** ■15  
Garden Centre  
EN125, Odixare, Lagos.  
Tel: 282 799 537  
Fax: 282 799 840  
www.ecossistemas.com

**GERALDES LANDSCAPE**  
Construction and maintenance  
Tel: 289 328 255  
Mob: 913 407 507  
geraldespaisagismo@hotmail.com

**HARVEYS OF LOULÉ**  
Garden Construction &  
maintenance  
Loulé  
Tel: 289 412 462  
Mob: 916 048 671  
harvcor@sapo.pt

**NORMAN GROUNDWORKS**  
Gardening & landscaping  
Tel: 282 332 899  
Mob: 963 134 129

**Q GARDEN**  
EN125 Odixare  
Tel: 282 799 633  
qgarden@mail.telepac.pt  
www.qgardenpt.com

**Legal & Insurance**

**ANA DUARTE**  
Lawyer in Lagos  
Tel: 282 792 766  
anaduarteadv@hotmail.com

**BLEVINSFRANKS**  
Unique solutions for your tax  
and private wealth  
Freephone: 800 813 303  
pensions@blevinsfranks.com  
www.blevinsfranksinternational.com

**HLB GIBRO GROUP**  
Fiscal Representation for  
non residents  
Loulé,  
Tel: 289 463 271  
info@gbconsultores.com  
www.gibro.com

**www.the-news.net**

**INTASURE**  
Property Insurance  
Tel: 707 500 025

**JIM PLAYERS**  
Insurance  
Almancil  
Tel: 289 359 662  
insurance-player@  
mail.telepac.pt

**KAZA SEGUROS**  
Insurance Solutions to  
accommodate your needs  
Tel: 282 761 612/3/5  
Mob: 919 694 025  
kazaseguros@mail.telepac.pt

**LOYD & WHITE**  
EN125  
Tel: 289 360 578  
www.loydwhyteintl.com

**O'NEILLS MORTGAGES**  
Algarve's Premier Independent  
Mortgage Brokers  
Tel: (00351) 289 301 866  
www.oneillsmortgages.com

**PROFESSIONAL INSURANCE CONSULTANTS**  
Independent Insurance  
Professions  
Carvoeiro  
Tel: 282 357 853  
Tel: 282 969 288  
insurance.portugal@pic-  
europe.com  
www.insurance4portugal.com

**TAX ANGELS**  
Tax  
Vilamoura  
Tel: 289 380 048  
info@portugal-tax.com

**THOUSAND MARKETS LDA**  
Mortgage brokers  
Tel: 213 866 109  
Mob: 918 539 480 / 916 721 382  
pierrelavelle@yahoo.com  
www.portugal-  
mortgagesonline.com

**XPAT CARE**  
Health Insurance  
Tel: 707 500 028

**Media & Publicity**

**GOOD MORNING ALGARVE**  
The best of the Algarve at their  
best  
www.goodmorningalgarve.com

**INACIO ALVES**  
Marketing & Publicity  
Olhão.  
Tel: 289 721 050  
Mob: 968 639 468  
inalves@mail.telepac.pt  
www.inalves.com

**Miscellaneous**

**FRESH AIR**  
Mobile vehicle air conditioning  
We come to you at your home or  
work place  
Silves  
Call Nick or Tracey  
Mob: 915 974 283

**BLACK HOLE** -  
Pest control, artificial grass &  
scalewacher  
Mobile 967 516 981  
www.artgrass.eu

**Optician**

**OPTICA ORBITA**  
Fashionable quality optician  
R. José C. Leal e Brito, Bl.  
B.Loja B Loulé  
Tel/Fax: 289 411 777

**Pets**

**PAWS 4 PETS**  
Top quality foods, treats,  
grooming products &  
supplements.  
Silves - Tel: 282 443 170  
Albufeira - Tel: 289 588 882  
Mob: 916 273 376  
www.paws4pets.net

**VIP VETERINARY SURGERY** ■10  
for very important pets  
Urb. Horta Senhora - Lagos  
Tel: 282 782 282  
www.vipveterinarysurgery.com

# Too busy to answer your phone?

We can answer  
calls in your  
name. Nobody  
will know they  
are not talking  
directly to you  
or your staff.  
We speak  
English,  
German or  
Portuguese,  
take messages  
and then let  
you know by  
email, text, fax  
or forward the  
call to your  
mobile.  
Don't miss  
future business  
because you  
are too busy  
now.

For details call  
707 500 016  
or email us at  
sales@lingua  
franca.cc



LINGUA  
FRANCA CONTACT CENTRE  
part of **THE PORTUGAL**  
**News** group



## **Pools & Building**

**AQUA PURA**  
Pool-covers, Lagos  
Mob: 967 025 157  
info@aquapura.com.pt

**POOL SAFETY FENCING**  
Mob: 919 892 518  
Mob: 910 666 613  
poolfencing@aol.com

**BUILD 4 U.**  
Construction etc.  
Mob: 919 356 749.  
info@build-4-u-lda.com  
www.build-4-u-lda.com

**DANECASA**  
Wooden homes or steel frame construction  
Guia (nr. Algarve shopping)  
Tel: 289 571 270  
info@danecasa.com  
www.danecasa.com

**DAVID WILSON LDA**  
Costruction and Renovation Specialists  
Tel: 289 489 579  
Mob: 917 227 087

**FERNANDO LOURENÇO**  
Everything for your own water paradise  
Tel: 282 353 543  
Mob: 917 812 448  
fml.lda@sapo.pt

**HOME - POOLSAN**  
Chlorine free Eco-Friendly  
Swimming pool treatment  
info@home.pt.com  
www.heatwafer.com

**IBERIA BLUE**  
Pools & Equipment  
Phone/Fax: 282 761 116  
Mob: 913 393 421  
info@iberiablue.com  
www.iberiablue.com

**JOÃO NUNES**  
Building your home  
Tel: 289 417 867  
Mob: 966 570 158  
jn.geral@gmail.com

**PURE POOLS**  
Pools & Equipment  
Lagos  
Tel: 282 760 033  
Mob: 919 517 868  
purepools@yahoo.com  
www.purepools.com

**POOLS SAFE.EU**  
Pool security Covers Fences Nets  
Estrada Gale, Guia, Albufeira  
Tel: 289 591 662  
Fax: 289 591 665

## **Property Agents**

**ABODE**  
Carvoeiro  
Tel: 282 356 865  
leohbraun@hotmail.com  
www.aboda-pt.com

**ALGARVE EASY PROPERTY**  
Best mortgages & property agent  
Rua Vasco da Gama, Lagos  
Tel: 282 769 150  
Mob: 913 500 826  
www.algarveeasyproperty.com

**ALGARVE MANTA PROPERTIES**  
Manta Rota  
Tel: 281 952 820  
Fax: 281 952 820  
Mob: 911 041 862  
sarah@algarvemanta.pt  
www.algarvemantaproperties.com  
Rentals: www.algarvemanta.pt

**ALGARVE PROPERTY CENTRAL**  
Vilamoura  
Tel: 289 310 310  
sales@algarveproperty.com  
www.algarveproperty.com

**ELLY VAN HULST**  
Real Estate  
Between Loulé and S. Brás  
www.property-runner.com  
Tel: 289 842 992

**ESTE ALGARVE**  
Real Estate  
Cevadeiras, Vila Nova de Cacela, V. R. Stº António.  
Tel: 281 951 165  
or Centro Comer., Av. 28 de Maio (Marginal), Tavira.  
Tel: 281 370 277  
belosantospedras@hotmail.com  
www.estealgarve.com

**KASAS**  
Algarve Property  
Vilamoura  
sales@algarveproperty.com  
www.algarveproperty.com

**LAND & HOUSES**  
Yellow Homes  
Real Estate  
Tavira.  
Tel: 281 320 281.  
www.landandhousesalgarve.com

**PROPERTY AUCTIONS**  
Market your property privately  
Tel: 936 191 682  
www.i-spy360.com

**REMAX DIAMOND**  
Real Estate  
João Nunes  
R.Francisco Xavier Ataíde de Oliveira, Lote 32-1, Lagos  
Tel: 282 770 140  
Fax: 282 770 149  
Mob: 917 771 849  
joao.s.nunes@gmail.com

**REMAX VILAMOURA**  
Real Estate  
Soraia Santos  
Vilamoura  
Mob: 962 014 793  
email: ssantos@remax.pt  
www.remax.pt/ssantos

**TO GO FOR HOMES**  
Algarve Property Specialists  
Alvor  
Tel: 282 432 004  
Mob: 917 472 273  
www.togo-for-homes.com

**HOUSE RAFFLE IN ALGARVE**  
www.dietraumvillaverlosung.at

**SENDAVILLA**  
Real Estate  
Vilamoura  
Tel: 289 314 486  
Fax: 289 315 578  
vilagente@mail.telepac.pt  
www.sendavilla.com

## **Property Services**

**AWT LDA**  
Water treatment  
Tel: 289 842 288  
Mob: 965 805 032  
admin@awtalgarve.com  
www.awtalgarve.com

**BARLAVENTO REFRIGERAÇÃO**  
Air con, dehumidifiers etc.  
Tel: 917 230 727  
paulkentaicon@hotmail.com

**CHEMDRY**  
Carpet & upholstery Cleaning  
Loulé  
Tel: 289 092 624  
Mob: 910 690 966

**F.F. SOLAR**  
Solar and collection, installation & maintenance  
Tel: 282 998 745  
mail@ffsolar.com  
www.ffaolar.com

**GFS METALWORK**  
Gates, grills etc  
Tel: 282 449 270  
Mob: 933 402 261  
Mob: 933 555 387  
www.gfs-metalworks.com  
info@gfs-metalworks.com

**GIANTS WINDOWS**  
Windows, doors, etc  
Tel: 911 199 888.

**GENERAL HOME CONSTRUÇÃO LDA**  
Creative makeovers inside and out  
Portimão  
Mob: 968 398 286 (Port)  
Mob: 968 5016 093 (Eng)

**JAMES WALKER**  
Professional painting & decorating  
Mob: 967 944 660  
walkers@sapo.pt

**LIVINGSTON'S PAINTING**  
For all your painting needs  
Algarve only  
Tel: 917 511 550

**M2M BLINDS**  
Window blinds & Fly screens  
Tel: 286 518 059  
Mob: 932 894 709  
m2mblinds@hotmail.com  
www.m2mblinds.com

## **FOR FULL DETAILS, PLEASE SEE OUR MAIN ADVERT**

**PROFILIMPO**  
Drain cleaning specialists  
Tel: 914 145 117

**ROCOCOCCO**  
Ceramic and natural stone tiles.  
Rua Direita, Praia da Luz  
Tel: 282 764 035  
Mob: 967 839 114  
rococcostone@msn.com

**ODEXLAR**  
Cleaning products for industry, hotels pools etc.  
Odiáxere  
Tel: 282 798 463  
www.odexlar.com

**PALMEIRAS DO SUL**  
All building work, doors & windows  
Mob: 939 459 791  
palsul@netvisao.pt

**STONE CARE SERVICES**  
Specialists in the refurbishment & maintenance of natural stone  
Tel: 919 498 258  
www.stonecare-services.com

**THE DRAIN DOCTOR**  
Cuts & drainage company  
24 hours / 7 days a week  
Tel: 289 425 480

**TOFTS**  
Decorating & Painting  
Mob: 918 938 004  
Tel: 289 399 370

**VILLA GATES**  
Ornate & contemporary gates made to order  
Refurbishing of old gates  
Tel: 309 403 075  
Mob: 912 642 477

**ZONDA THE BBQ SHOP**  
EN125, close to the old Quatro Estradas junction  
289 356 233.

## **Removals**

**AIM**  
Removals & Storage  
Tel: 282 799 141  
info@aim.com.pt

**ALGARVE REMOVALS**  
Removals & Storage  
Tel UK: +44 (0) 1245 468 888  
Mob UK: +44 (0) 7711 179842 or  
Tel: 289 513 851  
Mob: 969 134 801  
sales@algarveremovals.com  
www.algarveremovals.com

**NEIL & EMILY RICHARDSON**  
Tavira  
Mob: 939 486 870  
Tel: 281 963 191  
neilandem@sapo.pt

**NEW CONCEPT INTERNATIONAL**  
Removals & Storage  
Tel: 289 395 105  
Mob: 968 031 955  
(+44) 845 004 6827

**STORAGE**  
U-Store Self Storage  
Urb. Ind. Maraleca, lote 26  
Chinicato, Lagos  
Tel/Fax: 282 798 490  
Mob: 917 010 365  
www.u-store-portugal.com  
info@u-store-portugal.com

## **Restaurants**

**DON TORO**  
Steak House  
Almancil & Lagos  
Mob: 915 757 000  
www.dontoro.com

**MR GRILLO**  
Rua António Joaquim Cabrita, N.º7, Porches.  
Closed on Sundays  
Tel: 282 381 176  
Mob: 962 391 984

**PASHMINA RESTAURANT**  
Most authentic Indian food  
Rua Largo Portos de Portugal, Lagos & Ave. do Pescadores, Praia da Luz  
Tel: 960 453 376

**RESTAURANTE FLORESTAL**  
Cosmopolitan menu  
Open: Tues-Sat. 12.00-2.30pm & 7.00-10.00pm  
Sun. Special Brunch 12-3pm  
Barão de S. João, Nr. Luz  
Tel: 282 887 204

**TAJ MAHAL**  
Original Indian cuisine  
Alvor  
Tel: 282 457 466  
reservations@tajmahal.pt  
www.tajmahal.pt

**THE BATTERING PLACE**  
Fish and chip shop  
Almancil  
Tel: 963 731 736  
juliewhite@hotmail.com

**THE BEST PLAICE**  
Fish & Chip Shop  
Albufeira  
Tel: 289 592 318  
boyjwjw@yahoo.co.uk

## **Retail & Food**

**ALGARVE BOOK CELLAR**  
Carvoeiro  
Tel: 282 085 713  
raymond.compton@netvisao.pt

**ANDIFER BUTCHERY**  
English cuts & South African Delicacies  
Portimão  
Tel: 282 410 590

**CELEBRATIONS** ■10  
Avenida da Liberdade, 154  
Cards, teddies, gifts & wrapping  
Albufeira (Old town)  
delightfulcelebrqtions@hotmail.com

**CENTRO COMERCIAL PORTIMÃO**  
Continente + 60 shops + 6 Cinemas + 12 Restaurants  
Portimão  
Tel : 282 490 840  
admin:ccp@SierraCentres.net

**COLLECTIONS**  
Ladies fashion  
Quinta da Praia - Alvor  
Tel: 282 476 574  
greening@sapo.pt

**DA TERRA FARM SHOP**  
Lagooa  
Tel: 282 341 388  
email: jameswatson@iol.pt

**FI-LINE FASHIONS** ■10  
Fashions  
Av do Rio, Ed. Almadraba, Loja B, Armação de Pêra  
Tel: 282 312 936

**GARDEUR DIRECT**  
Clothing  
Praia da Luz  
Tel: 282 788 630  
www.gardeurdirect.com

**GUYS & DOLLS**  
Childrens Shoes & clothes  
Greeting cards  
Av. 5 de Outubro, Blc. 4, R/c  
Esq. Almancil.  
Tel: 289 358 014  
Mob: 933 326 471

**LET THE MAGIC IN**  
British supermarket  
Algoz  
Tel: 282 575 061  
weborder@letthemagicin.com

**M & J's**  
Mini Market  
Albufeira  
Tel: 289 592 318  
boyjwjw@yahoo.co.uk  
www.mj.foodstore.com

**SUPERMARKET ROSSIO**  
Santa Barbara de Nexe  
Tel: 916 170 611

**THE ENGLISH BUTCHER**  
Butcher  
Almancil  
Tel: 289 395 859  
Tel: 289 397 289  
Mobile: 965 864 682

**THOMAS GREEN**  
British Supermarket  
Olhos de Água, Albufeira  
Tel: 289 541 119  
albufeira@thomasgreen.pt  
www.thomasgreen.pt

## **View these pages for FREE at www.the-news.net**

**UK FOOD SUPPLIES**  
Suppliers of UK foods  
Tel: 911 084 888  
sales@ukfoodsupplies.com  
www.ukfoodsupplies.com

## **Sports & Activities**

**BOATSHED**  
International Yacht Brokers  
Tel: 289 502 419  
Mob: 914 738 251  
boats@boatshedalgarve.com  
www.boatshedalgarve.com

**COME FLY WITH ME**  
Aero Algarve providing scenic flight & banner towing  
Tel: 964 954 279  
www.aerotalgarve.com

**GAMES ROOM EQUIPMENT**  
Vilamoura  
Mob: 917 846 242  
info@fnorth.net

**VALE DE MILHO GOLF**  
Carvoeiro  
Tel: 282 358 502  
valedemilhogolf@mail.telepac.pt  
www.valedemilhogolf.com

## **Satellite systems**

**SOS DIGITAL**  
satellite TV systems  
Tel: 916 378 722  
www.soskydigital.com  
soskydigital@msn.com

**SKYNET**  
Satellite systems  
Tel: 964 890 260  
skynet@live.com.pt

**SKY REALM** ■10  
Satellite systems  
Tel: 918 887 775.  
skyrealm@hotmail.co.uk

## **Telephones & Communications**

**DIRECTORY ENQUIRIES IN ENGLISH**  
National & International  
Tel: 760 50 60 70

**WORLD TELECOM** ■10  
10% off ONEfone phones or modems  
Everything in English  
Tel: 707 500 600  
sales@worldtelecom.pt  
worldtelecom.pt

## **To place an advert please our Sales Manager on 707 500 677**

## **Reader Privilege Voucher**

This voucher cannot be combined with any other offer and only one voucher may be used for each purchase

This voucher is worth

THE PORTUGAL  
**News**

**10%**  
discount on designated products or services

## **Reader Privilege Voucher**

This voucher cannot be combined with any other offer and only one voucher may be used for each purchase

This voucher is worth

THE PORTUGAL  
**News**

**15%**  
discount on designated products or services

## **Reader Privilege Voucher**

This voucher cannot be combined with any other offer and only one voucher may be used for each purchase

This voucher is worth

THE PORTUGAL  
**News**

**20%**  
discount on designated products or services

## **How to use Reader Privilege Vouchers**

Our advertisers value your business and would like to offer you special discounts as a reader of *The Portugal News*.

Each voucher has a colour code. Please check in the Advertiser Hotline listings to see the same colour code(s) shown as a small colour block next to the advertiser's name.

The colour of the block indicates the percentage discount the advertiser will accept for designated products or services which they provide.

If in doubt, please confirm the acceptability of the voucher by phoning the outlet.

## **To place an advert please call our Sales Manager on 707 500 677**



# Cassie update



Lots of people are asking me to write a quick update on my baby Old English Sheepdog, Cassie. So here we go. Cassie is now 10 months old and probably weighs about 30kgs! I was always told that an OES was a small child till 5 years old, so we have a long way to go.



Cassie continues to be an angel for 99% of the time and devil for the rest. She has started, just as Chloe did, in chewing all sorts of silly things. Chloe chewed, books, discs, and CDs. Cassie has a fascination for batteries, and we still do not know where she is finding them, 3 have been found on the lawn with tell tale teeth marks, pegs—no metal bits anywhere so praying they are not in her. The pegs are high up so that is also a mystery. Water bowls, two in the last few days. I think this is a complaint over them having run out of water! Sandy used to throw them around the room to attract attention, Cassie throws them around the lawn and breaks them. I am told by her Breeder that Cassie's Sister helps herself to apples, pears, the washing off the line and the pegs, so perhaps I am lucky.

I have taken Cassie to a few shows and she has been a joy to show, until Lisbon when she disliked the Judge and became very naughty—luckily he liked her and she ended up sat on his lap! She has become quite used to the brushing but it will get more difficult as her coat matures so I am not



convinced I will continue showing her. In this climate having to carry such a thick coat around seems tough.

She is a joy to be with, cuddly, loving and actually not much trouble. She does have a habit of thinking she can be a lapdog!! Or even better a stool dog, she climbs up on the stool and positions herself bolt upright to make sure you watch her not the television. She is very amusing.

She has her first visit to a groomer this week so that I can have a lesson. I suspect we will see a very awkward and stubborn OES. She can forget how to sit, stand and do all sorts of things in her stubborn OES mood. They are all the same.

Our next show is Estoril in a couple of weeks—we will see what she thinks of the Judge this time!!

Jan Cobley  
Paws 4 Pets 916 273 376  
www.paws4pets.net

## 24 KITTENS

are waiting for a home at the moment. From 6 weeks to 4 months old, they are wormed, deflead and some are already vaccinated. There are black cats, tabbies, tortoiseshell, white and Siamese. Call Valérie for a visit 913 860 865 or 282 342 823 (evenings) lili10.evann@yahoo.fr



## Scruffts news

The 10th Scruffts Dog Show taking place on Sunday, 20th September at the FATACIL

Pavilion in Lagoa, will welcome for the first time the Association for Guide Dogs for the Blind

(Associação e Escola de Cães Guia da Mortágua) who have only been established here in Portugal for a few years. The show will give the guide dogs and their handlers an opportunity to mingle and interact with those visiting the show and increase public awareness of what here in Portugal is a fairly recent but worthy cause. The EEC project started in 1995 and ended in 1999. Thereafter it is a non-profitable association. They have 65 blind guides and 75 dogs allocated so far. It is important to remember that these dogs are property of the Guide Dog Association and are allocated Free of Charge. Six of these dogs are Marfield Labs & Flats and there are 5 more being trained. All of the above have been donated to the School Marfield Retrievers.

In addition to the guide dogs, Faro based AHCTA Search and Rescue Team will show a number of simulated 'emergency response' demonstrations. Besides the 17 pedigree and non pedigree judging classes there will be another opportunity for dogs and their owners to try the Agility Course organised by Margaret Gobby and also learn about

'Clicker' training with Yolande Bosman.

Says APAA President Alan Camplin-Smith "We are delighted that Paws4Pets - the well known Albufeira based pet food and supplies company - has agreed to be our main sponsor; they are providing all the prizes for the 19 judging classes. There has been an excellent response from individuals and businesses, that all individual judging classes have now been sponsored, as well as there being over 25 trade stands booked for the event. With lots of entertainment planned, and plenty of food outlets, this is a day out for all the family."

Further clarification has now been obtained from the Ministry of Agriculture on those bringing their dogs to the show. All dogs entering any of the judging classes need up-to-date vaccination papers (and these must be available for inspection by the Vets at the Show); additionally, dogs born after 1st January 2008 - and all dangerous breeds - must have microchips.

For more information please email: scruffts2009@yahoo.co.uk

## Hi There !



**SISSY and HONEY** are two beautiful blue eyed Siamese cats **URGENTLY** looking for a good home! They have been sterilized and like to talk to us. Both are affectionate after getting used to you. Please call 289 562 298.



**TWEETIE** (left) amber coloured male, about 2 years old. A lovely dog but quite nervous, needs a lot of love.

**SOX** (right), is 3 years old, female. She has a lovely nature, very affectionate and loves to play. Please call: Pat Camplin-Smith 282 322 203



**CHARLIE** is a bouncy and fun loving 5 month old puppy who **URGENTLY** needs a new home! He will be a large dog. Gets on very well with all other dogs, cats,

and people. Excellent with children. Please pass on to ALL of your contacts. Please email Tania: as6259943@sapo.pt

Good homes wanted for three small fluffy black and white fat puppies. They'll become large dogs, therefore will need lots of playing space in large gardens. They are now six weeks old. They are healthy, happy and playful puppies. If you can offer them a home, they will love you forever. Please call: 935 432 221



Acacio has a bad luck of being one of 9 puppies. We found them on the beach and 8 were adopted but Acacio stayed behind and



grew and smaller puppies arrived and .... As everyone wants puppies, he grew into a 6-months large dog and we are afraid he will stay with us forever. He is gentle, playful and social and if you would like to give him a home contact Association Bianca at sesimbra.bianca@gmail.com or see [www.bianca.pt/english](http://www.bianca.pt/english)



Hi there! I am **ELVIS** and am a playful young male dog. I was found on the streets in a skinny state. Nobody was looking after me nor feeding me. Things have seriously improved for me now! I am a beautiful healthy dog! Valérie and Bridie have been looking after me so well but I would love to have a family. I am happy to share my owners with other dogs as I am not an alpha dog at all. I am no trouble! I have been fully checked (Yes!) Wormed, deflead, vaccinated and castrated. Tested negative for heartworm. Call Valérie for a visit 913 860 865 or 282 342 823 (evenings) lili10.evann@yahoo.fr



**!! Pet Nutrition is not just about price per bag !!**  
**CHECK YOUR FEEDING GUIDE NOW**  
 The Burns and The Real Dog Food Co. foods feeding guides show that a 20Kg Adult needs around 200g per day of quality food. Other dog foods suggest up to 600g per day - Why the difference? What does that say for the nutritional value of their foods? Is this why you have a large shovel for a small dog?  
**DO YOU HAVE A HOT DOG ??**  
 Rock Sulphur - Traditional additive to water bowls  
**STOP PULLING - Enjoy your dog walks**  
 Halti Head Collars, Harnesses, Leads and Coachies  
**Hunting & Firework Anxiety?**  
 Try Dorwest Skullcap & Valerian  
**Better, Easier Grooming**  
 Oster 2-speed clippers now in stock  
 These are a whole cut above cheap clippers  
 They cut cooler and last longer  
**SHOP.PAWS4PETS.NET**  
**Paws 4 Pets**  
 The Best A Pet Can Get  
 Albufeira & On-Line  
 Tel: 289 588 882  
 Jan: 916 273 376  
 www.paws4pets.net



# Utah - a spectacular playground

Utah has much to offer, especially for holiday-makers wanting to escape the daily grind and shake off the cobwebs in a spectacular outdoor playground. The western state is perhaps best known for skiing and winter sports, but remains a quite breathtaking rocky wilderness when there is no snow.

The Swiss Mormons who first settled in Midway's Heber Valley, less than an hour's drive from Salt Lake City airport, were drawn to the Wasatch Mountains because they were reminded of their home nation. Their legacy lives on in a slightly eccentric way at the Swiss-themed Zermatt resort, where visitors are greeted by a bronze statue of a bear playing an accordion - in tribute to a man who would don fancy dress every year on Swiss Day.

It is a very beautiful and relaxing place to stay. In early October we were treated to the blazing reds and yellows of the autumn leaves - a perfect backdrop for pony trekking in the foothills nearby.

It was a fun and novel way to see the countryside, and meant we could avoid crawling up steep slopes ourselves. There could not have been a better remedy to soothe away the shop-soiled feeling of long-haul flights and jetlag.

Fly-fishing is also on offer nearby, while more sedate visitors can sample a unique geological feature. The Homestead Resort, opposite Zermatt in Midway, boasts a natural crater filled with warm spring water all year round, encased by a beehive dome of rock.

Further south, the landscape

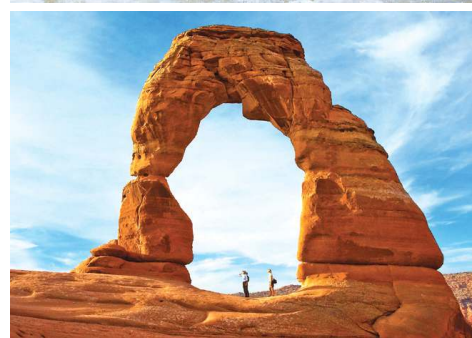
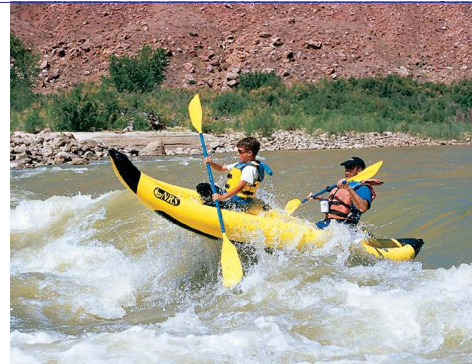
radically changes with Grand Canyon-style scenery. Fuel yourself up for a walk at Ray's in Green River, a genuine American road house with pool tables, jukebox and great burgers.

This is the beginning of film-set style surroundings. Dead Horse Point gives a jaw-dropping view, looking out over the Colorado River. Without the water, you could be forgiven for thinking you were on Mars.

The spine-tingling sights continue in Arches National Park, with its monoliths and sheer rock faces. Utah is simply vast, and it is a unique feeling to be surrounded by yawning miles of natural landscape. But visitors do not just come to stand and stare. A wide range of outdoor activities are available throughout the year.

For the more adventurous holidaymaker, there is white-water rafting on the Colorado River, led by expert guides who steer rubber vessels between the rocks. It's genuine fun for a group, with stretches of calm, flat water punctuated by adrenaline-pumping rapids. The ride is like a log flume crossed with a rollercoaster and you will get completely and utterly soaked, even through the splash suits provided.

Moab, the small town where raft operator Sheri Griffiths is based, attracts hordes of active types all through the summer and has a sprinkling of shops, bars and restaurants which cater for the crowds. It has a friendly and welcoming feel, including great Mexican food and Miguel's Baja Grill,



Top left: Salt Lake County, Utah; bottom left: Jeeps in Moab; top right: kayak white water rafting, Moab; bottom right: rock arch at Arches National Park, Utah, USA.

but if you fancy a few drinks after dinner remember to take ID with you. In some bars you may also need to become a member and pay a fee of a few dollars, or buy a bowl of fries or nachos to have with your drinks.

A more relaxed river expedition awaits on the San Juan River, leaving from Bluff. The archaeological trip will see your guide explain the spectacular geology of the sur-

rounding area, with stops to see ancient paintings and ruins on the way.

Capitol Reef National Park, has a variety of hikes. The Sulphur Canyon route, classed as moderate, was mostly easy going but we visited when the river water was "higher than it had been for five years" according to our guide Scott, which made it more demanding but fantastic fun.

Coming back to urban surroundings, Salt Lake City is a pleasant and nicely laid-out town, with chances for fine dining and a night out in a bar, as well as good shopping during the day.

So give Utah a chance - you'll come back refreshed and fired up with a new enthusiasm.

## Travel facts

United Vacations offers a 12-

day pre-packaged fly-drive tour of the Canyons, via Nevada, Arizona, Utah and Colorado from £1,035 (€1,213), including return scheduled flights ex-London, into Las Vegas, all taxes and free connecting flights from six regional airports.

United Vacations reservations: tel. 0044 (0)8444992299 or online at: [www.unitedvacations.co.uk](http://www.unitedvacations.co.uk).

Margaret Davis



## Online ticket reservations

São Paulo/Rio de Janeiro ...	€754.35
New York... ..	€457.68
Funchal ... ..	€136.91
Kiev ... ..	€295.54
Athens ... ..	€308.98
Helsinki ... ..	€226.78
Johannesburg ... ..	€703.48
Warsaw ... ..	€220.91
Berlin ... ..	€219.98
Stockholm/Copenhagen ...	€205.92

All prices are starting prices for return flights including airport taxes (ticketing fee is excluded, exact amount subject to confirmation).

## MAIN OFFICE:

Tel: 282 480 580

Fax 282 480 589

Email: [info@airpass.pt](mailto:info@airpass.pt)

Mobile: 932 070 707

LISBON AIRPORT

Tel: 218 439 510

Fax: 218439 516

Mobile: 932 090 909



## ALGARVE TOURS

Alvará nr:286/78

Incoming/Outgoing

## ALGARVE TOURS - TRAVEL AGENCY

Providing a professional, reliable and friendly service.

NOW with offices in Faro, Albufeira, Lisbon and Funchal.

We can offer assistance for Groups and Incentives or Holiday Packages to suit your holiday dream and your budget.

Here at Algarve Tours you will find what you are looking for...

## Contact us:

Faro office: 289 890 200

E-mail: [sofia.falcao@algarve-tours.pt](mailto:sofia.falcao@algarve-tours.pt)

Albufeira office: 289 510 300/289 510 318

E-mail: [helia.nogueira@algarve-tours.pt](mailto:helia.nogueira@algarve-tours.pt)

Carmo.paiva@algarve-tours.pt

Fine dining doesn't need to be expensive...



Enjoy your choice of Starter & Main Course from our à la carte menu and let us delight you with our special L'Olive Dessert for only €39,00



Our Promise ....

Finest Dishes from the grill  
Great Mediterranean flavours  
A unique ambience

Vila Sol Algarve, A Renaissance SPA & Golf Resort  
Vilamoura | Tel. 289 320 320

**ANA** Aeroportos  
Algarve

**PARIS** (Only)  
Wednesdays, Saturdays and Sundays

[www.easyjet.com](http://www.easyjet.com)

**easyJet**

Flight information: +351 289 800 617 | [faro.airport@ana.pt](mailto:faro.airport@ana.pt) | Europe's gateway to the sun  
PC, pocket PC or PDA timetable downloads at [www.faroairport.com.pt](http://www.faroairport.com.pt)  
Choose your destination: [http://www.ana.pt/portal/page/portal/ANA/INOV\\_NOVOS\\_HORARIOS\\_TODOS](http://www.ana.pt/portal/page/portal/ANA/INOV_NOVOS_HORARIOS_TODOS)



## ALGARVE

**SBC**  
**FORUM ALGARVE**  
**TEL: 289 887 212**  
**20 AUG-26 AUG**



**1**  
**Harry Potter and the Half Blood Prince**  
Daniel Radcliffe, Emma Watson  
13.15-17.45-21.00-00.10  
**The Hangover**  
Bradley Cooper, Ed Helms  
15.30  
**2**  
**Blood: The Last Vampire**  
Gianna Jun, Allison Miller  
19.50-22.00-00.25  
**Hannah Montana: The Movie**  
Miley Cyrus, Lucas Till PV  
(10.30 Sat & Sun) 12.50-15.10-17.30  
**3**  
**Up - Animation PV**  
(11.10 Sat & Sun) 14.20-16.40-19.00-21.30  
**The Hangover**  
Bradley Cooper, Ed Helms  
00.20  
**4**  
**Up**  
Animation OV  
(11.10 Sat & Sun) 14.20-16.40-19.00-21.30-00.00  
**5**  
**The Ugly Truth**  
Katherine Heigl, Gerard Butler  
(10.25 Sat & Sun) 12.40-14.55-17.10-19.25-21.40-23.55  
**6**  
**G.I. Joe: The Rise of Cobra**  
Channing Tatum, Dennis Quaid  
13.50-16.30-19.10-21.50-00.30  
**O Gato das Botas**  
Animation PV  
(10.00-11.55 Sat & Sun)  
**7**  
**Public Enemies**  
Johnny Depp, Christian Bale  
13.10-16.10-21.20-00.15  
**Ice Age 3: Dawn of the Dinosaurs**  
Animation OV  
(10.50 Sat & Sun) 19.05  
**8**  
**Passengers**  
Anne Hathaway, Patrick Wilson  
17.00-18.55-21.10-00.05  
**Ice Age 3: Dawn of the Dinosaurs**  
Animation PV  
(10.15-12.30 Sat & Sun) 14.45  
**9**  
**The Proposal**  
Sandra Bullock, Ryan Reynolds  
13.00  
**Igor**  
Animation PV  
(10.10 Sat & Sun)  
**17 Again**  
Zac Efron, Matthew Perry  
(12.20 Sat & Sun) 14.40-17.00-19.25-22.10-00.35

**CASTELLO LOPES CINEMAS**  
**ALGARVES SHOPPING**  
**TEL: 707 220 220**  
**20 AUG-26 AUG**



**1**  
**Up**  
Animation PV  
13.30-16.10-18.40  
**The Proposal**  
Sandra Bullock, Ryan Reynolds  
21.10-23.40  
**2**  
**Up**  
Animation PV  
12.50-15.00-17.10-19.20-21.25-23.45  
**3**  
**Ice Age 3: Dawn of the Dinosaurs**  
Animation PV  
13.50-16.20  
**17 Again**  
Zac Efron, Matthew Perry  
18.25-21.05-23.30  
**4**  
**Public Enemies**  
Johnny Depp, Christian Bale  
12.55-15.40-18.30-21.20-00.10  
**5**  
**Hannah Montana: The Movie**  
Miley Cyrus, Lucas Till PV  
13.40-16.00-18.20  
**Harry Potter and the Half Blood Prince**  
Daniel Radcliffe, Emma Watson  
21.00-00.00  
**6**  
**G.I. Joe: The Rise of Cobra**  
Channing Tatum, Dennis Quaid  
13.20-15.50-18.35-21.30-00.05  
**7**  
**Passengers**  
Anne Hathaway, Patrick Wilson  
13.10-15.15-17.20-19.30-21.40-00.20

**8**  
**The Ugly Truth**  
Katherine Heigl, Gerard Butler  
13.00-15.05-17.15-19.25-21.35-23.55  
**9**  
**Blood: The Last Vampire**  
Gianna Jun, Allison Miller  
13.15-15.20-17.25-19.35-21.45-23.50

**CASTELLO LOPES CINEMAS**  
**PORTIMÃO**  
**TEL: 707 220 220**  
**20 AUG-26 AUG**



**1**  
**Up**  
Animation PV  
12.55-15.05-17.25-19.45-21.55-00.10  
**2**  
**Fighting**  
Channing Tatum, Terrence Howard  
13.20-16.00-19.00-21.50-00.05  
**3**  
**Public Enemies**  
Johnny Depp, Christian Bale  
13.00-15.45-18.35-21.20-00.15  
**4**  
**Hannah Montana: The Movie**  
Miley Cyrus, Lucas Till PV  
13.30-16.10-18.50  
**Harry Potter and the Half Blood Prince**  
Daniel Radcliffe, Emma Watson  
21.10-00.10  
**5**  
**G.I. Joe: The Rise of Cobra**  
Channing Tatum, Dennis Quaid  
13.10-15.50-18.40-21.40-00.20  
**6**  
**The Ugly Truth**  
Katherine Heigl, Gerard Butler  
13.40-16.20-19.10-21.30-00.00

## CENTRE

**LUSOMUNDO**  
**ALMADA FORUM**  
**TEL: 707 246362**  
**20 AUG-26 AUG**

**Blood: The Last Vampire**  
Gianna Jun, Allison Miller  
**The Ugly Truth**  
Katherine Heigl, Gerard Butler  
**Passengers**  
Anne Hathaway, Patrick Wilson  
**4 Copas**  
João Lagarto, Nuno Viriato  
**Up**  
Animation PV  
**G.I. Joe: The Rise of Cobra**  
Channing Tatum, Dennis Quaid  
**Public Enemies**  
Johnny Depp, Christian Bale  
**17 Again**  
Zac Efron, Matthew Perry  
**Hannah Montana: The Movie**  
Miley Cyrus, Lucas Till PV  
**Two Lovers**  
Joaquin Phoenix, Gwyneth Paltrow  
**The Haunting in Connecticut**  
Virginia Madsen, Martin Donovan  
**Harry Potter and the Half Blood Prince**  
Daniel Radcliffe, Emma Watson  
**The Proposal**  
Sandra Bullock, Ryan Reynolds  
**Ice Age 3: Dawn of the Dinosaurs**  
Animation PV  
**The Hangover**  
Bradley Cooper, Ed Helms

**LUSOMUNDO**  
**ALVALAXIA**  
**TEL: 21 754 9000**  
**20 AUG-26 AUG**

**Blood: The Last Vampire**  
Gianna Jun, Allison Miller  
**The Ugly Truth**  
Katherine Heigl, Gerard Butler  
**Passengers**  
Anne Hathaway, Patrick Wilson  
**Up**  
Animation PV & OV  
**G.I. Joe: The Rise of Cobra**  
Channing Tatum, Dennis Quaid  
**Public Enemies**  
Johnny Depp, Christian Bale  
**17 Again**  
Zac Efron, Matthew Perry  
**The Uninvited**  
Emily Browning, Elizabeth Banks  
**Two Lovers**  
Joaquin Phoenix, Gwyneth Paltrow  
**The Haunting in Connecticut**  
Virginia Madsen, Martin Donovan  
**Igor**  
Animation PV  
**Harry Potter and the Half Blood Prince**  
Daniel Radcliffe, Emma Watson  
**Brúno**  
Sacha Baron Cohen, Gustaf Hammarsten  
**Ice Age 3: Dawn of the Dinosaurs**  
Animation PV

**LUSOMUNDO**  
**AMOREIRAS**  
**TEL: 707 246362**  
**20 AUG-26 AUG**

**The Ugly Truth**  
Katherine Heigl, Gerard Butler  
**Up**  
Animation PV  
**G.I. Joe: The Rise of Cobra**  
Channing Tatum, Dennis Quaid  
**Public Enemies**  
Johnny Depp, Christian Bale  
**Two Lovers**  
Joaquin Phoenix, Gwyneth Paltrow  
**Nothing But The Truth**  
Kate Beckinsale, Matt Dillon  
**Harry Potter and the Half Blood Prince**  
Daniel Radcliffe, Emma Watson  
**The Proposal**  
Sandra Bullock, Ryan Reynolds

**LUSOMUNDO**  
**CASCAISHOPPING**  
**TEL: 707 246362**  
**20 AUG-26 AUG**

**The Ugly Truth**  
Katherine Heigl, Gerard Butler  
**4 Copas**  
João Lagarto, Nuno Viriato  
**Up**  
Animation PV  
**G.I. Joe: The Rise of Cobra**  
Channing Tatum, Dennis Quaid  
**Public Enemies**  
Johnny Depp, Christian Bale  
**17 Again**  
Zac Efron, Matthew Perry  
**The Proposal**  
Sandra Bullock, Ryan Reynolds

**LUSOMUNDO**  
**COLOMBO**  
**TEL: 707 246362**  
**20 AUG-26 AUG**

**The Ugly Truth**  
Katherine Heigl, Gerard Butler  
**4 Copas**  
João Lagarto, Nuno Viriato  
**Up**  
Animation PV  
**G.I. Joe: The Rise of Cobra**  
Channing Tatum, Dennis Quaid  
**Public Enemies**  
Johnny Depp, Christian Bale  
**17 Again**  
Zac Efron, Matthew Perry  
**Hannah Montana: The Movie**  
Miley Cyrus, Lucas Till  
**Two Lovers**  
Joaquin Phoenix, Gwyneth Paltrow  
**The Proposal**  
Sandra Bullock, Ryan Reynolds  
**Ice Age 3: Dawn of the Dinosaurs**  
Animation PV & OV

**UCI CINEMAS**  
**EL CORTE INGLÉS**  
**TEL: 707 23 22 21**  
**20 AUG-26 AUG**



**The Ugly Truth**  
Katherine Heigl, Gerard Butler  
**Synecdoche, New York**  
Philip Seymour Hoffman, Emily Watson  
**4 Copas**  
João Lagarto, Nuno Viriato  
**Up**  
Animation PV & OV  
**G.I. Joe: The Rise of Cobra**  
Channing Tatum, Dennis Quaid  
**Public Enemies**  
Johnny Depp, Christian Bale  
**17 Again**  
Zac Efron, Matthew Perry  
**Hannah Montana: The Movie**  
Miley Cyrus, Lucas Till  
**Two Lovers**  
Joaquin Phoenix, Gwyneth Paltrow  
**Nothing But The Truth**  
Kate Beckinsale, Matt Dillon  
**The Boat That Rocked**  
Philip Seymour Hoffman, Bill Nighy  
**Harry Potter and the Half Blood Prince**  
Daniel Radcliffe, Emma Watson  
**The Young Victoria**  
Emily Blunt, Rupert Friend  
**The Proposal**  
Sandra Bullock, Ryan Reynolds  
**Brúno**  
Sacha Baron Cohen, Gustaf Hammarsten  
**Ice Age 3: Dawn of the Dinosaurs**  
Animation OV  
**The Hangover**  
Bradley Cooper, Ed Helms

■ OV = English Version  
■ PV = Portuguese Version  
■ Version

**UCI CINEMAS**  
**FREEPORT**  
**TEL: 707 23 22 21**  
**20 AUG-26 AUG**



**Up**  
Animation PV  
**G.I. Joe: The Rise of Cobra**  
Channing Tatum, Dennis Quaid  
**Public Enemies**  
Johnny Depp, Christian Bale  
**Harry Potter and the Half Blood Prince**  
Daniel Radcliffe, Emma Watson  
**The Proposal**  
Sandra Bullock, Ryan Reynolds  
**Ice Age 3: Dawn of the Dinosaurs**  
Animation PV  
**The Hangover**  
Bradley Cooper, Ed Helms  
**The Haunting in Connecticut**  
Virginia Madsen, Martin Donovan

**LUSOMUNDO**  
**VASCODAGAMA**  
**TEL: 707 246362**  
**20 AUG-26 AUG**

**The Ugly Truth**  
Katherine Heigl, Gerard Butler  
**Up**  
Animation PV  
**G.I. Joe: The Rise of Cobra**  
Channing Tatum, Dennis Quaid  
**Public Enemies**  
Johnny Depp, Christian Bale  
**17 Again**  
Zac Efron, Matthew Perry  
**Hannah Montana: The Movie**  
Miley Cyrus, Lucas Till PV

**UCI CINEMAS**  
**DOLCE VITA TEJO**  
**TEL: 707 23 22 21**  
**20 AUG-26 AUG**



**Blood: The Last Vampire**  
Gianna Jun, Allison Miller  
**The Ugly Truth**  
Katherine Heigl, Gerard Butler  
**Up - Animation PV**  
**G.I. Joe: The Rise of Cobra**  
Channing Tatum, Dennis Quaid  
**Public Enemies**  
Johnny Depp, Christian Bale  
**17 Again**  
Zac Efron, Matthew Perry  
**Hannah Montana: The Movie**  
Miley Cyrus, Lucas Till PV  
**The Uninvited**  
Emily Browning, Elizabeth Banks  
**Two Lovers**  
Joaquin Phoenix, Gwyneth Paltrow  
**Harry Potter and the Half Blood Prince**  
Daniel Radcliffe, Emma Watson  
**The Proposal**  
Sandra Bullock, Ryan Reynolds  
**Ice Age 3: Dawn of the Dinosaurs**  
Animation PV  
**The Hangover**  
Bradley Cooper, Ed Helms

## NORTH

**UCI CINEMAS**  
**ARRÁBIDA SHOPPING**  
**TEL: 707 23 22 21**  
**20 AUG-26 AUG**



**Blood: The Last Vampire**  
Gianna Jun, Allison Miller  
**The Ugly Truth**  
Katherine Heigl, Gerard Butler  
**Passengers**  
Anne Hathaway, Patrick Wilson  
**4 Copas**  
João Lagarto, Nuno Viriato  
**Up**  
Animation PV & OV  
**G.I. Joe: The Rise of Cobra**  
Channing Tatum, Dennis Quaid  
**Public Enemies**  
Johnny Depp, Christian Bale  
**The Uninvited**  
Emily Browning, Elizabeth Banks  
**Two Lovers**  
Joaquin Phoenix, Gwyneth Paltrow  
**Nothing But The Truth**  
Kate Beckinsale, Matt Dillon  
**The Boat That Rocked**  
Philip Seymour Hoffman, Bill Nighy  
**The Haunting in Connecticut**  
Virginia Madsen, Martin Donovan  
**Transsiberian**  
Woody Harrelson, Ben Kingsley  
**Harry Potter and the Half Blood Prince**  
Daniel Radcliffe, Emma Watson  
**The Young Victoria**  
Emily Blunt, Rupert Friend  
**The Proposal**  
Sandra Bullock, Ryan Reynolds

**Brúno**  
Sacha Baron Cohen, Gustaf Hammarsten  
**Ice Age 3: Dawn of the Dinosaurs**  
Animation PV & OV  
**The Hangover**  
Bradley Cooper, Ed Helms  
**State of Play**  
Russell Crowe, Ben Affleck

**LUSOMUNDO**  
**DOLCE VITA COIMBRA**  
**TEL: 707 246362**  
**20 AUG-26 AUG**

**The Ugly Truth**  
Katherine Heigl, Gerard Butler  
**4 Copas**  
João Lagarto, Nuno Viriato  
**Up**  
Animation PV  
**G.I. Joe: The Rise of Cobra**  
Channing Tatum, Dennis Quaid  
**17 Again**  
Zac Efron, Matthew Perry  
**Two Lovers**  
Joaquin Phoenix, Gwyneth Paltrow  
**Harry Potter and the Half Blood Prince**  
Daniel Radcliffe, Emma Watson  
**Coco Avant Chanel**  
Audrey Tautou, Alessandro Nivola  
**The Proposal**  
Sandra Bullock, Ryan Reynolds  
**Brúno**  
Sacha Baron Cohen, Gustaf Hammarsten  
**Ice Age 3: Dawn of the Dinosaurs**  
Animation PV

**LUSOMUNDO**  
**DOLCE VITA DOURO**  
**TEL: 707 246362**  
**20 AUG-26 AUG**

**Up**  
Animation PV  
**G.I. Joe: The Rise of Cobra**  
Channing Tatum, Dennis Quaid  
**Public Enemies**  
Johnny Depp, Christian Bale  
**Hannah Montana: The Movie**  
Miley Cyrus, Lucas Till PV  
**The Proposal**  
Sandra Bullock, Ryan Reynolds  
**The Haunting in Connecticut**  
Virginia Madsen, Martin Donovan  
**Igor**  
Animation PV  
**Transsiberian**  
Woody Harrelson, Ben Kingsley  
**Five Minutes of Heaven**  
Liam Neeson, James Nesbitt

**LUSOMUNDO**  
**PALÁCIO DO GELO**  
**TEL: 707 246362**  
**20 AUG-26 AUG**

**The Ugly Truth**  
Katherine Heigl, Gerard Butler  
**Up**  
Animation PV  
**G.I. Joe: The Rise of Cobra**  
Channing Tatum, Dennis Quaid  
**Public Enemies**  
Johnny Depp, Christian Bale  
**The Uninvited**  
Emily Browning, Elizabeth Banks  
**The Proposal**  
Sandra Bullock, Ryan Reynolds  
**Igor**  
Animation PV

**LUSOMUNDO**  
**BRAGAPARQUE**  
**TEL: 707 246362**  
**20 AUG-26 AUG**

**The Ugly Truth**  
Katherine Heigl, Gerard Butler  
**4 Copas**  
João Lagarto, Nuno Viriato  
**Up**  
Animation PV  
**G.I. Joe: The Rise of Cobra**  
Channing Tatum, Dennis Quaid  
**Public Enemies**  
Johnny Depp, Christian Bale  
**17 Again**  
Zac Efron, Matthew Perry  
**Hannah Montana: The Movie**  
Miley Cyrus, Lucas Till PV  
**Two Lovers**  
Joaquin Phoenix, Gwyneth Paltrow  
**The Proposal**  
Sandra Bullock, Ryan Reynolds  
**Ice Age 3: Dawn of the Dinosaurs**  
Animation PV

■ OV = Original Version  
■ PV = Portuguese Version

**LUSOMUNDO**  
**DOLCE VITA PORTO**  
**TEL: 707 246362**  
**20 AUG-26 AUG**

**The Ugly Truth**  
Katherine Heigl, Gerard Butler  
**4 Copas**  
João Lagarto, Nuno Viriato  
**Up**  
Animation PV  
**G.I. Joe: The Rise of Cobra**  
Channing Tatum, Dennis Quaid  
**Public Enemies**  
Johnny Depp, Christian Bale  
**Two Lovers**  
Joaquin Phoenix, Gwyneth Paltrow  
**The Proposal**  
Sandra Bullock, Ryan Reynolds

**LUSOMUNDO**  
**MAIA SHOPPING**  
**TEL: 707 246362**  
**20 AUG-26 AUG**

**Up**  
Animation PV  
**G.I. Joe: The Rise of Cobra**  
Channing Tatum, Dennis Quaid  
**Public Enemies**  
Johnny Depp, Christian Bale  
**Harry Potter and the Half Blood Prince**  
Daniel Radcliffe, Emma Watson  
**The Uninvited**  
Emily Browning, Elizabeth Banks

**LUSOMUNDO**  
**GAIA SHOPPING**  
**TEL: 707 246362**  
**20 AUG-26 AUG**

**The Ugly Truth**  
Katherine Heigl, Gerard Butler  
**Up**  
Animation PV  
**G.I. Joe: The Rise of Cobra**  
Channing Tatum, Dennis Quaid  
**Public Enemies**  
Johnny Depp, Christian Bale  
**Hannah Montana: The Movie**  
Miley Cyrus, Lucas Till PV  
**Harry Potter and the Half Blood Prince**  
Daniel Radcliffe, Emma Watson  
**The Proposal**  
Sandra Bullock, Ryan Reynolds  
**Ice Age 3: Dawn of the Dinosaurs**  
Animation PV  
**The Hangover**  
Bradley Cooper, Ed Helms  
**The Uninvited**  
Emily Browning, Elizabeth Banks

**LUSOMUNDO**  
**NORTE SHOPPING**  
**TEL: 707 246362**  
**20 AUG-26 AUG**

**The Ugly Truth**  
Katherine Heigl, Gerard Butler  
**Up - Animation PV**  
**G.I. Joe: The Rise of Cobra**  
Channing Tatum, Dennis Quaid  
**Public Enemies**  
Johnny Depp, Christian Bale  
**17 Again**  
Zac Efron, Matthew Perry  
**Hannah Montana: The Movie**  
Miley Cyrus, Lucas Till  
**Two Lovers**  
Joaquin Phoenix, Gwyneth Paltrow

**LUSOMUNDO**  
**PARQUE NASCENTE**  
**TEL: 707 246362**  
**20 AUG-26 AUG**

**The Ugly Truth**  
Katherine Heigl, Gerard Butler  
**Passengers**  
Anne Hathaway, Patrick Wilson  
**4 Copas**  
João Lagarto, Nuno Viriato  
**Up**  
Animation PV  
**G.I. Joe: The Rise of Cobra**  
Channing Tatum, Dennis Quaid  
**Public Enemies**  
Johnny Depp, Christian Bale  
**17 Again**  
Zac Efron, Matthew Perry  
**Hannah Montana: The Movie**  
Miley Cyrus, Lucas Till PV  
**Two Lovers**  
Joaquin Phoenix, Gwyneth Paltrow  
**The Haunting in Connecticut**  
Virginia Madsen, Martin Donovan  
**Harry Potter and the Half Blood Prince**  
Daniel Radcliffe, Emma Watson  
**The Proposal**  
Sandra Bullock, Ryan Reynolds  
**Ice Age 3: Dawn of the Dinosaurs**  
Animation PV  
**The Hangover**  
Bradley Cooper, Ed Helms



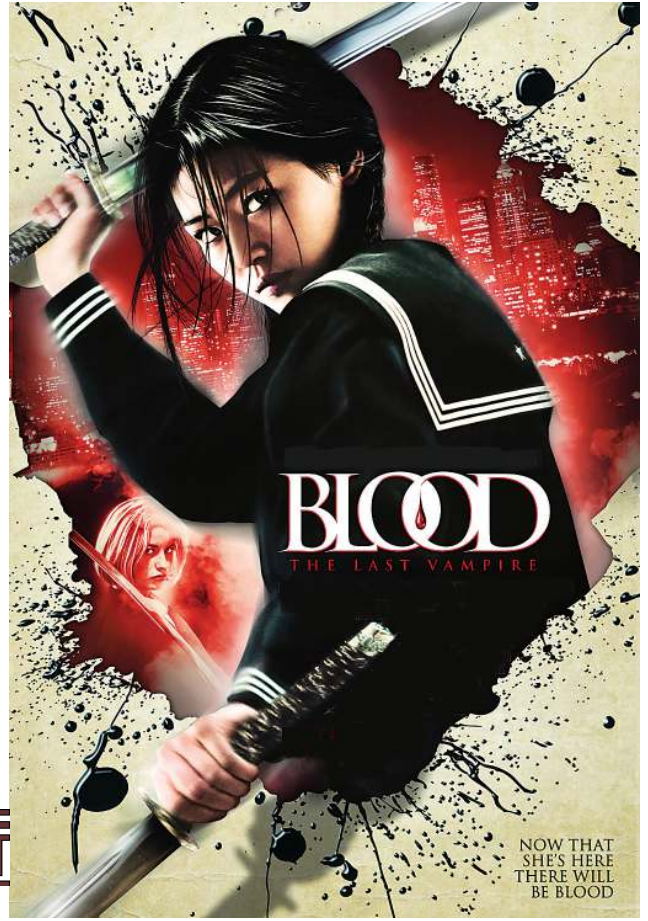


**Blood: The Last Vampire** is a live-action remake of the cult hit Japanese anime feature film of the same name. Demons have infested the Earth. And only one warrior stands between the dark and the light: Saya, a half-human, half-vampire samurai who preys on those who feast on human blood.

On the surface, Saya (Gianna Jun) is a stunning 17-year-old, but that youthful exterior hides the tormented soul of a 400-year-old "halfing". Born to a human father and a vampire mother, she has for centuries been a loner obsessed with using her samurai skills to rid the world of vampires, all the while knowing that she herself can survive only on blood, just like those she hunts.



When she is sent to an American military base in Tokyo by the clandestine organization she works for known as the Council, Saya immediately senses that this may be her opportunity to finally destroy Onigen (Koyuki), the evil matriarch of all vampires. Using her superhuman strength and her sword, she begins to rid the base of its evil infestation in a series of spectacular and elaborate showdowns. However, it is not until she forms her first human friendship in centuries with the young daughter (Allison Miller) of the base's general that Saya learns that her greatest power over Onigen may well be her ability for human connection...



The battle of the sexes heats up in the comedy *The Ugly Truth*. Abby Richter (Katherine Heigl) is a romantically challenged morning show producer whose search for Mr. Perfect has left her hopelessly single. She's in for a rude awakening when her bosses team her with chauvinistic Mike Chadway (Gerard Butler), a TV personality whose hard-edged theories on relationships may help her find love by unravelling what makes men and women tick.

Katherine HEIGL

Gerard BUTLER



theuglytruth



After a plane crash, a young therapist, Claire (Anne Hathaway), is assigned by her mentor (Andre

Braugher) to counsel the flight's five survivors. When they share their recollections of the incident, which some say include an explosion that the airline claims never happened, Claire is intrigued by Eric (Patrick Wilson), the most secretive of the passengers. Just as Claire's professional relationship with Eric, despite her better judgment, blossoms into a romance, the survivors begin to disappear mysteriously, one by one. Claire suspects that Eric may hold all the answers and becomes determined to uncover the truth, no matter the consequences.



ANNE HATHAWAY

PATRICK WILSON



#### Film Classification

Blood: The Last Vampire - M/16  
The Ugly Truth - M/12  
Passengers - M/12  
Synecdoche, New York - M/12  
Up - M/6  
G.I. Joe: The Rise of Cobra - M/12

Public Enemies - M/12  
17 Again - M/12  
Hannah Montana: The Movie - M/6  
The Uninvited - M/12  
Two Lovers - M/12  
The Boat That Rocked - M/12  
The Haunting in Connecticut - M/16

Igor - M/6  
Harry Potter and the Half-Blood Prince - M/12  
The Proposal - M/12  
Bruno - M/12  
Ice Age 3 - M/6  
The Hangover - M/12

M/4 - Suitable for audiences aged four years and over  
M/6 - Suitable for audiences aged six years and over  
M/12 - Suitable for audiences aged 12 years and over  
M/16 - Suitable for audiences aged 16 years and over  
M/18 - Suitable for audiences aged 18 years and over



## HIGHLIGHTS



**LAGOS** - September 1-10 - Daily - Exhibition by Sylvain Bongard & Tara Cohen - Tile paintings & ceramic sculptures - Lagos' Regimento Armazém - From 11h00 - 23h00 - The Armazém Regimento is on Praça do Infante D. Henrique - 282 762 055



**ALMANCEIL** - Opens August 22 and will run until October 1 - 'Covers and Narratives' Art Exhibition by Carlos Barão - This new series of paintings is entirely reproduced in a book sponsored by Grupo GPS recently published and available at Centro Cultural São Lourenço - Centro Cultural São Lourenço - 289 395 475 - ccs@iol.pt - www.centroculturalsaolourenco.com



**PERA** - Until Oct 22 - **FIESA 2009** - 'Discoveries' - VII International Sand Sculpture Festival - The greatest Sand City in the World - Snack Bar, Shops, Bungee Jumping, Daily Sand Sculpture Activities, Magical Nights of Sound and Light, Video projections from Making of - **Prices:** Adults: €8; Children from 6 to 12 years old: €4.5; Free up to 5 years old - Special conditions for groups: Info: 969 459 259/61 or fiesa@prosandart.com - **Daily Agenda:** 10h-13h/16h-20h: Free Sand Sculpture Activities for all ages: 21h-24h: Video projections with documentary images of the construction of Fiesa2009; **Sunday to Thursday:** 19h-23h Street Arts and Circus Animation; **Friday:** 21h-24h Jazz & Bossa Nova by Michael Assis Trio; **Saturday:** 21h-24h Pop Rock by Al-most Naked DJ - **How to get there:** From the highway A22 exit 8 (Algoz/Perla); From EN125, at Perla follow directions - GPS 37°07' 43.35" N / 8°19' 56.04" W - Construction site on the road to Algoz - Open daily from 10h00 to 24h00 (from 22 Sep to 22 Oct open from 10h00 to 21h00) - 969 459 259 - www.fiesa.org

## ALBUFEIRA

AUGUST 22

**'Albufeira a Dançar' (Albufeira Dancing)** - art show with lots of street animation at 21h30 on Praça dos Pescadores - Ballroom Dancing School of FC Ferreiras, Dance Academy of Imortal DC, Luel - Arte em Movimento and Soul Dance Artistic Academy

## ALMANCEIL

SEPTEMBER 23 &amp; 26

**September concerts** - 23rd: Debra Fast (violin) & Sandro Ivo Bartoli (piano); 26th: Sandro Ivo Bartoli (piano) - Centro Cultural São Lourenço - 289 395 475 - ccs@iol.pt - www.centroculturalsaolourenco.com

## LAGOS

AUGUST 29

**Loulabe Ball presented by The Leanne Faulkner Memorial Charity Trust** - The Charity event not to be missed...! - Boavista Golf Club from 19h00 till late - Live music with Branded followed by a Disco to dance the night away - €40 / person (€20 for children under 12) which include: welcome drink, 3 course meal, wine and coffee - Shelly: 969 264 750 / 282 624 109; Sam: 968 447 984 / 282 789 961

2ND SUNDAY OF THE MONTH

**A Charity Shop** with a difference set in the beautiful countryside of Monte Ruivo, Odiáxere - Nearly new clothes, many items for sale, cold drinks available - Lovely peaceful country walks - Call Bridget Hicks for directions on 282 687 334 (Lagos Animal Protection Society - LAPS)

## MONDAYS

**The New Orleans Jazz Band Live** - Free - 20h30 - Tivoli Hotel - R. Vasco da Gama - T. 289 591 804

## LOULÉ

UNTIL OCTOBER 5



**Dance of the Bears** - 'Evolution' The journey of ten thousand miles begins with the first step - The Dance of the Bears exhibition on a bear statue created by Karl Heinz with outstanding 3D artwork of 26 artists under the theme 'Evolution' - Quinta dos Vales organized the event - A couple of white 'canvases' (bears) will be on display for further artists, spectators, students to express their own view on the theme 'evolution' - Organized by Quinta dos Vales

## PADERNE

DAILY

Exhibition at Galeria Corte-Real featuring paintings by John Lamonby and Paula Will - The

## SOUTH

gallery has also a collection of handmade ceramics - Thu-Sun from 11h-17h - Signposted from Ferreiras, Boliqueime & Paderne - 918 980 199 / 912 737 762

## PERA

UNTIL OCT 22

**FIESA 2009 'Discoveries' the International Sand Sculpture Festival** (See highlights left) - Construction site on the road to Algoz - Open daily from 10h00 to 24h00 (from 22 Sep to 22 Oct open from 10h00 to 21h00) - 969 459 259 - www.fiesa.com

## PORTIMÃO

AUGUST 21 &amp; 22



**Great Musical Show 'Dreams' by the Great Peking Acrobatic Circus** - 22h00 - Municipal Auditorium - Tickets: €10 (Discount 50% for Senior & Junior Cards & children from 4 to 10 years old) - Reservations: 282 418 547 - Org. by the City Hall

UNTIL AUGUST 23

**Book Fair on the riverfront** - 19h00 to 24h00

AUGUST 27 TO 30

**'Stock Out' Good products** (clothes, accessories, footwear, etc) at great prices - a chance to buy - 27th & 28th: 19h00 to 24h00 & 29th & 30th: 18h00-00h00 - On the riverfront

AUGUST 28

**Concert by Trio Vissi D'Arte** included in the Classical and Baroque Music Series - 22h00 - Igreja do Colégio

UNTIL SEPTEMBER 11

**Exhibition 'O Pintor Morreu'** - EMARP-Empresa Municipal de Águas e Resíduos de Portimão - 8h30 to 17h00 - Rua José António Marques, 17 - 282 400 260

TUESDAYS

**The New Orleans Jazz Band** - Mariner's Bar/Restaurant - R. Santa Isabel - 914 806 310

## VILAMOURA

AUGUST 22



**'Creamfields' the most acclaimed dance and music event in the world comes to Algarve** - Vilamoura Hipodrome - Show starts at 21h00 - Cream Stage: Jori Hultkonen (21h), Junior Boys (23h00) & Underworld (00h30); Turbo Arena Mike Mind (21h), Thomas von Party (21h30), Jesper Dahlbäck (22h), Zombie Nation live (23h15), Riton (00h15), Proxy live (1h15), Tiga (2h15), Seth Troxler (3h45) - Entrance: € 25 - To buy tickets, see bottom of page.

www.the-news.net

## NORTH

SEPTEMBER 4



**Concert by Orquestra Nacional do Porto** - 21h00 - Casa da Música - T. 220 120 214

UNTIL SEPTEMBER 20

**Exhibition Serralves 2009: The Collection 20ANOS10** - Serralves Museum on D. João de Castro, 210 - T. T. 226 156 584 - www.serralves.pt

OCTOBER 22

**La Traviata** - La Traviata opera from Giuseppe Verdi - 21h30 - Coliseu do Porto on Rua Passos Manuel, 137 - T. 223 394 940 / 707 234 234 - See bottom of the page and www.coliseudoporto.pt

## CENTRE

## CASCAIS

DAILY

**Cascais Cultural Centre** - Concerts, shows, exhibitions, & other events. - shops, coffee shop & terrace - Open: 10h00-18h00 (Closed Mon) - Av. Rei Humberto II de Itália - 214 848 900

## ESTORIL

DAILY

**Show 'Space Invaders' at the Arena Lounge** - Also other shows, games, concerts and art - Casino Estoril - 214 667 700 - 214 825 400 - Info: estoril@estoril-sol.com

## LISBON

DAILY

**Influxcontemporary** is a new space dedicated to African Contemporary Art - Open Wed-Sat: 14h-19h - R. Fernando Vaz, 20B - 918 501 234 - www.influxcontemporary.com

UNTIL AUGUST 30

**Exhibition at 'A Arte da Terra'** - Modern, stylish and unique linen pieces created by the talented Miguel Gigante, from Covilhã - Rua Augusto Rosa, nº 40, - Rua de Augusto Rosa, nº 40 (next to the Cathedral) - T. 212 745 975 - mail: arte@net.sapo.pt - www.aartedaterra.pt

## SINTRA

DAILY



**Leal da Câmara Museum** - Calçada da Rinha, 67, Rinha - Also has access through Algueirão Velho, Fiteiras and Meleças - 219164303 - Fax: 21 923 6150

DAILY



**Pena Palace** - The Palace dates back to 1839 - Visits info: Sintra City Hall on Largo Dr. Vergílio Horta - 219238500 - geral@cm-sintra.pt

www.the-news.net

Lisbon Summer Concerts  
(Tickets: See details bottom page)

**September 28 - Green Day / 21st Century Breakdown Tour** - Pavilhão Atlântico - 20h00 - **October 10 - Diana Krall in Concert** - Jazz - Campo Pequeno - 22h00 - **October 30 - Backstreet Boys** - Pavilhão



**Atlântico** - 21h00 - **October 31 & November 1 - Mariza in Concert** in Fado Concert - Coliseu dos Recreios - 22h00 -

Events may be cancelled, delayed or fail to live up to their billing. Send us your events to copy@the-news.net by Tuesday before publication.

TICKETS: Most tickets are available at FNAC and Worten outlets across the country, ATM machines, Abreu agencies, El Corte Inglés, Casa Viola, Ticketline or at the event itself on the night. Websites: www.pavilhaoatlantico.pt / www.ticketline.pt / www.blueticket.pt / Phone numbers: Ticketline 707 234 234 / 707 780 000



## BBC1

6.00 Breakfast. (T) 10.00 Saturday Kitchen. (T) 11.30 Football Focus. (T) 12.00 BBC News; Weather. (T) 12.10 Formula 1: The European Grand Prix - Qualifying. The battle for pole position from Valencia. (T) 2.15 Murder, She Wrote. (R) (T) 3.00 FILM: Cool Runnings (1993). Fact-based sport comedy, starring John Candy. (T) 4.35 Final Score. (T)

5.20 BBC News; Regional News; Weather. (T)  
5.40 As Seen on TV. With Bradley Walsh, Hardeep Singh Kohli, Arlene Phillips and Dermot Murnaghan. (R) (T)  
6.10 Walk on the Wild Side. Comedy wildlife show, featuring the voice of Rolf Harris. (T)  
6.40 Total Wipeout. Three competitors manage to cross the Big Red Balls, and a British Army officer scores the fastest qualifier time of the series. Richard Hammond and Amanda Byram present. (T)

7.40 The National Lottery: Guesstimation. Fast-paced game show in which families are challenged to outsmart their rivals by making informed guesses at answers to a series of brain-teasers. Plus, at the end of each of three rounds, guests take part in a studio challenge - with contestants predicting the outcome. Nick Knowles presents, and Jenni Falconer hosts the Lotto, Dream Number and Thunderball draws. (T)

8.30 Outnumbered. Karen becomes preoccupied with Satan, while Ben falls foul of a hardline football referee. Meanwhile, Sue tries to compete with the impossibly perfect mother next door and Grandad is alarmed by TV shows that look down people's toilets. Guy Jenkin and Andy Hamilton's part-improvised domestic comedy, starring Hugh Dennis, Claire Skinner and David Ryall. (R) (T)

9.00 Michael McIntyre: Live & Laughing. Stand-up comedy performed in front of a sell-out crowd at London's Hammersmith Apollo, featuring observations on fatherhood, life on the road and the 'man drawer'. (T)

10.00 BBC News; Weather. (T) National Lottery Update. (T)

10.20 Match of the Day. Gary Lineker presents highlights of today's Premier League clashes, including Wigan Athletic v Manchester United at the DW Stadium and Manchester City v Wolverhampton Wanderers at the City of Manchester Stadium. The Latics had lost all eight of their top-flight fixtures against United and the fixture allowed Antonio Valencia an early chance to face to his former club after moving to Old Trafford during the summer. (T)

11.45 The Football League Show. Highlights of today's matches. (T)  
1.00 FILM: Jay and Silent Bob Strike Back (2001). Comedy, starring Jason Mewes and Kevin Smith; (T) Weatherview. (T) 2.40 BBC News. (T)



## BBC2

6.00 CBeebies: Tikkabilla. (R) (T) 6.30 Fimbles: (R) (T) Take a Bow. (R) (T) 7.00 CBBC: Animalia. (R) (T) 7.25 Sportsround. (R) (T) 7.40 Funky Fables. (R) (T) 7.50 Elliot Kid. (R) (T) 8.05 Wolverine and the X-Men. (R) (T) 8.25 Richard Hammond's Blast Lab. (T) Diddy Dick & Dom. (R) (T) 9.00 Skate Nation. (T) 10.00 Young Dracula. (R) (T) 10.30 Live World Championship Athletics. The men's marathon in Berlin. (T) 1.20 FILM: Whale Rider (2002). Drama, starring Keisha Castle-Hughes. (T) 2.55 FILM: The Long Ships (1963). Viking adventure, starring Richard Widmark and Sidney Poitier. (T) 5.00 Live World Championship Athletics. The penultimate evening's coverage from Berlin. (T) 8.10 BBC Proms 2009. Daniel Barenboim conducts the West-Eastern Divan Orchestra, formed of Israeli and Arab musicians, and a cast of international performers in Beethoven's Fidelio, the composer's only opera. The piece is a protest against political injustice and a hymn of praise to the power of human love. Starring Waltraud Meier, Simon O'Neill and Peter Mattei. John Suchet presents, with some special guests joining him throughout the concert. (T) 10.20 Have I Got a Bit More News for You. (R) (T) 11.00 The Funny Side of Animals. (R) (T) 12.00 The Edinburgh Festival Show. (R) (T) 12.50 Inside F1. (T) 1.05 Season Ticket. (R) (T) 1.35 FILM: Children of the Revolution (1996). Black comedy, starring Richard Roxburgh. (T) 3.10 FILM: Esma's Secret (2006). Premiere. Drama, starring Mirjana Karanovic. 4.40 Close.

## Pick of the Day

## The X Factor (ITV1 Granada, 7pm)

It may only be August, but the countdown to the Christmas number one starts here as The X Factor returns for a new series. The show has produced a string of chart-toppers - even if some of the winners have struggled a bit when it came to follow-up hits. This year, thousands more aspiring singers will be trying to follow in the footsteps of last year's winner Alexandra Burke and convince the judges they have what it takes to be a superstar. Unlike Saturday night rival Strictly Come Dancing, the show's bosses have decided against tinkering with the panel, and Simon Cowell, Louis Walsh, Dannii Minogue and reigning mentor Cheryl Cole are all present and correct. There have been a few changes to the format, though - for a start, this year's hopefuls will have to audition in front of an audience of thousands as well as the judges. Dermot O'Leary presents as the first batch take to the stage in London, Manchester, and Glasgow. No doubt there'll quite a few tone-deaf warblers thrown into the mix, but we are also promised that one person will give a performance that Simon will describe as the best first audition he's ever heard. However, as Susan Boyle would no doubt tell you, early favourites don't always go on to win.

## C4

6.10 The Hoobs. (R) (T) 6.35 The Hoobs. (R) (T) 7.00 World Sport. (R) 7.30 British Formula 1 International Series. 8.00 The Morning Line. (T) 8.55 T4: Yo Gabba Gabba. (T) 9.25 T4: Friends. (R) (T) 10.00 T4: V Festival 2009: The Countdown. (T) (T) 11.05 T4: Friends. (R) (T) 11.35 T4: 4Music Favourites: Calvin Harris. (R) (T) 12.05 T4: RockCorps 2009. (T) 12.25 T4: Big Brother. (R) (T) 1.25 T4: Big Brother. (R) (T) 2.00 Channel 4 Racing from Sandown Park and Chester. Including the 2.35 Solario Stakes (7). (T) 4.05 Gok's Fashion Fix. (R) (T) 5.05 Come Dine with Me. (R) (T) 6.10 V Festival 2009: Saturday Live. (T) 6.40 Channel 4 News. (T) 7.10 ER. Russell is reluctant to support Cate's new plan to get pregnant, Gates deals with an eccentric patient, and Carter makes a surprise return. Noah Wyle guest stars. (T) 8.05 ER. The Banfields fall out with another couple who hope to adopt. Carter has to familiarise himself with the hospital's new procedures, and Sam's estranged mother becomes ill. (T) 9.00 Big Brother. The past 24 hours in the house. (T) 10.00 Jimmy Carr in Concert. The comedian performs at London's Bloomsbury Theatre. (T) 11.35 V Festival 2009: Saturday Highlights. (T) 1.15 Alan Carr: Chatty Man. (R) (T) 2.00 Big Brother's Big Mouth. 2.55 Big Brother Live. 4.00 Post Modern Pastimes. (R) (T) 4.15 Revelations: How Do You Know God Exists? (R) (T) 5.10 Scrapheap Challenge. (R) (T)

## FIVE

6.00 Sunrise. 7.00 Milkshake!: Angels of Jarm. (R) (T) 7.15 Elmo's World. (R) (T) 7.35 Mio Mao. (R) (T) 7.45 Hana's Helpline. (R) (T) 8.00 Olivia. (R) (T) 8.15 The Adventures of Bottle Top Bill and His Best Friend Corky. (T) 8.30 Harry and His Bucket Full of Dinosaurs. (R) (T) 8.50 What Makes Me Happy. (R) (T) 9.00 Roary the Racing Car. (R) (T) 9.15 Rupert Bear. (R) (T) 9.30 Gerald McBoing Boing. (R) (T) 10.00 The Grid. (T) 10.30 The Gadget Show. (R) (T) 11.30 Big, Bigger, Biggest. (R) (T) 12.30 FILM: Stacy's Knights (1983). Gambling drama, starring Andra Millian. (T) 2.20 FILM: 84 Charing Cross Road (1987). Romantic drama, starring Anne Bancroft and Anthony Hopkins. (T) 4.10 Five News. (T) 4.20 FILM: Splash! (1984). Romantic comedy, with Tom Hanks and Daryl Hannah. (T) 6.20 The Guardian. (T) 7.15 Cricket on Five. England v Australia. Richie Benaud and Mark Nicholas present highlights of the third day of the Fifth Test of the series at the Oval. (T) 8.00 NCIS. A Marine's parachute fails to open during a training exercise and he plunges to his death, leaving the team to determine whether he was murdered. (R) (T) 9.00 CSI: Crime Scene Investigation. A TV talent show contestant is murdered. (R) (T) 10.00 Law & Order: Special Victims Unit. Benson goes undercover to catch a rapist. (T) 11.00 Law & Order: Criminal Intent. (R) (T) 12.00 Quiz Call. 4.00 The FBI Files. (R) (T) 4.45 Rough Guide to Adventures. (R) (T) 5.00 Hana's Helpline. (R) (T) 5.10 The Milkshake! Show. (R) (T) 5.35 Thomas & Friends. (R) (T) 5.45 Roary the Racing Car. (R) (T)

## ITV1

5.30 ITV Morning News. (T) 6.00 GMTV. 9.25 Countrywise. (R) (T) 9.55 The Planet's Funniest Animals. (T) 10.40 FILM: Cheyenne Autumn (1964). John Ford's Western, with Richard Widmark and James Stewart. (T) 1.35 ITV News and Weather; Weather. (R) (T) 1.40 Who Wants to Be a Millionaire? Celebrity. (R) (T) 2.40 FILM: Smokey and the Bandit (1977). Comedy, starring Burt Reynolds. (T) 4.25 London Tonight; Weather. (R) 4.40 ITV News and Weather. (T) 4.55 FILM: Back to the Future Part II (1989). Sci-fi comedy sequel, starring Michael J. Fox. (T)

7.00 The X Factor. New series. Dermot O'Leary kicks off this year's singing contest with auditions in London, Manchester and Glasgow, where a new format sees the acts perform in front of an audience as well as the judges. Returning on the panel to search for the next superstar are Simon Cowell, Louis Walsh, Dannii Minogue and Cheryl Cole - who mentioned last year's winner Alexandra Burke. Highlights in the first round include Irish twins, a French waiter and a performance described by Simon as the best first audition he has ever heard. (T)

8.30 The Cube. New series. Phillip Schofield presents a game show where contestants are asked to complete tasks within the confines of a large transparent cubet to win the jackpot of #250,000. Each player has nine lives and must complete up to seven challenges, ranging from agility tests to skill trials. (T)

9.30 FILM: The Constant Gardener (2005). Premiere. A diplomat's wife is murdered in Kenya, leaving him to search for the killer. Political thriller, starring Ralph Fiennes and Rachel Weisz. (T)

10.30 ITV News and Weather; Weather. (T)  
10.45 FILM: The Constant Gardener (2005). Premiere. Concluded. (T)

12.05 FILM: The Pianist (2002). Drama, starring Adrien Brody. (T) 2.40 Holly & Fearnie Go Dating. (R) (T) ITV News Headlines. 3.05 FILM: Imagining Argentina (2003). Premiere. Thriller, starring Antonio Banderas. (T) 4.55 ITV Nightscreen.

(R) - repeat programme;  
(T) - programme with teletext subtitles;  
(S) - programme broadcast in stereo;  
(bw) - black and white.

## LOCAL Best of the Rest

## RTP1

0630 Children TV 0800 Bom Dia Portugal 1100 Portugal Sem Fronteiras 1300 News 1415 Top+ 1530 Telerural 1600 Rouxinol Faduncho 1715 Há Festa Em... 1900 Pai à Força 2000 News 2100 Dá-me Música 2230 Os Contemporâneos 2300 Jogo Duplo 0000 Carga Pesada 0100 The Tudors, series 0300 Top+ 0400 Teleales

## RTP2

0700 Euronews 0800 África 7 Dias 0830 Zig Zag 1040 Athletics: World Championship 1300 Zig Zag 1400 Bones, series 1600 Orangutan Red Alert, documentary 1705 Athletics: World Championship 2000 Zig Zag 2100 Discovery Hour: Mexico Revealed 2155 A Hora da Sorte 2200 News 2240 Amarcord, film 0030 Arsenal and Old Lady, film 0230 Athletics: World Championship 0615 Euronews

## SIC

0900 Etias 0645 Sic Kids 0900 Disney Kids 1045 Tween Box 1200 Our World 1300 News 1400 Episódio Especial 1445 Film 1630 Film 1815 Film 2000 News 2130 Salve-se Quem Puder Famosos 2315 Não Há Crise 0115 Film 0230 Quando o Telefone Toca

## TVI

0700 Children TV 0830 Hannah Montana 0915 Inspector Max 1115 Deluxe 1215 Antevésio 1300 News 1400 Film 1600 Knight Rider 2008, series 1800 Morangos com Açúcar 2000 News 2115 Deixa Que Te Leve 2315 Flor do Mar 0015 Naked Gun 31 1/3 - Final Insult, film 0215 Sempre a Somar 0400 The Office, series 0430 Law & Order: Special Victims Unit, series 0530 Teleales

## BBC3

7.00 Doctor Who's Greatest Moments: The Doctor 7.40 Merlin 8.30 Top Gear 9.30 Film: The Princess Diaries 2: Royal Engagement U (2004) 11.15 Michael McIntyre's Comedy Roadshow 12.00 Family Guy 12.25 American Dad! 12.45 HowNotToLiveYourLife 1.15 Young, Dumb and Living Off Mum 2.15 Underage and Pregnant 2.45 We Are Klang 3.15 How Not to Live Your Life 3.45 Young, Dumb and Living Off Mum 4.40 Underage and Pregnant 5.10 Close

## BBC4

7.00 Only Connect 7.30 Film: Farewell My Lovely PG (1944) 9.00 The Rules of Film 10.00 Film: The Lady from Shanghai PG (1947) 11.25 Film: The Big Combo PG (1955) 12.50 The Rules of Film Noir 1.50 Film: Force of Evil PG (1948) 3.05 Only Connect 3.35 The Rules of Film Noir 4.30 Close

## ITV2

1.30 The Planet's Funniest Animals 2.00 The Xtra Factor: Best and Worst 2008 3.00 The Xtra Factor: Best and Worst 2008 4.00 The Xtra Factor: The Winner's Story 2008 6.00 The Xtra Factor: Rewind 7.00 Superhuman: World's Tallest Children 8.00 The Planet's Funniest Animals 8.30 The Xtra Factor 9.30 Peter Andre: Going It Alone 11.05 Film: The Pelican Brief 12 (1993) 1.45 The X Factor 3.15 The Xtra Factor 4.05 Judge Judy 4.30 Teleshopping

## Sky1

1.00 It's Me or the Dog USA 2.00 UK Border Force 3.00 WWE: Smackdown 5.00 Guinness World Records Smashed! 6.00 The Simpsons 6.30 The Simpsons 7.00 Futurama 7.30 Futurama 8.00 Noel's Are You Smarter Than a 10 Year Old? 9.00 Justin Lee Collins: West End Star 10.00 Lie to Me 11.00 Lie to Me 12.00 One and Other 12.30 Bones 1.30 Inside: Miami Vice 2.25 Football Icon 3.20 Street Wars 4.15 Road Wars 5.10 Gladiators

## GOLD

1.30 Jam & Jerusalem 2.10 The Vicar of Dibley 3.00 Jam & Jerusalem 3.40 The Vicar of Dibley 4.35 The Vicar of Dibley 5.15 Jam & Jerusalem 5.55 The Vicar of Dibley 6.50 Jam & Jerusalem 7.30 The Vicar of Dibley 8.20 The Vicar of Dibley 9.00 Jonathan Creek 10.20 Victoria Wood at the Albert Hall 12.40 French and Saunders 1.20 Close Up 1.30 The Two Ronnies 2.30 French and Saunders 3.00 Close

## TCM

1.00 Marriage on the Rocks PG (1965) 3.00 Charro PG (1969) 4.55 Mary, Mary PG (1963) 7.25 Tall Man Riding U (1955) 9.00 Cool Hand Luke 15 (1967) 11.25 Diner 15 (1982) 1.25 Cool Hand Luke 15 (1967) 3.35 Superfly 18 (1972) 5.00 Marriage on the Rocks PG (1965)

## The Disney Channel

Kids' programmes from Tam, except 4.00 Film: Read It and Weep U (2006) Family comedy, starring Kay Panabaker.

## Sky Movies Drama

6.15 Beaches 15 (1988) 8.25 Love N' Dancing 12 (2008) 10.10 A Soldier's Story 15 (1984) 12.00 Flashdance 15 (1983) With Jennifer Beals. 1.45 The Top 10 Show 2.55 Instinct 15 (1999) With Anthony Hopkins. 4.15 The Valley of Light PG (2007) With Chris Klein. 6.00 The American President 15 (1995) With Michael Douglas. 8.00 Die Hard 4.0 15 (2007) With Bruce Willis. 10.15 Stop-Loss 15 (2008) With Ryan Phillippe. 12.15 Mulholland Drive 15 (2001) With Naomi Watts. 2.45 Happiness 18 (1998) With Philip Seymour Hoffman. 5.15 Yesterday's Children 12 (2000)

## Sky Movies Comedy

6.00 The Santa Clause 3: The Escape Clause U (2006) 7.35 Dan in Real Life PG (2007) 9.15 Kindergarten Cop 15 (1990) 11.10 What Happens in Vegas 12 (2008) With Cameron Diaz. 12.55 Meet the Spartans 12 (2008) With Sean Maguire. 2.25 Now Pronounce Chuck & Larry 12 (2007) With Adam Sandler. 4.25 Kindergarten Cop 15

The cost of a bean is all it takes to talk to one of our readers

## HOW?

call our Sales Manager on 707 500 677



Weekly removals service to and from the UK, Algarve & Ireland with full packing & storage facility in the UK & Algarve, from 1 box to full or part load shipments

The Generals, Main Road, Boreham, Chelmsford, Essex, CM3 3HJ  
UK - Tel: 0044 (0) 1245 468888 - Mob: 0044 (0) 7711 179842  
Algarve - Tel: 00351 289 513 851 - Mob: 00351 969 134 801  
Email: sales@algarveremovals.com - Web: www.algarveremovals.com

## Algarve Removals

Transportation of cars, boats & motorbikes  
Local removals and deliveries within Algarve  
Guarantee your peace of mind & safety of goods





## BBC1

6.00 Breakfast. (T) 7.40 Match of the Day. (R) (T) 9.00 The Andrew Marr Show. (T) 10.00 The Big Questions. (T) 11.00 Country Tracks. (T) 12.00 BBC News. (T) 12.10 Formula 1: The European Grand Prix. Live coverage from Valencia (Start-time 1.00pm). (T) 3.05 EastEnders. (T)

5.00 The Green Grass. Marlene and the staff sense an opportunity when the Antiques Roadshow arrives in Ludlow, but it turns out to be Boycie who discovers an item that is truly valuable. (R) (T)

5.30 Songs of Praise. A celebration of hymns popular with sports fans. (T)

6.05 Seaside Rescue. The Torbay lifeboat goes out to sea when a yacht is in need of help in the English Channel, while disaster strikes for two competitors in the final of a powerboat racing championship. (R) (T)

6.35 BBC News; Regional News; Weather. (T)  
7.00 Countryfile. Julia Bradbury joins a group of enthusiasts as they try to establish which is Wiltshire's tallest hill, and John Craven examines a campaign to encourage people to eat less meat. Including Weather for the Week Ahead. (T)

8.00 Jam & Jerusalem. Jack offers to let Tash and Spike set up home on a field behind the barn after they accidentally reverse their van into Sal's house, leading the nurse to question who owns the property - especially when Eileen announces Charles Dance is to speak for the Guild. Sal confronts the builder, who admits he is renovating the property for himself, and as the entire village gathers waiting to hear the celebrity speaker, Jack has little choice but to find a way to make amends. Last in the series. (T)

9.00 Rivers with Griff Rhys Jones. The actor journeys along the waterways of East Anglia, where he experiences a traditional way of living that survives in the man-made ditches of the Fens. He also revisits the romantic sailing boats of his childhood on the Norfolk Broads, before travelling along the Stour. Finally, he examines how the conflicting interests of farmers, anglers, canoeists, naturalists and industries can be reconciled to ensure the future of the nation's rivers. Last in the series. (T)

10.00 BBC News; Weather. (T)  
10.20 FILM: Stargate (1994). A soldier and an Egyptologist travel to a distant alien planet where they battle a tyrant. Sci-fi adventure, starring Kurt Russell and James Spader; (T) Weatherview. (T)

12.20 Sign Zone: Seaside Rescue. (R) (T) 12.50 Sign Zone: Louis Theroux: The City Addicted to Crystal Meth. (R) (T) 1.50 Sign Zone: Holby City. (R) (T) 2.50 Sign Zone: The Great British Wedding. (R) (T) 3.50 Sign Zone: Monty Hall's Great Escape. (R) (T) 4.50 BBC News. (T)



## BBC2

6.00 CBeebies: Tikkabilla. (R) (T) 6.30 Fimbles; (R) (T) Take a Bow. (R) (T) 7.00 CBBC: 7.00 Uncle Max; (R) (T) Thumb Wrestling Federation: TWF. (R) (T) 7.15 ChuckleVision. (R) (T) 7.30 Gimme a Break. (R) (T) 8.00 Da Dick and Dom Dairies; (R) (T) Diddy Dick & Dom. (R) (T) 8.30 MI High. (R) (T) 9.00 Undercover Dads. (T) 10.00 Live World Championship Athletics. Coverage of the women's marathon from Berlin. (T) 12.55 FILM: Tara Road (2005). Premiere. Drama, starring Andie MacDowell and Olivia Williams. (T) 2.30 Animal Park. (R) (T) 8.00 Live World Championship Athletics. The championships reach a conclusion in Berlin. (T) 5.35 Meerkat Manor. (T) 6.00 Dragons' Den. (R) (T) 7.00 Top Gear. Jeremy Clarkson asks whether the Eastern bloc countries ever made a good car, and Richard Hammond assesses the performance of new German sports model the Veritas. The latest Ford Fiesta is also put through its paces in a stringent road test, and London mayor Boris Johnson is the Star in a Reasonably Priced Car. (R) (T) 8.00 FILM: Catch Me If You Can (2002). The story of a conman who tricked his way across America, outwitting the FBI at every turn. Fact-based drama, starring Leonardo DiCaprio and Tom Hanks. (T) 10.15 Match of the Day 2. (T) 11.05 FILM: Alpha Dog (2006). Premiere. Fact-based crime drama, starring Justin Timberlake. (T) 12.55 FILM: The Searchers 2.0 (2007). Premiere. Comedy drama, starring Del Zamora. (T) 2.30 BBC News. (T) 4.50 The Super League Show. Highlights include St Helens v Huddersfield Giants. (T) 5.20 Close.

## Pick of the Day

## V Festival 2009: Sunday Highlights (C4, 11.20pm)

Summer is nearly over and it's almost time to pack away the porkpie hat, wellies and aviator shades as the music festival season draws to a close. 2009 has been a good year for live music with this year's Glastonbury, T in the Park and Download festivals all receiving rave reviews. A firm favourite with music lovers, V Festival looks set to be every bit as good as last year - if not better - with indie heavyweights Oasis and the Killers headlining this time. As always, tickets were in big demand and for those unlucky souls who missed out this year, T4's Miquita Oliver and Steve Jones present highlights from the second day from Chelmsford, which includes performances from James Morrison, Snow Patrol, Elbow, Katy Perry, The Streets, Lady GaGa, and Oasis to name a few. Many argue that Oasis peaked around 1994, after their debut album, Definitely Maybe, catapulted them to superstardom. However, anyone who has seen Manchester's finest live in concert recently will testify that, despite their ageing years, they are still as awe-inspiring as ever. This highlights package also includes all the gossip from backstage and interviews from the bands on the colossal line-up.

## C4

6.05 Sali Mali. (R) (T) 6.10 The Hoobs. (R) (T) 6.35 The Hoobs. (R) (T) 7.00 Beach Volleyball. (R) (T) 7.55 Brain Cell: Energy Challenge. (T) 8.25 The Track and Field Show. (T) 8.55 T4: Big Brother. (R) (T) 10.00 T4: Hollyoaks. (T) 12.35 T4: Big Brother's Little Brother. (T) 1.40 T4: Ugly Betty. Marc and Betty compete for a place on a training programme. (R) (T) 2.35 T4: Friends. (R) (T) 4.30 T4: The Simpsons. (R) (T) 5.00 T4: The Simpsons. (R) (T) 5.30 T4: V Festival 2009: Sunday Live. (T) 6.35 Channel 4 News. (T) 7.05 Time Team. Tony Robinson and the team head to Padstow, Cornwall, to investigate why 1,500-year-old pottery and metalwork originating in North Africa and Turkey have been discovered by locals. The geophysics results suggest the field in which they were found may have contained an Iron Age village, while the archaeologists suspect the nearby sandy cove may have been a port dealing with traders from throughout the Mediterranean. (R) (T) 8.00 FILM: School of Rock (2003). An idle guitarist poses as a supply teacher for some easy money and moulds his pupils into a new rock band. Comedy, with Jack Black and Joan Cusack. (T) 10.10 Big Brother Live. (T) 11.20 V Festival 2009: Sunday Highlights. (T) 1.00 AMusic: 4Play: Steve Appleton. (R) (T) 1.15 Big Brother Live. 4.00 Benefit Busters. The Government's efforts to revolutionise the welfare system. (R) (T) 4.55 Scrapheap Challenge. (R) (T)

## FIVE

6.00 Sunrise. (T) 7.00 Milkshake!: Angels of Jarm. (R) (T) 7.05 Milkshake! Music Box. (R) (T) 7.10 Elmo's World. (R) (T) 7.30 Funky Valley. (R) (T) 7.35 Mio Mao. (R) (T) 7.45 Hana's Helpline. (R) (T) 8.00 Olivia. (R) (T) 8.15 The Adventures of Bottle Top Bill and His Best Friend Corky. (T) 8.30 Harry and His Bucket Full of Dinosaurs. (R) (T) 8.50 What Makes Me Happy. (R) (T) 9.00 Roary the Racing Car. (R) (T) 9.15 Rupert Bear. (R) (T) 9.30 Gerald McBoing Boing. (R) (T) 10.00 Snobs. (R) (T) 10.30 Everybody Hates Chris. (R) (T) 11.00 The Hotel Inspector. (R) (T) 12.00 RSPCA: On the Frontline. (R) (T) 12.30 Animal Rescue Squad. (R) (T) 12.45 FILM: Fun with Dick and Jane (1977). Crime comedy, starring George Segal and Jane Fonda. (T) 2.35 FILM: Lord Jim (1964). Adventure, starring Peter O'Toole. (T) 5.30 Five News. (T) 5.35 FILM: Police Academy VII: Mission to Moscow (1994). Comedy sequel, with George Gaynes. (T) 7.15 Cricket on Five. England v Australia. Highlights from the fourth and penultimate day of the Fifth Test at the Oval. Presented by Mark Nicholas. (T) 8.00 FILM: North Sea Hijack (1979). An eccentric millionaire volunteers his team of soldiers to defuse a volatile terrorist situation. Thriller, starring Roger Moore and James Mason. (T) 10.05 FILM: Out for a Kill (2003). An archaeologist vows revenge on the Chinese gangsters who murdered his wife. Action adventure, starring Steven Seagal, Michelle Goh and Corey Johnson. Including Five News Update. (T) 11.45 You're Nicked! (R) (T) 12.50 ITU Triathlon. 1.45 Asian X-Games. (R) 2.35 Summer X Games. (R) 3.20 Boxing Classic. (R) 3.50 Boxing Update. 5.00 Hana's Helpline. (R) (T) 5.10 The Milkshake! Show. (R) (T) 5.35 Thomas & Friends. (R) (T) 5.45 Roary the Racing Car. (R) (T)

## ITV1

5.30 ITV Morning News. (T) 6.00 GMTV. 9.25 Britain's Favourite View. (T) 9.40 Coronation Street. (T) 11.55 Wish You Were Here: Now & Then. (R) (T) 12.25 ITV News and Weather; Weather. (T) 12.30 Britain Does the Funniest Things. (R) (T) 1.00 The X Factor. (R) (T) 2.30 FILM: Columbo: Last Salute to the Commodore (1976). Crime drama, starring Peter Falk. (T) 4.30 Agatha Christie's Poirot. (R) (T)

6.30 London Tonight: Weather. (T)  
6.45 ITV News and Weather. (T)  
7.00 Lewis. The death of Oxford don RG Cole leads to the shady underworld of unlicensed boxing and the involvement of academic Richard Helm. Investigations reveal the dead man's student Jack Roth was involved in a complex love triangle, and when the young man's rival is found dead in an apparent suicide, Lewis suspects foul play and discovers an old connection to Helm - along with a link to his former mentor Morse. Kevin Whately and Laurence Fox star. (R) (T)

9.00 Gurnash. Mild-mannered driving instructor Doug (Timothy Spall) lives an ordinary life in suburban London with his family, but when his eldest daughter is shot dead by a gang, everything changes. The police come up against a wall of silence in their search for the killer, so Doug takes the law into his own hands and tracks down the gun by scouring nearby estates and ingratiating himself with the locals, determined to get revenge. Feature-length drama, with Deborah Findlay, David Harewood and Paul Kaye. (T)

10.50 ITV News and Weather; Weather. (T)  
11.05 Britain's Love Story. From the 1960s people began openly defying the restrictions of sex, class and race, but found forbidden love sometimes came with dramatic consequences. Lord Brockett's family disowned him when he announced he was marrying a commoner, while Josie Pickering left her husband to live with a woman and venture into the world of prostitution. Illustrated with nostalgic archive footage, narrated by Nimmy March. (R) (T)

12.05 Crossing Jordan. (T) 1.00 Champions League Weekly. (T) 1.25 Kojak. (R) (T) ITV News Headlines. 2.20 Countrywide. (R) (T) 2.45 Dog Rescue. (R) (T) 3.10 ITV Nightscreen.



All the latest at  
[www.the-news.net](http://www.the-news.net)

## LOCAL

**RTP1**  
0630 Children TV 0800 Bom Dia Portugal 1000 Mass 1100 Mudar de Vida 1130 Destinos.pt 1200 Febre da Dança 1300 News 1415 Só Visto! 1530 O Milionário, film 1700 Telerural 1730 Da-me Música 1900 Pai & Força 2000 News 2100 Há Festa Em... 2230 Hora da Síncope Sorteio do Joker 2245 Football Highlights 2345 Os Contemporâneos 0030 Get Carat, film 0215 Irreversible, film 0345 Só Visto! 0430 Teleales

**RTP2**  
0700 Euronews 0800 Músicas de África 0900 Caminhos 0930 70x7 1010 Athletics: World Championship 1300 Wild Orphans 1400 Biosfera 1445 Iniciativa 1515 Athletics: World Championship 1730 Vida Por Vida 1800 Da Terra Ao Mar 1830 Consigo 1900 Arte e Emoção 1930 Alma e a Gente 1955 Bastidores 2025 The Simpsons 2110 Moon: The Great Impact 2200 News 2230 El Sistema 2330 Communism: History of an Illusion 0015 Onda Curta 0100 Athletics: World Championship 0445 Biosfera 0530 Iniciativa 0605 Euronews

**SIC**  
0630 Sic Kids 0900 Disney Kids 1045 Tween Box 1200 BBC Wild Life 1300 News 1400 Fama Show 1445 Film 1630 Film 1815 Film 2000 News 2100 Grande Reportagem SIC 2145 TGV: Todos Gostam do Verão 2315 Nô Há Crise 0015 Film 0230 Quando o Telefone Toca  
**TVI**  
0700 Children's TV 0830 O Bando dos Quatro 0915 Smackdown, wrestling 1015 Inspector Max 1115 Mass 1300 News 1400 Film 1800 Film 1800 Film 2000 News 2115 Sentimentos 2300 Nasci P'ra Cantar 0045 House MD, series 0145 Sempre A Somar 0315 Bitten, film 0500 Teleales 0630 Todos Iguais

## Best of the Rest

**BBC3**  
7.00 Formula 1: The European Grand Prix 8.00 Tough Guy or Chicken? 9.00 Young, Dumb and Living Off Mum 10.00 Family Guy 10.20 American Dad! 10.45 My Big Decision 11.40 Young, Dumb and Living Off Mum 12.40 Tough Guy or Chicken? 1.40 My Big Decision 2.40 Formula 1: The European Grand Prix 3.35 Virgin Cooks 4.35 Underage and Pregnant 5.05 Close  
**BBC4**  
7.00 The No.1 Ladies' Detective Agency 8.00 Wainwright Walks 8.30 Fossil Detectives 9.00 Film: Build My Gallows High PG (1947) 10.35 The Rules of Film Noir 11.30 Film: Stranger on the Third Floor PG (1940) 12.35 Stiff at the BBC 1.35 If It Ain't Stiff 3.05 The Rules of Film Noir 4.00 Close  
**ITV2**  
1.00 Holiday Showdown 2.00 The Planet's Funniest Animals 2.30 The Xtra Factor 3.30 Coronation Street Uncut 4.00 Peter Andre: The Hot Desk 4.20 Film: Charlie and the Chocolate Factory PG (2005) 6.30 The X Factor 8.00 The Xtra Factor 9.00 Film: Sister Act PG (1992) 11.00 Film: Miss Congeniality 2: Armed and Fabulous 12 (2005) 1.20 Entourage 1.50 The Xtra Factor 2.45 Ladette to Lady 3.35 Teleshopping 5.35  
**ITV2**  
Nightscreen

(R) - repeat programme;  
(T) - programme with teletext subtitles;  
(S) - programme broadcast in stereo;  
(bw) - black and white.

**Sky1**  
1.00 It's Me or the Dog USA 2.00 UK Border Force 3.30 Malcolm in the Middle 3.30 Malcolm in the Middle 4.00 Malcolm in the Middle 4.30 Malcolm in the Middle 5.00 Futurama 5.30 Futurama 6.00 The Simpsons 6.30 The Simpsons 7.00 The Simpsons 7.30 The Simpsons 8.00 The Simpsons 8.30 The Simpsons 9.00 House 10.00 Cold Case 11.00 Justin Lee Collins: West End Star 12.20 Ross Kemp on Gangs 1.00 Road Wars 1.55 Football Icon 2.50 Street Wars 3.45 American Gladiators 4.40 Road Wars 5.05 Gladiators

**GOLD**  
1.25 Jam & Jerusalem 2.05 The Vicar of Dibley 3.20 Jam & Jerusalem 4.00 The Vicar of Dibley 5.15 Jam & Jerusalem 5.55 The Vicar of Dibley 7.10 Jam & Jerusalem 7.50 The Vicar of Dibley 9.00 Victoria Wood at the Albert Hall 11.20 Only Fools and Horses 1.00 French and Saunders 1.35 Steptoe and Son 2.15 The Two Ronnies 3.00 Close  
**TCM**  
1.00 Adam's Rib U (1949) 3.00 The Five Pennies U (1959) 5.20 Which Way to the Front? PG (1970) 7.10 Crazy in Love 15 (1992) 9.00 Private Benjamin 15 (1980) 11.15 The Roman Spring of Mrs Stone 15 (1961) 1.20 Private Benjamin 15 (1980) 3.15 The Roman Spring of Mrs Stone 15 (1961) 5.00 Adam's Rib U (1949)

**The Disney Channel**  
Kids' programmes from 7am, except: 4.00 Film: Princess Protection Program PG (2009) Family comedy, starring Selena Gomez.

## MOVIES

**Sky Movies Drama**  
7.00 The Movie Geek 7.30 Pride and Prejudice PG (2003) 9.30 The Sixth Sense 15 (1999) 11.30 We Are Marshall PG (2006) With Matthew McConaughey. 1.45 Regarding Henry 15 (1991) With Harrison Ford. 3.45 Freedom Writers 12 (2007) With Hilary Swank. 6.00 The Last of the Mohicans 15 (1992) With Daniel Day-Lewis. 8.00 PS I Love You 12 (2007) With Hilary Swank. 10.10 Sleuth 15 (2007) With Michael Caine. 11.45 Killer: A Journal of Murder 18 (1995) With James Woods. 1.30 Rumble Fish 18 (1983) With Matt Dillon. 3.15 Blue Collar 18 (1978) 5.15 On Broadway 12 (2007)

**Sky Movies Comedy**  
6.15 To Be or Not To Be PG (1983) 8.05 Big Business PG (1998) 9.45 Daddy Day Camp PG (2007) 11.20 Wayne's World 2 PG (1993) With Mike Myers. 1.00 Made of Honor 12 (2008) With Patrick Dempsey. 2.45 The Heartbreak Kid 15 (2007) With Ben Stiller. 11.45 The Darjeeling Limited 15 (2007) With Owen Wilson. 1.20 Big Business PG (1998) With Bette Midler. 3.05 Stepping Out PG (1991) 5.00 To Be or Not To Be PG (1983)  
**Sky Movies Action/Thriller**  
6.10 35MM 6.40 Red Sonja 15 (1985) 8.25 Johnny Handsome 15 (1989) 10.10 R.F.X2: The Deadly Art of Illusion 15 (1991) 12.10 Ocean's Thirteen PG (2007) With George Clooney. 2.25 Red Sonja 15 (1985) With Brigitte Nielsen. 4.10 The Hand That Rocks the Cradle 15 (1992) With Rebecca De Mornay. 6.15 Johnny Handsome 15 (1989) With Mickey Rourke. 8.00 R.F.X2: The Deadly Art of Illusion 15 (1991) With Bryan Brown. 10.00 Silver 18 (1993) With Sharon Stone. 11.55 Eastern Promises 18 (2007) With Viggo Mortensen. 1.40 The Usual Suspects 18 (1995) With Gabriel Byrne. 3.30 The Corruptor 18 (1999) 5.25 Ocean's Thirteen PG (2007) With Cuba Gooding Jr.



The Portugal News Group  
Telecoms • Contact Centre •  
Directory Enquiries • IT •  
Fairs • Info: 707 500 677

## SPORT

**Sky Sports 1**  
6.00 Aerobics Oz Style 6.30 Football First 8.00 Football First 9.30 World Sport 10.00 Cricket: The Ashes Live. England v Australia. 7.00 Scottish Premier League Football 8.00 Cricket: The Ashes 10.00 Football Special 11.30 Super Sunday: The Last Word 12.00 Cricket: The Ashes 2.00 Football Special 3.30 Super Sunday: The Last Word 4.00 Cricket: The Ashes

**Sky Sports 2**  
6.00 Cricket: The Ashes 8.00 Tri-Nations International Rugby Union 9.30 The Sunday Supplement 11.00 Goals on Sunday 1.00 Live Football League. Cardiff City v Bristol City (Kick-off 1.15pm). 3.30 Live Super Sunday. Fulham v Chelsea (Kick-off 4.00pm). 6.30 Super Sunday: The Last Word 6.55 Live Super League 9.00 Scottish Premier League Football 10.00 WWE: Summerslam Preview 10.30 WWE: Late Night - Afterburn 11.30 WWE Vintage Collection 12.30 WWE: Summerslam Preview 1.00 Super League 3.00 Close

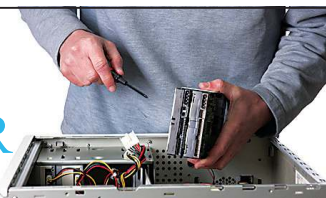
**Sky Sports 3**  
6.00 Watersports World 7.00 WWE: Summerslam Preview 7.30 WWE Special 8.30 WWE: Summerslam Preview 9.00 WWE: Afterburn 10.00 WWE Vintage Collection 11.00 WWE: Summerslam Preview 11.30 WWE Special 12.30 Live Scottish Premier League Football. Hearts v Rangers (Kick-off 12.45pm). 3.00 WWE: Summerslam Preview 3.30 Live Solheim Cup Golf. The

final day's play from Sugar Grove, Illinois. 11.30 Golf Night 12.30 European Seniors Tour Golf 1.30 Scottish Premier League Football 2.30 Close

**British Eurosport**  
7.30 WTA Tennis 8.30 F1: The Factory 9.00 GP2 Series 9.30 Live GP2 Series. The sprint race at the Valencia Street Circuit in Spain. 10.20 Live World Championship Athletics. Coverage of the women's marathon from Berlin. 12.45 Live Women's European Championship Football. Ukraine v Holland (Kick-off 12.45pm). 2.45 Live Rallying. The second day of the Intercontinental Rally Challenge from the Czech Republic. 3.15 Live World Championship Athletics. The championships reach a conclusion in Berlin. 5.30 WTA Tennis 6.30 Live WTA Tennis. The Rogers Cup final. 8.15 Athletics: Berlin Photo Finish 9.20 Women's European Championship Football 10.20 Motorsports Weekend 10.35 Live Mans Series 11.05 Porsche Super Cup 11.35 Tour of Ireland Cycling 12.05 Athletics: Berlin Photo Finish 1.10 Close

**Sky Sports Xtra**  
6.00 Tri-Nations International Rugby Union 7.30 World Sport 8.00 Max Power 9.00 Masters Tennis 10.30 NASCAR 12.30 Rallyzone 1.00 Live European Tour Golf. The KLM Open. 5.00 WWE: Summerslam Preview 5.30 Live Masters Tennis. The Cincinnati Masters final. 8.00 WWE Wrestling 8.30 NASCAR 10.30 Live Indy Car Series. The Peak Antifreeze and Motor Oil Indy Grand Prix of Sonoma County. 1.00 Watersports World 2.00 Close

## LET US BUILD YOUR COMPUTER



We can tailor-make a computer in our workshops just for you and in exact accordance with your needs.  
**EVERYTHING IN ENGLISH**  
Our technicians will install English language operating systems, deliver the computer and configure everything for you. They will transfer data from your old computer, plus all your previous settings, favourites, cookies, e-mail accounts leaving everything as you like it, but faster and better.  
**FROM ONLY €399<sup>(1)</sup>**



BBC1

6.00 Breakfast. (T) 9.15 Saints and Scroungers. (T) 10.00 Escape to the Country. (R) (T) BBC News: Weather. (T) 11.00 Homes Under the Hammer. (T) 11.30 Cash in the Celebrity Attic. (R) (T) BBC News: Weather. (T) 12.15 Bargain Hunt. (R) (T) 1.00 BBC News: Weather. (T) 1.30 Regional News: Weather. (R) 1.45 Doctors. (T) 2.15 Murder, She Wrote. (R) (T) 3.00 BBC News: Weather; Regional News. (T) 3.05 CBeebies: Kerwhizz. (R) (T) 3.25 CBBC: Scoop. (R) (T) 3.55 Frankenstein's Cat. (R) (T) 4.05 Best of Friends. (R) (T) 4.35 Animals at Work. (R) (T) 5.00 Newswound. (T)

5.15 Weakest Link. General knowledge quiz, with Anne Robinson, in which members of the publicity to outdo each other to win a cash prize. (R) (T) BBC News: Weather. (T)

6.00 Regional News Programmes; Weather. (T)

7.00 The One Show. John Sergeant and Myleene Klass take over the reins of the live show this week, with a team of roving reporters uncovering topical stories across the UK. (T)

7.30 Bang Goes the Theory. Jem Stansfield tries to defeat the US Navy's latest weapon with no more than some foam and a crash helmet. Plus, Dallas Campbell goes on a thrill-seeking mission. (T) BBC News; Regional News. (T)

8.00 EastEnders. Dawn tells the girls at the hen party about her affair with Phil, while Minty cannot bring himself to be happy for Garry and decides his friend should know the truth. Bradley worries about losing his dog to its previous owner and Tamwar misreads the signals with Amira before making an admission. (T)

8.30 Panorama. Vivian White meets elderly people in sheltered housing who have been taking to the streets to protest against the removal of their wards, an action they claim breaks a promise. (T)

9.00 Can You Bank on Me? Two former bankers experience the recession from a different perspective by working with struggling businesses. Griselda learns the ropes from the ground floor upwards at the Queen's Hotel in Blackpool, while Amit lends a hand at the Dairy House in the village of Weobley, Herefordshire, where staff produce handmade organic yoghurt, cheseecake, curd cheese, cream and butter. (T)

10.00 BBC News. (T)

10.25 Regional News. Weather. (T)

10.35 Would I Lie to You? Rob Brydon welcomes comedians Jimmy Carr and Marcus Brigstocke. TV presenter Terry Christian and singer Jamella, who join team captains David Mitchell and Lee Mack on the show. (T)

11.05 FILM: The Life and Death of Peter Sellers (2004). Biopic of the comic actor, starring Geoffrey Rush; (T) Weatherview. (T)

1.05 Sign Zone: Bang Goes the Theory. (R) (T) 1.35 Sign Zone: Desperate Romantics. (R) (T) 2.35 FILM: Sign Zone: Gonzo: The Life and Work of Dr Hunter S Thompson (2008). Documentary profiling the counter-culture journalist. (T) 4.05 Sign Zone: Taking the Flak. (R) (T) 4.35 BBC News. (T)



BBC2

6.00 CBeebies: Tikkabilla. (R) (T) 6.30 Teletubbies. (R) (T) 7.00 Lunar Jim. (R) (T) 7.10 The Large Family. (R) (T) 7.20 Telly Tales. (R) (T) 7.35 LazyTown. (R) (T) 8.00 CBBC: Prank Patrol. (R) (T) 8.30 The Legend of Dick & Dom. (R) (T) 9.00 Wolverine and the X-Men. (R) (T) 9.20 Eliot Kid. (R) (T) 9.35 League of Super Evil. (R) (T) 9.45 ChuckleVision. (R) (T) 10.00 Horrible Histories. (R) (T) 10.30 Deadly 60. (R) (T) 11.00 The Flintstones. (R) (T) 11.25 FILM: Bell Bottom George Formby. (T) (bw) 1.00 Living in the Sun. (R) (T) 1.45 Britain's Dream Homes. (R) (T) 2.30 Animal Park. (R) (T) 3.00 Monk. (R) (T) 3.45 Flog It! (T) 4.30 Pointless. (T) 5.15 The Hairy Bikers' Food Tour of Britain. (T) 6.00 Eggheads. (R) (T) 6.30 Trust Me, I'm a Dealer. (T) 7.00 A Garden in Snowdonia. New series. A year in the life of Bodnant Garden in North Wales. (T) 7.30 Saving Britain's Past. New series. Campaigns to save sites of historical importance. (T) 8.00 University Challenge. King's College London takes on Cardiff. (T) **8.30 Caribbean Food Made Easy.** New series. Cookery show, hosted by Levi Roots. (T) 9.00 Future of Food. How the developing world is putting pressure on food resources. (T) 10.00 Mock the Week. Dara O'Brian presents highlights from the series so far. (R) (T) 10.30 Newswight; (T) Weather. (T) 11.20 The Wire. (T) 12.20 BBC News. (T) 4.35 Close.

(R) - repeat programme;

(T) - programme with teletext subtitles;

(S) - programme broadcast in stereo;

(bw) - black and white.

C4

5.50 Sali Mali. (R) (T) 5.55 The Hoobs. (R) (T) 6.20 The Hoobs. (R) (T) 6.45 Big Brother's Little Brother. (R) (T) 7.45 Big Brother. (R) (T) 8.55 Friends. (R) (T) 9.25 Friends. (R) (T) 8.55 The Inbetweeners' Postcard from T4 on the Beach. (R) (T) 10.15 4Music Favourites: Black Eyed Peas. (R) (T) 10.45 Diversity's Postcard from T4 on the Beach. (R) (T) 10.55 Shipwrecked 2009: Battle of the Islands. (R) (T) 12.00 News at Noon. (T) 12.30 Pop Parents. (R) (T) 12.45 10 Years Younger: The Challenge. (R) (T) 1.40 FILM: Trouble in the Glen (1954). Comedy, starring Orson Welles. (T) 3.25 Countdown. (T) 4.10 Deal or No Deal. (T) 5.00 Wogan's Perfect Recall. (R) (T) 5.30 Come Dine with Me. (T) 6.00 The Simpsons. (R) (T) 6.30 Hollyoaks. (T) 7.00 Channel 4 News. (T) 7.55 3 Minute Wonder: Missing You. New series. How the families of missing persons cope. (T) 8.00 Prince John: The Windsors' Tragic Secret. The life of King George V's youngest child. (R) (T) 9.00 On Tour with the Queen. Kwame Kwei-Armah continues retracing the Queen's 1953 Commonwealth tour, visiting Sri Lanka, Uganda and Fiji, which has now dispensed with the monarch as head of state. (T) 10.00 Big Brother. The past 24 hours in the house. (T) 11.10 Wife Swap USA. (T) 12.10 Wakestock Sports Show. (T) 12.45 Big Brother Live. 4.00 FILM: Incident in a Small Town (1994). Murder mystery sequel, starring Walter Matthau. (T) 5.30 The Hoobs. (R) (T)

FIVE

6.00 Milkshake!: Elmo's World. (R) (T) 6.15 Pocoyo. (R) (T) 6.25 Fireman Sam. (R) (T) 6.35 The Beeps. (R) (T) 6.45 Roobarb and Custard Too. (R) (T) 6.55 Peppa Pig. (R) (T) 7.00 The WotWots. (R) (T) 7.15 Milkshake Monkey. (T) Milkshake! Show Songs. (R) (T) 7.20 Bert and Ernie's Great Adventures. (R) (T) 7.25 Milkshake! Bop Box. (R) (T) 7.30 Roary the Racing Car. (R) (T) 7.45 Noddy in Toyland. (R) (T) 8.00 Fil and the Flowertots. (R) (T) 8.10 Peppa Pig. (R) (T) 8.20 Peppa Pig. (R) (T) 8.25 Thomas & Friends. (R) (T) 8.35 Little Princess. (R) (T) 8.50 The Adventures of Bottle Top Bill and His Best Friend Corky. (R) (T) 9.00 The Mr. Men Show. (R) (T) 9.15 The Wright Stuff. (T) 10.45 Trisha Goddard. (R) (T) 11.45 House. (R) (T) 12.40 Five News. (T) 12.50 Medical Investigation. (R) (T) 1.45 Neighbours. (T) 2.15 Lemur Island. (R) (T) 3.10 Zoo Days Shorts. (R) (T) 3.15 FILM: Love Finds a Home (2009). Premiere. Period drama sequel, starring Sarah Jones. (T) 5.00 Five News with Natasha Kaplinsky; Weather. (T) 5.30 Neighbours. (R) (T) 6.00 Michaela's Animal Road Trip. (T) 7.00 Five News at 7. (T) 7.15 Cricket on Five. England v Australia. (T) 8.00 The Gadget Show. The latest in cycling technology; (T) 8.00 Five News at 9.00 The Hotel Inspector. A British couple struggle to run a Swiss guesthouse. Last in the series. (T) 10.00 FILM: The Reaping (2006). Premiere. A paranormal investigator travels to a small town struck by biblical plagues. Supernatural thriller, with Hilary Swank and David Morrissey. Including Five News Update. (T) 12.05 Most Evil. (R) (T) 1.05 NASCAR. 2.00 Race and Rally UK. 2.50 Motorsport Mundial. 3.15 Indy Car Series. (R) 5.10 Neighbours. (R) (T) 5.35 HouseBusters. (R) (T)

LOCAL

**RTP1**  
0630 Bom Dia Portugal 1000 Verão  
Total 1300 News 1420 Chamas da Vida 1500 Sanguê do Meu Sanguê 1545 Verão Total 1800 Portugal em Directo 1905 Prego Certo 2000 News 2100 Jogo Duplo 2200 Contame Como Foi 2300 Elvis: The Early Years, miniseries 0045 Californication, series 0115 Prison Break, series 0200 Amor e Intrigas 0245 Telelases 0600 Euronews

**RTP2**  
0715 Zig Zag 1400 Bonas, series 1600 National Geographic 1700 Zig Zag 1830 A Fé dos Homens 1900 A Minha Sogra é uma Bruxa 1930 Zig Zag 2045 The Big Bang Theory, series 2115 National Geographic 2145 A Hora da Sorte 2200 News 2240 ER, series 2330 30 Rock, series 0000 5 Para a Meia-Noite 0100 Michael Palin's New Europe 0200 Euronews

**SIC**  
0600 Sic Notícias 0700 Sic Kids 0800 Sic A Minha Família é uma Animação 0900 Tween Box 1000 O Mundo de Pato 1100 Sic ao Vivo 1300 News 1415 Mulheres Apaixonadas 1530 Três Irmãs 1615 Sic ao Vivo 1900 Tã a Gravar 2000 News 2130 Salve-se Quem Puder 2230 Cenas do Casamento 2315 Caminho das Índias 0030 CSI Miami, series 0130 Agarradas ao Verão 0200 Quando o Telefone Toca

**TVI**  
0700 Diário da Manhã 1015 Você na TV! 1300 News 1400 As Tardes da Júlia 1700 Quem quer Ganha 1815 Morangos com Açúcar 2000 News 2130 Deixa Que Te Leve 2230 Sentimentos 2330 Flor do Mar 0015 House MD, series 0115 Harper's Island, series 0230 Sempre a Somar 0400 Nightmare At The End Of Hall, film 0530 Telelases

Best of the Rest

**BBC3**  
7.00 Merlin 7.45 The Real Hustle 8.00 Bizarre ER 8.30 Underage and Pregnant 9.00 Gavin & Stacey 9.30 We Are Kiang 10.00 EastEnders 10.30 Little Britain 11.00 Family Guy 11.20 Family Guy 11.45 Underage and Pregnant 12.15 Gavin & Stacey 12.50 My Big Decision 1.40 The Autistic Me 2.40 Bizarre ER 3.10 We Are Kiang 3.40 Snog, Marry, Avoid? 4.10 The Real Hustle 4.25 My Big Decision 5.25 Close

**BBC4**  
7.00 World News Today 7.00 Weather 7.30 Legends: Roy Orbison - The 'Big O' in Britain 8.30 Only Connect 9.00 Wallander 10.30 Rain 11.30 Snow 12.30 Winds 13.00 Only Connect 2.00 Style on Trial 3.00 Style on Trial 4.00 Close

**ITV2**  
1.00 Emmerdale 1.30 The Jeremy Kyle Show 2.35 The Jeremy Kyle Show 3.45 Ricki Lake 4.30 Ricki Lake 5.15 Sally Jessy Raphael 6.00 Judge Judy 7.00 Gossip Girl 8.00 The Cube 9.00 Film: The 40 Year Old Virgin 15 (2005) 11.25



Reach the right readers for the right price  
Tel 707 500 677

Coronation Street 11.55 Coronation Street 12.25 Celebrity Juice 12.55 Celebrity Juice 1.30 Emmerdale 1.55 American Princess 2.50 Teleshopping 3.20 The Montel Williams Show 4.00 Teleshopping

**Sky1**  
1.00 Don't Forget the Lyrics 2.00 UK Border Force 3.00 Stargate Atlantis 4.00 Stargate Atlantis 5.00 Malcolm in the Middle 5.30 Futurama 6.00 Malcolm in the Middle 6.30 Futurama 7.00 The Simpsons 7.30 The Simpsons 8.00 The Simpsons 8.30 The Simpsons 9.00 Road Wars 10.00 Mario and Nint: A Childhood 11.00 Serial Killers on the Loose 12.30 Road Wars 1.30 Inside: The Border War 2.25 Street Wars 3.20 Nothing But the Truth 4.15 Airline 4.40 Road Wars 5.05 Brainiac: Science Abuse

**GOLD**  
1.00 dinnerladies 1.40 Steptoe and Son 2.20 Yes, Prime Minister 3.00 Only Fools and Horses 3.40 Sorry! 4.20 My Family 5.00 Last of the Summer Wine 5.40 One Foot in the Grave 6.20 dinnerladies 7.00 Steptoe and Son 7.40 Yes, Prime Minister 8.20 Only Fools and Horses 9.00 Only Fools and Horses 10.40 One Foot in the Algarve 12.40 French and Saunders 1.20 Steptoe and Son 2.00 The Two Ronnies 2.50 Close Up 3.00 Close

**TCM**  
1.00 Easter Parade U (1948) 3.00 The Cincinnati Kid PG (1965) 5.00 Five Days One Summer PG (1982) 6.55 My Giant PG (1998) 9.00 Mad City 15 (1997) 11.20 Fathers' Day 12 (1997) 1.15 Mad City 15 (1997) 3.15 Fathers' Day 12 (1997) 5.00 Easter Parade U (1948)

**The Disney Channel**  
Kids' programmes from 7am, except 9.00 Film: Johnny Kapahala: Back on Board PG (2007) Comedy sequel, starring Brandon Baker.

MOVIES

Sky Movies Drama

7.00 Amazing Grace PG (2006) 9.00 King of the Hill 15 (1993) 10.45 35MM 11.15 Silkwood 15 (1983) With Meryl Streep. 1.30 Saving Sarah Cain PG (2007) With Lisa Pepper. 3.20 The Top 10 Show 3.40 Away from Her 12 (2006) With Gordon Pinsent. 5.40 The Top 10 Show 6.00 The Chamber 15 (1996) With Chris O'Donnell. 8.00 Rescue Dawn 12 (2006) With Christian Bale. 10.10 We Own the Night 15 (2007) With Joaquin Phoenix. 12.10 The Brave One 18 (2007) With Jodie Foster. 2.20 Storyville 15 (1992) With James Spader. 4.30 Malpractice PG (2001)

Sky Movies Comedy

6.50 The Most Fertile Man in Ireland 15 (1999) 8.35 More of Me PG (2007) 10.05 The Bachelor 12 (1999) 11.50 South Park: Bigger, Longer & Uncut 15 (1999) With Trey Parker. 1.20 American Pie 15 (1999) With Jason Biggs. 3.05 Mr Woodcock 12 (2007) With Billy Bob Thornton. 4.40 Are We Done Yet? PG (2007) With Ice Cube. 6.15 The Bachelor 12 (1999) With Chris

O'Donnell. 8.00 South Park: Bigger, Longer & Uncut 15 (1999) With Trey Parker. 9.30 The Top 10 Show 9.45 American Pie 15 (1999) With Jason Biggs. 11.30 Mr Woodcock 12 (2007) With Billy Bob Thornton. 1.05 Are We Done Yet? PG (2007) With Ice Cube. 2.50 Commandments 15 (1997) With Aidan Quinn. 4.25 More of Me PG (2007)

Sky Movies Action/Thriller

7.30 Orca: Killer Whale PG (1977) 9.05 Charley Varrick 15 (1973) 11.00 Cleaner 15 (2007) With Samuel L. Jackson. 12.35 Turbulence 2: Fear of Flying 15 (1999) With Tom Berenger. 2.30 Charley Varrick 15 (1973) With Walter Matthau. 4.25 Twilight 15 (1999) With Paul Newman. 6.05 Reach 12 (2007) With Chris Cooper. 8.00 Cleaner 15 (2007) With Samuel L. Jackson. 9.45 The Top 10 Show 10.00 Marked for Death 18 (1990) With Steven Seagal. 11.40 Mr Brooks 18 (2007) With Kevin Costner. 1.45 Metro 18 (1997) With Eddie Murphy. 3.45 Marked for Death 18 (1990) 5.20 Orca: Killer Whale PG (1977)

You can talk to one of our readers for the cost of a bean

\* Based on double directory colour = €80 per week

\* Readership of at least 50,000 based on audited circulation of approx 20,000 x 2.5

call our Sales Manager on

707 500 677

ITV1

5.30 ITV Morning News. (T) 6.00 GMTV. (T) 9.25 The Jeremy Kyle Show. (T) 10.30 No Place Like Home? (T) 11.25 ITV News Headlines; Weather. (T) 11.30 60 Minute Makeover. (R) (T) 12.30 For the Rest of Your Life. (T) 1.30 ITV Lunchtime News. (T) 1.55 London News and Weather. (T) 2.00 Good Bid Good Buy. (R) (T) 3.00 Daily Cooks Challenge. (T) 3.59 London Weather. (T) 4.00 Heartbeat. (R) (T)

5.00 Golden Balls. Jasper Carrott hosts the show in which four contestants enter a game of truth and bluff to find life-changing amounts of cash hidden inside a set of golden balls before making the final choice of whether to share the jackpot or try to keep it for themselves. (R) (T)

6.00 London Tonight; Weather. (T)

6.30 ITV Evening News; Weather. (T)

7.00 Emmerdale. Val pretends to Diane that she is in Thailand, and informs Terry she has paid half of her money from the sale of the pub straight into Pollard's bank account. Holly is disgusted when Aaron states he will only drop the charges against John if she sleeps with him, and Jamie is delighted when Gennie reveals she is breaking up with her boyfriend. (T)

7.30 Coronation Street. Horrified by David's injuries, Tina learns more about the time and nature of the attack, before the police turn up at No 11 to arrest Jason. Rita urges Ramsay to stay in Weatherfield for Emily's sake, while Joe agrees to give his relationship with Gail another go and Jesse moves into Eileen's with his parrot in tow. (T)

8.00 Airline. A party of war veterans heads for Monte Cassino to pay respect to fallen comrades on the anniversary of VE Day. Joe Jones flies to Almeria to open easyJet's new check-in. (R) (T) Coronation Street. David is less than happy to discover Jason has been released from police custody, but shocked when someone else confesses to the beating. Joe secures a part-time job and Ashley takes Grame home with him to avoid any romance with Claire. Elsewhere, Ramsay and Emily grow closer, and Jesse's parrot poses a problem. (T)

9.00 Monday Monday. Sally's new relationship with Steven is put to the test when her former fiance Michael arrives unexpectedly and asks for another chance. Meanwhile, Alyson delivers some shocking news, Roger prepares for retirement and Christine fights to keep her job. Mervyn Christie, Tom Ellis, Holly Ald and Fay Ripley star. Last in the series. (T)

10.00 News at Ten and Weather. (T)

10.30 London News and Weather. (T)

10.35 FILM: First Blood (1982). Action thriller, starring Sylvester Stallone. (T)

12.20 Nightwatch with Steve Scott: Crime. (R) (T) 1.10 Nightwatch with Steve Scott: Emergency. (R) (T) 1.10 News Headlines. 2.05 The Jeremy Kyle Show. (R) (T) 3.00 ITV Nightscreen.

SPORT

Sky Sports 1

6.00 Good Morning Sports Fans 9.00 Ocean Adventures 9.30 FIFA Futbol Mundial 10.00 Cricket: The Ashes Live. England v Australia. 7.00 Netbusters 7.30 Live Carling Cup Football. Norwich City Sunderland (Kick-off 7.45pm). 10.00 Time of Our Lives 11.00 Netbusters 11.30 Soccer AM: The Best Bits 12.30 Carling Cup Football 2.00 FIFA Futbol Mundial 2.30 Sports Unlimited 3.30 Watersports World 4.30 Max Power 5.30 FIFA Futbol Mundial

Sky Sports 2

6.00 Super League 8.00 Football Special 9.30 Super Sunday: The Last Word 10.00 Scottish Premier League Football 11.00 Solheim Cup Golf 2.00 Golf Night 3.00 Scottish Premier League Football 4.00 Football Special 5.30 Super Sunday: The Last Word 6.00 Soccer AM: The Best Bits 7.00 Motor Sport 7.30 Live Speedway. Swindon Robins v Poole Pirates. 9.30 Indy Car Series 12.00 Cricket: The Ashes 2.00 Poker 3.30 Show Jumping 4.30 Close

Sky Sports 3

8.00 WWE: Bottom Line 9.00 Masters Tennis 11.00 Aerobics Oz Style 11.30 Racing News 12.00 Super League 2.00 Masters Tennis 3.00 WWE: Raw 6.00 Show Jumping 7.00 Polo 8.00 Cricket: The Ashes 10.00 WWE: Late Night - Bottom Line 11.00 WWE: Late Night - Afterburn 12.00 Extreme Championship Wrestling 1.00 WWE: Vintage Collection 2.00 Live WWE: Late Night - Raw. Wrestling action from the States. 4.15 Close

British Eurosport

7.30 Motorsports Weekend 7.45 World Championship Athletics 9.30 Women's European Championship Football 11.15 Women's European Championship Football 1.00 Triathlon 1.30 WTA Tennis 2.45 Live Women's European Championship Football. Germany v Norway (Kick-off 3.00pm). 5.00 Eurogoals 5.45 Eurogoals: One to One 6.00 Live Women's European Championship Football. Ireland v France (Kick-off 6.00pm). 8.00 Triathlon 9.00 Tour of Ireland Cycling 9.30 Tour of Ireland Cycling 10.00 Tour of Ireland Cycling 10.30 Eurogoals: One to One 10.45 Eurogoals 11.30 Women's European Championship Football 12.30 Close

Sky Sports Xtra

9.30 Indy Car Series 12.00 Polo 1.00 Ocean Adventures 1.30 Indy Car Series 4.00 Polo 5.00 Wild Spirits 5.30 Max Power 6.30 BMX Cycling 7.00 Solheim Cup Golf 10.00 Golf Night 11.30 Eurogoals 12.30 BMX Cycling 1.00 Speedway 3.00 Motor Sport 3.30 Wild Spirits 4.00 BMX Cycling 4.30 Close

There are many choices, and our technicians will talk through with you what you need, make some suggestions, and then build, deliver and install for you <sup>(2)</sup>.

**Why buy 'off the peg', when you can have 'tailor-made' for as little as €399 <sup>(1)</sup>**

<sup>(1)</sup> Screen not included. IVA not included  
<sup>(2)</sup> Installation costs €40 per hour, but not available in every area.

ANOTHER SERVICE FROM WORLD TELECOM

PART OF THE PORTUGAL News GROUP

Established 1977







## BBC1

6.00 Breakfast. (T) 9.15 Saints and Scroungers. (T) 10.00 Escape to the Country. (R) (T) BBC News; Weather. (T) 11.00 Homes Under the Hammer. (T) 11.30 Cash in the Celebrity Attic. (R) (T) BBC News; Weather. (T) 12.15 Bargain Hunt. (R) (T) 1.00 BBC News; Weather. (T) 1.30 Regional News; Weather. (T) 1.45 Doctors. (T) 2.15 Murder, She Wrote. (R) (T) 3.00 BBC News; Weather; Regional News. (T) 3.05 CBeebies: Kerwhizz. (R) (T) 3.25 CBBC: Scoop. (R) (T) 3.55 Frankenstein's Cat. (R) (T) 4.05 Wait for It! (T) 4.35 Animals at Work. (T) 5.00 Newsround. (T)

5.15 Weakest Link. Anne Robinson piles on the pressure in another round of the general knowledge contest, where teamwork goes hand in hand with greed. (R) (T)

6.00 BBC News; Weather. (T)  
6.30 Regional News Programmes; Weather. (T)  
7.00 The One Show. Topical magazine show, presented by John Sergeant and Mylene Klass. (T)

7.30 Wildest Dreams. The remaining contestants are assigned the task of filming a story in Lewa, a ground-breaking wildlife conservation area in Kenya. (T) BBC News; Regional News. (T)

8.30 The 39 Steps. Spooks star Rupert Penry-Jones takes the lead role in this adaptation of John Buchan's classic novel, set in 1914. Engineer Richard Hannay is bored and restless in London - until he meets Scudiger, who claims to be a British spy. When the agent is killed in his flat, Hannay is thrown headlong into adventure, forced to go on the run under suspicion of murder. Fleeing to Scotland, with police and spies on his tail, he teams up with feisty suffragette Victoria Sinclair, and although they fail to hit it off, the couple become increasingly reliant on each other as they race to unmask a traitor and save Great Britain from German invasion. Action thriller, co-starring Eddie Marsan and Lydia Leonard. (R) (T)

10.00 BBC News. (T)  
10.25 Regional News; Weather. (T)  
10.35 The National Lottery Draws. Scott Mills presents. (T)

10.45 Silverville. The story of 77-year-old Bill McCloskey, a political activist who helped to shape the new town of Milton Keynes in the 1970s, but who now suffers from Parkinson's disease. (T)

11.15 The League Cup Show. Manish Bhasin introduces a round-up of this week's second round ties in English football's second cup competition, including Crystal Palace against Manchester City. (T) National Lottery Update. (T)

12.05 FILM: Ashanti (1979). Adventure, starring Michael Caine. (T) Weatherview. (T) 2.00 Sign Zone: The Last Volunteer - A Tribute to Henry Allingham. (R) (T) 2.30 Sign Zone: Harry Patch - The Last Tommy. (R) (T) 3.30 Sign Zone: Rick Stein's Far Eastern Odyssey. (R) (T) 4.30 BBC News. (T)



## BBC2

6.00 CBeebies: Tikkabilla. (R) (T) 6.30 Teletubbies. (R) (T) 7.00 Lunar Jim. (R) (T) 7.10 The Large Family. (R) (T) 7.20 Telly Tales. (R) (T) 7.35 LazyTown. (R) (T) 8.00 CBBC: Prank Patrol. (R) (T) 8.30 The Legend of Dick & Dom. (R) (T) 9.00 Skunk Fu! (R) (T) 9.10 Shaun the Sheep. (R) (T) 9.20 Eliot Kid. (R) (T) 9.35 League of Super Evil. (R) (T) 9.45 ChuckleVision. (R) (T) 10.00 Horrible Histories; (R) (T) Sam & Mark's Guide to Dodging Disaster. (R) (T) 10.35 The Slammer. (R) (T) 11.05 The Flintstones. (R) (T) 11.30 FILM: Herbie Goes Bananas (1980). Disney adventure, starring Cloris Leachman. (T) 1.00 Living in the Sun. (R) (T) 1.45 Britain's Dream Homes. (R) (T) 2.30 Animal Park. (R) (T) 3.00 Monk. (R) (T) 3.45 Flog It! (T) 4.30 Pointless. (T) 5.15 The Hairy Bikers' Food Tour of Britain. (T) 6.00 Eggheads. (R) (T) 6.30 Trust Me, I'm a Dealer. (T) 7.00 The Edinburgh Festival Show. Lauren Laverne presents highlights from Plesance Courtyard. Last in the series. (T) 7.50 A Wild Day in Heligan. The Lost Gardens of Heligan. (R) (T) 8.00 Economy Gastronomy. Allegra McEvedy and Paul Merrett help the Caddy family. (T) 9.00 Dragons' Den. An electric car is pitched to the dragons. (T) 10.00 Shooting Stars. New series. Vic Reeves and Bob Mortimer return with the anarchic quiz. (T) 10.30 Newsnight; (T) Weather. (T) 11.20 The Wire. (T) 12.20 BBC News. (T) 4.25 Close.

(R) - repeat programme;  
(T) - programme with teletext subtitles;

## Pick of the Day

## Shooting Stars (BBC2, 10pm)

A whole new generation of comedy fans are about to make up their mind whether Vic and Bob are timeless comedy geniuses, or two rather silly middle aged men. As any older fan can tell them, they're both! And we're delighted to see them back with their seminal comedy quiz. After the success of last year's Christmas special, Vic Reeves and Bob Mortimer return for a new series of the off-the-wall panel show where questions and answers are a bit of an irrelevance. Regular host, Ulrika-Ka-Ka Jonsson is back, and Jack Dee joins the group as a new team captain. Matt Lucas reprises his George Dawes scorekeeping role to add that extra bit of surrealism, as well as a few catchy tunes. Guests on this first episode are The One Show's Christine Bleakley, comedian and friend of Peter Kay, Paddy McGuinness, and popstar DJ Ironik. They're joined by burghervan man Angelos Epithemiou, making his television debut on the show. Hi-jinks include Vic chatting up Christine with a special presentation, attempts to cheer up grumpy Jack Dee and interrogations about Ulrika's new-look body. The Dove from Above will be making a welcome return, as will popular catchphrase éauvau'.

## C4

5.55 The Treacle People. (R) (T) 6.05 Sali Mali. (R) (T) 6.10 The Hoobs. (R) (T) 6.35 The Hoobs. (R) (T) 7.00 Everybody Loves Raymond. (R) (T) 7.30 Big Brother's Little Brother. (R) (T) 8.00 Big Brother. (R) (T) 9.00 Alesha Dixon's Postcard from T4 on the Beach. (R) 9.15 Friends. (R) (T) 9.45 The Inbetweeners' Postcard from T4 on the Beach. (R) (T) 10.00 Friends. (R) (T) 10.30 Calvin Harris' Postcard from T4 on the Beach. (T) 10.45 Shipwrecked 2009: Battle of the Islands. (R) (T) 11.50 Little Boots' Postcard from T4 on the Beach. (T) 12.00 News at Noon. (T) 12.30 My Eden. (R) (T) 12.35 10 Years Younger: The Challenge. (R) (T) 1.30 FILM: Escape from the Planet of the Apes (1971). Sci-fi adventure sequel, starring Roddy McDowall. (T) 3.25 Countdown. (T) 4.10 Deal or No Deal. (T) 5.00 Wogan's Perfect Recall. (R) (T) 5.30 Come Dine with Me. (T) 6.00 The Simpsons. (R) (T) 6.30 Hollyoaks. (T) 7.00 Channel 4 News. (T) 7.55 3 Minute Wonder: Missing You. A man who disappeared in 1995. (T) 8.00 Location, Location, Location. Kirstie Allsop and Phil Spencer help two couples who are struggling to find suitable properties in Edinburgh due to a competitive market and demanding search criteria. (T) 9.00 Big Brother. This week's nominees hear their fate. (T) 10.00 Ugly Betty. Amanda and Betty work together on an article. (T) 11.00 Skins. (T) 12.00 Teachers. (R) (T) 1.05 Big Brother Live. 4.00 Scrapheap Challenge. (R) (T) 5.00 Countdown. (R) (T) 5.40 Yo Gabba Gabba. (R) (T)

(S) - programme broadcast in stereo;  
(bw) - black and white.

## FIVE

6.00 Milkshake!: Elmo's World. (R) (T) 6.15 Pocoyo. (R) (T) 6.25 Fireman Sam. (R) (T) 6.35 The Beeps. (R) (T) 6.45 Roobarb and Custard Too. (R) (T) 6.55 Peppa Pig. (R) (T) 7.00 The WotWots. (R) (T) 7.15 Milkshake Monkey; (T) Milkshake! Show Songs. (R) (T) 7.20 Bert and Ernie's Great Adventures. (R) (T) 7.25 Milkshake! Bop Box. (R) (T) 7.30 Roary the Racing Car. (R) (T) 7.45 Noddy in Toyland. (R) (T) 8.00 Fit and the Flowerpots. (R) (T) 8.10 Peppa Pig. (R) (T) 8.20 Peppa Pig. (R) (T) 8.25 Thomas & Friends. (R) (T) 8.35 Little Princess. (R) (T) 8.50 The Adventures of Bottle Top Bill and His Best Friend Corky. (R) (T) 9.00 The Mr Men Show. (R) (T) 9.15 The Wright Stuff. (T) 10.45 Trisha Goddard. (R) (T) 11.45 House. (R) (T) 12.40 Five News. (T) 12.50 Medical Investigation. (R) (T) 1.45 Neighbours. (T) 2.15 Lemur Island. (R) (T) 3.05 Zoo Days Shorts. (R) (T) 3.10 FILM: Taking Back Our Town (2001). Fact-based drama, starring Laura Innes. (T) 5.00 Five News with Natasha Kaplinsky; Weather. (T) 5.30 Neighbours. (R) (T) 6.00 Michaela's Animal Road Trip. (T) 7.00 Five News at 7. (T) 7.30 Mean Machines. Technologically advanced amphibious vehicles; (R) (T) 7.30 Five News Update. (T) 8.00 Megastructures: Built from Disaster. New series. How accidents have influenced the evolution of modern structural engineering; (T) 8.00 Five News at 9. 9.00 FILM: Second in Command (2006). An east European official protects an American ambassador during a rebellion in Moldova. Thriller, starring Jean-Claude Van Damme and William Tatt. Including Five News Update. (T) 10.50 Rory and Paddy's Great British Adventure. (R) (T) 1.50 Poker. (T) 1.20 ITU Triathlon. 2.15 Cricket on Five. (R) 5.10 Neighbours. (R) (T) 5.35 House Busters. (R) (T)

## LOCAL

**RTP1**  
0630 Bom Dia Portugal 1000 Verão  
Total 1300 News 1415 Chamas da Vida 1500 Sanguê do Meu Sanguê 1545 Verão Total 1800  
Direto 1905 Prego Certo 2000 News 2200 Jogo Duplo 2300 Teletur 2330 Ricki Lake Wave, miniseries 0115 Californication, series 0215 Prison Break, series 0230 Champion's League Highlights 0300 Amore e Intriga 0400 Telesales

**RTP2**  
0715 Zig Zag 1400 Bones, series 1600 National Geographic 1700 Zig Zag 1830 A Fé dos Homens 1900 A Minha Sogra é uma Bruxa 1930 Zig Zag 2045 The Big Bang Theory, series 2115 National Geographic 2200 News 2240 Dexter, series 2330 30 Rock, series 0005 5 Para a Meia-Noite 0100 TBA 0200 Bastidores 0230 Euronews

**SIC**  
0600 Sic Notícias 0700 Sic Kids 0800 A Minha Família é uma Animação 0900 Tween Box 1000 O Mundo de Patty 1100 Sic ao Vivo 1300 News 1415 Mulheres Apaixonadas 1530 Três Irmãs 1615 Sic ao Vivo 1900 Tã a Gravar 2000 News 2130 Salve-se Quem Puder 2230 Cenas do Casamento 2315 Caminho das Índias 0030 CSI: Miami, series 0130 Agarradas ao Varão 0200 Quando o Telefone Toca

**TVI**  
0700 Diário da Manhã 1015 Você na TV 1300 News 1400 As Tardes da Júlia 1700 Quem quer Ganhar 1815 Morangos com Açúcar 2000 News 2130 Deixa Que Te Leve 2230 Sentimentos 2330 Flor do Mar 0015 House MD, series 0115 The Shield, series 0230 Sempre a Soma 0400 Film 0530 Telesales

## Best of the Rest

**BBC3**  
7.00 Merlin 7.45 The Real Hustle 8.00 Underdog and Pregnant 8.30 Underage and Pregnant 9.00 The Autistic Me 10.00 Bizarre ER 10.30 Family Guy 10.50 Family Guy 11.15 Little Britain 11.45 We Are Kiang 12.15 Young, Dumb and Living Off Mum 1.10 Virgin Cocks 2.10 Underage and Pregnant 2.40 Underage and Pregnant 3.10 Britain's Most Embarrassing Parents 4.10 Young, Dumb and Living Off Mum 5.10 Close

**BBC4**  
7.00 World News Today 7.00 Weather 7.30 Chelsea Pensioners: Once a Soldier 8.00 Casualty 1909 9.00 The Cell 10.00 Visions of the Future 11.00 Film: Shadow of the Vampire 15 (2000) 12.20 The Cell 1.20 Visions of the Future 2.20 Chelsea Pensioners: Once a Soldier 2.50 The Cell 3.50 Close

**ITV2**  
1.00 Airline USA 1.30 The Jeremy Kyle Show 2.35 The Jeremy Kyle Show 3.45 Ricki Lake 4.30 Ricki Lake 5.15 Sally Jessy Raphael 6.00 Judge Judy 7.00 Gossip Girl 8.00 Film: Miss Congeniality 2: Armed and Fabulous 12 (2005) 10.20 Film: Total Recall 18 (1990) 12.35 Katy Brand's Big Ass Show 1.05 Emmerdale 1.35 Entourage 2.05 Teleshopping 5.05 ITV2 Newscreen

**News**  
Established 1977  
www.the-news.net

**Sky1**  
1.00 Don't Forget the Lyrics 2.00 UK Border Force 3.00 Stargate Atlantis 4.00 Stargate Atlantis 5.00 Malcolm in the Middle 6.30 Futurama 6.00 Malcolm in the Middle 6.30 Futurama 7.00 The Simpsons 7.30 The Simpsons 8.00 The Simpsons 8.30 The Simpsons 9.00 Missing Children: Lorraine Kelly Investigates 10.00 Film: The Running Man (1987) 11.55 Road Wars 12.55 Road Wars 1.50 Inside: Gangs Behind Bars 2.40 Street Wars 3.30 Nothing But the Truth 4.20 Airline 4.45 Road Wars 5.10 Brainiac: Science Abuse

**COLD**  
1.00 The Thin Blue Line 1.40 Steptoe and Son 2.20 Yes, Prime Minister 3.00 Only Fools and Horses 3.40 Maid Marian and Her Merry Men 4.15 My Family 4.55 Last of the Summer Wine 5.35 One Foot in the Grave 6.20 The Thin Blue Line 7.00 Steptoe and Son 7.40 Yes, Prime Minister 8.20 Only Fools and Horses 9.00 Fawcett Towers 9.45 Little Britain USA 10.20 Blackadder Goes Forth 11.00 Only Fools and Horses 1.05 French and Saunders 1.45 The Likely Lads 2.15 The Two Ronnies 3.00 Close

**TCM**  
1.00 Seven Brides for Seven Brothers U (1954) 3.00 Crooks and Coronets U (1969) 5.00 This Woman Is Dangerous PG (1952) 6.55 The In-Laws PG (1979) 9.00 Blazing Saddles 15 (1974) 10.50 The Swamp PG (1978) 1.50 Blazing Saddles 15 (1974) 3.25 The Marseilles Contract 15 (1974) 5.00 Seven Brides for Seven Brothers U (1954)

**The Disney Channel**  
Kids' programmes from 7am, except: 9.00 Film: Stepister from Planet Weird PG (2000) Family sci-fi comedy, starring Courtney Draper.

## Sky Movies Drama

6.00 Cop Dog PG (2008) 7.35 The Capture of the Green River Killer 9.10 Arlington Road 15 (1999) 11.10 Pictures of Hollis Woods PG (2007) With Jodelle Ferland. 12.50 Jindabyne 15 (2006) With Gabriel Byrne. 3.00 Mulholland Drive 15 (2001) With Naomi Watts. 5.30 The Movie Geek 6.00 Jack PG (1996) With Robin Williams. 8.00 Atonement 15 (2007) With Keira Knightley. 10.05 3:10 to Yuma 15 (2007) With Russell Crowe. 12.15 Eyes Wide Shut 18 (1999) With Tom Cruise. 3.00 Sleepers 18 (1996) With Brad Pitt. 5.30 Pride and Prejudice PG (2003)

## Sky Movies Comedy

7.10 The Pirates of Penzance U (1982) 9.10 35MM 9.40 The War of the Roses 15 (1989) 11.40 Deuce Bigalow: Male Gigolo 15 (1999) With Rob Schneider. 1.10 Family Show 1.40 Meet the Spartans 12 (2008) With Sean Maguire. 3.10 Semi-Pro 15 (2008) With Will Ferrell. 4.45 Election 15 (1999) With Matthew Broderick. 6.30 Deuce Bigalow: Male

The cost of a bean is all it takes to talk to one of our readers

HOW?  
call our Sales Manager on 707 500 677



I even took it camping

## SPORT

## Sky Sports 1

6.00 Good Morning Sports Fans 9.00 UEFA Champions League 9.30 On The Line 10.00 PGA EuroPro Tour Golf 12.00 UEFA Champions League 12.30 On The Line 1.00 European Seniors Tour Golf 2.00 British Rally Championship 3.00 UEFA Champions League 3.30 Live Pro40 Cricket. Middlesex Panthers v Lancashire Lightning. 7.00 Soccer Special 10.30 You're on Sky Sports! 12.00 UEFA Champions League 12.30 FIFA Futbol Mundial 10.00 Poker 3.00 UEFA Champions League 3.30 You're on Sky Sports! 5.00 European Tour Weekly 5.30 UEFA Champions League

## Sky Sports 2

6.00 Aerobics Oz Style 6.30 A-League 7.00 WWE Vintage Collection 8.00 Pool 9.00 Sailing 9.30 Mountain Bike World 10.00 Poker 12.00 Polo 2.00 Sailing 1.30 Football Asia 2.00 PGA EuroPro Tour Golf 4.00 Poker 6.00 Boots 'n' All 7.00 Live UEFA Champions League. Fiorentina v Sporting Lisbon (Kick-off 7.45pm). 10.00 UEFA Champions League 10.30 Boots 'n' All 11.30 NFL: Total Access 12.30 Transworld Sport 1.30 Polo 2.30 Boots 'n' All 3.30 Close

## Sky Sports 3

7.30 Spirit of Yachting 8.00 Golf 10.00 British Rally Championship 11.00 A-League 11.30 Racing News 12.00 Golf 2.00 Ocean Adventures 2.30 A-League 3.00 Sailing 3.30 WWE: Bottom Line 4.30 WWE: Afterburn 5.30 Asian Tour Weekly 6.00 European Tour Weekly 6.30 FIFA Futbol Mundial 7.00 Live Pro40 Cricket. Middlesex Panthers v Lancashire Lightning. 9.30 Total

Rugby 10.00 Transworld Sport 11.00 Ten Pin Bowling 12.00 Max Power 1.00 Asian Tour Weekly 1.30 European Tour Weekly 2.00 PGA EuroPro Tour Golf 4.00 Close

## British Eurosport

7.30 Under-20s World Cup Football 7.45 Women's European Championship Football 9.15 Beach Soccer 10.15 Women's European Championship Football 11.45 Eurogals 12.30 Women's European Championship Football 2.00 Women's European Championship Football 3.30 Live Women's European Championship Football. Ukraine v Denmark (Kick-off 3.30pm). 5.30 Eurogals Flash 5.45 Live Women's European Championship Football. Holland v Finland (Kick-off 6.00pm). 8.10 Wednesday Selection 8.15 Polo 9.15 Riders' Club 9.20 Golf 9.30 US Tour Golf 10.25 European Tour Golf 10.55 Golf Club 11.00 Yacht Club 11.15 Champions Tour Golf 12.15 Inside the PGA Tour 12.45 Close

## Sky Sports Xtra

4.00 Ocean Adventures 4.30 Aerobics Oz Style 5.00 NFL: Total Access 6.00 Show Jumping 7.00 Polo 8.00 Boots 'n' All 9.00 PGA EuroPro Tour Golf 11.00 Asian Tour Weekly 11.30 Total Rugby 12.00 Watersports World 1.00 Ocean Adventures 1.30 Total Rugby 2.00 Wild Sports 3.30 Show Jumping 3.30 Close



I take it to the pool



I use it at the airport



ONE Home desktop model

PART OF THE NEWS GROUP Established 1977

As portable as a mobile phone, but much bigger! Tel: 707 500 600 today



6.00 Breakfast. (T) 9.15 Saints and Scroungers. (T) 10.00 Escape to the Country. (R) (T) BBC News; Weather. (T) 11.00 Homes Under the Hammer. (T) 11.30 Cash in the Celebrity Attic; (R) (T) BBC News; Weather. (T) 12.15 Bargain Hunt. (R) (T) 1.00 BBC News; Weather. (T) 1.30 Regional News; Weather. (T) 1.45 Doctors. (T) 2.15 Murder, She Wrote. (R) (T) 3.00 BBC News; Weather; Regional News. (T) 3.05 CBeebies: Kerwhizz. (R) (T) 3.25 CBBC: Scoop. (R) (T) 3.55 Frankenstein's Cat. (R) (T) 4.05 Best of Friends. (R) (T) 4.35 Smart. (R) (T) 5.00 Newsround. (T)

5.15 Weakest Link. Anne Robinson asks more general knowledge questions against the clock as contestants try to avoid being voted off the team. (R) (T)

6.00 BBC News; Weather. (T)

6.30 Regional News Programmes; Weather. (T) 7.00 The One Show. John Sergeant and Myleene Klass continue their guest presenting duties. (T)

7.30 EastEnders. Dawn fights to save her relationship with Garry. Zainab reveals she is pregnant. Sybil is offered a job in Canada and Bradley resorts to underhand tactics to keep his dog; (T) BBC News; Regional News. (T)

8.00 As Seen on TV. Angela Griffin, Eamonn Holmes, Fern Britton and Jason Manford to test their knowledge of small-screen trivia. (T)

8.30 The Rat Pack. Pest controllers Ricky and Jimmy Clark receive reports of giant rodents in London, a fox's fate hangs in the balance and a Camden resident has a bedbug problem. Last in the series. (T)

9.00 **New Tricks.** Jack intervenes in a dispute about a luxury yacht, where a wealthy property developer is confronted by a woman who believes he is to blame for a boating collision in which one his business rivals was killed. Her father, whose tug was involved in the incident, was implicated in a civil action brought by the dead man's widow and, claiming there is a new witness, she tries to enlist the team's help to clear her father's name. Guest starring Barbara Flynn and James Weber Brown. (T)

10.00 BBC News. (T)

10.25 Regional News; Weather. (T)

10.35 Being Human. Annie learns from a fellow ghost that she is in limbo because her death was unresolved. As the full moon approaches, George becomes impulsive and lusty around Nina, while Mitchell's determination to resist Lauren's advances is sorely tested when she reveals her vulnerable side. Supernatural drama, starring Lenora Crichlow, Russell Tovey and Aidan Turner. (T)

11.35 FILM: Win a Date with Tad Hamilton! (2004). Romantic comedy, starring Kate Bosworth and Topher Grace; (T) Holiday Weather. (T)

1.10 Sign Zone: Panorama. (R) (T) 1.40 Sign Zone: The Death of Respect. (R) (T) 2.40 Sign Zone: The Death of Respect. (R) (T) 3.40 Sign Zone: Countryfile. (R) (T) 4.35 BBC News. (T)



## BBC2

6.00 CBeebies: Tikkabilla. (R) (T) 6.30

Teletubbies. (R) (T) 7.00 Lunar Jim. (R) (T)

7.10 The Large Family. (R) (T) 7.20 Telly

Tales. (R) (T) 7.35 LazyTown. (R) (T) 8.00

CBBC: Prank Patrol. (R) (T) 8.30 The Legend

of Dick & Dom. (R) (T) 9.00 Skunk Fu!

(R) (T) 9.10 Shaun the Sheep. (R) (T) 9.20

Eliot Kid. (R) (T) 9.35 League of Super Evil.

(R) (T) 9.45 ChuckleVision. (R) (T) 10.00

Horrible Histories; (R) (T) Sam & Mark's

Guide to Dodging Disaster. (T) 10.35 The

Slammer. (R) (T) 11.05 The Flintstones. (R)

(T) 11.30 FILM: Up in the World. (1956).

Comedy, starring Norman Wisdom. (T) (bw)

1.00 Living in the Sun. (R) (T) 1.45 Britain's

Dream Homes. (R) (T) 2.30 Animal Park.

(R) (T) 3.00 Monk. (R) (T) 3.45 Flog It! (T)

4.30 Pointless. (T) 5.15 The Hairy Bikers'

Food Tour of Britain. (T) 6.00 Eggheads. (R)

(T) 6.30 Trust Me, I'm a Dealer. (T) 7.00

Coast. The team explores the shoreline of

Norway. (R) (T) 8.00 The Frankincense

Trail. New series. Kate Humble traces the

ancient trade route of Arabia. (T) 9.00 Monk

the Week. Dara O'Brian hosts the topical

quiz, with guest Fred MacAulay joining regular

panellists Frankie Boyle, Hugh Dennis,

Russell Howard and Andy Parsons. (T) 9.30

The Funny Side of Live TV. Clive Anderson

presents a guide to the history of live TV. (T)

10.30 Newsnight; (T) Weather. (T) 11.20

FILM: 10 Rillington Place (1971). Fact-based

thriller, starring Richard Attenborough. (T)

1.10 BBC News. (T) 4.30 Close.

## Pick of the Day

## New Tricks (BBC1, 9pm)

The hugely popular crime series continues with a drama that sees the team riding the crest of a wave. Drinks on DAC Strickland's boat are rudely interrupted by a heated argument coming from nearby. The team arrive to find a young woman throwing a drink in the face of property developer Lawrence Fisher. She is bundled away, but not before she gives Halford a bruised shin of his own. He later learns that she is Leanne Sweeting, daughter of a boatman, Neville Sweeting. She believes Fisher set her father up as a scapegoat after he collided with a vessel owned by Grant Milburn, a business rival, killing five people. Although an investigation cleared Sweeting of any involvement, Milburn's widow Carol successfully sued him, and this, combined with a sense of guilt, have left him a broken man. Leanne is determined to prove his innocence, and claims to have a new witness who can prove Fisher used foul play by tampering with Milburn's boat. Strickland is keen to investigate the case against his sailing pals, which surprises his team. But they too cannot resist taking on the case.

## C4

6.10 The Hoobs. (R) (T) 6.35 The Hoobs.

(R) (T) 7.00 Everybody Loves Raymond.

(R) (T) 7.25 Big Brother's Little Brother.

(R) (T) 7.55 Big Brother. (R) (T) 8.55 Friends.

(R) (T) 9.25 Friends. (R) (T) 9.55 Michael

Jackson: His Story. (R) (T) 10.55 Ship-

wrecked 2009: Battle of the Islands. (R)

(T) 12.00 News at Noon. (T) 12.30 In Your

Dreams. (R) (T) 12.45 10 Years Younger:

The Challenge. (R) (T) 1.40 FILM: Cheaper

By the Dozen (1950). Family comedy

based on a true story, starring Clifton

Webb. (T) 3.25 Countdown. (T) 4.10 Deal

or No Deal. (T) 5.50 Wogan's Perfect

Recall. (R) (T) 5.30 Come Dine with Me.

(T) 6.00 The Simpsons. (R) (T) 6.30

Hollyoaks. (T) 7.00 Channel 4 News. (T)

7.55 3 Minute Wonder: Missing You. The

sons of a missing woman talk about how

they cope. Last in the series. (T) 8.00 How

Clean Is Your House? A hoarder in Alder-

shot tackles her chaotic home. (T) 8.30

Dolce Vito - Dream Restaurant. Vito Catafo

learns how to make award-winning sau-

sages. (T) 9.00 Benefit Busters. An unem-

ployed former soldier considers claiming

benefits for life. (T) 10.00 Big Brother.

Highlights from the past 24 hours inside

the compound as the remaining

housemates look ahead to next week's

final. (T) 11.10 The TNT Show. (T) 11.40

You Have Been Watching. (T) 11.40

Big Brother Live. 4.00 Post Modern

Pastimes. (R) (T) 4.15 Scrapheap Challenge.

(R) (T) 5.10 Countdown. (R) (T) 5.50 The

Treacle People. (R) (T)

## FIVE

6.00 Milkshake!: Elmo's World. (R) (T) 6.15

Pocoyo. (R) (T) 6.25 Fireman Sam. (R) (T)

6.35 The Beeps. (R) (T) 6.45 Roobarb and

Custard Too. (R) (T) 6.55 Peppa Pig. (R) (T)

7.00 The WotWots. (R) (T) 7.15 Milkshake

Monkey; (T) Milkshake! Show Songs. (R) (T)

7.20 Bert and Ernie's Great Adventures. (R)

(T) 7.25 Milkshake! Box Box. (T) 7.30 Roary

the Racing Car. (R) (T) 7.45 Noddy in Toyland.

(R) (T) 8.00 Fifi and the Flowerbuds. (R) (T)

8.15 Peppa Pig. (R) (T) 8.25 Thomas & Friends.

(R) (T) 8.35 Little Princess. (R) (T) 8.50 The

Adventures of Bottle Top Bill and His Best

Friend Corky. (R) (T) 9.00 The Mr Men Show.

(R) (T) 9.15 The Wright Stuff. (T) 10.45 Trisha

Goddard. (R) (T) 11.45 House. (R) (T) 12.40

Five News. (T) 12.50 Medical Investigation.

(R) (T) 1.45 Neighbours. (T) 2.15 Zoo Days

Shorts. (R) (T) 2.30 The Family Recipe. (R)

(T) 2.35 FILM: Bound by a Secret (2009).

Premiere. Drama, starring Lesley Ann War-

ren and Meredith Baxter. (T) 4.25 Neigh-

bour. (R) (T) 4.55 Live UEFA Europa League

Football. SK Sigma v Everton (Kick-off

5.00pm). (T) 7.30 Live UEFA Europa League

Football. Aston Villa v Rapid Vienna (Kick-off

8.00pm). This evening's double bill concludes

as Villa host the Austrians at Villa Park in the

second leg of this third-round qualifier. In the

event of extra-time and penalties subsequent

programmes are subject to change. (T) 10.05

FILM: Resident Evil: Apocalypse (2004). A

zombie fighter battles through hordes of the

living dead in search of a scientist. Sci-fi horror

sequel, with Milla Jovovich and Sienna Guillory.

(T) 11.50 Quiz Call. 4.00 NFL Classic. (R)

4.45 Wildlife SOS. (R) (T) 5.10 Neighbours.

(R) (T) 5.35 HouseBusters. (R) (T)

## ITV1

5.30 ITV Morning News. (T) 6.00 GMTV. (T) 9.25 The Jeremy Kyle Show. (T) 10.30 No Place Like Home? (T) 11.25 ITV News Headlines; Weather. (T) 11.30 60 Minute Makeover. (R) (T) 12.30 For the Rest of Your Life. (T) 1.30 ITV Lunchtime News. (T) 1.55 London News and Weather. (T) 2.00 Good Bid Good Buy. (R) (T) 3.00 Daily Cooks Challenge. (T) 3.59 London Weather. (T) 4.00 Heartbeat. (R) (T)

5.00 Golden Balls. Jasper Carrott hosts the show in which four contestants enter a game of truth and bluff to find life-changing amounts of cash hidden inside a set of golden balls. (R) (T)

6.00 London Tonight; Weather. (T)

6.30 ITV Evening News; Weather. (T)

6.30 Emmerdale. Ryan rushes to the rescue when Will is kicked in the head by a horse and knocked unconscious. John is relieved to receive confirmation that Aaron has dropped the charges against him and Ashley appears to be hiding something from Laurel when Vincent and his wife Sally (Sian Reeves) join the couple for lunch. Meanwhile, Marlon is upset when Diane offers Moira some shifts at the pub. (T)

7.30 Countrywise. Paul Heiney takes a trip on a traditional wherry trading-barge on the Norfolk Broads. Plus, reports on cowboys in the West Country and a poacher-turned-river keeper in Hampshire. (T)

8.00 Emmerdale. Mark realises how much he cares for Ryan. Laurel is upset when Ashley admits the reason he dislikes Vincent, and Val tries to persuade Pollard they should buy into the B&B. (T)

8.30 Coronation Street. David reluctantly confesses to Gail that Jason is innocent but keeps her in the dark about the real culprit. Norris gives Ramsay an ultimatum and Jesse's parrot attacks Eileen. (T)

9.00 The Bill. Banksy renews acquaintance with the Sissouli family after a telephone used to tip off the police about a murder is traced back to grieving father Joseph, whose son Danny was recently killed in a similar manner. The dead teenager's friends are reluctant to say much, but suspicion falls on Mo Campbell when his prints are found in the newsagent's shop. (T)

10.00 News at Ten and Weather. (T)

10.30 London News and Weather. (T)

10.35 James Bulger - A Mother's Story: Real Crime. Mark Austin narrates the story of Denise Fergus's efforts to create a fitting memorial for her son, who was two years old when he was murdered in 1993. (R) (T)

11.35 Surface. Cirko discovers the origin of the mysterious new species. Laura and Rich acquire a much sought-after rare orchid and Miles' parents realise he has been keeping Nimrod as a pet. (T)

12.30 Motorsport UK. (T) 1.15 Nightwatch with Steve Scott: Crime. (R) (T) ITV News Headlines. 2.10 Supernatural. (R) (T) 2.55 ITV Nightscreen.

## LOCAL

## RTP1

0630 Bom Dia Portugal 1000 Verão  
Total 1300 News 1415 Chamas da  
Vida 1500 Sanguê do Meu Sanguê  
1545 Verão Total 1800 Portugal News  
Directo 1905 Preco Certo 2000  
News 2100 Grande Entrevista 2130  
Jogo Duplo 2230 Telerural 2330  
Killer Wave, miniseries 0115  
Californication, series 0145 Prison  
Break, series 0230 Amor e Intrigas  
0415 Telesales 0600 Euronews

## RTP2

0715 Zig Zag 1400 Bones, series  
1600 National Geographic 1700 Zig  
Zag 1830 A Fé dos Homens 1900  
A Minha Sogra é uma Bruxa 1930  
Zig Zag 2045 The Big Bang Theory,  
series 2115 National Geographic  
2200 News 2240 Supernatural,  
series 2330 30 Rock, series 0000  
5 Para a Meia-Noite 0100 TBA 0200  
Euronews

## SIC

0600 Sic Notícias 0700 Sic Kids  
0800 A Minha Família é uma  
Animação 0800 Tween Box 1000 O  
Mundo de Patty 1100 Sic ao Vivo  
1300 News 1415 Mulheres  
Apasionadas 1530 Três Irmãs 1615  
Sic ao Vivo 1900 Tá a Gravar 2000  
News 2130 Salve-se Quem Puder  
2230 Cenas do Casamento 2315  
Caminho das Índias 0030 CSI:  
Miami, series 0130 Cartaz Cultural  
0215 Quando o Telefone Toca

## TVI

0700 Diário da Manhã 1015 Vozê  
na TVI 1300 News 1400 As Tardes  
da Júlia 1700 Quem quer Ganhar  
1815 Morangos com Açúcar 2000  
News 2130 Deixa Que Te Leve  
2230 Sentimentos 2330 Flor da Mar  
0115 House MD, series 0115 The  
Office, series 0145 Cartaz das Artes  
0215 Sempre a Somar 0400 The  
Office, series 0430 Law & Order:  
Special Victims Unit, series 0530  
Telesales

## Best of the Rest

## BBC3

7.00 Marlin 7.45 The Real Hustle  
8.00 Doctor Who's Greatest  
Moments: The Companions 9.00  
Tough Guy or Chicken? 10.00  
EastEnders 10.30 We Are Kiang  
11.00 Family Guy 11.20 Family  
Guy 11.45 Tough Guy or Chicken?  
12.45 Virgin Cooks 1.40 Underage  
and Pregnant 2.10 We Are Kiang  
2.40 Doctor Who's Greatest  
Moments: The Companions 3.40  
Underage and Pregnant 4.10  
Pregnancy - My Big Decision 5.10  
Close

## BBC4

7.00 World News Today 7.00  
Weather 7.30 BBC Proms 2009  
10.15 Wallander 11.40 Later with  
Jools Holland 12.40 Rich Man, Poor  
Man - A Knight's Tale 1.40 BBC  
Proms 2009 4.25 Close

## ITV2

1.30 The Jeremy Kyle Show 2.35  
The Jeremy Kyle Show 3.45 Ricki  
Lake 4.30 Ricki Lake 5.20 Sally  
Jessy Raphael 6.10 Film: Hulk 12  
(2003) 9.00 What Katie Did Next  
10.00 Film: The Interpreter 12 (2004)  
12.35 Entourage 1.10 Coronation  
Street 1.35 Emmerdale 2.00  
Emmerdale 2.20 Teleshopping 5.20  
ITV2 Nightscreen

## Sky1

1.00 Don't Forget the Lyrics 2.00  
UK Border Force 3.00 Stargate  
Atlantis 4.00 Stargate Atlantis 5.00  
Malcolm in the Middle 5.30 Futurama  
6.00 Malcolm in the Middle 6.30  
Futurama 7.00 The Simpsons 7.30  
The Simpsons 8.00 Noel's Are You

Smarter Than a 10 Year Old? 9.00  
Bones 10.00 Justin Lee Collins:  
High Diver 11.00 Fringe 12.10  
Fringe 1.20 Road Wars 2.15 Road  
Wars 3.05 Inside: America's  
Toughest Jail 3.55 Street Wars 4.45  
Road Wars 5.10 Brainiac: Science  
Abuse

## GOLD

1.00 The Thin Blue Line 1.40 Steptoe  
and Son 2.20 Blackadder Goes  
Forth 3.00 Only Fools and Horses  
3.40 Maid Marian and Her Merry  
Men 4.15 My Family 4.55 Last of the  
Summer Wine 5.35 One Foot in the  
Grave 6.20 The Thin Blue Line 7.00  
Steptoe and Son 7.40 Blackadder  
Goes Forth 8.20 Only Fools and  
Horses 9.00 Only Fools and Horses  
11.00 dinnerladies 11.40 French  
and Saunders 12.20 The Likely  
Lads 1.00 dinnerladies 1.40 The  
Thin Blue Line 2.15 The Two  
Ronnies 3.00 Close

## TCM

1.00 To Have and Have Not U  
(1944) 3.00 The Good Guys and  
the Bad Guys PG (1969) 4.40  
Montana PG (1950) 6.10 The FBI  
Story PG (1959) 9.00 Money Talks  
18 (1997) 10.50 Being Human 15  
(1994) 1.10 Money Talks 18 (1997)  
3.00 The Roman Spring of Mrs  
Stone 15 (1961) 5.00 To Have and  
Have Not U (1944)

## The Disney Channel

Kids' programmes from 7am,  
except: 9.00 Film: Twitches Too  
PG (2007) Fantasy adventure  
sequel, starring Tia and Tamera  
Mowry.

## MOVIES

## Sky Movies Drama

7.30 The Legend of 1900 15 (1998)  
9.40 The Sixth Sense 15 (1999)  
11.40 Gloria 15 (1980) With Gena  
Rowlands. 1.45 The Russell Girl 12  
(2008) With Amber Tamblyn. 3.30  
Instinct 15 (1999) With Anthony  
Hopkins. 5.40 Across the Universe  
12 (2005) With Evan Rachel Wood.  
8.00 The American President 15  
(1995) With Michael Douglas. 10.00  
Deception 15 (2008) With Hugh  
Jackman. 11.50 Happiness 18  
(1998) With Philip Seymour  
Hoffman. 2.20 Titus 18 (1999) With  
Anthony Hopkins. 5.10 One Special  
Night PG (1999)

## Sky Movies Comedy

6.20 Kindergarten Cop 15 (1990)  
8.15 Definitely Maybe 12 (2008)  
10.10 Blue Streak 12 (1999) 11.50  
Trading Places 15 (1983) With Dan  
Aykroyd. 1.50 Sex and the City 15  
(2008) With Sarah Jessica Parker.  
4.40 Foul Play 12 (1978) With Goldie  
Hawn. 6.20 Blue Streak 12 (1999)  
With Martin Lawrence. 8.00 Trading

Places 15 (1983) With Dan  
Aykroyd. 10.00 Sex and the City 15  
(2008) With Sarah Jessica Parker.  
12.30 Definitely Maybe 12 (2008)  
With Ryan Reynolds. 2.25  
Kindergarten Cop 15 (1990



BBC1

6.00 Breakfast. (T) 9.15 Saints and Sinners. (T) 10.00 Escape to the Country. (R) (T) BBC News; Weather. (T) 11.00 Homes Under the Hammer. (T) 11.30 Cash in the Celebrity Attic. (R) (T) BBC News; Weather. (T) 12.15 Bargain Hunt. (R) (T) 1.00 BBC News; Weather. (T) 1.30 Regional News; Weather. (T) 1.45 Doctors. (T) 2.15 Murder, She Wrote. (R) (T) 3.00 BBC News; Weather; Regional News. (T) 3.05 CBeebies: Kenwhizz. (R) (T) 3.25 CBBC: Scoop. (R) (T) 3.55 Frankenstein's Cat. (R) (T) 4.05 Wait for It! (T) 4.35 Hotel Trouble. (R) (T) 5.00 Newsworld. (T)

5.15 Weakest Link. Members of the public answer general knowledge questions as a team against the clock, hoping to build a stack of cash and avoid being declared the poorest player and voted off the team. Anne Robinson presents. (R) (T)

6.00 BBC News; Weather. (T)

6.30 Regional News Programmes; Weather. (T)

7.00 The One Show. Live topical show in which contestants uncover the UK's most fascinating stories. John Sergeant and Myleene Klass and their week as guest presenters. (T) My Family. Ben persuades Susan to get involved in Pyramus - a pyramid money-making scheme that involves selling cleaning products door-to-door - so he can raise the cash for a boat. Unaware that it is a con, the pair become excited about their financial prospects - until the truth is revealed. (R) (T) BBC News; Regional News. (T)

8.00 EastEnders. Zainab opens up to Jane about her pregnancy, but later makes a surprising admission to Masood. Minty starts to regret living with Manda, especially when she asks if her son can move in on his return, and Noah goes missing after Syd tells him about the prospect of moving to Canada. (T)

8.30 Inspector George Gently. After an unidentified badly burnt body is found near an RAF base, Gently works alongside Special Branch officers who suspect the victim was involved with the IRA. However, the discovery that a large cache of guns has gone missing turns the case into a hostage situation. Feature-length episode starring Martin Shaw as the Sixties Northumbria detective, with Lee Ingleby and Robert Glenister. (R) (T)

10.00 BBC News. (T)

10.25 Regional News; Weather. (T)

10.35 The National Lottery EuroMillions Draw. OJ Borg presents coverage of the National Lottery EuroMillions weekly draw. (T)

10.40 FILM: Shanghai Knights (2003). Martial arts comedy sequel, starring Jackie Chan. (T)

12.30 FILM: Maiden Voyage. Ocean Hijack (2004). Thriller, starring Casper Van Dien; (T) Weatherview. (T) 1.55 Sign Zone: Rock 'n' Roll Hotel. (R) (T) 2.35 Sign Zone: Silverville. (R) (T) 3.05 Sign Zone: Economy Gastronomy. (R) (T) 4.05 BBC News. (T)



BBC2

6.00 CBeebies: Tikkabilla. (R) (T) 6.30 Teletubbies. (R) (T) 7.00 Lunar Jim. (R) (T) 7.10 The Large Family. (R) (T) 7.20 Telly Tales. (R) (T) 7.35 Green Balloon Goes on Holiday. (T) 8.00 CBBC: Prank Patrol. (R) (T) 8.30 The Legend of Dick & Dom. (R) (T) 9.00 Skunk Fu! (R) (T) 9.10 Shaun the Sheep. (R) (T) 9.20 Eliot Kid. (R) (T) 9.35 League of Super Evil. (R) (T) 9.45 ChuckleVision. (R) (T) 10.00 Horrible Histories. (R) (T) 10.30 The Slammer. (R) (T) 11.00 The Flintstones. (R) (T) 11.25 The Flintstones. (R) (T) 11.50 FILM: Whispers: An Elephant's Tale (2000). Wildlife drama, with the voice of Angela Bassett. (T) 1.00 Live Show Jumping. The European Show Jumping and Dressage Championships. (T) 4.00 Flog It! (T) 4.30 Pointless. (T) 5.15 The Hairy Bikers' Food Tour of Britain. (T) 6.00 Eggheads. (R) (T) 6.30 Trust Me, I'm a Dealer. (T) 7.00 Coast. The wartime requisition of 3,000 homes on the Devon coast. (T) 7.10 Ganges. The story of one of the world's most important rivers. (R) (T) 8.00 Mastermind. New series. John Humphrys returns with the general knowledge quiz. (T) 8.30 Gardeners' World. Toby Buckland reveals his completed coastal garden, before Joe Swift joins him to build a seat inspired by sea-washed pebbles. Carol Klein advises on varieties of Phlox. (T) 9.00 The Tudors. Double bill. Henry is reunited with his daughters. (T) 10.30 Newsnight; (T) Weather. (T) 11.05 I've Never Seen Star Wars. (T) 11.35 Mum. (R) (T) 12.20 Medium. (R) (T) 1.00 The Wire. (R) (T) 2.00 The Wire. (R) (T) 2.55 The Wire. (R) (T) 3.55 Close.

Pick of the Day

**How to Snare a Millionaire (C4, 7.30pm)**  
Kanye West may not be saying she's a gold digger, but Rebecca Arnold will happily admit it. 28-year-old Rebecca has never had long term relationship, and she's had enough. So she sets out to find a man, but there's one condition; he must be rich. Rebecca's seen how some women make careers out of pursuing wealthy men, and she wants a slice of the action. So she sets off on her quest, using a variety of hilarious methods along the way. First, she ditches her tomboy look in favour of a more glamorous style to hit an up-market nightclub. Then she advertises for a sugar daddy to spoil her rotten, before joining an exclusive dating agency where millionaires seek female playthings. Rebecca keeps us informed of her progress with musical interludes along the way. That's right, she sings about sugar daddies. It's worth a watch for that, if nothing else. But of course, along the way, Rebecca has some soul-searching to do. Just how far will she go to snare her dream man? And is she really cut out for the life of a gold digger after all?

C4

6.00 The Hoobs. (R) (T) 6.25 The Hoobs. (R) (T) 6.50 Everybody Loves Raymond. (R) (T) 7.15 Big Brother's Little Brother. (R) (T) 7.45 Big Brother. (R) (T) 8.55 Peter Andre's Postcard from T4 on the Beach. (R) (T) 9.25 Friends. (R) (T) 9.55 Peter Andre's Postcard from T4 on the Beach. (R) (T) 10.10 Shipwrecked 2009: Battle of the Islands. (R) (T) 11.45 N-Dubz's Postcard from T4 on the Beach. (R) (T) 12.00 News at Noon. (T) 12.30 10 Years Younger: The Challenge. (R) (T) 1.25 FILM: Jesse Sir! (1971). Comedy, starring John Alderton. (T) 3.25 Countdown. (T) 4.10 Deal or No Deal. (T) 5.00 Wogan's Perfect Recall. (R) (T) 5.30 Come Dine with Me. (T) 6.00 The Simpsons. (R) (T) 6.30 Hollyoaks. (T) 7.00 Channel 4 News. (T)

**7.30 How to Snare a Millionaire.** Twenty-eight-year-old Rebecca Arnold wants to find a wealthy man. (T) 8.00 A Place in the Sun: Home or USA? A celebrity couple choose between London and Los Angeles. (R) (T) 9.00 Big Brother. The housemates prepare to learn which of them is to be evicted. (T) 10.00 The Kevin Bishop Show. Fast-paced sketch show spoofing the world of TV, film and popular culture at breakneck speed. (T) 10.35 Big Brother. (T) 11.05 The Simpsons. (R) (T) 11.35 8 Out of 10 Cats. (R) (T) 12.05 4Music: Mike: Live T4 Special. (T) 12.40 4Music: 4Play: Julian Perretta. (T) 1.00 Big Brother Live. 4.00 Post Modern Pastimes. (R) (T) 4.15 FIVB Beach Volleyball. (T) 5.10 Countdown. (T) (T)

FIVE

6.00 Milkshake! Elmo's World. (R) (T) 6.15 Pocoyo. (R) (T) 6.25 Fireman Sam. (R) (T) 6.35 The Beeps. (R) (T) 6.45 Rorobard and Custard Too. (R) (T) 6.55 Peppa Pig. (R) (T) 7.00 The WotWots. (R) (T) 7.15 Milkshake Monkey. (T) Milkshake! Show Songs. (R) (T) 7.20 Bert and Ernie's Great Adventures. (R) (T) 7.25 Milkshake! Bop Box. (R) (T) 7.30 Roary the Racing Car. (R) (T) 7.45 Noddy in Toyland. (R) (T) 8.00 Fifi and the Flowerbuds. (R) (T) 8.15 Peppa Pig. (R) (T) 8.25 Thomas & Friends. (R) (T) 8.35 Little Princess. (R) (T) 8.50 The Adventures of Bottle Top Bill and His Best Friend Corky. (R) (T) 9.00 The Mr Men Show. (R) (T) 9.15 The Wright Stuff. (T) 10.45 Trisha Goddard. (R) (T) 11.45 Michaela's Animal Road Trip. (R) (T) 12.40 Five News. (T) 12.50 Medical Investigation. (R) (T) 1.45 Neighbours. (T) 2.15 Lemur Island. (R) (T) 3.05 Zoo Days Shorts. (R) (T) 3.10 FILM: Ladies of the House (2008). Premiere. Drama, starring Pam Grier. 5.00 Five News; Weather. (T) 5.30 Neighbours. (R) (T) 6.00 Michaela's Animal Road Trip. (R) (T) 7.00 Five News at 7. (T) 7.30 Top Trumps: Helicopters. The A109 multi-role chopper versus the AH-64 Apache. (R) (T) 7.30 Five News Update. (T) 8.00 You're Nicked! Natalie Pinkham joins police on the Irish border. (T) 8.00 Five News at 9.00 NCIS. A sailor's body is discovered in a disused restaurant. (R) (T) 10.00 Law & Order: Criminal Intent. The members of an evangelical church close ranks to protect their leader, an influential preacher whose wife has been found dead, hampering Goren's efforts to find her killer. (T) 11.00 CSI: Miami. (R) (T) 12.00 Quiz Cal. 4.00 The FBI Files. (R) (T) 4.45 Wildlife SOS. (R) (T) 5.10 Neighbours. (R) (T) 5.35 HouseBusters. (R) (T)

ITV1

5.30 ITV Morning News. (T) 6.00 GMTV. (T) 9.25 The Jeremy Kyle Show. 10.30 No Place Like Home? (T) 11.25 ITV News Headlines; Weather. (T) 11.30 60 Minute Makeover. (R) (T) 12.30 For the Rest of Your Life. (T) 1.30 ITV Lunchtime News. (T) 1.55 London News and Weather. (T) 2.00 Good Bid Good Buy. (R) (T) 3.00 Daily Cooks Challenge. (T) 3.59 London Weather. (T) 4.00 Heartbeat. (R) (T)

5.00 Golden Balls. Jasper Carrott hosts the show in which four contestants enter a game of truth and bluff to find life-changing amounts of cash hidden inside a set of golden balls before making the final choice of whether to share the jackpot or try to keep it for themselves. (R) (T)

6.00 London Tonight; Weather. (T)

6.30 ITV Evening News; Weather. (T)

7.00 Emmerdale. Natasha is furious when Mark reveals he has arranged for Ryan's job offer in Dubai to be withdrawn and asks him to reconsider for the sake of his family. Aaron warns Chas to stay away from Carl, Terry is surprised to learn of Val and Pollard's offer for Louise's share of the B&B and Marlon refuses to let Moira help in the kitchen. (T)

7.30 UEFA Super Cup Live. Barcelona v Shakhtar Donetsk (Kick-off 7.45pm). The match between the respective winners of the Champions League and last-ever UEFA Cup at the Stade Louis II in Monaco. Subsequent programmes subject to change. (T)

10.00 News at Ten and Weather. (T)

10.30 London News and Weather. (T)

10.35 TV's Naughtiest Blunders. Neil Morrissey narrates another batch of uncensored slip-ups, featuring presenters Phillip Schofield, Fern Britton, Cat Deeley, Melanie Sykes and Yvette Fielding, actors Martin Clunes, Peter Davison and Dennis Waterman, the cast of Fat Friends and veteran entertainer Rod Hull. (R) (T)

11.30 UEFA Super Cup Highlights. Barcelona v Shakhtar Donetsk. Matt Smith introduces action from this evening's match between the respective winners of the Champions League and last-ever UEFA Cup at the Stade Louis II in Monaco. Commentary by Peter Drury and Jim Beglin.

12.30 FILM: Robbery (1967). Crime drama, starring Stanley Baker; (T) ITV News Headlines. 2.25 FILM: Around the Bend (2004). Drama, starring Michael Caine. (T) 3.45 ITV Nightscreen.

(R) - repeat programme;  
(T) - programme with teletext subtitles;  
(S) - programme broadcast in stereo;  
(bw) - black and white.

LOCAL

**RTP1**  
0630 Bom Dia Portugal 1000 Verão  
Total 1300 News 1415 Chamas da Vida 1500 Sangue do Meu Sangue 1545 Verão Total 1800 Portugal em Directo 1905 Preço Certo 2000 News 2200 Jogo Duplo 2300 Ransom, film 0100 Californication, series 0130 Prison Break, series 0215 Amor e Intrigas 0400 Telesales 0600 Euronews

**RTP2**  
0715 Zig Zag 1400 Bones, series 1600 National Geographic 1700 Zig Zag 1830 A Fé dos Homens 1900 A Minha Sogra é uma Bruxa 1930 Zig Zag 2045 The Big Bang Theory, series 2115 National Geographic 2200 News 2240 Mad Men, series 2330 30 Rock, series 0000 5 Para a Minha Noite 0100 Bastidores 0130 Palcos: Peter Cincotti; Diana Krall 0400 Euronews

**SIC**  
0600 Sic Notícias 0700 Sic Kids 0800 A Minha Família é uma Animação 0900 Tween Box 1000 O Mundo de Patty 1100 Sic ao Vivo 1300 News 1415 Mulheres Apaixonadas 1530 Três Irmãs 1615 Sic ao Vivo 1900 Tã a Querm 2000 News 2130 Salve-se Quem Puder 2245 Camilo & Filho 2315 Caminho das Índias 0300 CSI: Miami, series 0130 Agradadas ao Vão 0200 Quando o Telefone Toca

**TVI**  
0700 Diário Da Manhã 1015 Você na TV 1300 News 1400 As Tardes da Júlia 1700 Quem quer Ganhar 1815 Marangos com Açúcar 2000 News 2130 Euronews 2145 Deixa Que Te Leve 2245 Sentimentos 2345 Flor do Mar 0030 Lucky Numbers, film 0215 Sempre a Soma 0400 Law & Order: Special Victims Unit, series 0530 Telesales

Best of the Rest

**BBC3**  
7.00 Top Gear 8.05 Florence and the Machine @ Reading 9.00 Kaiser Chiefs @ Reading 10.00 EastEnders 10.30 Kings of Leon @ Reading 12.05 Family Guy 12.25 Family Guy 12.45 We Are Kluge 1.15 Young, Dumb and Living Off Mum 2.15 Tough Guy or Chicken? 3.15 The Autistic Me 4.10 Young, Dumb and Living Off Mum 5.10 Close

**BBC4**  
7.00 World News Today 7.00 Weather 7.30 BBC Proms 2009 9.35 Island at the BBC 10.35 Keep on Running: 50 Years of Island Records 12.05 BBC Four Sessions 1.05 Island at the BBC 2.05 BBC Proms 2009 4.10 Close

**ITV2**  
1.00 Emmerdale 1.30 The Jeremy Kyle Show 2.35 The Jeremy Kyle Show 3.45 Ricki Lake 4.30 Ricki Lake 5.15 Sally Jessy Raphael 6.00 Judge Judy 6.30 The X Factor 7.00 The X Factor 9.00 Film: The Bourne Supremacy 12 (2004) 11.10 What Katie Did Next 12.10 The X Factor 1.10 Emmerdale 1.40 Teleshopping 4.40 ITV2 Nightscreen

**(R) - repeat programme;  
(T) - programme with teletext subtitles;  
(S) - programme broadcast in stereo;  
(bw) - black and white.**

MOVIES

**Sky Movies Drama**  
6.50 Phenomenon PG (1996) 9.00 35MM9.30 On Broadway 12 (2007) 11.15 Nobody's Fool 15 (1994) With Paul Newman. 1.15 The Movie Geek 1.45 The Good German 15 (2006) With George Clooney. 3.40 Dead Man Walking 15 (1995) With Susan Sarandon. 5.45 We Are Marshall PG (2006) With Matthew McConaughey. 8.00 Gone Baby Gone 15 (2007) With Casey Affleck. 10.00 21 12 (2008) With Kevin Spacey. 12.10 Saturday Night Fever 15 (1977) With John Travolta. 2.20 Get Real 15 (1999) With Ben Silverstone. 4.20 Miracle in the Woods PG (1997)

**Sky Movies Comedy**  
6.00 The Santa Clause 3: The Escape Clause U (2006) 7.45 K-9 12 (1989) 9.40 I Think I Love My Wife 15 (2007) 11.25 Dressed 12 (2008) With Katherine Heigl. 1.25 Driftbill Taylor 12 (2008) With Owen Wilson. 3.10 Superhero Movie 12 (2008) With Drake Bell. 4.40 Darjeeling Limited 15 (2007) With

Owen Wilson. 6.15 K-9 12 (1989) With James Belushi. 8.00 Dressed 12 (2008) With Katherine Heigl. 10.00 Driftbill Taylor 12 (2008) With Owen Wilson. 11.45 Superhero Movie 12 (2008) With Drake Bell. 1.15 I Think I Love My Wife 15 (2007) With Chris Rock. 2.55 The Darjeeling Limited 15 (2007) With Owen Wilson. 4.35 The Santa Clause 3: The Escape Clause U (2006)

**Sky Movies Action/Thriller**  
7.10 Airport 1975 PG (1974) 9.10 Michael Clayton 15 (2007) 11.15 Pathfinder 15 (2007) With Karl Urban. 1.10 Gone in 60 Seconds 15 (2000) With Nicolas Cage. 3.10 The Oxford Murders 15 (2008) With Elijah Wood. 5.10 Pathfinder 15 (2007) With Karl Urban. 7.00 F/X2: The Deadly Art of Illusion 15 (1991) With Bryan Brown. 9.00 Gone in 60 Seconds 15 (2000) With Nicolas Cage. 11.00 The Condemned 18 (2007) With Steve Austin. 1.00 Death Sentence 18 (2007) With Kevin Bacon. 2.50 Mortal Thoughts 18 (1991) With Demi Moore. 4.40 Airport 1975 PG (1974)

SPORT

**Sky Sports 1**  
6.00 Good Morning Sports Fans 9.00 Premier League World 9.30 Powerboating 10.00 Live European Tour Golf. The Johnnie Walker Championship at Glenageas. 1.00 Carling Cup Football 2.30 Premier League World 3.00 Live European Tour Golf. The Johnnie Walker Championship at Glenageas. 6.00 Football League Weekend 7.00 Premier League Preview 7.30 Live UEFA Super Cup. Barcelona v Shakhtar Donetsk (Kick-off 7.45pm). 10.00 Football League Weekend 11.00 Premier League Preview 11.30 FIFA Futbol Mundial 12.00 UEFA Super Cup 1.30 Football League Weekend 2.30 Premier League Preview 3.00 FIFA Futbol Mundial 3.30 UEFA Super Cup 5.00 Premier League Preview 5.30 FIFA Futbol Mundial

**Sky Sports 2**  
6.00 Aerobics O2 Style 6.30 Ocean Adventures 7.00 WWE: Raw 9.00 Ocean Adventures 9.30 Carling Cup Football 11.00 Premier League World 11.30 IAAF Athlelix Weekly 12.00 Women's Pool 1.00 Powerboating 1.30 IAAF Athlelix Weekly 2.00 Transworld Sport 3.00 NFL: Total Access 3.30 NFL: Total Access 4.30 Live Pro40 Cricket. Sussex Sharks v Durham Dynamos. 10.00 Tight Lines 11.00 NFL: Total Access 12.00 Golf Night 2.00 NFL: Total Access 3.00 IAAF Athlelix Weekly 3.30 Powerboating 4.00 Women's Pool 5.00 Transworld Sport

**Sky Sports 3**  
11.00 Aerobics O2 Style 11.30 Racing News 12.00 Transworld Sport 1.00 Race World 2.00 Ocean Adventures 2.30 Powerboating 3.00 Women's Pool 4.00 Transworld Sport 5.00 WWT: Raw 7.00 Women's Pool 8.00 Golf Night 10.00 WWT: Late Night - Smackdown 12.00 WWT: Late Night - Bottom Line 1.00 Tight Lines 2.00 Rugby Union 4.00 Tight Lines 5.00 Ocean Adventures 5.30 World Sport

**British Eurosport**  
7.30 Powerboating 8.00 Rowing 9.30 Women's European Championship Football 11.00 Women's European Championship Football 12.30 Live Rowing. The World Championships from Poznan, Poland. 2.30 Triathlon 3.30 Live Women's European Championship Football. Italy v Sweden (Kick-off 3.30pm). 5.30 Eurogoals Weekend 5.45 Live Women's European Championship Football. England v Russia (Kick-off 6.00pm). 8.00 Live US Tour Golf. The Barclays. 11.00 Poker 12.00 Ten Pin Bowling 1.00 Close

**Sky Sports Xtra**  
4.00 Ocean Adventures 4.30 Aerobics O2 Style 5.00 World Sport 5.30 Premier League World 6.00 Live Rugby Union. Leopards v Boland Cavaliers (Kick-off 6.10pm). 8.00 Tight Lines 9.00 Women's Pool 10.00 Rugby Union 12.00 Ocean Adventures 12.30 World Sport 1.00 Women's Pool 2.00 Ocean Adventures 2.30 World Sport 3.00 Race World 4.00 Golf Night

# Lost in a foreign land?

If you can't make contact because you don't know the number, DQ can help we can find your number in one minute

Mon-Fri 09:30 - 18:00

from: fixed phones • call boxes, mobiles and mobiles on roaming

National & International Business & Private

Calls cost 60c

directory enquiries

760 50 60 70

PART OF THE News GROUP Established 197



## ADVERTISING & PUBLICITY

Looking for the best local restaurants & bars to visit?

Next time you're on-line check out

**GoodMorningAlgarve.com**

Showing all the best places to eat & drink, with detailed menus, prices and maps.

Don't Forget!

**GoodMorningAlgarve.com**

## BOOKS

**ALGARVE BOOK CELLAR**

Edifício "O Galeão" Loja 1  
Rua dos Pescadores  
8400-512 CARVOEIRO LAGOA

English Language Book Exchange  
Refunds on return  
New books to order  
Audio Books  
C.D.'s Cards  
Videos

Temporary Tel. nº  
282 354 310

Tue - Fri 9.30 - 5.00 Sat: 9.30am - 2.00pm  
raymond.compton@netvisao.pt

## Algarve Computer Solutions

The Personal Touch

English desktops & laptops - supplied direct to your door

Repairs, upgrades & installations - carried out at your home

Free International calls - set up on your computer or phone

Whatever your requirements we are here to make life simple

282 471 148 - 962 598 966

WWW.ALGARVECOMPUTERSOLUTIONS.COM

## CARPENTRY

## THE WOODENTOPS CARPENTRY WORKSHOP



### 30 Years + Experience in the Algarve

Our qualified joiners and cabinet makers provide a bespoke service making anything in wood



Furniture Restoration • Custom Made Kitchens  
• Display Units & Shelving  
All Bedroom Furniture • Tables for all occasions  
• Wooden Houses • Windows & Doors  
• Pergolas & Decking • Wooden Kennels



• Building Services • New Builds & Restorations  
• Maintenance & Repairs • Electrical & Plumbing

Tel: 289 396 909 / Mobile: 966 001 922

Vale Formoso, Al Mancil Email: theworkshop@sapo.pt

## Use this gifts to increase your sales!

**Inácio Alves**  
Editor • Marketing  
Publicidade & Serviços

Always have offers, to give "away" to your clients!

Rates include printing colour transfer 10 x 6 cms - 1 side 1 color

white T-shirt 140 grs	white T-shirt 160 grs	Color T-shirt 165 grs
50 x 2,40 €	50 x 2,80 €	50 x 3,20 €
100 x 1,90 €	100 x 2,20 €	100 x 2,80 €
250 x 1,80 €	250 x 2,10 €	250 x 2,50 €
500 x 1,70 €	500 x 2,00 €	500 x 2,20 €
1000 x 1,60 €	1000 x 1,90 €	1000 x 2,00 €

### Promotion this month

white T-shirt lady 160 grs nick	color T-shirt lady 160 grs nick	Pens from 0,20 € x 1000
50 x 3,00 €	50 x 3,80 €	1,50 € x 100
100 x 2,50 €	100 x 3,50 €	
250 x 2,30 €	250 x 3,30 €	
500 x 2,20 €	500 x 3,20 €	
1000 x 2,00 €	1000 x 3,00 €	

For more information or ideas for other articles, contact us!

This prices includes the printing 1 side/1 color Add postage and 20% VAT

Sales Conditions: 50% with the order + 50% layout approval

[www.amelhoropcao.com](http://www.amelhoropcao.com) / [www.inalves.com](http://www.inalves.com)

Contact: 289 721050 - 968 639468 / inalves@mail.telepac.pt • OLHAO

The 6th largest weekly newspaper in Portugal, in ANY language!

[www.the-news.net](http://www.the-news.net)



## BUREAUCRACY

### For Tax Assistance and Fiscal Representation Contact the Specialists:

Sovereign - Consultoria Lda

+351 282 340 480

port@SovereignGroup.com

[www.SovereignGroup.com/Portugal](http://www.SovereignGroup.com/Portugal)

**SOVEREIGN**

### Tired of paperwork?

### JST deals with it for you

We take care of...

Vehicle legalization • Road taxes (Imposto Único de circulação) • Tax office bureaucracy  
Driving licence (renewal, change of address, category...) • Residency applications  
House renting • Finding temporary accommodation (house or apartment)  
Water, electricity and telephone contracts • Vehicle registration (Documento Único)



Saving your time and solving your problems!

Sítio da Coutada, Edifício Moagem - Loja A, 8900-027 Vila Nova de Cacela. Nr. Tavira  
T: 281 951 108 • Tlm: 962 831 105 • email: jst.doc@sapo.pt

## BUTCHERS

**THE ENGLISH BUTCHER**

\*English Sausages \* T-Bones  
\*Bacon & cuts of meat \* South African Sausages (wors)  
\*Other South African Products \* Ham off the bone

**THE ENGLISH BUTCHER** Tel: 289 395 859  
Rua da República, 14 Res: 289 397 289  
8135 ALMANCIL Mob: 965 864 682

## COMPUTERS & OFFICE SUPPLIES

FULL REPAIR & SERVICING CENTRE  
ACCESS TO OUR NETWORK OF FIELD ENGINEERS  
100'S OF GENUINE ENGLISH LAPTOPS & DESKTOPS  
CONVERT PORTUGUESE SYSTEMS INTO ENGLISH  
FREE INTERNATIONAL PHONECALLS  
1 MINUTE FROM AQUALAND ON THE EN125

**282312044 & 913087160**

**ALGARVE LAPTOPS**

SUPPORT@ALGARVELAPTOPS.COM  
SALES@ALGARVELAPTOPS.COM

## EDUCATION

### Centro de Línguas de Lagos

- Learn Portuguese in small, friendly groups.
- Enjoyable beginners course starts 14 September.
- Individual lessons and evening classes available.
- Efficient translation service.
- Recognised by the Ministry of Education.

Tel: (+351) 282 761 070 | Fax: (+351) 282 761 070

email: info@centrodelinguas.com | [www.centrodelinguas.com](http://www.centrodelinguas.com)

Rua Dr Joaquim Tello, nº 32, 1º esq, 8600-583 Lagos

## BLINDS

**M2M BLINDS**  
see how we measure up

- ◆ Made to measure Vertical & Roller blind specialist
- ◆ All other types of window blind available
- ◆ Choose from our extensive range of fabrics including Solar reflective & Black out
- ◆ Covering the whole of the Algarve, and Portugal
- ◆ Free measuring & fitting
- ◆ Domestic & commercial applications
- ◆ All products carry a 12 month guarantee

**M2M BLINDS - We come to you**

Phone now for a free no obligation quotation  
Contact Denny on 286 518 059 or 932 894 709  
[www.m2mblinds.com](http://www.m2mblinds.com) m2mblinds@hotmail.com

**CLCC**  
CENTRE FOR LANGUAGES, CULTURE AND COMMUNICATION

**Portuguese**

**LEARN and get connected**

Intensive courses (3 weeks)  
Beginners courses (32 hours)  
Intermediate courses (32 hours)  
Conversation courses (year-long)

recognised by:

Portimão - Jardim Gil Eanes - Tel: 282 430 250 internet: [www.clcc-pt.com](http://www.clcc-pt.com) e-mail: [geral@clcc-pt.com](mailto:geral@clcc-pt.com)

## ENTERTAINMENT

**Cineworld Solutions Lda**  
PERFECT FORM & FUNCTION

SHOWROOM & HEAD OFFICE  
EN125, Bloco I - 1D,  
Vale de Lousas, Alcantarilha

info@cineworldsolutions.com  
(+351) 282 312 876  
[www.cineworldsolutions.com](http://www.cineworldsolutions.com)

We specialise in home cinema solutions including: Multi-room Audio/Visual Data and Communication Distribution, Scene Lighting, Control, Power Control, CCTV, Electrical Installation and Cinema Furniture in and around the Algarve region of Portugal.

Our expertise is the design, specification, installation, commissioning and aftercare of domestic and commercial cinema system integration. Please contact us to see how our service and products can improve your lifestyle.



Whatever we organise  
You and your guests will give  
**A STANDING OVATION**



Parties for adults and children, entertainers, weddings, corporate events.  
However large or small, we can make your event a great success, and keep to your budget

**STANDING OVATION**

Call 914 599 933

Entertainment:  
[www.standingovationalgarve.com](http://www.standingovationalgarve.com)

Weddings:  
[www.algarveblessings.com](http://www.algarveblessings.com)

**FLYSCREENS & MOSQUITO CANOPIES**

**FLYSCREEN RANGE**

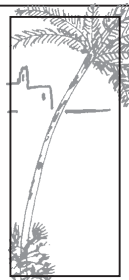
- Many Different Flyscreen Types
- Vertical and Horizontal Operation
- Flat and Pleated Screens
- Many Colours of Aluminium to Choose From
- Choose at Home • We Come to You
- 12 Months Guarantee
- Phone Now for a Free No Obligation Quotation

**M2M BLINDS**

Contact Denny on 286 518 059 or 932 894 709 or visit [www.m2mblinds.com](http://www.m2mblinds.com) or e-mail [m2mblinds@hotmail.com](mailto:m2mblinds@hotmail.com)

**GARDENING**

**HARVEYS OF LOULÉ**



Garden Construction • Garden & Pool Maintenance • Home Renovations • Repairs & Painting • Villa Maintenance & Cleaning Service

Apt 3, Loulé 8100 - 606  
Tel: 289 412 462 Fax: 289 422 322  
Mob: 916 048 671 email: [harvcor@sapo.pt](mailto:harvcor@sapo.pt)

**HEALTH & BEAUTY**

**CLÍNICA DENTÁRIA**  
**Dr<sup>a</sup> Cristina Fernandes**  
Médica - Dentista - U.P.  
**HEALOZONE**



The new method to heal your tooth decay  
Dental Surgeon  
English Spoken  
R. João Menezes Nº8 R/C  
near the old slaughterhouse  
8400 Lagoa  
Tel: 282 34 29 20

**HEATING & COOLING**

**SACL**



Air conditioning & heating units  
Central Heating  
Swimming pool heating  
Automatic pool covers  
Solar hot water heating systems  
Dehumidifiers  
Jacuzzis

Vale de Lousas • EN 125 • Alcantarilha  
Tel 282 314190 / 322 172 • Fax 282 314 191  
email: [sacl@mail.telepac.pt](mailto:sacl@mail.telepac.pt)

**DOMUS**  
**ELECTRIC FLOOR HEATING**

The CHEAPEST way to heat your house

**NO gas, NO oil, NO maintenance**

[www.domus-heating.com](http://www.domus-heating.com)  
EN-125 Sítio Benfarras, Nº 552-a Boliqueime  
Tel: 289 322 852 • mail [domusheating@mac.com](mailto:domusheating@mac.com)

**Barlavento Refrigeration**



Air Conditioning: Sharp - LG - Daikin  
Pool Heating: Calorex - Air Energy  
Solar Hot Water  
Heat-Pump Central Heating

**Service & Repairs** All makes - guaranteed

Tel: 917 230 727 email: [paulkent.aircon@hotmail.com](mailto:paulkent.aircon@hotmail.com)

**FREE Quotations**

**Fires Of Portugal**  
Woodburning



Geoff Waller's on site advice and quotation.  
Small building works, servicing and repairs.  
Reconditioned fires.  
Importers of the best in woodburning.

Chimney Sweeping across the Algarve from 45€

TEL 289 489 958 • MOBILE: 967 721 209  
[carolinsalir@mail.telepac.pt](mailto:carolinsalir@mail.telepac.pt)

**villager** **arrow** **fogo montanha**


**MC**  
**Mister Cool**

Keep cool with **Mister Cool** this summer

- Air conditioning
- Refrigeration
- Solar panels
- Maintenance
- Pool construction, heating & covers
- Automatic pool covers
- Central vacuuming

Air conditioning by:  
**FUJITSU** **GENERAL**  
**DAIKIN**  
**MITSUBISHI** HEAVY INDUSTRIES, LTD.

**Pool Heaters**  
Astral pool heaters



**Solar panels** • Heat Siphon

Open Saturday morning

Rua Mouzinho de Albuquerque  
- Lagoa Residence 2 - Loja 3  
8400 LAGOA - Algarve \* Tel./Fax 282 381 364  
Email: [mistercool\\_telmorodrigues@hotmail.com](mailto:mistercool_telmorodrigues@hotmail.com)

Telmo Rodrigues  
Mobile: 917 175 818

**LAWYERS**

**Ana Luisa Duarte**

**ADVOGADA**  
**LAWYER**  
**RECHTSANWALT**



Rua Francisco Xavier Ataíde de Oliveira, 33-A  
8600-775 Lagos - Portugal  
Tel. +351 282 792 766 - Fax. +351 282 764 002  
E-mail: [anaduarteadv@hotmail.com](mailto:anaduarteadv@hotmail.com)

**POOLS**

**NEW SHOP**  
Ecosistemas  
Garden Centre

**ODEXLAR**  
Founded in 1978

**Chemical Products**  
Hygiene - Industrial Cleaning  
Hotel & Restaurant Industry  
Hospitals, Schools & Retirement homes  
Swimming pools & water treatment

Professionals in cleaning products, hygiene and pool chemicals  
Odex Pool - Agents: DELSA | P.Q.S. | OXIDAM | ASTRAL | CTX

Odexlar Lda  
Zona Industrial do Chincicato, Lote 4 - 8600-306 Lagos  
Tel: 282 798 463 / 819 845 650 / 961 345 276 Fax: 282 798 030  
Email: [odexlar@mail.telepac.pt](mailto:odexlar@mail.telepac.pt) Web: [www.odexlar.com](http://www.odexlar.com)

**THE PORTUGAL News**  
Established 1977

We're in the business of keeping YOU in business

To advertise, call our Sales Manager on 707 500 677

**FASHIONS**

[www.luzworld.com](http://www.luzworld.com) **Luz World**



Quality European Menswear

A fine selection of Shirts, Knitwear and Trousers from some of Europe's leading manufacturers.

Big & Tall sizes available

Open 7 days until late

Centro Commercial Isla Canela • Ayamonte  
Tel +34 959 479 259 • +34 661 654 883

**Fi-Line Fashions**



**BIG SUMMER SALE NOW ON**

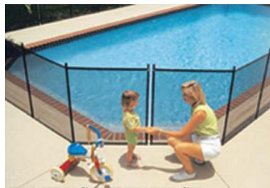
25% - 50% OFF ALL SUMMER STOCK

Sizes 12 - 22 available

Open Monday to Friday 10am to 1pm and 3pm to 6pm,  
Saturday 10am to 1pm. Call Fiona for more information on 282 312 936. Located on Av do Rio, Ed. Almadra, Loja B, Armação de Pêra (Opposite the football ground)



## POOLS



### FAMILY SAFETY FIRST

We fit composite fibreglass posts that will not bend or corrode like aluminium posts. These have a LIFETIME WARRANTY. Act now to comply with the new regulations soon to be introduced in Portugal.

### POOL SAFETY FENCING

IS YOUR POOL CHILD SAFE?

poolfencing@aol.com  
Tel: 919 892 518 or  
910 666 613

Your Own Water Paradise...



**Fernando M. Lourenço**  
Swimming pools • Spas  
Saunas • Maintenance  
Solar systems • Heat pumps  
Irrigation • Plumbing  
Pumps  
Parque Empresarial do Algarve, Lote 118/C  
Cx Postal Nº440 - 8400-431 Lagoa  
Tel/Fax 282 353 543 Mobile: 917 812 448  
Email: fml.lida@sapo.pt



Your professional  
**drain cleaner**  
best results

### PROFILIMPO

Root removal, power jet cleaning, camera inspection, electronic blockage detection

Tel. 914 145 117 - Thomas Grünberg



**AQUAPURA LDA**  
SINCE 1989  
**POOL COVERS**  
Now Available:  
D.I.Y Solar covers  
Tel: 282 763 605  
Tim: 967 025 157  
Eastern Algarve  
967 465 305  
info@aquapura.com.pt  
www.aquapura.com.pt



See page 2 for  
our exact print  
run this week.

To advertise, call our  
Sales Manager on 707 500 677

### Norman Groundworks

For garden planning and construction.

Construction of terraces, patios, paths, driveways, access roads, pergolas, shade areas, ponds, lakes, water features, installation of hedging, fencing, land cleared.

For quotation call Norman now on 282 332 899 or 963 134 129

ngwl@clix.pt • www.landscapingalgarve.com



## PAINTING & DECORATING



James Walker

**Professional Painting & Decorating**

No job too small

Mbl: 967944660  
walkers@sapo.pt

## PROPERTY SERVICES

Chlorine Free Eco-Friendly  
Swimming Pool Treatment

# PoolSan

100% CHLORINE FREE

- ✓ Non toxic when ingested in swimming pool water
- ✓ Promotes softer, sparkling blue, crystal clear water
- ✓ Odourless - no more chlorine smells or residues
- ✓ Hypo-allergenic - does not cause eye or skin irritations, ear infections or asthma attacks
- ✓ Lasts up to three times longer than Chlorine

**HOME**

Estr. Nacional 125 • Sítio do Carmo  
8400-405 • Lagoa  
Tel: 282 353 022 • Fax: 282 353 934  
comercial@home-pt.com

## Water Problems?

- Drinking water systems
- Water softeners and pumps
- Swimming pool technologies, including fresh water pools based on oxygen
- Boreholes - test purity of borehole water
- Disinfection systems, iron and manganese removal.

**AWT**

289 842 288 / 965 805 032 • admin@awtalgarve.com • www.awtalgarve.com  
AWT Lda eight years in the Algarve

## GFS Metalworks

- Specialists in Secure Ornamental Metalworks
- All general steel fabrication
- For a Free Quote, Design Service

Call Andrew 933 555 387  
Office: 282 449 270

www.gfs-metalworks.com  
info@gfs-metalworks.com

## Rococco Stone

Ceramic & Natural Stone Tiles  
Stone and Ceramic Sanitary ware  
Rua Direita, Praia da Luz, Lagos

Opening Hours:  
10am - 6pm Mon- Fri (lunch 1-2)  
10am - 12pm Saturday  
Tel: +351 282764035  
Rococcostone@msn.com  
www.rococcostone.com

To advertise, call our  
Sales Manager on 707 500 677

## POOL HEATING

Air Energy Heaters - The leader in economical pool heating

- Digital Control
- Titanium Heat Exchanger
- High Performance - low power consumption
- Est. Over 20 years

### SAFETY FENCING - KEEP KIDS SAFE

Can be completely removed or replaced within 2 mins.  
Helps prevent debris from reaching the pool  
Weather resistant • Professionally installed  
Easy for Adults - Safe for Kids  
Your child is safe even while you swim  
Developed over 30 years ago  
99% transparent 'Securtext' mesh

**PURE POOLS**

**PURE POOLS PISCINAS PURAS LDA**  
Tel: 282 760 033 • 919 517 868 • Fax 282 760 034  
purepools@yahoo.com • www.purepools.com

## ChemDry

Drier. Cleaner. Healthier.™

289 092 624 / 910 690 966  
info@chemdryalgarve.com  
www.chemdryportugal.com

**Dirty Sofas? Carpets?**  
ChemDry is a professional cleaning service, using an exclusive process to clean deeply, revitalising textile fibres and prolonging their lifespan, keeping them clean for longer.

**TREATMENTS:**  
• Waterproof  
• Anti dust mite  
• Anti allergic

**PROFESSIONAL CLEANING:**  
• Carpets • Rugs • Sofas  
• Quick Drying (1-2 hours)

**10% DISCOUNT ON SOFAS**



## Stone Care Services

Specialists in the Refurbishment and Maintenance of Natural Stone

TERRAZZO	Entrance Halls
MARBLE	Kitchens - Floors & Surfaces
TERRACOTTA	Vanity & Work Tops
LIMESTONE	Bathrooms
GRANITE	Pool Surrounds & Patios
CERAMICS	
QUARRY TILES	

Have your shiny stone surfaces become dull and lacklustre?  
Let us restore them to reflect their true colour and natural beauty.  
282 991 045 • 919 498 258 • www.stonecare-services.com

We are here to help with all  
your advertising needs,  
just call our  
Sales Manager  
on 707 500 677



## Villa Gates

*Ornate & contemporary gates.  
Lots of designs. Made to order.  
Why not see if I can make your  
old gate look good.  
Very reasonable prices. Call Andy  
for free quote 309 403 075 • 912 642 477*

### REMOVALS&STORAGE

Weekly removals service to and from the UK, Algarve & Ireland

With full packing & storage facility in the UK & Algarve, from 1 box to full or part load shipments. Transportation of cars, boats & motorbikes. Local removals and deliveries within the Algarve. Guarantee your peace of mind & safety of goods

**algarve REMOVALS**  
MSD INTERNATIONAL

The General, Main Road, Boreham, Chelmsford, Essex CM3 3HJ  
UK - Tel: 0044 (0) 1245 468888 • Mob: 0044 (0) 7711 179842  
Algarve: Tel: 289 513 851 • Mob: 969 134 801  
Email: sales@algarveremovals.com  
Web: www.algarveremovals.com

**NEIL & EMILY RICHARDSON**

Removals & Transport \* Packing Service & Storage \* Local, National & U.K. \* With 20 years experience We offer the Personal Touch

Members of British Portuguese Chamber of Commerce

Mob: 939 486 870, 939 486 807, Tel: 281 963 191  
neilandem@sapo.pt • www.ne-internationalremovals.com  
UK office: 0044 (0) 1268 523 029

### REMOVALS & STORAGE

- \* Local, National & European Removals
- \* Scheduled Route - Portugal-UK-Portugal
- \* International Shipping
- \* Storage \* Packing
- \* Long established & professional service

#### New Concept International

Armazem 3, Sitio do Além, Almancil.  
Tel.: (00351) 289 395 105  
UK: 08 450 046 827 Mobile: 968 031 955  
Email: d.wright@mail.telepac.pt www.newconceptint.com

**U-STORE SELF STORAGE**

\* Individual locked units  
\* Daily access  
\* Dry and Clean  
\* For homes & business

\* Also storage for cars & caravans etc.

Urb. Industrial Marateca, lote 26 - Chinicato - 8600 LAGOS  
Tel / Fax: 282 798 490 - Telem: 917 010 365  
www.u-store-portugal.com • info@u-store-portugal.com

To advertise, call our  
Sales Manager on 707 500 677

## AIM

### Removals & Storage

On-site secure storage  
Local, National, UK and European removals  
International shipping • Professional packing service  
Call into our office or visit us at [www.aim.com.pt](http://www.aim.com.pt)

Parque Ind. do Infante • Unit 8 • EN 125 • Torre • Odiáxere  
Tel: 282 799 141 • Fax: 282 799 146  
Email: info@aim.com.pt

**THE PORTUGAL News**  
Established 1977

View these pages  
**FREE**  
on-line at  
[www.the-news.net](http://www.the-news.net)

To advertise, call our Sales  
Manager on 707 500 677

### SATELLITE TV

**Skynet**

TELECOMMUNICATIONS & AUDIO

"The Latest Equipment at the Best Prices"

**All Satellites TV** ( English, German, Spanish, Dutch, French, Italian, Arabic, Russian TV... )  
Digiboxes ( SD, Sky +, Sky HD, MulticAM, PCMCIA, Freeview, Freesat HD )  
MultiCards & Much more

All **BBC** & **ITV** + Ch 4 & 5 + News + Movies + Kids + Music + Sports + Many others + Radio  
Get 350 TV channels & 200 Radio stations **FREE**

**Terrestrial Digital** ( Portuguese channels ) **FREE**  
**Cable TV** ( Movies + Sports + Knowledge + Kids + News + Series + Adult + Video on Demand )  
**VCR, DVD HD, Internet** ( Broadband )  
**Audio** ( Hi-Fi, Background Sound, Home Cinema )  
**CCTV, Intercoms, Domotics**

High-quality systems installed by qualified engineers  
Installations and technical support within 24hrs  
( a 3-Year Guarantee )

Tel: 964890260 Email: skynet@live.com.pt

## Sky Realm

Portugals Official FREESAT installers!

DON'T LOSE YOUR VIEWING AT NIGHT!

PLEASE NOTE GENUINE Freesat & SKY equipment

**freesat**

**systems upgrades**

\* Our engineers are Sky UK trained \*  
We correct ALL problems on other companies work!  
ALL AREAS COVERED

Algarve 918 887 775  
Silver Coast 918 262 108  
Email: skyrealm@hotmail.co.uk

### SERVICES OFFERED

## Portugal at your fingertips!

Portugal-info has been active since 1997 and is a unique network where browsers can find everything they need to know about Portugal.

Portugal-info is all about business. If you need more, you need to be included in the network.

Find out how little it costs to buy so much exposure:  
info@portugal-info.net  
or 282 423 770  
Also see details by visiting  
[www.algarve.ws](http://www.algarve.ws)

**PVC Directo**

Assembly of Doors and Windows in PVC/Aluminum, Shutters, Mosquito nets, Blinds, Electric blinds, Conservatories.

**We double the glazing - Not the price**

Tel: 916 184 148 / 969 410 952 • Fax: 282 380 308  
pvcdirecto@gmail.com

**THE PORTUGAL NEWS REACHES THE PARTS OTHER PUBLICATIONS CANNOT REACH**

OVER 20,000 COPIES EVERY WEEK - MORE THAN ANY OTHER PUBLICATION IN ENGLISH

**THE PORTUGAL News**

The 6th largest weekly newspaper in Portugal, in ANY language!

**TEL 707 500 677**

The 6th largest weekly newspaper in Portugal, in ANY language!

[www.the-news.net](http://www.the-news.net)

**THE PORTUGAL News**  
Established 1977



WHERE TO WORSHIP

### Lisbon

**IGREJA DO CORPO SANTO, LISBON** Largo do Corpo Santo, Catholic Services in English, Mass each Sunday and Holy day at 11.00am Tel. 21 467 3771

**IGREJA DA SRA. DOS NAVEGANTES, CASCAIS** Rua dos Navegantes, Catholic Services in English, Mass each Saturday at 6.30pm; Mass each Sunday and Holyday 12 noon Tel. 21 467 3771

**ST MARIA, SÃO PEDRO DO ESTORIL** Catholic Service in English every Sunday at 10:15 Tel. 21 467 3771

**OCEAN CHRISTIAN COMMUNITY** - An International Spirit-filled Church serving the Linha de Cascais area. Small group bible studies meet regularly. Join us for Sunday worship with a contemporary style at the Hotel Saboia, Rua Belmonte, No. 1, Estoril. Tel 91282019

**INTERNATIONAL BAPTIST CHURCH OF LISBON** 11.30am English worship service in

the facilities of the Terceira Igreja Evangélica Baptista de Lisboa. Location: Rua Filipe Folque, 36, 1<sup>st</sup> Floor, 1050 Lisbon. Rev. Joseph Ian Momoh

**BAPTIST MISSION - Esgueira (Aveiro)** Traditional Baptist church service in English on Sunday at 5pm. Contact: Pastor David Loop Tel 965-363-986.

**RIVERSIDE INTERNATIONAL CHURCH** Office: Rua São José 178, 1<sup>st</sup> dto, Fontainhas, 2750-134 Cascais, Phone: 21 483 6590, Fax: 21 483 6592. Church: ABLA (next to Riviera Hotel), Praceta Infante D. Henrique, N<sup>o</sup> 80, Quinta do Junqueiro, 2775-584 Carcavelos. We are an interdenominational Christ-centered, contemporary, caring & culturally relevant church meeting at ABLA in Carcavelos each Sunday at 10:30 in English and 18:00 on Portuguese. Creche, children and youth ministries provided.

**THE DOOR** Christian International Church - meets at Cidade Desportiva, Praceta Carlos

Capitolo, Loja "B" Massama / Queluz, every Sunday at 10:30am and 7:00pm- all welcome. For more information call Pastor Frank Escobar at 21-467-3386 or Mobile 919 086 683 God Bless!

**CHAPEL OF ST. PIUS X: PRIORADO S. PIO X**, Estrada de Chelas, 31, 1900 Lisboa. Tel. (21) 814 3591. Latin Tridentine Mass, Lisbon every Sunday at 11am. Rosary before Mass, confessions and communion. Monforte (Alentejo) also 2nd & 4th Sundays, 6.30pm. Resident Priest: Ernesto Cardoso

**ST GEORGE'S CHURCH, LISBON** (Church of England). Rua S. Jorge. Enter through British Cemetery gate opposite Jardim da Estrela. Sunday School. Service 11.30 am every Sunday. Tel. 21 4692303.

**ST PAUL'S CHURCH, ESTORIL** (Church of England). Av. Bombeiros Voluntários 59 (behind Hotel Sana Estoril). Sunday School. Service 9.30 am every Sunday. Tel. 21 4692303.

**ST. MARY'S S. PEDRO DO ESTORIL** 368 Rua do Murtal, Mass each Sunday and Holyday 10.15am Tel. 21 467 3771

**ST. ANDREW'S CHURCH OF SCOTLAND (PRESBYTERIAN)** Rua Arriaga, 13, Lisbon: Sun. 11.00. Minister's Tel: 214 837 885, www.standrews-lisbon.com.sapo.pt

**CASCAIS INTERNATIONAL CHRISTIAN CHURCH** Av. de Sintra, N<sup>o</sup> 1154, Cascais (Tel: 21 486 1856). Sunday English worship 10.30 Portuguese at 17.30. An international evangelical fellowship, nursery provided, children's church programme, mid-week bible studies.

**THE SALVATION ARMY, LISBON** Reboreira Corps (Praça Almada Negreiros, Lote 213 Loja Dt do Exército 11 A); Chelas Corps (Rua Rui de Sousa, Lote 65 A loja C); Laranjeiras Corps (Bairro de Laranjeiras). At all these corps: Morning Service 9.30am Salvation Meeting 5.00pm Fichelleira Corp Rua Capitão Boty, Picheleira, Lisbon (21 805708).

**IGREJA DE CRISTO (CRISTA)** Carcavelos, Rio de Moura & Lisbon. At all three centres, services in Portuguese, bilingual counselling. (Tel. 21 2461596).

**LISBON SYNAGOGUE**: Rua Alexandre Herculano 59, Tel 213 931 130 Fax 21 388 4304 e-mail: celestboa@mail.telepac.pt

**IGREJA BATISTA** de Queijas (close to Cascais) Rua Carlos Santos 8B, Queijas Near the Olympic Stadium off the A5. Tel: 214 172 087. Sunday Service: English 10:15 / Portuguese 12:00 Prayer and Bible Study: Thursday 8pm Traditional Baptist Service in English followed by Sunday School.

**JEHOVAH'S WITNESSES** - Public Talk in English. Rua João de Deus, 76, Sintra. (Behind Sintra train station). Sunday 1.30pm. Tel: 214 690 600. No collection. Also Rua da Barroca, 212 (Bairro Alto), Lisbon. Sunday 11am. Tel: 213 421 604. (Chinese: Saturday 3pm) No collection.

### The Algarve

**ALL SAINTS ANGLICAN CHURCH, ALGARVE** (Member of the Worldwide Anglican Communion) Holy Communion every Sunday for all the family. **Almancil** 10.30am with Adventurers (Sunday School with a difference) and Creche at Almancil Community Centre (ASCA). **Lagoa** 6pm at Lagoa Convent Chapel. Maps and further information at [www.allsaintsalgarve.org](http://www.allsaintsalgarve.org) or 282 380 311.

**ST VINCENT'S ANGLICAN CHURCH** part of the Church of England, Diocese in Europe & Anglican Communion. Services every Sunday in our three congregations: 9.30am Igreja N Sra de Fátima, N125 between Quatro Estradas & Almancil, 916879430. 11.30am St Luke's, Górgos (near Sta Barbara), 917267948. 8.00am & 12noon Igreja N Sra da Luz, Praia da Luz, near Lagos & Sunday School, 918824584. [www.stvincentsalgarve.org](http://www.stvincentsalgarve.org)

**CENTRO CRISTÃO FONTE DE VIDA** Pentecostal Church, Sítio do Paul, Estrada do Sargacal, Sargacal 8600 Lagos. Apartado 4388601/905. Fridays Youth meeting at 09.00 p.m. Sundays 10.00 a.m. Tel: 282 764 040 Fax: 282 795518 Website: [www.fontevida.org](http://www.fontevida.org)

Alportel will hold on the 1st Sunday of each month an International Worship Service at the Salvation Army Citadel in São Bras at 5pm, Rua 25 de Abril, nº 19 (next to the Market).

**CATHOLIC MASS** every Sunday partly in English - 11am, at St. Lourenço Church - Almancil - 6.30pm, at Four Seasons Country Club - Quinta do Lago - Almancil. Further information, Griseida Neto on 966168120 or Vitor on vgn@dompor.com).

**INTERNATIONAL CHRISTIAN FELLOWSHIP** International Christian Fellowship in Portimão. Sundays at 11am. \*Sunday School for Children in English & Portuguese\* Avda 25 de abril 17 r/c-D, Portimão) \*opposite public swimming pool (piscina municipal) \*Tel 282 461 985. Website: [www.coaa.co.uk/icf.htm](http://www.coaa.co.uk/icf.htm).

**LIVING HOPE BAPTIST CHURCH** English speaking services every Sunday 5 p.m. About 100m North of bullring circle in Albufeira. For more information contact pastor Mark: 964860765. Or email: [pastor@ibev.pt](mailto:pastor@ibev.pt)

**CHURCH IN ALJEZUR / VALE DE TELHA**. Our mission: Matthew 28:18-20 (An outreach from Church in Lagos) Call Stefan Saunders (Pastor) mobile 963 165 983.

**INTERNATIONAL COMMUNITY CHURCH** in Lagos invites you to attend its services in English on Sundays at 11.00am. Sunday School for children. 5 Travessa de Santo Amaro, Lagos. Tel. 282-086804 or 282-697546. [www.icc-lagos.org](http://www.icc-lagos.org).

**THE EVANGELICAL BAPTIST CHURCH** of Lagos: invite you join us in our English lan-

guage Service at 6pm. every Sunday. Find us at: Urb Villa Praia da Ana, Lote 11b. Lagos (Nr. Hotel Golfinho) For more information, please contact Jack MacLeod on 282 768 088, Mob. 964914188

**INTERNATIONAL EVANGELICAL CHURCH OF THE ALGARVE** Warmly welcomes residents & visitors of all nationalities and denominations to their Sunday Services in Vale Judeu at 10.30. See our blue sign on the N125 between the Vilamoura entrance & the Atlântico Waterside Park. Services in English, creche and Sunday School. For further information: 289 328635.

**LAGOA CHRISTIAN FELLOWSHIP**. English and Portuguese Speaking Calvary chapel of the Algarve, Christ Centred study of the Bible and modern worship. Sunday school is available for toddlers to teens. Sunday services: English 11am and Portuguese 6pm. Mid-week study 8pm Wednesdays. Address: EN 125 Porches Retail Park, Vale de Louzas, Alcantarilha. Tel: 282 381 347 Pastor Gary O'Connor. Visit our Website: [www.lagoa-fellowship.org](http://www.lagoa-fellowship.org) for more information

**TAVIRA CHRISTIAN CENTRE** Meetings in English, Sundays at 10.30 am at 126 Rua Almirante Cândido Reis. Full programme and further details from Jackie 281 322 857, Geoff 969 100 121 or Maria 966 380 404. E-mail: [jackieandmo@yahoo.co.uk](mailto:jackieandmo@yahoo.co.uk)

**RESGATE DE VIDA, LAGOS**, Raising up a new generation according to Eph. 4 v 11-12, Church with a Brazilian Flavor. Portuguese speaking, Children Welcome. Meeting on Sundays 8pm - 10pm at Rua, Hospital S. João de Deus. For directions phone Pastors Sidney 963414757 or Anderson 962834005

**ROMAN CATHOLIC ST. ANDREWS, PENINA** R.C. Mass in English every Saturday 6pm, St. Andrews Church, Penina. For further information, please contact Padre Manuel 282 459151

**SALVATION ARMY** Service Sundays at 10.45am in Portuguese. Bible studies for children, adolescents and adults in Portuguese starting at 9.30 until 10.30. Rua 25 de Abril, nr. 19, São Brás de Alportel

**ALL NATIONS**, Todas as Nações, All welcome, contemporary worship service and children's club. Carvoeiro Tennis Club, Mato Serrão Carvoeiro. Sundays 10.30am-12.00pm, Luke and Shelley 913362221

**EREV SHABAT** - For services Tel: 282 416710

**JEHOVAH'S WITNESSES** - Public Talk in English. The New Kingdom Hall of Jehovah's Witnesses, 25 Largo Emgebeiro Sarrea Prado, Portimão (Next door to the University). Saturday 4pm. School Tuesday 7.30pm Tel: 282 485 495. (Chinese: Saturday 4pm) No collection. Also Rua Bartolomeu Dias, Albufeira. (Next to the Junta da Freguesia).

Sunday 10.15 am. School Wednesday 7.45pm Tel: 282 339 372.

### Oporto

**GREATER GRACE INTERNATIONAL FELLOWSHIP** has contemporary Christian gatherings on Sunday afternoons at 3rd Baptist Church, Rua Estacao 133, Porto, & Saturday evenings on the 1st floor at Confeitaria Palacio, Porto (across from the "Emergency" entrance of Hospital Santa Antonio); for meeting times, details and updated schedule visit [www.NovaAurora.com](http://www.NovaAurora.com), call 220 994 785 or send an SMS to 917 112 736.

**RIVERSIDE PORTO INTERNATIONAL CHURCH - Oporto**. A church that is fun and enriching; Bible based and relevant. Caring, supportive and international. Interdenominational meetings from 6pm Sundays at 1642 Avenida Sacadura Cabral, Aguda, VNG, between Aguda railway station and Miramar golf course. Call Tina or Bill Mason on 227 627 643 or 914 949 611 contact@riversideporto.com or [www.riversideporto.com](http://www.riversideporto.com)

**ST. JAMES'S CHURCH, ANGLICAN CHAPLAINCY OF OPORTO**. Largo da Maternidade, Júlio Dinis. Sun. 11am Details from Chaplain (22) 609 1006. [www.stjamesoporto.org](http://www.stjamesoporto.org)

**THE SALVATION ARMY OPORTO** Pereiro Corps (Av. Vasco da Gama No: 675-2 E Ramalde), Service 10am, Salvation Meeting 5.00pm. Coloras Corps. (Av. dos Bombeiros Voluntários - rios; Tel: 22 929 1077) Sun. 10am. Thurs 4.00pm Ladies Home League Meeting. **JEHOVAH'S WITNESSES** - Public Talk in English. Praça Don Afonso V, 168. Sunday 10.30am. Tel: 226 160 976. No collection.

### Caldas da Rainha

**ANGLICAN EVENING WORSHIP IN ENGLISH**. At 6.00pm on the first Sunday of each month, except in August and January. Held in the Evangelical Baptist Church, Rua Dr. José Sautade e Silva 27/29 (between Caldas da Rainha Railway Station and 'Pingo Doce'. All welcome.

**JEHOVAH'S WITNESSES** - Public Talk in English. Rua Adelino Amaro da Costa, next to CERCIP. 2520 Peniche, Óbidos. Sunday 11am (1<sup>st</sup> & 2<sup>nd</sup> Sunday of the month). No collection.

For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life. - John 3:16



**10.30am • Holy Communion ASCA • ALMANCIL with Adventurers and Creche 6pm • Holy Communion Convento de S. José • LAGOA**

**ANGLICAN CHURCH**

**Lead Priest :** Fr. Joseph Wingo **T:** 309 402 783  
**Assistant Priest:** Rev'd Jackie Nevill **T:** 914 781 453  
**Deacon:** Rev'd Paul Luckman **T:** 917 240 123

[info@allsaintsalgarve.org](mailto:info@allsaintsalgarve.org) • [www.allsaintsalgarve.org](http://www.allsaintsalgarve.org)  
**Please enquire about Baptism Services, Marriage Blessings, Funeral Services etc.**  
 For directions, call 282 380 311 any time



## God's Favorite Food

My friend, John, has a "sweet" job. As an official ice cream taster for a major American company, he gets paid to eat ice cream every day! John's taste buds are so important to his company that they are insured for one million dollars. He loves ice cream and believes it must be God's favorite food. For four generations John's family has worked in the dairy and ice cream industry.

John uses a gold spoon for his official ice cream tasting because, unlike a plastic or wooden spoon, gold does not have an aftertaste. When acting in his official ice cream taster role, he looks for the balance between the dairy ingredients, sugars and the flavoring material (such as vanilla). Cutting the carton in half lengthwise, he studies the distribution of the added ingredients. For example, when he cuts open a carton of Marble Fudge, he looks to see if the fudge is evenly swirled throughout the container. If there is too much, not enough, or if it is not properly distributed, then the product is rejected.

As a young girl learning to bake cookies and cakes, I remember loving the smell of vanilla extract. One day I decided that because it smelled so good, the cookies I was baking would taste better if I doubled the amount of vanilla. In fact, I was positive that three teaspoons would surely taste better than one. Little did I know that

instead of improving the taste, I had ruined the whole batch of cookies by upsetting the crucial balance of ingredients.

Balance is necessary in our personal lives, just like it is important in a carton of ice cream or a cookie recipe. This is another area of life where I can learn a lot from my friend, John. He's earned a good living as an ice cream taster but he knows that there are more important things in life than money or fame. Whenever he gives television, radio or magazine interviews, John looks for the opportunity to tell listeners or readers about the most important ingredient in his life, his relationship with God. It is that commitment to His Savior that led John and his wife to do volunteer mission work in Portugal for two months during each of the last three years. In fact, he's here right now serving God in little tasks by helping to care for a Christian retreat center. Whether he is washing windows, pulling weeds or mopping floors, he does it cheerfully in service to God.

"Whatever you do, work at it with all your heart, as working for the Lord, not for men." Colossians 3:23

\*More information about how to have a relationship with God can be found at [www.rbc.org/personal\\_relationship\\_with\\_god/page](http://www.rbc.org/personal_relationship_with_god/page)

1		2		3	4		5	6		7
8										
				9						
11										12
13						14		15		
						16				
	17	18								
19										
20										
							21			
22										
							23			

ACROSS

1. Profound (4)  
3. Ready (8)  
8. Tastes (4)  
9. Star (8)  
11. Confusion (12)  
13. Wanders (6)  
14. Grab (6)  
17. Incarceration (12)  
20. Mitigated (8)  
21. Eyot (4)  
22. Pause (8)  
23. Burden (4)

DOWN

1. Undeceive (8)  
2. Authorise (7)  
4. Duty list (6)  
5. Excelling (3-7)  
6. Rule (5)  
7. Ditch (4)  
10. Skip school (4,6)  
12. Movable possessions (8)  
15. Treachery (7)  
16. Climb (6)  
18. Hebrew leader (5)  
19. Reckless (4)

**Answers Crossword № 254**  
**Across:** 1 Promiscuous; 9 Plunged; 10 Prior; 11 Opera; 12 Termite; 13 Treaty; 15 Effete; 18 Neglect; 20 Dodge; 22 Trait; 23 Islamic; 24 Belligerent.  
**Down:** 2 Rouse; 3 Migrant; 4 Sedate; 5 Upper; 6 Utilise; 7 Opportunity; 8 Irreverence; 14 Engrave; 16 Fiddler; 17 String; 19 Exolt; 21 Denure.

# su do ku

Fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9. That's all there is to it. There's no maths involved. The grid has numbers, but nothing has to add up to anything else. You solve the puzzle with reasoning and logic. It's fun. It's challenging. It's addictive! Solving time is typically from 10 to 30 minutes, depending on your skill and experience.

		3		4		7		
		4				1		
6			8		2			4
8		6			3			7
	7						4	
4		1			2			6
1			7		6			5
		2				8		
		9		2		6		

Last weeks solution:

1	8	7	9	6	2	4	3	5
5	2	6	7	4	3	9	8	1
9	4	3	1	5	8	7	2	6
3	6	4	8	1	7	5	9	2
2	7	1	3	9	5	8	6	4
8	9	5	6	2	4	3	1	7
4	3	9	2	7	1	6	5	8
7	1	8	5	3	6	2	4	9
6	5	2	4	8	9	1	7	3

For tips on how to solve Sudoku puzzles, browse the forums, go to [www.sudoku.com](http://www.sudoku.com)



## Announcements

**LONELY? BORED?** Come and join our happy helpers and fund-raisers, 3 to 4 hours a week (or more!) Our charity shops welcome you. Every Euro raised goes to animals rescued from distress. Call Nan Richards at the Donkey Sanctuary in Estômbar for details of our work. Tel.: 962 633 811.



**Suzannah's Flowers**  
Beautiful hand tied bouquets for all occasions.

Delivery service  
**282 341 388**  
suzannahsflowers.com

**CASA - IS** a local social group established over 20 years. We are a friendly group who have a monthly newsletter and have at least one activity per month. These are usually dinners at local venues. We have an annual trip to either Spain or Portugal and various other activities. We are open to everyone. If you would like more information or a sample newsletter why not give Mary a call on 282 357 275.

**ANTIQUES FRED PEETERS** closed until the 27th August, please contact 969 095 329.

**MAN AND** large van going to UK 23 Sept. Returning 30 Sept. Will transport anything legal. 282 357 837 / 919 020 249.

Add a photo for impact:  
B & W, 4cm wide €10  
Colour, 4cm wide €15  
[www.the-news.net](http://www.the-news.net)

## Bureaucracy

**TRANSLATIONS.** English to Portuguese and Portuguese to English. Teaching experience. ALSO OFFERS extra tuition for Children in Portuguese. Contact 282 109 385 / 967 574 297 or email [translations.english.portuguese@gmail.com](mailto:translations.english.portuguese@gmail.com)



Take advantage of our special display ad (4 x 5 cm) @ €30 p.w. for 10 weeks or €20 in mono  
Call 707 500 677 or email [classes@the-news.net](mailto:classes@the-news.net)

**TRANSLATIONS PERSONAL / LEGAL.** Many years experience, Tel/Fax: 282 484 776 Mobile 919 194 319 English / Portuguese / English.

## Business Opportunities

**BAR FOR SALE** Lagos Centre, fully licensed & ready to operate, €75,000. ono includes fixtures & fittings. Tel: 913 358 837 E-mail [ange\\_duncan@yahoo.co.uk](mailto:ange_duncan@yahoo.co.uk)

**ALMANCEIL - BISTRO** Cafe and Takeaway, great opportunity within Golden Triangle, 5 year renewable lease, only Euros 35,000 for goodwill and inventory. View on [www.portugal.auctions.com](http://www.portugal.auctions.com) Business ref. 105 or telephone 914 209 965.

Place your advert on-line at  
[www.the-news.net](http://www.the-news.net)

## Charities

**THE ANIMAL** charity shop in Montechoro needs volunteers to help in the shop & to transport animals to the vet or abandoned animal's home 'Quintinha dos Animais' at Goldra, which receives part of the shops profits. Any help appreciated. Lesley - mobile 962 414 584.

**CAR BOOT** Sale held every 3rd Sunday of the month at 'Restaurant Quinta dos Areões', adjacent to the veterinary clinic, in Espiche. Stallholders pay €3. All proceeds to help abandoned animals. Call Michele on 919 457 263 or e-mail me on [Happyhounds@mail.telepac.pt](mailto:Happyhounds@mail.telepac.pt) for more information.

**WANTED: THE** donkeys sanctuary needs your unwanted furniture, clothes, books and bric-a-brac for our charity shops in Lagoa and Monte Carveiro, all proceeds to aid donkeys in distress. Call Nan Richardson, mobile 962 633 811, for details of our work for animal welfare. Please help.

**TAVIRA TREASURE** Charity Shop. Tavira Christian Centre. 126, Rua Almirante Candido Reis, Tavira. Come and browse. Come and bring. Clothing, Bric-a-brac, Books. Open Wednesdays, 2.30-4.30pm or phone 281 322 857 for further details. Volunteers needed so we can open more frequently.

**APAA CHARITY SHOPS.** Cerro Grande, Albufeira open Tuesday to Saturday 10.30am to 2pm. Dunas de Alvor open Tuesday to Sunday 10.30am to 2pm. Good quality clothes, bric-a-brac, books, jigsaws, etc. Stock and new volunteers always welcome. Help us to help stray and abandoned dogs and cats.

**ALBUFEIRA ABA** charity shop. An independent charity shop raising funds for neutering animals. Please help by donating items for sale in the shop, so that we can continue with this vital work. The shop is located on Avenida do Tennis, 41D, (next to Galeano Bar) on the road that leads to the Marina, from the dual carriageway, and is open Tuesday to Saturday 10.30am until 2pm.

## Catering

**BON BON CATERING.** Professional catering for all occasions. Also catering equipment for rent. Tel: 282 341 496, 965 779 079. [bonrest@sapo.pt](mailto:bonrest@sapo.pt)

## Education

**LEARN HOW** to speak Portuguese, in a relaxed atmosphere. no fuss, no stress, and very affordable. Group lessons. You're not alone, we have FUN. Centro Pacifico, next to KISS FM, Albufeira. Phone Isabel 914 662 955.

**ART-CLASS.** Almádena (near Luz). Nice mixed group, professional tutor, all levels. Starting materials available. Call 912 266 835.

## Entertainment & Leisure

**ALGARVEAN'S EXPERIMENTAL** Theatre Group are active all year and need you as a member. Are you good with a needle or do you like to paint? Happy to go on stage and perform or would you prefer to assist backstage? Young or old join in the fun. Why not take a look at our website? [www.thealgarveans.com](http://www.thealgarveans.com). Want to be part of our group? Ring Nikki on 917 776 245 or email [nikki.luz@hotmail.com](mailto:nikki.luz@hotmail.com)

**LATIN AMERICAN DANCING** for Adults/Beginners Commencing Tuesday 7.30pm 8 Sept. Quinta Fonte do Bispo. Information: 289 849 229 or 281 971 484

**NEW CAMERA? GONE DIGITAL?** Whether beginner or more experienced our Algarve based one to one courses will help you create superb images. From just €80. Call 963506249



**MURALS AND HAND PAINTED FURNITURE.** From children's rooms to trompe l'oeil. 282 361 132 [www.paulawattmurals.com](http://www.paulawattmurals.com) [paula@paulawattmurals.com](mailto:paula@paulawattmurals.com)

**EVOLUÇÃO DA DANÇA DOS URSOS** Home of the bears after the Algarvian exhibition tour  
Art, Wine, Animals near Slide & Splash in Estombar. Stunning sculptures. Tel: 282 431 036 [www.dancadosursos.com](http://www.dancadosursos.com)

**QuintaDosVales**  
"STRINGS & THINGS" Musical Instruments. Lowest prices. New & Second-hand. Trade-ins, repairs, rentals, [www.stringsandthings.eu](http://www.stringsandthings.eu) Tel: 289 356 441 or 919 968 768.

**DAVID HAINES ARTIST**  
**NEW GALLERY**

D. Pedro 1º square LOULE opp. Municipal Arte Gallery  
Tel.: 968 290 627 [www.wdjhainesartistlip3.com](http://www.wdjhainesartistlip3.com)

## For Hire

**LANGLEY (HOG) Roasts**  
Catering in Hog Roasts or DIY-Self Serve  
Tel: 918 879 843 [langleyhogroast@hotmail.com](mailto:langleyhogroast@hotmail.com)

## For Sale Private

**TONER HP C4096A (96A)** For HP Laser Jets 2100, 2100M, 2100TN. €45. Call 707 500 655 Lagoa area or +€6 for postage.

**TONER HP C3900A (00A)** For HP Laser Jets 2100, 2100M, 2100TN. €45. Call 707500655 Lagoa area or +€6 for postage.

**SAMSUNG TONER ML 1610D2** series ML-161x. Brand new. Boxed. €35. Lagoa Area or +€6 postage Call 707 500 655.

## BABY EQUIPMENT FOR SALE



**Baby Walker** €30  
**Baby bath / Changing unit** €60  
**Chicco basinet with tripod** €60  
**CasualPlay S4 pushchair, (1 year old - AS NEW) including all accessories: carrycot, rain covers etc** €400



All €500 for a quick sale  
Tel: 966 382 378

**TOP QUALITY** Permanent Shade Sails, triangle, kite or square, 3.6 metres - 5.4 metres, 90% UV Filter, various colours, rust proof galvanized steel fixings, 5 year guarantee, from 325€ plus IVA installed. Call Steve on 917 846 242 or email [algarveshadesails@gmail.com](mailto:algarveshadesails@gmail.com) for product sheet and photos of installations

**ENVIROFIRE EF-III**  
**Bayi Model FPI**  
Free-standing wood pellet stove 11.72KW  
Good condition - domestic use only. €500ono.  
Tel: 934414092



**TRADITIONAL HAND PAINTED CART**  
Good condition. Recent paint 2009. €850  
Guia. Tel: 918 828 759

**BIKES**  
2 Small adult road bikes, 1 small adult mountain bike. Contact 967 796 492.

## Health and Beauty

**PRIVATE G.P. HUISARTS.** CONSULTATION and VISITS by APPOINTMENT. 24/7 SERVICE. ENGLISH, DEUTSCH and NEDERLANDS. CASA ARARAT (next to Tennis) QUINTA DAS RAPOSEIRAS. TEL: 918469366



DR.MED. REMCO HOLST

Riverside International **MEDICAL CENTRE**, Sta Bárbara de Nexe / Faro, Maragota / Moncarapacho, Tavira & V.R. Sto António. 24 hr service. Tel.: 919 657 860 or 289 997 742.

**Suffering Chronic Pain?** Self help tool, often works where nothing else will! No drugs - No Needles. Call for a 15 minute FREE consultation 93 88 68008 Elke Wasmann

**Complete Fitness**  
Home & Commercial Gym Equipment  
Visit our showroom in Almancil  
tel - 91 886 65 65 [www.completefitness.eu](http://www.completefitness.eu)

**Happy Feet**  
Feet & much more  
Dunas de Alvor, Estrada da Barca, Loja 21, 8500-017 Alvor  
Tel: 966 237 330  
Open: Mon-Sat 10am-6pm Appointment necessary

**CANCER.** HAVE you been affected by Breast Cancer? We are a small group who meet 1st Wednesday of the month for a coffee or snack at Cássima Café, Loulé (off the swimming pool roundabout) 1pm - 3pm. Come along to our informal meeting for support, advice or just a chat. For more information call Vi on 289 882 680.

**CHIROPODY.** Home visits. Mirjam Seybold. Tel: 282 913 435 or 916 723 964.

## Home Improvements

**PENGUIN PENGUINAIRCON.COM**  
Air Conditioning Solar Heating Installation & Servicing  
**SERVICE HOTLINE 910 700 777**  
Tel 289 092 595 Fax 289 392 660 Email: [info@penguinaircon.com](mailto:info@penguinaircon.com)



**PAINTING & Exterior wall restoration.** Tel 966 521 828 938 665 717 [www.opra-pt.com](http://www.opra-pt.com)



## DOMUS

### ELECTRIC FLOOR HEATING

The CHEAPEST way  
to heat your house

NO gas, NO oil,  
NO maintenance

www.domus-heating.com

EN-125 Sítio Benfarras,  
Nº 552-a Boliqueime  
Tel: 289 322 852  
domusheating@mac.com

**PROFESSIONAL  
PAINTING SERVICE,  
Restoration, Tiling,  
Fencing,  
Stone works. Quick  
and Good Price.  
Contact Alexander  
969 223 840.**

**MASTERJOINER.**  
Joiner/general  
Maintenance.  
20yrs+ fitting  
kitchens, doors,  
floors, locks etc...  
Quality reliable  
service  
Competitive prices!  
EAST & Central  
Algarve  
281 328 648  
926 615 244  
masterjoiner@hotmail.co.uk

### Jobs Offered

**BARMAN WANTED.** Leading Hotel in Albufeira, dealing mainly with British Clients is looking for a candidate to take over the bar. The job includes a fixed and a variable remuneration. Please send CV to miguelpalminha@sapo.pt

**SPECIAL NEEDS  
ASSISTANT REQUIRED**  
to assist child with severe learning difficulties. You will be required to accompany a male disabled child to an international school in the Alcanil area and be responsible for supporting him on a one to one basis during the school day 5 days per week. You will ideally have experience of working with children with learning difficulties and have knowledge of the UK school curriculum. This is a full time position. Must possess driving license. Candidates will need to have a valid home country police check and/or CRB enhanced disclosure. Please send your full CV to lisa@ibas.pt

**EXPERIENCED CHEF(S)  
WANTED** For Busy Restaurant Bar in Quinta do Lago Area. Full-Time hours available. Winter hours negotiable. Please send C.V. to kate\_findley@hotmail.com or call 919712705

**PLACE AN ADVERT  
CALL OUR HOTLINE  
ON 707 500 646**

### DO YOU ENJOY WORKING OUTDOORS?

Do you get on well with a variety of people? We are looking for active females to work on various golf courses in the area. The role involves a level of sales and offers a competitive salary with commission on a part-time or full-time basis. Good spoken English is a necessity and other languages such as German and Portuguese would be beneficial. Own transport is also necessary. We are particularly interested if you live in the Cascais and Caparica areas. Please contact Jamie on 00351917403423 for further information

### Legal, Finance & Insurance

FOR THE most competitive insurance quotes from national and international insurers. Tel: 938 308 651 email: lusoinure@gmail.com

### Abbeygate

The way insurance should be.



MOTOR HOME COMMERCIAL  
MARINE HEALTH TRAVEL

Get your quote today!

217 230 637  
www.abbeygateinsure.com

www.the-news.net

### Marine

**ICC TRAINING & TESTING.**  
RYA Motor Cruising & Powerboat courses. Tel: 965800702 Email: martin.northey@mail.telepac.pt www.theiberianseaschool.com

**LASER SAILING** dinghy. Tel: 282 445 068.



### QUICKSILVER 650 WEEKENDER

New April 2008. 115hp, 4 stroke outboard (55hrs). New 6hp outboard (zero hours). Navman GPS Fishfinder, S/shore radio. Ready to go, all extras, including Berth in Albufeira Marina until April 2010. Cost new €34,000. **Price to sell €24,000.** Tel: 918 828 759

### Visit the Caves



### BOAT TRIP Benagil - Lagoa

1hour trip  
€15 per person

Tel: 963 542 361  
or 282 359 676

Beach Transfers • Check our best prices & conditions for groups

### Office, Media & Technology

**COMPUTER SCREEN**  
(Philips) 15". €19.50.  
Tel: 912 759 461  
282 457 058.

### COMPUTER TECHNICIAN

Qualified professional with over 20 years experience. Trouble shooter, upgrade recommendations, tuition and networking. Hardware and software resale available. Wireless specialist. IT integration on building construction projects. Tel: 282761398, 918411488 or 962719488 marcus@starworld.pt



**BlueChipIT**  
Ensuring your business IT works for YOU

Call 707 500 600  
Kurt Pardon  
IT Director

### World Telecom PC Surgery



Your one stop  
surgery for PC's  
Macs and laptops



A name  
you can trust  
See our main advert

### FOR SALE.

Samtron 17" screen  
€30. HP A3744 Inkjet  
printer €65. Brother  
Fax printer €45.  
(All second hand).  
Tel: 282 380 316.



As portable as a mobile  
phone, but much bigger!

Tel: 707 500 600  
today

### Painting & Decorating

**PAINTER &  
DECORATOR.**  
Clean, quick, reliable.  
Professional service  
at competitive price.  
Interior & exterior  
Tel: 914 245 464 (Port)  
914 122 898 (Eng)  
freequote@painting@  
hotmail.com

## TURNERS

**PAINTING CONTRACTORS**  
Interior and exterior work to the highest standards. All windows and doors fully masked, massive choice of colours and finish.

For free quotation and expert advice  
Lisbon, Silver Coast and Algarve  
Tel: 938 535 158  
turner.jmoh@gmail.com  
working for you

### Personal

**RESPONSIBLE, EXPERIENCED,** female babysitter available, Carvoeiro/Portimão/Lagos. Bi-lingual, with own transport. Evenings and weekends. Tel: 968 861 727.

### "POP-INS"

Mums and Toddlers  
Wednesday  
9.45am to 12 midday  
Bring your babies and toddlers and come meet new friends in a safe and secure environment. Toys, activities, singing. Refreshments available. ICF Church Fellowship Rooms Cedipraia, Portimao For more information Tel Marina on 964 820 392

Every  
Saturday  
Morning  
10-12am  
at ICC Lagos  
5 to 12 year olds

Food \* Games \* Music \* Fun  
Competitions \* Drama!!!  
**BRING A FRIEND!!!!!!**  
Tel: 282 086804 or see  
icc-lagos.org for location

### Mums & Tots

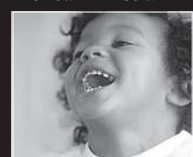


Tuesdays 10.00am -12.00  
Meet friends, coffee, fun,  
playing, puppets.  
ICC Church Hall, Lagos.

For further details on location of Church and Sunday services (with Kidz Klub) & other activities and available courses at International Community Church, see web site www.icc-lagos.org or call 282 697 546 or 282 086 804.

### Explorers & Climbers

Mother & toddler group  
meets every Thursday at  
9.45am - 11.30 am.



Crafts, songs and lots of fun ... Where? Lagoa Christian Fellowship hall, Vale de Lousas, EN125, Alcantarilha. Refreshments available. Contact Elaine for more details on 916 447 407.

**ALCOHOLICS ANONYMOUS** - Algarve. WEEKLY MEETINGS: Mon.: Portimão 7.30pm. Tues.: Alcanil 1.00pm; Alcanil 6.30pm (Men's meeting); Albufeira 8.00pm. Wed.: Alcanil 7.30pm. Thurs.: Pêra 7.30pm, Tel: 919 005 590; Tavira 7.30pm. Fri.: Alcanil 1.00pm; Portimão 7.30pm. Sat.: Alcanil 5.30pm. Call 919 005 590, 10.00-7.30pm. Portuguese AA 917 483 478. GSO Lisbon AA Tel: 217 162 969. We look forward to seeing you there.

Place your advert on-line  
at [www.the-news.net](http://www.the-news.net)

### Pets



\*The best in the Algarve  
\*Fully licensed  
\*Door to door service  
\*CATS ONLY

Tel.: 282 912 462  
Mobile 919 566 769  
www.gatotel.com

### ARE YOU LOOKING FOR A PET?

I currently rescue  
kittens & cats, puppies  
& dogs; maybe I have  
your future companion.  
Call Valérie  
(Donkey Sanctuary)  
913 860 865  
or 282 342 823.  
lili10.evann@yahoo.fr

### Santa Catarina & São Brás de Alportel area

#### MISSINGPODONGO

medium, male, hair very short, light brown, small head, light grey, left ear always hanging down. Has been seen often times around St<sup>TM</sup> Catarina. Manni is very shy, but understands English and German.  
**Reward €1,000.**  
Tel.: 966 798 699.



#### STOP THE KILLING!

Before buying or breeding pets, consider the many unwanted/abandoned animals looking for homes. Neuter not Euthanise! Microchip your animal!  
**For information or to find an animal:**  
Michele 919 457 263  
email: happyhounds@gmail.com  
@mail.telepac.pt

### Pools & Gardens

**POOL LEAKS,**  
plumbing problems?  
Tel 966521828

**NEED A POOL?** Swim in 20 Days! 30 years experience! Labour guaranteed for 10 Years! Free Quotation. Phone 282 338 694 or 932 868 804.

**SIMPLY SUN SHADES** for your D.I.Y. sun sail solution. Coolaroo sails, 90% UV protection, 10 yrs warranty, stainless steel fixtures. www.simplysunshades.com Richard 936 936 909.

**POOL MAINTENANCE** All mechanical plant maintenance and repair. Call Julio 963 224 890.

### SWIMMING WITHOUT CHLORINE UVC Treatment

www.limpaluz.com  
info@limpaluz.com  
Tel 913 878 057



### THE SPECIALISTS FOR ALL YOUR TREE WORK,

Tree inspection, Pruning, Felling & Dismantling, Planting & Transplanting THE BEST SERVICE FOR YOU AND YOUR TREES.  
Tel: 961 415 239  
info@treeworkalgarve.com  
www.treeworkalgarve.com



**ALGARVE TREE SERVICES**

\*Pruning\*Felling  
\*Brush Chipper Hire  
\*Stump Grinding  
\*UK qualified arborists  
\*20 years experience

Tel.: 917 479 921  
www.algarvetreeservices.com

**AQUA BLUE** Pool Clean and Maintenance from €100 p/m. Tel Richard 966 762 499.

### Property for Rent

**FULLY FURNISHED** 3 Bedroom 2 bath Villa in Sao Bras de Alportel with pool and panoramic views, €1,000pcm also available Fully furnished large High spec T2 Apartment 2 bathrooms 3mins beach Golden triangle, €1,000pcm both exclusive of bills and up to 6 month rental on both. Tel: 0044 787 647 0597/ cottrell@lineone.net

### BOLIQUEIME VILAMOURA

**BRAND NEW** 3 bed townhouse with garage in beautiful enclosed child friendly condominium. Long and short term from €950 per month plus bills

Call Abi  
+351 967 734 825 or  
ray@earthsmartsd.com



### VILLA TO LET VALE DO LOBO - PORTUGAL

Stunning sea views, minutes from two well known golf courses. Superb detached villa with front line sea views, located 5 minutes walk from the beach, 5 bathrooms, 4 ensuite bedrooms, 2 with private balconies, with all appliances, adjacent dining area with table for 8, patio doors to covered eating area for dining al fresco. Fully equipped kitchen with breakfast table. Laundry room with w.machine. 4 car underground garage. Completely fully furnished in flat screen TV, alarm. Large heated pool with separate Jacuzzi. Brick built BBQ. August and September availability please email jem@tisjem.com for prices. Type 'VLEN44' into a website search engine for more photos.

For further information please call Jeanette : +44 1908 670 190 or +44 7810 27 27 20

**MONCARAPACHO**, 10 month let, Sept-June, country villa, 3bds, €450 w/electric. 964 723 016.

**WE HAVE** several properties available for long term rent in Central Algarve. Contact Muriel on 932 314 312 for more information.

**TUNES**, 2-3 bedrooms apartment, fully furnished large areas, very bright. For further information contact 282 576 318.

### Property for Sale



€250,000  
www.vila5.com

### WELL LOCATED APARTMENT IN LAGOA

Top floor T3 on the outskirts of Lagoa, with views across the fields, while being a stone's throw from all facilities. Situated in a pretty, landscaped cul-de-sac, light and spacious lounge, 3 bedrooms, 2 bathrooms, kitchen and 2 balconies. Private Sale P.O.A. Call 282 343 652 / 282 352 547 or email: mail@infinitespire.com



### WIN WIN WIN

A Recently Constructed Villa in Northern Portugal Please Go To  
www.winavillainportugal.com

### sale of farm

#### 7,3 Hectare Apple farm for Sale

Lovely, restored, 5 bedrooms included built in cupboards, bathroom, diningroom, sittingroom, cinemaroom, large kitchen, 50 m<sup>2</sup> entertainment area, restored cellars and a 250 year old restored chapel. PLUS a separate house with 3 bedroom, bathroom, kitchen, sittingroom AND barn for animals and extra storerooms. Contact George: 00351- 912 860 197



### LOVELY SEMI DETACHED

3 bedroom villa, 2 bathrooms, terraces on ground and first floor, fireplace, pre installation of central heating, garage, in quite location in Portimão, covered area 180m. Will send more photos and information on request. Fantastic opportunity for only €235,000. Contact 961372026

### HIGH TECH VILLA

EVERYTHING which isn't automatic is remote controlled. This amazing villa has a library, a cinema & a large garage. A super kitchen & diningroom PLUS livingroom with fireplace and water garden. There are four en-suite bedrooms. Air con. & central heating. The large roof terrace is shaded. Swimming pool in secluded garden. Situated in the prestigious Vale Telheiro to the north of Loulé, sea & country views. Easy access to airport, motorway etc. Realistically priced at €749,000.

If you want to see details of these and many more properties plus hundreds of photos, visit our page www.johnhillproperties.com  
Contact John Hill Real Estate, Av. 5 de Outubro, No 20, 8135-101 Alcanil. Tel.: 289 395 610 Fax: 289 397 212 Mobile: 917 238 517 Email: info@johnhillproperties.com AMI 576



### BOAVISTA GOLF & HEALTH SPA RESORT - LAGOS

Brand new luxury fully equipped 2 bed, 2 bath apartment, situated overlooking the 16<sup>th</sup> green on Boavista 18 hole championship golf course. Discounted Golf & Spa membership. Only €248,500. Tel: 282 000 170. Email: property.shop@emerson.co.uk

### 5 MINS FROM GOLF, CARVOEIRO & BEACHES

4 bed family townhouse on outskirts of Lagoa 2 baths (1 en-suite), sitting/dining room, Guest w/c, office, plus 2<sup>nd</sup> reception room Set over 3 floors. Front & back garden, large terraces & patio, views over country & landscaped municipal garden with play area. NO CONDOMINIUM FEES Air con. throughout, wood burner, solar panel. Close to schools & all amenities. Must be seen. Private sale. Reduced price: €297,000. ono Tel.: 918 721 688

### Praia Del Rei - Óbidos Portugal

#### (Private to Private)

8000m<sup>2</sup> land with approved house construction of 380m<sup>2</sup>, single storey, 1,5km from Golf Club, 3km from beach (main road). Views - Peniche Berlenga Island

Price: €250,000. Contacts: José Martins dos Santos Ph: (+351) 961177252 (+351) 936993107 E-mail: jmm.s@sapo.pt

www.algarvepropertyfinder.org The site with many APARTMENTS AND VILLAS for sale

**ALTO GOLF**, luxury 2 bed apartment with excellent sea views, walking distance to beach and club house, terracotta floors, hand painted tiles. €295,000. Contact: 965 391 789 or 282 471 442 (evenings).

**PORTIMÃO CENTER**, villa composed by 3 bedrooms (1 en-suite) 2 baths, lounge with fire place, kitchen, garage and basement. 150m<sup>2</sup>. Tel: 939 865 344.

**SÃO BRÁS DE ALPORTEL** - Looking for a bargain? Visit www.gerrysvilla.com

### Property Services & Building

**HOUSE RENOVATIONS improvements / repairs** Lagos, Alvor, Carvoeiro, Pêra, Silves. Tel 966 521 828 938 665 717 www.opra-pt.com

**ENGLISH PLUMBER** boiler pump drain problems no call out charge. Tel: 916 767 680.

### IRISH PLUMBER

Available for all plumbing and heating needs. Based in Algarve. Call John 914 574 622

www.the-news.net

### WINDOWS AND DOORS

#### BEST PRICE IN TOWN

Made in Germany with guarantee

#### RUDOLF STÖHR

933 836 999 283 925 007 r.stoehr@algarve.de



Take advantage of our special display ad (4 x 5 cm) @ €30 p.w. for 10 weeks or €20 in mono Call 707 500 677 or email classads@the-news.net

**Construction & Repairs**

Professional, Quick, Clean

**CIPRIANO SERVIÇOS**  
(PT) 962 230 625  
(ENG): 918 889 999  
ciprianoservicos@gmail.com

**NEED FENCING?** We do all types of fencing. Please call for FREE quotation 932 868 804

**NEED A HAND** I can fix manythings, paint, put up shelves, re-hang doors. Call Gordon Tel.: 282 381 201 or mobile 962 828 789.

### Removals & Storage

**LARGE VAN** going back to England August - September. Anything legal taken including cats & dogs. Mobile 966 187 812.

**Phoenix Transport.** UK/Portugal/UK. Local & international and Silver Coast. Door-to-door service. Removals & Storage. Also transport cats & dogs. 16 years Algarve. Call 966 187 812 or 967 225 357 or UK 0044 1482 213757

**MAN & VAN** at your service. Call KEITH 966 511 282 or 281 963 151

### Retail

**BEDROOMS EXTRA** are pleased that we now are agents for a UK Linen Co. P.S. We supply the most English beds on the Algarve - come and see.

### Satellite

**TAVIRA SATELLITE** TV Services. BBC, ITV, 4&5 & Sky Digital. New systems plus repairs & upgrades. Experienced technician. Tel: 964 721 714 www.trevortronix.com

### ELECTROSOL SISTEMAS PARABOLICAS

For all your satellite system needs plus much more Based in Carvoeiro Tel.: 282 357 843

### Services offered

### CUSTOM MADE DOORS

MICHAEL EDLER

TISCHLER • CARPENTER CARPINTEIRO

(+351) 966 146 554  
(+351) 282 768 622  
8600-316 LAGOS  
algarve-carpenter.org

### SEWING MACHINES

NEW - €129  
USED - €50

**REPAIRS** of domestic & industrial machines

E-mail: markburgau@yahoo.co.uk  
912681544 - 282695594



### UNLIMITED FREE

National & International telephone calls

707 500 600

**Classified hotline**  
707 500 646

**IN TODAY'S DOG EAT DOG WORLD** MAKE SURE YOU'RE NOT ON THE MENU  
OUTSTANDING GRAPHIC, WEB DESIGN PUTS YOUR COMPANY/BUSINESS ABOVE THE REST  
www.bunddesign.com

**TRANSLATIONS -** English, Spanish, French, Italian and German. Website: www.mm-traducoes.com Tel: 916 877 844

### Travel

### portugal News Travel Page

Skyscanner  
Airline Links  
Travel news  
Live arrivals & Departures from Faro and 12 major airports  
www.the-news.net

Add a photo to your advert for more impact: B & W, 4cm wide: €10 Colour, 4cm wide: €15  
classads@the-news.net



## Vehicles

**MERCEDES-BENZ A170CDI**, elegant, long wheel base, automatic, 12/2001, 130,000kms, €10,400. Contact Susanna Bloss - 919 186 223.

[www.mcar.service.com](http://www.mcar.service.com)

Tel: 289 432 834 / Tel: 913 223 421



Zona Industrial e Comércio de Loulé Fase II - Fracção G

**CAR SERVICE**

## WANTED

We Pay Cash for cars / commercials  
Anything considered  
Tel: 918 542 057

To place an advert  
Classified Hotline  
707 500 646



**JEEP WRANGLER SPORT CONVERTIBLE**, Black, ONLY 17,000kms excellent condition, 6 speed Manual 2.4L Petrol, ABS, Air Conditioning, CD, Sidebars and Taxed. 1 owner from new, Portuguese Registered as 2 Seater commercial pick up, back seats are available. Great Summer Fun, Must Sell €17,995. Call 914 870 773

**VOLKSWAGEN POLO 1.1. 04/1996, 120,000 km**  
Dark metallic green, 4-door, mags, alarm, Good condition, for sale or exchange for Suzuki Samurai in similar condition/price range. 2000 negotiable Contact 916358759

**MOT AVAILABLE** for UK registered vehicles, contact me on 0044(0)798 920 9096 or by email j.g.oconnor@hotmail.co.uk

**RENAULT KANGOO 4X4 1.6** 2004. RHD, UK Reg, 48,000 miles, Sun roof, AC, EW, ABS, V.G.C. Tax/MOT Feb 2010. €4,495. Tel 962 949 411.



Call 707 500 677 or email classads@the-news.net

**FORD TRANSIT T260**. 2003, Diesel, V.G.C. 58,000 Miles, RHD. UK Reg. Tax-MOT Feb 2010, €3,990. Tel 962 949 411.

## Wanted

**WANTED A.S.A.P.** Parking space, long term, within walking distance of Faro Airport. Contact 919 824 370.

Place your advert on-line at [www.the-news.net](http://www.the-news.net) for a 10% discount

## To all advertisers placing adverts ONLINE.

Please ensure you have spaces between words, if not, we reserve the right to charge you the difference

## PIRILAMPOS CHILDRENS HOME

Quinta das Pedras 382. Branqueira, 8200-315 Albufeira.

**NEED:** shampoo, bath gel, wet-wipes, toothpaste, toothbrushes, & other daily consumables.

Graça Santos on 289 542 515.

## CASTELO DOS SONHOS

Need your help and donations baby clothes, baby milk and equipment

Contact Celia on 282 332 665

## LION'S CLUBE OF LOULÉ

would like good used clothes, linen, shoes, bric-a-brac, books for their charity sales.

We can collect. Please ring 289 845 581 or 289 416 659

## AUGUST: Focus on Insurance

Insert an insurance related ad **FREE OF CHARGE** during the month of August

If you are in the insurance business, during the month of August, you can place a free classified ad which falls under the category 'Insurance'.

Ads can only be placed by email and should not exceed 15 words. Pictures can be also included, but only one free ad per advertiser may be submitted.

email your ad to [classads@the-news.net](mailto:classads@the-news.net)

Every day 100 people start to lose their sight. Your support helps rebuild lives devastated by sight loss.

The Sunshine Fund for Blind Children (RNIB) need all your **NEW AND USED STAMPS**, which are sold to raise much-needed funds.



If you would like to help, post your stamps to:

**RNIB**

The Portugal News, Apartado 13, 8401-901, Lagoa. (and we will forward them on) **OR** RNIB, 20 Bowers Rd, Benfleet, Essex, SS7 5PZ, England.

Tel.: +44 01268 565 646 [terri@rnibstamps.org.uk](mailto:terri@rnibstamps.org.uk) [www.rnibstamps.org.uk](http://www.rnibstamps.org.uk)



Reach the right readers for the right price Tel 707 500 677

## Classified Order Form

## COMPILE

- ☐ Announcements
- ☐ Bureau
- ☐ Bus. Opportunities
- ☐ Charities
- ☐ Education
- ☐ Entertainment
- ☐ For Sale Private
- ☐ Health and Beauty
- ☐ Heating and Cooling
- ☐ Home Improvements
- ☐ Jobs Offered
- ☐ Jobs Wanted
- ☐ Legal, Finance & Ins.
- ☐ Marine
- ☐ Miscellaneous
- ☐ Office, Media & Tech.
- ☐ Personal
- ☐ Pets
- ☐ Pools & Gardens
- ☐ Property Agents
- ☐ Property for Rent
- ☐ Property for Sale
- ☐ Property Services & Building
- ☐ Property Wanted
- ☐ Removals and Storage
- ☐ Retail
- ☐ Satellite
- ☐ Services Offered
- ☐ Travel
- ☐ Vehicles
- ☐ Wanted

## CALCULATE

- ☐ Per word €0.50 .....
- ☐ Boxed ad €4 extra .....
- ☐ Boxed ad (red line) €6 extra .....
- ☐ Box number €4 extra .....
- ☐ Photo 4cm wide €10 extra .....
- ☐ Photo 4cm wide Colour €15 extra .....

**Subtotal** ..... € .....  
x N° of Editions .....

**TOTAL** ..... € .....

All prices include VAT

## CONDITIONS

Ads must reach us by 11am on **Tuesdays**. Prices shown are for copy to be set to our type specifications. Minimum of ten words per advert. Phone numbers and post codes count as one word. We reserve the right, without giving reasons, to decline any advertisement. In the case of an advertisement being repeated, the advertiser undertakes to advise **The Portugal News** of any error immediately after the first insertion.

## PAY

- ☐ I enclose payment in the sum of €.....
- ☐ by cheque payable to THE PORTUGAL NEWS
- ☐ in cash
- ☐ Please debit my VISA credit card account:

N°

**CREDIT CARDS ONLY**  
Plus the security digits (the last 3 digits on the reverse of your card)

Expiry Date

Name

Address

Tel  Fax

## PLACE

**By Post:** Apt 13 • 8401-901 Lagoa  
**By Fax:** 282 341 201  
**By Phone:** 707 500 646  
**By email:** [classads@the-news.net](mailto:classads@the-news.net)

**NEW !! Place your classified online - and save 10%**

You can now place your classified adverts **DIRECT ONLINE** at [www.the-news.net/ads/](http://www.the-news.net/ads/)

You will be able to choose from simple lineage ads, boxed ads, photo ads, and preview your classified before placing it. And it really IS simple!





# Reach 6 potential clients for just 1 cent\* (or for the cost of 6 beans)

I'm a company director



talk to me for the cost of a bean

I've just arrived at Faro Airport



talk to me for the cost of a bean

I'm Portuguese and I speak English



talk to me for the cost of a bean

I retired at the age of 45



talk to me for the cost of a bean

I'm looking for a property



talk to me for the cost of a bean

I'm a wife and the mother of 3



talk to me for the cost of a bean

Advertise in *The Portugal News* and you will reach the right readers for the right price. *The Portugal News* reaches more people of diverse profiles and ages. Turn to page 2 and see our exact print run for this week, a figure you can trust because it is official and independently audited.

To reach 6 readers for just one cent, call our Sales Manager on 707 500 677

\* Based on double directory colour = €80 per week

\* Readership of at least 50,000 based on audited circulation of approx 20,000 x 2.5 (newspaper industry standard readership)

Readership profiles: Sourced from Annual Reader Survey 2008

THE PORTUGAL  
**News**  
Established 1977



# Draws galore in Liga Sagres



The inaugural round of the 2009/2010 Liga Sagres was a bitter disappointment as all games but one ended with a draw. The three giants failed to impress as they struggled to draw.

With seven draws in eight matches played, the first round of the Liga Sagres was far from impressive and Sporting Braga has now taken the initial lead with the only win, leaving Académica at the bottom of the table with zero points.

Sporting was the first of the three 'giants' to play, facing Nacional away on Saturday night. Things did not start well for the 'Lions' as João Aurélio scored the opener after 27 minutes, a lead which was kept for the entire first half and not many chances for an equaliser appeared. Nacional started the second half on top, and João Aurélio came extremely close

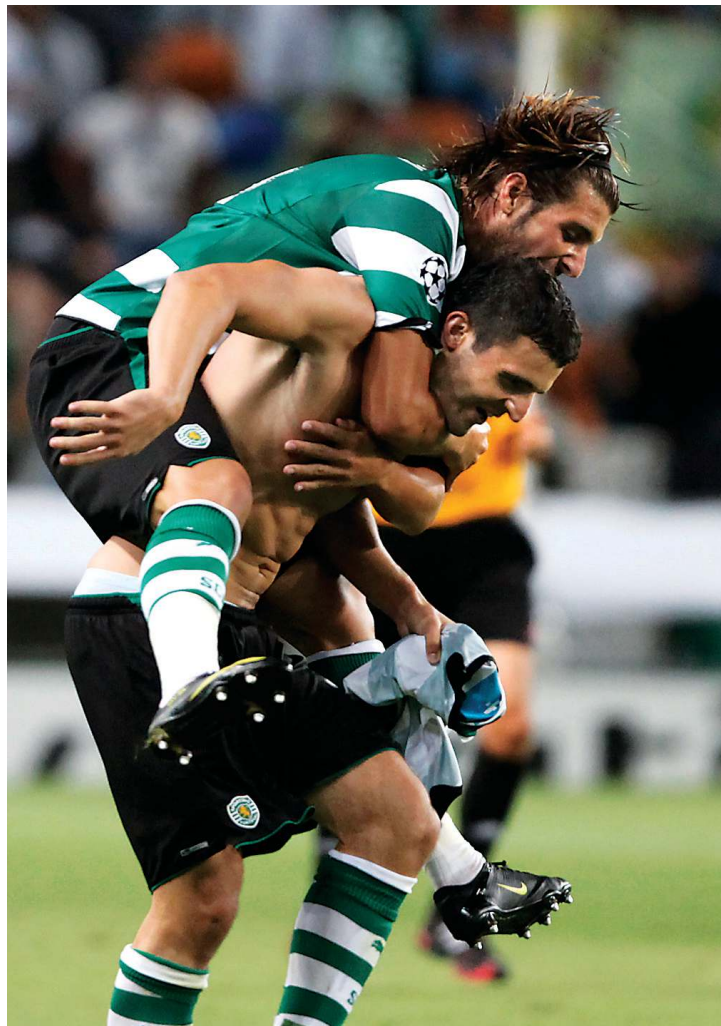
to scoring a second but Daniel Carriço denied him his glory. All of Nacional's efforts of ending the game with a victory were quickly snubbed when João Aurélio scored once again, but this time unfortunately it was in his own goal, levelling the score on minute 76.

Yannick Djaló had an injury time sitter, which could have given Sporting a very fortunate win, but he struck the ball wide and both teams left the pitch with one point.

FC Porto was in a similar situation as Sporting, having conceded a goal against Paços de Ferreira after only twelve minutes of play, an own goal by

Fucile that rebounded off his back and into the net. Despite many efforts, Paços de Ferreira seemed to be the most dangerous team at the half time whistle. In the second half, Hulk got a second yellow card and was sent off. Falcão, who came in for Raul Meireles, scored the equaliser at 78 minutes that provided FC Porto with the single point.

Benfica managed to draw at home against Marítimo, having suffered a goal early on, resulting from a penalty kick. Weldon was able to level the scores just four minutes from the end and the game once again ended with a draw.



Sporting players Simon Vukcevic and Miguel Veloso celebrate scoring a goal against ACF Fiorentina during the Champions League play-off at the José de Alvalade Stadium in Lisbon on 18th August. (Photo: Lusa / Manuel de Almeida)

## Olhanense obtain new sponsor

Turismo do Algarve has recently signed a €100,000 contract with Olhanense for the recently promoted football team to bear the Turismo do Algarve logo on the back of the players' shirts. The company's logo will also be on the flash-interview panels.

Olhanense's promotion to the top flight Portuguese League last season has put the team in the spotlight and Turismo do Algarve now see Olhanense as a big

hope for Algarve tourism, the reason why they signed an unprecedented €100,000 contract.

Nuno Aires, chairman of ERTA (Algarve Tourism Regional Entity), said that Olhanense's promotion has brought hope to Algarve tourism, stressing that it will provide the region and council with a substantial economic return.

The €100,000 deal includes the players bearing the Turismo do

Algarve logo on the back of their shirts, on the flash-interview panels and at the José Arcanjo stadium.

Isidoro Sousa, chairman of Olhanense, is extremely proud his team will be wearing the region's brand: "It will give us great visibility, but also an added responsibility" said the Chairman, adding "After four or five years close to entering the first League, we finally got the promotion and now we want to stay. This is a long term project." Isidoro Sousa also announced the team's €1.2 million budget for the season.

The contract will be reviewed at the end of the season, depending on Olhanense's performance and the marketing return, but it is hoped to be a renewable contract over the coming years.

The 'Algarve' brand might also be used on the front of the shirts until a main sponsor is found for the team.

**Taj Mahal**™  
Original Indian Cuisine **ALVOR**

**A reputation built on great quality Indian food & wonderful service**

This family has been successfully running restaurants in the UK for 21 years, in Greece for 16 years and now they have expanded into Portugal. Russell welcomes you to their beautiful Alvor restaurant.

**Families Welcome**  
Huge Menu - over 186 dishes  
Experienced Chef  
Children's Menu  
No Cover Charge

Open daily from 6pm - midnight  
For reservations: 282 457 466  
or email:  
reservations@tajmahal.pt  
All credit cards accepted

**Very reasonably priced**  
**www.tajmahal.pt**

Rua Marques de Pombal, 66A - 8500-021 Alvor - Algarve

**Takeaway 10% discount**

**Celebrations**

The 1<sup>st</sup> major card shop in the Algarve with thousands of cards to choose from

Build a bear Balloons  
Gift wrap Cards Gifts  
and much more!

154 Avenida Liberdade, Albufeira (Opp. old bus Station) Old Town.  
Tel 00351 289 548 028 Open every day from 10am - 9pm

SUPERLEAGUE FIXTURES DAY 2			
MATCH	DATE	TIME	TV
Olhanense-Leiria	Friday	20h15	SportTV1
Sporting-Braga	Saturday	21h15	RTP1
Académica-P.Ferreira	Sunday	16h00	
Marítimo-Leixões	Sunday	16h00	
Rio Ave-Setúbal	Sunday	16h00	
Guimarães-Benfica	Sunday	18h00	SportTV1
FC Porto-Nacional	Sunday	20h15	SportTV1
Belenenses-Naval	Monday	20h15	SportTV1



Ref: 940

A Rare Opportunity to acquire a truly stunning property in a unique location. (reduced from €245,000)

€245.000 / €275.000



Ref: 1041

A Nice two bedroom apart. in a quite location with a great sight. (reduced from €155,000)

€111.000 / €125.000



Ref: 907

Spectacular four bedroom villa, great sea views, totally renovated into a modern family home. (reduced from €228,000)

€468.000 / €525.000



Ref: 1097

Three bedroom apartment with sea views, close to the centre. (reduced from €250,000)

€178.000 / €200.000



Ref: 1096

Two bedroom villa, only a few minutes walking from the beach. Totally renovated. (reduced from €235,000)

€241.000 / €270.000



Ref: 1085

Located overlooking over the main "Avenida", offers a perfect getaway home. (reduced from €145,000)

€107.000 / €120.000